

**INTERIM REPORT OF THE
DEPARTMENT OF SOCIAL SERVICES ON THE**

**Evaluation of the Effectiveness
of Existing Approaches to Parenting
Education for Child Abuse and
Neglect Prevention**

**TO THE GOVERNOR AND
THE GENERAL ASSEMBLY OF VIRGINIA**



HOUSE DOCUMENT NO. 57

**COMMONWEALTH OF VIRGINIA
RICHMOND
1994**



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COMMONWEALTH of VIRGINIA

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DEPARTMENT OF SOCIAL SERVICES

January 12, 1994

TO: The Honorable Lawrence Douglas Wilder
Governor of Virginia

and

The General Assembly of Virginia

The 1993 General Assembly, through House Joint Resolution 447, directed the Department of Social Services to evaluate the effectiveness of existing approaches to parenting education. The evaluation will address appropriate and effective use of existing parenting approaches, a method for identifying individuals who would benefit from such approaches and the costs of making parenting education available to such individuals.

Enclosed for your review and consideration is the interim report which has been prepared in response to this request. The final report is to be submitted to the Governor and the 1995 General Assembly.

Cordially,

A handwritten signature in black ink, appearing to read "L. D. Jackson".

Larry D. Jackson
Commissioner

VSS
PEOPLE HELPING PEOPLE

An Equal Opportunity Agency

PREFACE

House Joint Resolution 447, passed by the 1993 General Assembly, directed the Department of Social Services to evaluate the effectiveness of existing approaches to parenting education. The Resolution cited the incidences of child abuse and neglect and of foster care placements in Virginia and noted the need for parents to have adequate parenting skills. The evaluation is expected to include recommendations for the most appropriate and effective use of existing parenting approaches, a method for identifying individuals who would benefit from such approaches and the costs of making parenting education available to such individuals.

The Department of Social Services has contracted with the Rector and Visitors of the University of Virginia through the Department of Psychology to conduct the study of existing approaches to parenting education. N. Dickon Reppucci, Ph.D., Professor and Director of Graduate Studies, Department of Psychology, is the principal investigator for the evaluation. Dr. Reppucci has assembled a study team of doctoral candidates in the University of Virginia Psychology Department. The team includes Preston Britner, Sarah Cook, Sharon Portwood, Heather O'Beirne, Jennifer Woolard, Deborah Land, Deb Schutte, and Pete Dillon. The Department of Social Services lead staff for the study are Ann Childress, MSW, Child Protective Services Unit, and Carol Baron, Management Analyst Supervisor, Research and Systems Support.

A final report is to be submitted to the Governor and the 1995 General Assembly.

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INTRODUCTION

House Joint Resolution 447, passed by the 1993 General Assembly, directed the Department of Social Services to evaluate the effectiveness of existing approaches to parenting education. The Resolution cited the incidences of child abuse and neglect and of foster care placements in Virginia and noted the need for parents to have adequate parenting skills. The evaluation is expected to include recommendations for the most appropriate and effective use of existing parenting approaches, a method for identifying individuals who would benefit from such approaches and the costs of making parenting education available to such individuals. The following interim report provides an update of activities for the evaluation.

NEED FOR PARENTING EDUCATION

From FY 1991 to FY 1993 there was a 10% increase in complaints of alleged child abuse and neglect registered in Virginia. For FY 1993 there were 36,460 complaints of alleged child abuse and neglect received by local departments of social services. Of these, 6,563 were founded complaints of child abuse and neglect, involving 10,108 children, and 3,137 reason to suspect complaints, involving 4,555 children. Complaints are investigated by child protective services workers in 124 local departments of social services. A founded complaint means a review of the facts shows clear and convincing evidence that abuse or neglect, as defined, has occurred. A reason to suspect complaint means a review of the facts shows no clear and convincing evidence that abuse or neglect, as defined, has occurred; however, the situation gives the child protective services worker reason to believe that abuse or neglect has occurred.

