



Annual Report

**COMMONWEALTH OF VIRGINIA
2004**



COMMONWEALTH of VIRGINIA

Office of the Governor

John W. Marshall
Secretary of Public Safety

Marilyn P. Harris
Director
Substance Abuse Prevention

December 1, 2004

General Assembly of Virginia
Capitol Square
Richmond, Virginia

Dear Members of the General Assembly:

The Governor's Office for Substance Abuse Prevention is pleased to provide this report in accordance with §2.2-118, *Code of Virginia*. Consistent with its statutory responsibilities, the Governor's Office for Substance Abuse Prevention has provided leadership, opportunity and an environment to further strengthen Virginia's prevention infrastructure and to ensure that prevention efforts are more unified, more collaborative and more evidence-based.

This report details an impressive array of achievements in implementing Virginia's plan for prevention and in developing tangible prevention resources that set the stage for continued advancement. We are pleased to report that progress in implementing the plan is not only ahead of schedule, but has been described as "exemplary" and "cutting edge."

The Governor's Office for Substance Abuse Prevention looks forward to providing continued leadership and collaborative coordination of Virginia's prevention efforts. Thank you for your support of our vision, goals and objectives.

Sincerely,

A handwritten signature in black ink that reads "Marilyn P. Harris".

Marilyn P. Harris

Table of Contents

Executive Summary	ii
Report of Activities of the Governor’s Office for Substance Abuse Prevention	1
Statutory Authority	1
GOSAP Organization and Operation	1
Results Through Collaboration	2
<i>Gaining Traction: A Substance Abuse Prevention Plan for Virginia’s Youth</i> .	3
The GOSAP Collaborative: Virginia’s Prevention Leadership	5
Social Indicators Database Project	6
Our Common Language: Virginia’s Prevention “Primer”	7
A Virginia Model for Prevention Programming.....	7
KIDsafe Virginia Prevention Conference.....	8
A Virginia Prevention Information Clearinghouse	9
KIDsafe Virginia.....	9
Protect & Respect	10
Safe and Drug-Free Schools and Communities Program	11
Virginia State Incentive Grant Project.....	12
Youth Voices.....	13
Future Direction.....	14
APPENDIX A. PROTECT & RESPECT INTERGENERATIONAL GRANT AWARDS, 2004-2005	16
APPENDIX B. GOVERNOR’S SAFE AND DRUG-FREE SCHOOLS AND COMMUNITIES ACT (SDFSCA) GRANT AWARDS, 2004-2005 ..	18
APPENDIX C. COMMUNITY STATE INCENTIVE GRANT (SIG) AWARDEES	22
APPENDIX D. GOVERNOR’S YOUTH PUBLIC SAFETY ADVISORY COUNCIL (GYPSAC) HIGH SCHOOLS REPRESENTED.....	25
APPENDIX E. YOUTH ALCOHOL AND DRUG ABUSE PREVENTION PROJECT (YADAPP) 2004 TEAMS	26

Executive Summary

In last year's Governor's Office for Substance Abuse Prevention (GOSAP) Annual Report it was reported that the GOSAP had laid the foundation for a strong prevention infrastructure at the state level by establishing the GOSAP Collaborative and by actively building consensus around a strategic plan for prevention.

This year the GOSAP, in collaboration with the GOSAP Collaborative, is pleased to report substantial progress in implementing Virginia's plan for prevention and in developing tangible resources that place the Commonwealth at the cutting edge of prevention nationally. Prevention achievements reported here include the following:

- A Social Indicators Database project is creating one-stop, user-friendly web access to critical data for state- and local-level prevention needs assessments, strategic planning, benchmarking and measuring progress.
- A prevention "primer," titled *Our Common Language: A Quick Guide to Prevention Terminology in Virginia*, was developed to make prevention science more understandable and to contribute to improved communication, planning, evaluation and reporting within the prevention community statewide.
- The GOSAP Collaborative has identified elements of a best practices model for prevention programming in Virginia and has begun to reach consensus about cross-agency standards for the management of prevention grants.
- The second statewide KIDsafe Virginia Prevention Conference, held in Richmond on November 16, 2004, was attended by an overflow crowd of 365 prevention leaders from throughout Virginia.
- The GOSAP Web Site is being re-designed to serve as the GOSAP Collaborative's central clearinghouse for prevention information, resources and best practice solutions.
- KIDsafe Virginia has continued to serve as a very effective child personal safety and public awareness initiative during its second year of implementation.
- The Protect & Respect initiative has continued to improve the safety of Virginia's senior citizens through crime prevention education and through intergenerational projects that improve the safety and well being of both seniors and youth.
- Safe and Drug-Free Schools and Communities Act grants were awarded to 21 projects to support youth substance abuse and violence prevention efforts in more than 35 Virginia communities.

- Virginia's State Incentive Grant initiative continued to support the efforts of 20 prevention coalitions, to support a capacity-building training initiative, and to coordinate an Advisory Council that serves as a valuable source of local input.
- An official report to the Governor, titled *Virginia's Youth Speakout! About Crime and Public Safety*, was publicly unveiled at the KIDsafe Virginia Prevention Conference in November 2004. Representing the voices of 550 students from 79 high schools, the report includes numerous recommendations for addressing the crime and safety issues that most concern youth.
- Youth leadership development opportunities continued through the 20th Annual Youth Alcohol and Drug Abuse Prevention Project Conference where 80 high school teams from throughout Virginia were trained, before developing plans for youth-led prevention projects in their home schools and communities.

Building upon numerous recent achievements, the GOSAP will continue to provide leadership and coordination in the collaborative implementation of Virginia's substance abuse prevention plan. In addition to completing implementation of the Web-based Social Indicators Database Project and Virginia Prevention Information Clearinghouse, the GOSAP Collaborative will seek to formalize Virginia's model for prevention programming and standards for prevention grants management. Additionally, the Prevention Through Information initiative, funded by a recently awarded U.S. Department of Education grant, will create unprecedented access to school crime and violence data and provide extensive opportunities for training in data-driven prevention planning and evaluation.

Report of Activities of the Governor's Office for Substance Abuse Prevention

Statutory Authority

The Governor's Office for Substance Abuse Prevention (GOSAP) is authorized under §2.2-118, *Code of Virginia*, enacted by the 2000 General Assembly. This annual report of activities is submitted in accordance with statutory requirements.

The statute sets forth the responsibility of the Governor "to administer the substance abuse prevention program within the Commonwealth and to authorize, direct, and coordinate activities of agencies of the Commonwealth in such program." The responsibilities of the Governor's Office for Substance Abuse Prevention are "to assist in the coordination of substance abuse prevention activities of the Commonwealth, review substance abuse prevention expenditures by agencies of the Commonwealth, and determine the direction and appropriateness of such expenditures."

The statute further specifies that "the Governor shall cooperate with federal, state and local agencies, private and public agencies, interested organizations, and individuals in order to prevent substance abuse within the Commonwealth."

In addition to its responsibilities for developing a more unified and effective approach to prevention at the state level, GOSAP also administers two major grant programs: the Governor's Safe and Drug-Free Schools and Communities Program and the State Incentive Grant Program. For FY 2003-2004, GOSAP received \$2,804,000 through the State Incentive Grant and \$1,634,981 through the Safe and Drug-Free Schools and Communities Program. These federal funds support numerous local prevention initiatives throughout the Commonwealth. These grant programs and the many initiatives they support are described in greater detail in this report.

GOSAP Organization and Operation

The Governor's Office for Substance Abuse Prevention is located in the Office of the Secretary of Public Safety, where it operates as a separate entity but utilizes available research and technology resources. The location provides enhanced visibility and support for prevention strategies and emphasizes the important role of substance abuse prevention in the Commonwealth's overall public safety mission. Marilyn P. Harris serves as GOSAP Director and Assistant Secretary of Public Safety.