In-depth information was collected by child protective services workers in local departments of social services on a statistically valid random sample of complaints in FY 1992. This information gave a more detailed description of the victims and their caretakers. Of the founded and reason to suspect cases that indicated a need for services, the second most frequently identified service needed was parenting education (43 percent). The in-depth information completed by agency workers indicated that a lack of knowledge of child development was a problem with 29 percent of the caretakers responsible for abuse or neglect. Literature reviews also identify a lack of parenting skills and a lack of knowledge regarding child development as among the numerous factors contributing to child maltreatment.

BACKGROUND

The Virginia Family Violence Prevention Program was created in 1982 with funds appropriated to the Virginia Department of Social Services for child abuse and neglect prevention and spouse abuse services. The Virginia Family Violence Prevention Program (VFVPP) funds are administered through a grant solicitation process. Public and private, non-profit agencies and organizations are eligible to apply. A total of \$500,000 was available in FY 1993 for child abuse and neglect prevention programs. Grant awards typically average between \$10,000 to \$25,000 with the recipient providing a 25 percent cash or in-kind match. Within the broad framework of providing services for preventing child abuse and neglect, one of the objectives for the VFVPP is to reduce inappropriate expectations parents have of children by increasing knowledge of child development and increasing parenting skills. Approximately 26 programs are funded annually and, of these, about 24 (see Appendix B) include parenting education or parent support programs as a component of their efforts to prevent child abuse and neglect.

Parenting education and support programs can include ongoing groups, time-limited classes or drop-in centers. They can be center-based or provided in the home. The service providers include professionals such as nurses and social workers and trained volunteers. The programs are sponsored by public or private agencies or organizations. The programs are available to all parents or target specific populations such as teen parents, parents under stress, or first-time parents.

These parenting education and support programs funded through the VFVPP, however, have not been systematically evaluated. From experience in funding approximately 25 programs annually for the last decade, Department staff recognized that some programs were more successful in recruiting parents for educational activities, retaining the interest of these parents in these activities and follow-up efforts. It is not clear which program characteristics are related to program success. To strengthen existing programs and to enhance VFVPP funding decisions, the Department sought an evaluation method. The evaluation will delineate the characteristics of the multiple programs, the scope and impact of their services, and provide information about the programs' effectiveness. This knowledge will be used to enhance current programs and will provide guidelines to support the development of new programs.

The Department included plans to evaluate the parenting education and support approaches funded by the VFVPP in a FY 1992 grant application to the National Center on Child Abuse and Neglect. Utilizing the federal grant funds, a contract for the evaluation was developed with the Rector and Visitors of the University of Virginia through the Department of Psychology. The

beginning date of the 16-month contract was April 1993. Dr. N. Dickon Reppucci, Principal Investigator, assembled a study team of doctoral candidates in the Psychology Department for the evaluation study.

The study is designed to evaluate the effectiveness of existing approaches to parenting education. The effectiveness of the programs will be based on the following questions:

- Are appropriate populations targeted and effectively recruited?
- Are participants successfully retained across the length of the program?
- Are program goals and objectives clear, concrete and measurable? To what extent are these goals and objectives met?
- Are program orientations (e.g. home visiting, education classes) appropriately matched to participants?
- Are programs implemented according to the original intent and design? If not, are the modifications appropriate?
- Are appropriately trained staff and/or volunteers utilized to implement programs?
- What kinds of data are maintained by the programs regarding program implementation? If so, are these data used to modify programming when appropriate?

Data will be collected through literature reviews, site visits, and the use of existing and newly developed data forms that track participation and other variables.

The child abuse prevention issues raised in HJR 447 are being addressed in the evaluation of the VFVPP parenting education and support programs. As directed by HJR 447, the evaluation will include recommendations for the most appropriate and effective use of the parent education approaches, a method for identifying individuals who would benefit from these approaches, and an estimate of the costs of making parenting education available to those in need of these services. Utilizing information from programs currently operating in Virginia will provide a practical assessment of the strengths and weaknesses of existing approaches to parenting education.

ACTIVITIES

The following activities have been conducted during the first six months of the study:

- Focus Group Meeting
- Site Visits
- Selection of a Subset of Programs for Evaluation
- Literature Review

Focus Group Meeting

The project staff conducted an initial focus group meeting with representatives from over 20 child abuse and neglect prevention programs funded through the Virginia Family Violence Prevention Program. Common aspects of programs as well as unique characteristics of individual programs which must be considered in the development and implementation of evaluation procedures were discussed in detail. Because programs must meet the needs of their particular localities, variations in program design are inevitable. Broad-based commonalities, however, facilitate the use of evaluation approaches across programs. Shared characteristics include aspects of program design and community context.

Several common program designs became apparent from discussions at the meeting. Programs utilized either a single type of intervention or a combination of interventions such as parenting classes, home visiting, support groups and other parent-child activities. Evaluation procedures will need to be tailored to the different types of programs. For example, parenting education classes may require knowledge and attitude assessments targeted more toward the specific curriculum. A year-long weekly home visiting program may facilitate documentation of changes in a number of parenting skills over time. Changes in self-esteem, social support and knowledge may result from participation in parent support groups. Programs with a child care component may facilitate information collection from both parents and children. Discussion among representatives from similar programs confirmed the potential for common types of available data.

Similarly, small group discussions among focus group participants highlighted the need to consider the larger community context, including the existing service agency networks. Strong interagency cooperation may or may not facilitate referrals to education programs and promote public awareness; a competitive service community may enhance the quality of service provision or may create barriers. Likewise, the larger public can also affect service delivery.

A community's response toward broad-based parenting education as a preventative measure, may or may not impact the recruitment of parents.

Site Visits

Following this initial meeting with program participants, staff clarified goals and objectives for the initial round of site visits to all programs. The visits were designed to provide a more comprehensive picture of each program's design and implementation. Staff developed an informal interview schedule to ensure complete coverage of important topics. These topics included:

- Descriptions of all relevant programs, including standard curricula used and modifications made to existing programs;
- Client referral sources and recruitment efforts;
- Target client populations and populations actually served;
- Existing barriers to and facilitators of program implementation, and methods for overcoming barriers;
- Program relationships to local agencies including the Community Service Board, Department of Social Services, Health Department, school system and court system;
- Utilization and effectiveness of an Advisory Board;
- Community perception and support of the program;
- Use, training, and evaluation of volunteers;
- Compilation and storage of client demographic information;
- Use of standard assessment tools, measures unique to the program, and other methods of program and client evaluation; and
- Types of information which would be useful for program and client evaluation, as well as evaluation methods (e.g. questionnaire, observations, etc) which would be appropriate.

In addition to the factual information collected, these visits provided staff with an opportunity to assess the likelihood of total cooperation if the program was selected for intensive study.

All initial site visits have been completed (see Appendix C for list of programs visited). The site visits were to programs throughout the state and constituted a major activity for the project staff. At least two staff members traveled to each site to ensure objectivity and a comprehensive review. The visits consisted of interviews with all available program staff, as well as other important people such as volunteers, advisory board members and program participants whenever possible. The visits lasted from two to six hours, and allowed project staff to provide more detailed information about the nature of the evaluation project and to obtain specific information about program design, operations, curricula, implementation and evaluation. The program representatives also provided input regarding the types of additional data they could collect and what information could be included in an empirical evaluation to reflect their program's achievements.