The GOSAP office location and contact information are:

202 North Ninth Street, Sixth Floor
Richmond, Virginia 23219
Telephone: (804) 786-9072 FAX: (804) 786-1807
Email: gosap@governor.virginia.gov
Web site: <http://www.gosap.governor.virginia.gov>

Results Through Collaboration

It was reported in last year's Annual Report that the GOSAP had laid the foundation for a strong prevention infrastructure at the state level by establishing the GOSAP Collaborative and by actively building consensus around a strategic plan for prevention.

This year the GOSAP, in collaboration with the GOSAP Collaborative, is pleased to report substantial, ahead-of-schedule progress in implementing Virginia's plan for prevention and in developing tangible resources that place the Commonwealth at the cutting edge of prevention nationally. Prevention achievements that will be described in this report include the following:

- A Social Indicators Database (SID) project is creating one-stop, user-friendly Web access to critical data for state- and local-level prevention needs assessments, strategic planning, benchmarking and measuring progress.
- A prevention "primer," titled *Our Common Language: A Quick Guide to Prevention Terminology in Virginia*, was developed. It contains basic prevention terms, concepts and principles, as well as key sources of more in-depth information. The publication is intended to make prevention science more understandable and to contribute to improved communication, planning, evaluation and reporting within the prevention community statewide.
- The GOSAP Collaborative has identified elements of a best practices model for prevention programming in Virginia and has begun to reach consensus about cross-agency standards for the management of prevention grants. The prevention model and related standards will be broadly articulated to institute a more unified, evidence-based approach to prevention statewide.
- The second statewide KIDsafe Virginia Prevention Conference, held in Richmond on November 16, 2004, was attended by an overflow crowd of 365 prevention leaders from throughout Virginia.
- The GOSAP Web site is being re-designed to serve as the GOSAP Collaborative's central clearinghouse for prevention information, resources and best practice solutions.

- KIDsafe Virginia has continued to serve as a very effective child personal safety and public awareness initiative during its second year of implementation. Extraordinary demand for KIDsafe Virginia resources has required the re-printing of Parent Guides and the development of the School Safety Toolkit in CD format.
- The Protect & Respect initiative has continued to improve the safety of Virginia's senior citizens through crime prevention education and through intergenerational projects that improve the safety and well-being of both seniors and youth.
- Safe and Drug-Free Schools and Communities Act grants were awarded to 21 projects to support youth substance abuse and violence prevention efforts in more than 35 Virginia communities.
- Virginia's State Incentive Grant initiative continued to support the efforts of 20 prevention coalitions, to support a capacity-building training initiative, and to coordinate an Advisory Council that serves as a valuable sounding board for local impact of state developments in prevention policies, practices and proposals.
- An official report to the Governor, titled *Virginia's Youth Speakout! About Crime and Public Safety*, was publicly unveiled at the KIDsafe Virginia Prevention Conference in November 2004. Representing the voices of 550 students from 79 high schools, the report includes numerous recommendations for addressing the crime and safety issues that most concern youth.
- Youth leadership development opportunities continued through the 20th Annual Youth Alcohol and Drug Abuse Prevention Project (YADAPP) Conference where 80 high school teams from throughout Virginia were trained, before developing plans for youth-led prevention projects in their home schools and communities.

Each of the prevention achievements listed above are described in more detail within this report.

Gaining Traction: A Substance Abuse Prevention Plan for Virginia's Youth

Activities of the GOSAP in the past year have focused on implementing Virginia's substance abuse prevention plan, released in November 2003 and titled *Gaining Traction: A Substance Abuse Prevention Plan for Virginia's Youth*.