Selection of a Subset of Programs for Evaluation

Once the initial site visits were completed, the information gained was used to develop a master list of programs, sorted by their acknowledged goals, program offerings, clientele, data availability, potential for data collection, and community characteristics. On the basis of this master list, a subset of six programs was selected for intensive study for the period October, 1993 to April, 1994. This subset was selected to be representative of the larger group on a number of criteria. Program designs represented in this subset include standard parent education classes, home visiting programs, child care/parent education programs, mentor programs, and parent support groups, among other approaches. These programs serve a variety of clients including pregnant and parenting teens, parents and families at high risk for child abuse and neglect, parents in the process of obtaining general educational training, and the general population. The programs reflect both urban and rural settings. The amount of data programs currently collect from clients varies. Some programs collect extensive demographic information which is computer coded; others collect basic information which is kept in manual files. Client evaluation data ranges from the use of a number of standard assessment tools gleaned from the psychology literature to the use of satisfaction forms developed for individual programs. Each program has potential to collect additional information about program implementation and client progress, although the ease with which new assessments and procedures can be implemented differs among programs. An important goal of the study is to identify procedures for data collection and evaluation that will help in assessing program effectiveness without creating unreasonable demands on the programs.

The programs selected for intensive study represent the larger population of grantees on the above mentioned variables. The programs selected for intensive study are:

- New River Community Action's Parenting Potentials Project
- Winchester's Child-Parent Center
- The Parent's Place in Roanoke
- Child and Family Service of Southwest Hampton Roads' Good Beginnings Program in Portsmouth
- People, Inc.'s Resource Mothers Program in Abingdon
- Goochland Fellowship and Family Service's Family Development Center

The variation in current and potential data collection will facilitate examination of a number of issues. Programs that already collect a substantial amount of data may allow a more complete program evaluation and may permit outcome measurement to be introduced more readily. Other programs will allow staff to explore issues regarding implementation of such procedures, for example, the methods by which a program can incorporate process and outcome evaluation measures into its existing framework.

Literature Review

Project staff completed a report based on the existing professional literature about parent education and support programs that have as their goal the prevention of child maltreatment. This document identifies existing interventions and summarizes empirical work examining their effectiveness. Critical to the continuing development and implementation of parenthood/family life education, family support and home visiting programs is systematic research and evaluation. Crucial areas for future study include long-term effectiveness of parenthood education on parental behavior, efficacy of family support programs to increase social support, and identifying characteristics and training of home visitors critical to successful programs. All studies should include outcome measures of the incidence and prevalence of child maltreatment as one indicator of program efficacy. Additional findings will be included in the final report.

FUTURE ACTIVITIES

A second report consisting of a review of the most widely-used parenting education curricula is being developed and will include a discussion of the assumptions underlying parent education based upon the academic literature of child development and early interventions. Sample curricula have been obtained from state and local agencies for this review.

Project staff are also reviewing several existing process and outcome evaluation measurement instruments that have been developed to assess child and family welfare services in traditional social service programs. Theoretical and practical issues inherent in conducting process and outcome evaluations for parenting education programs have been explored. Researchers and policymakers in other states have shared information about parenting program evaluations they have conducted, as well as sample assessment instruments and protocols they found useful. If appropriate, some of these materials may be selected for use or adoption in this evaluation project. Other instruments used in parenting and child abuse prevention research were drawn from the literature, and will be reviewed for their applicability to this evaluation. A summary of relevant instruments, their availability, and literature citations will be appended to the measurement review. This information may serve as a resource for programs which are interested in obtaining measures for their own use.

Intensive assessments of the six core-group programs will be conducted over the next seven months. Data collection procedures will be analyzed, and several possible sources of data will be identified. Procedures and methods for additional data collection will be developed. Evaluation of program objectives and implementation will be conducted. This process will explore how program goals are translated into activities for the identified target population(s) and what factors have enhanced the programs, as well as what obstacles have impeded successful goal implementation.

Additional activities will be undertaken as needed in completing the study. A final report with recommendations regarding appropriate and effective use of existing approaches to parenting education will be submitted to the Governor and the 1995 General Assembly.

GENERAL ASSEMBLY OF VIRGINIA--1993 SESSION
HOUSE JOINT RESOLUTION NO. 447

Requesting the Department of Social Services to evaluate the effectiveness of existing approaches to parenting education.