Nine “core elements” form a framework for the strategic plan for substance abuse prevention:

<u>Work Force Development</u>	building capacities to recruit, develop and retain substance abuse prevention providers.
<u>Ethical Prevention Practice</u>	to assist in the promotion and assurance of prevention standards of practice by prevention providers.
<u>Evidence-Based Practice</u>	promoting the use of, and building the capacity for, evidence-based practice.
<u>Environmental Change</u>	increasing the focus on the shared environment related to community norms, regulations, policies and data collection.
<u>Collaboration</u>	establishing organized prevention partnerships at the state and local levels to foster consistent planning.
<u>Resource Development</u>	securing a consistent and efficiently integrated funding stream for substance abuse prevention efforts.
<u>Legislative Issues</u>	enacting public policies that clearly reflect what research shows to be effective in promoting successful outcomes in substance abuse prevention.
<u>Advocacy</u>	fostering prevention advocacy development at the local and state levels.
<u>Public Awareness</u>	heightening awareness of prevention goals, messages and initiatives at the local, state and national levels.

Gaining Traction set forth a number of short- and long-term recommendations for action extending over a period of five years. The GOSAP is pleased to report that action in implementing many important recommendations is ahead of the projected schedule. In collaboration with the prevention leaders, program managers and specialists represented on the GOSAP Collaborative and the State Incentive Grant Advisory Council, implementation has built upon existing prevention efforts to accelerate progress in a more unified, more collaborative and more proven way. Virginia’s liaison with the Southeast Center for the Application of Prevention Technology – a federal prevention training and technical assistance center – has described Virginia’s prevention programs and practices “exemplary” and “cutting edge.”

The GOSAP Collaborative: Virginia's Prevention Leadership

The GOSAP Collaborative serves as the primary vehicle for prevention system planning and collaborative decision making at the state level. Its membership is composed of key leadership representatives from agencies and organizations responsible for prevention throughout the Commonwealth, including the Departments of Alcoholic Beverage Control, Criminal Justice Services, Education, Fire Programs, Health, Juvenile Justice, Mental Health, Mental Retardation and Substance Abuse Services, Motor Vehicles, Social Services, State Police, the Virginia National Guard and the Virginia Tobacco Settlement Foundation. The GOSAP Collaborative is chaired by GOSAP Director Marilyn Harris; the vice-chair is Marty Kilgore, Executive Director of the Virginia Tobacco Settlement Foundation. A graphic depicting the Collaborative is at right. The mission and goals established by the GOSAP Collaborative are as follows:



MISSION

The GOSAP Collaborative will preserve and enhance Virginia's exemplary national leadership in the area of positive youth development by promoting and facilitating wider use of model programs, disseminating best practice solutions and supporting up-to-date training and information opportunities for prevention professionals statewide.

GOALS

To model, based upon collaborative successes achieved at the state level, the benefits of wider collaboration within and among every level of youth prevention activity ongoing within Virginia.

To sponsor statewide capacity-building training events that will bring together youth substance abuse and violence prevention coalitions,

experts, and providers from all governmental and agency levels for professional networking and for learning directly from those who are most successful in the various youth prevention fields.

To publicly recognize the collective and personal achievements of organizations and individuals who exemplify the best attributes of Virginia's prevention system and practices, as well as those who have made notable contributions toward positive prevention outcomes that directly benefit children and adolescents.

Consistent with its leadership role, the GOSAP Collaborative has made substantial progress in implementing Virginia's plan for prevention, undertaking several initiatives that have further strengthened Virginia's prevention infrastructure and created new tangible resources to support evidence-based prevention practice throughout the Commonwealth. These initiatives are described in greater detail below and include the Social Indicators Database Project, the *Our Common Language* publication, an emerging best practices model for prevention programming and grants management, the KIDsafe Virginia statewide prevention conference and a Web-based prevention information clearinghouse.

Social Indicators Database Project

The Virginia Social Indicators Database Project is creating one-stop, user-friendly web access to critical social indicator data for state- and local-level prevention needs assessments, planning, benchmarking and measuring progress. Specifically, the project will achieve the following:

- provide community planners with consistent, easily accessible data to help them assess their local needs;
- provide both public and private organizations with uniform, comparable data to use in developing grant applications;
- provide state agencies that distribute state and federal funding with data to help target resources to areas and issues with the highest needs;
- develop training resources for how to use data to assess community needs;
- link program developers and administrators to research-based, best-practice guidance on program and service strategies;
- set benchmarks for prevention activities; and
- monitor progress toward achieving outcomes.

This initiative builds on previous work of the Department of Mental Health, Mental Retardation and Substance Abuse Services and has been identified by the GOSAP Collaborative as a high priority.

Our Common Language: Virginia’s Prevention “Primer”

A prevention “primer,” titled *Our Common Language: A Quick Guide to Prevention Terminology in Virginia*, was unveiled at the November 2004 KIDsafe Prevention Conference. The publication contains basic prevention terms, concepts and principles, as well as key sources of more in-depth information. In identifying the need for such a publication, the GOSAP Collaborative noted the challenge for prevention professionals, and for community leaders involved with prevention efforts, to understand and use prevention science as it emerges from a variety of sources and is disseminated through multiple agencies and organizations. Although there is much consistency in prevention research findings, the terminology and concepts used differ somewhat across agencies and organizations. The “common language” set forth is intended to enhance understanding within the Virginia prevention community and to improve communication with the broader public. The publication may be requested from the GOSAP or accessed online at

<http://www.gosap.governor.virginia.gov>

A Virginia Model for Prevention Programming

Members of the GOSAP Collaborative have begun to develop consensus about elements of a best practice model for local prevention programming and standards for the management of prevention grants programs at the state level. Elements of the emerging model for prevention programming are:

- Comprehensive community prevention needs assessment using relevant objective data;
- Measurable, results-oriented goals and objectives;
- Use of evidence-based programs and approaches to address locally-identified needs;
- Fidelity in the implementation of evidence-based programs and approaches;
- Collaboration and communication among prevention agencies and organizations in the planning and strategic implementation of programs and services;
- Plan for sustaining effective programs/projects beyond initial grant funding periods;
- Evaluation designed to document implementation and measure outcomes; and
- Consumer involvement in planning, implementation and evaluation.

Represented on the GOSAP Collaborative are agencies and organizations responsible for managing competitive and non-competitive grants programs that fund many types of prevention initiatives throughout the Commonwealth. Members of the Collaborative have begun to develop consensus about best practice standards for the management of prevention grants in Virginia. Preliminary standards for prevention grants management at the state level are:

- Requests for proposals (RFP's) should establish clear expectations for grantees, support evidence-based programming and ensure accountability for outcomes.
- Requirements for grantees should be consistent with evidence-based prevention principles.
- The advancement of effective prevention programming requires both adherence to evidence-based prevention principles and activities that strengthen the capacity of grantees.
- Requirements for greater accountability should be accompanied by high quality training and technical assistance that build grantee capacity to employ evaluations that assess the fidelity of implementation, and of outcomes, using appropriate measures.
- Cross-site evaluation using common data elements should become the norm for prevention grants programs in Virginia.

The emerging best practice model for prevention programming and the standards for prevention grants management are significant contributions to Virginia's more unified, collaborative and evidence-based approach to prevention.

KIDsafe Virginia Prevention Conference

An overflow crowd of 365 prevention professionals attended the second statewide KIDsafe Virginia Prevention Conference held November 16, 2004 in Richmond. The daylong conference was sponsored by the GOSAP Collaborative with co-sponsorship by the Mid-Atlantic Addiction Technology Transfer Center (ATTC) based at Virginia Commonwealth University. The conference featured a keynote address by nationally renowned prevention researcher Richard Catalano and, reflecting an emphasis on the Commonwealth's many prevention achievements, showcased more than two dozen Virginia prevention initiatives in roundtable and workshop presentations and displays. Many prevention leaders and other supporters were recognized at the conference luncheon. Additionally, the conference was the occasion for unveiling two publications described in greater detail elsewhere in this report: A prevention "primer," titled ***Our Common Language: A Quick Guide to Prevention Terminology in Virginia***, and a report of the Governor's Youth Public Safety Advisory Council (GYPSAC), titled ***Virginia's Youth Speakout! About Crime and Public Safety***.