Agreed to by the House of Delegates, February 7, 1993
Agreed to by the Senate, February 16, 1993

WHEREAS, in Virginia, while children and youth constitute one-fourth of the population, approximately 6,000 are known victims of child abuse or neglect, and another 6,000 will be committed to foster care at any given time; and

WHEREAS, current services under the 1980 Adoption Assistance and Child Welfare Act emphasize keeping a child within the family if possible and treating family problems in a holistic manner; and

WHEREAS, child protective services, under the aegis of the Department of Social Services, assists abused children through mandated services to (i) protect the child, (ii) prevent further abuse or neglect, (iii) preserve family life, where possible, by enhancing parental capacity for adequate child care, and (iv) provide substitute care if necessary; and

WHEREAS, in each case of alleged abuse, protective services workers must conduct an investigation to determine if the allegations are "founded," "unfounded, with reason to suspect," or "unfounded" based on available evidence; and

WHEREAS, to carry out federal mandates, all "reasonable efforts" must be made to either keep the child in the home or to return him home as soon as possible; and

WHEREAS, without the necessary skills to provide adequate parenting, the cycle of abuse will continue and the child will be placed in jeopardy; now, therefore, be it

RESOLVED by the House of Delegates, the Senate concurring, That the Department of Social Services evaluate the effectiveness of existing approaches to parenting education. The evaluation should include recommendations for the most appropriate and effective use of the approaches, a method for identifying individuals who would benefit from such approaches, and the costs of making them available to such persons. The Department shall complete its work in time to submit an interim report to the Governor and the 1994 Session of the General Assembly and a final report to the Governor and the 1995 Session of the General Assembly as provided in the procedures of the Division of Legislative Automated Systems for the processing of legislative documents.

**VIRGINIA FAMILY VIOLENCE PREVENTION PROGRAM
CHILD ABUSE AND NEGLECT
SELECTED PROJECTS
1992-94**

THE JUNIOR LEAGUE OF RICHMOND **\$24,068**
RICHMOND, VIRGINIA

Funds will be used to support the Family Resource Program at the Sacred Heart Center serving the Bainbridge/Blackwell inner city section of Richmond. The program is open to parents with children between the ages of 2 1/2 and 5 years old. Families must attend together. Components of the program are intended to enhance parenting skills of participants and the developmental growth of their children in an effort to decrease child abuse and neglect, family violence and high risk behaviors.

GOOD BEGINNING **\$35,000**
CHILD AND FAMILY SERVICES OF
SOUTHWEST HAMPTON ROADS
PORTSMOUTH, VIRGINIA

Grant funds will support the continuation of the "Good Beginnings" program. "Good Beginnings" is designed to meet the need of training and supporting young mothers between the ages of 12-22 in responsible parenthood. Contact is made with the mothers while they are still in the hospital and program support continues in the form of home visits and support groups for at least three months.

COORDINATORS/2 **\$14,493**
RICHMOND, VIRGINIA

This project is a secondary prevention program that targets high risk adoptive families who reside within 60 miles of Richmond. Funds will be used to develop one family and three child educational/therapeutic support groups designed to prevent maltreatment, reduce inappropriate expectations and increase parents' capacity to cope with stress.

CHILD ABUSE PREVENTION SERVICES **\$ 7,250**
ST. MARY'S INFANT HOME
NORFOLK, VIRGINIA

Funds will be used to provide 10 parenting education programs consisting of 7-week Early Childhood STEP classes to approximately 150 parents with children ages one to five years of age. Course materials will be adapted for the target population.

STOP CHILD ABUSE NOW (SCAN) **\$15,000**
OF NORTHERN VIRGINIA
ALEXANDRIA, VIRGINIA

SCAN of Northern Virginia works to prevent child abuse and neglect through programs which promote education and awareness of child abuse issues. Services include coordination of the court appointed special advocate programs. Northern Virginia SCAN serves Fairfax County, Arlington County, Alexandria and Falls Church and is a regional affiliate of Virginians for Child Abuse Prevention (VCAP).

VIRGINIANS FOR CHILD ABUSE PREVENTION (VCAP) **\$110,000**
STATEWIDE ORGANIZATION BASED IN
RICHMOND, VIRGINIA

Virginians for Child Abuse Prevention (VCAP) will provide a comprehensive array of child abuse prevention services. The services include public awareness and education, advocacy, training and technical assistance to communities for development of parent education and support groups for parents in the community as well as in jails and prisons, teenaged parents, teens with family problems, and children.

CHILD-PARENT CENTER **\$23,000**
WINCHESTER, VIRGINIA

Funds will be used for a Prevention Coordinator who will provide parent education services to referred families and will facilitate Nurturing Program groups. Recruitment and training of parent aides will also be provided and the coordinator will assist in operation of the Parents Anonymous program.

THE CHILD CARE AND LEARNING CENTER **\$24,736**
WASHINGTON, VIRGINIA

Funds will be used to support a Child Abuse Prevention Program at the center located in Rappahannock County. The center will enroll 20 at-risk pre-school children in their full-time program and serve the parents and siblings of these families through home visits, parenting workshops and in-center volunteering. The monthly parenting workshops will be open to the public at no charge.

THEATER IV **\$20,000**
STATEWIDE PROJECT BASED IN
RICHMOND, VIRGINIA

Funds will be used to support 40 performances of "Hugs and Kisses," a child sexual abuse prevention program to be presented in elementary schools throughout Virginia in the fall of 1992. These performances will be part of an 88 performance tour which is expected to reach 20,000 children.

CHARLOTTE COUNTY SCHOOLS **\$ 3,455**
CHARLOTTE COURTHOUSE, VIRGINIA

Funds will be used to incorporate the nurturing skills curricula for junior and senior high school into the school programs to enrich the current health and family life curriculum. It is anticipated this curricula will help reduce child abuse and neglect by increasing self-esteem and communication skills.

FAMILY SERVICE, INC. **\$10,000**
CHARLOTTESVILLE, VIRGINIA

Funds will be used to support the Parent Group Education Project which will reach clients of existing community services in Charlottesville, Greene, Nelson, and Albemarle with the goals of decreasing causes of child abuse while increasing factors which empower parents of children ages 0-18 who are at high risk due to limited resources and extreme stress.

**NEW RIVER COMMUNITY ACTION
CHRISTIANSBURG, VIRGINIA**

\$15,000

Funds will be used to support the Parenting Potentials Project for teen parents in Montgomery County and Radford. Teen families in the project will receive in-home parenting skills training and will be linked with a parenting partner. Parenting partners are families who are willing to be mentors for teen families. Thirty teen families will be served.

**YMCA OF ROANOKE VALLEY
ROANOKE, VIRGINIA**

\$16,178

The Parents' Place, established at the YMCA in conjunction with the Child Abuse Prevention Council of Roanoke Valley, serves as a central location of information, resources, education, support, and activities for parents in the Roanoke Valley. Parenting education classes, parent discussion groups, and support groups will be offered. A day room, newsletter, and warmline are also provided. The Parents' Place goal is to be widely recognized as a positive resource that will effectively reduce the stresses that often place families at risk of child abuse.

**NORTHUMBERLAND DEPARTMENT OF SOCIAL SERVICES
HEATHSVILLE, VIRGINIA**

\$ 7,860

This project is designed to establish two nine-session training/therapeutic groups for parents who are at risk of abusing or neglecting their children and to provide developmental day care services for "at risk" children to improve their functioning level and reduce conflict in the home. Funds will be used to purchase transportation and supplies for the twenty parents who will participate and transportation and services for twenty children.

**FRANKLIN COUNTY OFFICE ON YOUTH
ROCKY MOUNT, VIRGINIA**

\$13,000

Funds will be used to support a parenting skills resource center which will be made accessible to the community through a mobile unit. Parenting classes will be offered at various sites in Franklin County.