A Virginia Prevention Information Clearinghouse

The GOSAP Web site is being re-designed to serve as the GOSAP Collaborative central clearinghouse for prevention information, resources and best practice solutions. A Web site prototype has been developed featuring a calendar of Virginia prevention events and training opportunities, an archive, and information on funding resources and proven programs, as well as links to the Web sites of Virginia prevention agencies and organizations.

KIDsafe Virginia

KIDsafe Virginia is a comprehensive approach to improve the public and personal safety of Virginia's children and adolescents. The initiative complements and expands existing community- and school-based efforts to improve the public and personal safety for children and adolescents.

Educational components of KIDsafe Virginia include Personal Safety Lessons for children in kindergarten through 4th grade, Internet Safety Lessons for students in grades 5 through 8, Crime Prevention Lessons for high school students and Fire Safety Lessons for elementary students. Resources for parents include a Parent Guide to Personal Safety for Children, a Parent Guide to Crime Prevention for Teens and DNA Identification Kits. Also offered as a part of KIDsafe are the Virginia School Safety Toolkit, a toll-free number for reporting conditions that potentially threaten the safety and security of schools and communities, and an online "suggestion box" for strategies to improve the safety and security of youth in schools and communities. Regional training opportunities develop youth leadership skills and engage youth in activities to keep their schools and communities safe.



KIDsafe Virginia has continued to serve as a very effective prevention initiative during its second year of implementation. Extraordinary demand for KIDsafe Virginia resources has required the reprinting of both the Parent Guide to Personal Safety for Children and the Parent Guide to Crime Prevention for Teens. Demand for the Parent Guides has always outstripped supply; more than 150,000 copies of each publication have been disseminated. Additionally, in response to continued high demand, the KIDsafe Virginia School Safety Toolkit containing a variety of publications focusing on school safety, crisis and emergency response, juvenile law, drug detection and crime prevention has been made available on a CD. The KIDsafe Virginia initiative has continued to receive generous support from the Allstate Foundation. The KIDsafe Virginia school safety toll-free hotline recently was featured in the Moment for the Children public service announcement (PSA) series developed by the Virginia Department of Juvenile Justice. These PSA's were distributed to 250 Virginia radio stations.

Evaluations of components of the *KIDsafe* Virginia program have yielded consistently positive findings. In a recent study focusing on the implementation of personal safety and crime prevention lessons in one locality, feedback from students, classroom teachers and law enforcement instructors was uniformly and strongly favorable. Teachers judged lessons to be valuable, and universally reported they would recommend the curriculum to other teachers. Student outcomes were achieved both in terms of learning objectives and greater use of crime prevention/personal safety strategies.

Protect & Respect

Protect and Respect is an initiative designed to improve the safety of Virginia's senior citizens through crime prevention education and funding intergenerational projects that improve the safety and well being of both seniors and youth. The initiative complements existing efforts by such groups as the 25 Area Agencies on Aging and the TRIAD partnership.



Guided by findings from a statewide safety and crime prevention needs assessment, a set of 30 crime prevention lessons for seniors was developed for use by Virginia State Police crime prevention specialists and other public safety experts. Officers can select among the lessons to be taught to provide a single presentation or a multi-lesson Public Safety Institute to address the needs and interests of various audiences. Feedback from seniors and from Virginia State Police crime prevention specialists has been strongly positive.

Intergenerational grants have been awarded for a second year to 13 community, faith-based, school, and senior service organizations for the implementation of projects that involve youth working together with seniors to improve the overall safety environment for both. Nine intergenerational mentoring projects and four youth crime prevention projects were funded for 2004-2005. Preliminary evaluation findings provide evidence that both types of intergenerational projects are achieving desired outcomes. Youth and seniors are learning, working together and, most importantly, “connecting” in ways that have enriched the lives of both. Grants management and technical assistance services are being provided through the Center for School-Community Collaboration at Virginia Commonwealth University. Brief descriptions of funded projects are provided in Appendix A. Cross-site evaluations have been designed and are being implemented to assess implementation, as well as outcomes data for youth and seniors.

Safe and Drug-Free Schools and Communities Program

The Safe and Drug-Free Schools and Communities Act of 2001 (SDFSCA) is Title IV of the *No Child Left Behind Act of 2001* (NCLB). Under NCLB, a strong emphasis is placed upon well-coordinated, SDFSCA-funded program activities between each state's principal education agency and the Office of the Governor. The GOSAP has worked in partnership with the Virginia Department of Education to develop the SDFSCA portion of Virginia's consolidated application for funding under NCLB.

Safe and Drug-Free Schools and Communities Act grants have been awarded to 21 projects to support youth substance abuse and violence prevention efforts in more than 35 Virginia communities during FY 2005. Brief descriptions of funded projects and communities served are provided in Appendix B. Assistance was provided to prospective grantees through three regional workshops conducted in the spring of 2004; the workshops focused on requirements of the request for proposals and on effective grant writing strategies. Grants were awarded in four categories, with priority given to projects targeting youth at higher risk for substance abuse and other problem behaviors. The four categories were:

- Evidence-based programs for youth who need special services or additional resources (priority);
- Replication of evidence-based programs;
- Community prevention needs assessments; and
- Continuation of effective programs.

Grantees have been provided with an orientation and technical assistance to help them successfully implement their projects. Grants management and technical assistance services are being provided through the Center for School-Community Collaboration at Virginia Commonwealth University. A cross-site evaluation designed to assess implementation and collect data on project-specific outcomes has been implemented.

Virginia State Incentive Grant Project

Virginia has completed its fourth year of a State Incentive Grant (SIG) cooperative agreement with the federal Center for Substance Abuse Prevention (CSAP). The Virginia SIG Project has used a three-pronged approach: 1) providing grants to local community prevention coalitions, 2) directing a SIG Advisory Council and, 3) managing a capacity-building initiative.

Twenty local prevention coalitions were awarded three-year grants of up to \$360,000 to implement model prevention programs, to implement environmental strategies to change local norms and policies related to alcohol, tobacco and other drug use, and to enhance local prevention planning efforts. The funding period for these grants ended September 30, 2004. Final evaluations of the projects are pending; however, it is known that more than 100,000 Virginians were directly or indirectly impacted by these projects. Using carry-over funding, each of the local projects planned and implemented activities involving local communities of faith. Activities ranged from training members of faith communities in evidence-based prevention programming to holding community summits and conferences. All local SIG awardees, communities served and brief project descriptions are included as Appendix C.

The SIG Advisory Council has provided advice and consultation during implementation of the Virginia SIG project and was instrumental in developing Virginia's substance abuse prevention plan. Representatives of approximately 40 public and private prevention organizations serve on the SIG Advisory Council. Although the official SIG project will end in the coming year, the Advisory Council has served as a valuable sounding board for local impact of statewide developments in prevention policies, practices and proposals. The GOSAP will seek to maintain this important advisory resource by establishing the GOSAP Council.

Funding was approved by the CSAP to continue to offer prevention training courses into 2005. Sustaining professional development through such capacity-building training activities is identified as a strategic recommendation in Virginia's substance abuse prevention plan and, thus, will be implemented consistent with this plan in subsequent years. In the future, Prevention Basics training will be available to prevention organizations that may contract for the complete three-level training or for a specific level appropriate for the participants. Capacity-building training provided in the past year through a contract with James Madison University consisted of the three courses:

Prevention Basics, Level I (PB I) - Prevention Theory and Research –

Basic prevention theory, research and practice for prevention practitioners and those who wish to update their knowledge of prevention science. In the summer of 2004, 57 prevention practitioners were trained in two regional workshops.

Prevention Basics, Level II (PB II) - Skills for Assessing Needs and Evaluating for Results - Designed for those involved in prevention coordination and program development. In the summer of 2004, 59 prevention practitioners were trained in two regional workshops.