GOOCHLAND FELLOWSHIP AND FAMILY SERVICES **\$15,000**
GOOCHLAND, VIRGINIA

The grant will be used to help support a Family Development Center. Services include a comprehensive pre-school education center for children ages 2 1/2 - 5 years, parent interaction activities with their children in the center and at home and parenting education classes for parents of all children in the pre-school center as well as for the other parents in the county.

PEOPLE INCORPORATED **\$11,250**
ABINGDON, VIRGINIA

Funds will be used to support the Resource Mothers program offered to pregnant teens and teen parents in Buchanan and Dickenson Counties. Each teen parent enrolled in the program will receive weekly home visits from a Resource Mother during the child's first year of life. Parenting instruction will be provided. Support groups will also be held quarterly.

NORTHAMPTON COUNTY COOPERATIVE **\$17,881**
EXTENSION SERVICE
EASTVILLE, VIRGINIA

Funding for this program will be used to continue the implementation of the parent nurturing parenting education programs and for coordination of community education and activities for child abuse prevention. Fifty-five families will be served by the nurturing program.

WASHINGTON COUNTY SCHOOLS **\$17,373**
ABINGDON, VIRGINIA

This project will continue a coordinated program of parent and child education and parent support groups designed to prevent child abuse in Washington County. The collaboration effort of schools, agencies and volunteers will offer a variety of education programs to the community. These will include Parent Nurturing, school based parenting groups, a child abuse prevention curriculum for 4th grade students and sexual abuse prevention programs.

**HAMPTON DEPARTMENT OF SOCIAL SERVICES
HAMPTON, VIRGINIA**

\$25,000

Funds will be used to support the Hampton Family Resource Center's Healthy Family program. Services will include parenting education, self-help groups, and public education designed to prevent child abuse and neglect.

**ALTAVISTA AREA YMCA
ALTAVISTA, VIRGINIA**

\$11,820

Funds will be used for a child abuse and neglect prevention coordinator to serve Campbell County. The coordinator will develop monthly parenting seminars; coordinate the Parents' Lending Library; provide information on child development and guidance to parents through individual and small group discussions; and implement a curriculum emphasizing non-violent conflict resolution and self-esteem.

**FAMILY SERVICE OF CENTRAL VIRGINIA
LYNCHBURG, VIRGINIA**

\$10,000

Funds will be used to support the Teen Parent Project/Family Resource Program which serves Lynchburg and surrounding areas. The Teen Parent Program provides 10 education sessions for adolescents age 19 and under who are either pregnant or parents. The Family Resource Program provides one-on-one, ongoing contact and a variety of support. Both components are designed to prevent child abuse and neglect.

**FAMILY FOCUS OF RICHMOND COUNTY
WARSAW, VIRGINIA**

\$22,271

Richmond County will continue operation of its family development center serving at-risk pre-school children and their parents in this rural area. Children are involved in activities to enhance their developmental and social skills. Parents attend once weekly to participate in activities and receive instruction in parenting techniques.

**THE PREVENTION CENTER FOR CHILD
ABUSE AND NEGLECT
LYNCHBURG, VIRGINIA**

\$10,000

The Prevention Center's purpose is to prevent child abuse and neglect through comprehensive community-based services including sponsorship of Parents United, Parents Anonymous, Parent Nurturing parenting education program and community education. Funding will be used to support the program coordinator position for these services. The service area will include the Lynchburg area and Amherst County.

**YORK-POQUOSON SOCIAL SERVICES
GRAFTON, VIRGINIA**

\$11,000

This proposed project will provide service to a special population of families who have been identified as being at risk of abusing or neglecting their children due to serious family conflict involving either a step-parent issue, divorce, or other family caregiver conflict. Services will include mediation counseling, educational/support group, coordination of services, and individualized support.

**PARENT-CHILD DEVELOPMENT CENTER
WEST POINT, VIRGINIA**

\$ 9,365

Funds will be used to support the Center's Family Resource Program. The program offers parent education and support groups, parent-child activities and counseling.

Family Violence Grantees - Programs Visited

- #1 Child Abuse Prevention Services/Saint Mary's Infant Home**
317 Chapel St.
Norfolk, VA 23504
Contact: Sarah Bishop
(804) 627-6866

- #2 Family Focus of Richmond Co. Inc**
Richmond Co. Family Development Center
P.O.Box 1012
Warsaw, VA 22572
Contact: Nancy Taliaferro
(804) 333-9322

- #3 Altavista Area YMCA**
P.O. Box 149
Altavista, VA 24517
Contact: Suzanne Johnson
(804) 369-6842

- #4 Child Parent Center/Exchange Center**
202 North Loudon St., Suite 310
Winchester, VA 22601
Contact: Diane Carey
(703) 662-7732

- #5 Family Resource Program**
205 W. Franklin St.
Richmond, VA 23220
Contact: Tonya Ridings
(804) 230-3648

- #6 The Parent's Place**
425 Church Avenue SW
Roanoke, VA 24016
Contact: Thayer Walker
(703) 342-9622

- #7 Family Service of Central Virginia**
1010 Miller Park Sq.
Lynchburg, VA 24501
Contact: Gail Taylor
(804) 845-5944

#8 Child and Family Service

Good Beginnings

1805 Airline Blvd.
Portsmouth, VA 23707
Contact: Ed Welp
(804) 397-2121

#9 People Incorporated of SW Virginia/Resource Mothers

988 West Main St.
Abingdon, VA 24210
Contact: Sara Ellis
(703) 628-9188

#10 Skills on Wheels

Franklin County Office on Youth
127 East Court Street
P.O. Box 962
Rocky Mount, VA 24151
Contact: Diane Ruth-Lovell
(703) 483-7720

#11 Northumberland Department of Social Services

P.O. Box 399
Heathsville, VA 22473
Contact: Sharon Fisher
(804) 580-3477

#12 Parenting Potentials Project

106B S. Franklin St.
Christiansburg, VA
Contact: Michelle Bourchard
(703) 382-6186

#13 Family Resources Program

Parent-Child Development Center, Inc.
P.O. Box 30
West Point, VA 23181
Contact: Miriam Maloney (home phone: 785-9401)
(804) 843-2289

#14 Virginians for Child Abuse Prevention

Richmond
Contact: Johanna Schuchert
(804) 775-1777

#15 Family Development Program

Goochland Fellowship and Family Services

P.O. Box 116
Goochland, VA 23063
Contact: Susan Kelliher
(804) 556-6260

#16 Child Care and Learning Center, Inc.

P.O. Box 520
Washington, VA 22747
Contact: Rose Ann Sharp
(703) 675-3237

#17 Stop Child Abuse Now of Northern Virginia

113 South Asaph Street, #2
Alexandria, VA 22314
Contact: Susan Kirkley
(703) 836-1820

#18 Nurturing Program/Northampton Co. Extension Svc.

P.O. Box 457
Eastville, VA 23347
Contact: Brenda Holden & Kathleen Bredimus
(804) 678-0453

#19 Family Service, Inc.

116 W. Jefferson St.
Charlottesville, VA 22901
Contact: Catherine Bodkin
(804) 296-4118

#20 Family Resource Program/Healthy Family

P.O. Box 9347
Hampton, VA 23670
Contact: Debbie Russell
(804) 727-1943

#21 The Prevention Center for Child Abuse & Neglect of Central Virginia

P.O. Box 3039 Rivermont Station
Lynchburg, VA 24503
Contact: Mary Ann Sigler
(804) 947-7426

#22 Parents & Kids Night Out
Coordinators/2 Inc.
5001 W. Broad St., Suite 204
Richmond, VA 23230
Contact: Sharon Richardson
(804) 264-1026

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