Prevention Basics, Level III (PB III) - Building Capacity for Sustainability - Designed to develop skills in community-based planning and implementation at the broader community-wide level. In the summer of 2004, 58 prevention practitioners were trained in two regional workshops.

Youth Voices

The GOSAP has taken very seriously its responsibility to listen to the people it serves. Listening experiences with Virginia's adolescents over a two-year period have resulted in an official report from the Governor's Youth Public Safety Advisory Council (GYPSAC), titled *Virginia's Youth Speakout! About Crime and Public Safety*.

GYPSAC was created in 2003 to establish a formal dialogue between young people and safety professionals about school violence, gangs, substance abuse, and other school and community safety issues. Sponsored by the Office of the Secretary of Public Safety, in cooperation with the Virginia Department of Education, and in partnership with Virginia Commonwealth University's Center for Public Policy, GYPSAC held six *Speakout!* sessions in 2003 and 2004, including one at the Bon Air Juvenile Correctional Center and one at the Youth Alcohol and Drug Abuse Prevention Project Conference. High schools and localities represented on GYPSAC are listed in Appendix D.

The GYPSAC report identified safety concerns of youth, contributing causes and offered recommendations and strategies for improving youth safety. The full report may be requested from the GOSAP or accessed at <http://www.gosap.governor.virginia.gov>

The top ten safety concerns identified by the Council are:

1. Physical violence, often associated with gang activity, including the use of guns and other weapons.
2. Substance abuse, from marijuana and crack cocaine, as well as over-the-counter medications.
3. Underage drinking by students.
4. Reckless driving, including speeding, drag racing and driving under the influence of alcohol or drugs.
5. Unprotected sex, contributing to the spread of HIV/AIDS and other sexually transmitted diseases, as well as teenage pregnancy.
6. Racism, which often leads to violence.

7. Harassment of students and social cliques through bullying and sexual intimidation.
8. Tobacco use by underage youth.
9. Theft of personal property.
10. Vandalism of school property, personal property and community facilities.

GYPSAC's recommendations for improving youth safety are listed below. In the full report numerous specific strategies are listed for each recommendation.

- Increase positive role models and adult guidance.
- Diminish boredom and increase positive activities.
- Combat distorted media images.
- Eliminate access to drugs and alcohol.
- Build understanding and acceptance of others.
- Enhance consistency of rule enforcement in schools.
- Boost self-esteem and reduce negative peer pressure.
- Lower youth stress and depression.

Providing opportunities for youth involvement in substance abuse prevention and school safety for 20 years, the Youth Alcohol and Drug Abuse Prevention Project (YADAPP) held its annual summer conference at Longwood University the week of July 12-16, 2004. Participating in the annual YADAPP conference were 80 school/community teams composed of four rising 10th, 11th, and 12th graders and an adult sponsor, as well as 40 youth leaders, 30 junior staff members and more than 30 adult conference staff, resource officers and workshop presenters. A focal point of each year's conference is action planning to develop Strategies to Act Now (STAN) Plans to implement youth-led prevention projects in their home schools. Twenty-nine grants of \$250 are awarded to those teams with the best plans.

The official YADAPP website (<http://www.yadapp.com/>) contains not only basic information about YADAPP but also numerous photographs and a "Youth Speak" section with participant testimonials. The 21st Annual YADAPP is scheduled to be held at Longwood University in July of 2005. The 2004 YADAPP teams are listed in Appendix E.

Future Direction

Building upon numerous recent achievements, the GOSAP will continue to provide leadership and coordination in the collaborative implementation of Virginia's substance abuse prevention plan. In addition to completing implementation of the Web-based Social Indicators Database Project and Virginia Prevention Information Clearinghouse, the GOSAP Collaborative will seek to formalize Virginia's model for prevention programming and standards for prevention grants management using a joint memorandum of understanding process.

The coming year also will provide the opportunity to collaborate with the Virginia Department of Education in the Prevention Through Information (PTI) initiative. Funded by a newly awarded U.S. Department of Education grant, the project will create timely Web access to school crime and violence data and will provide extensive training to school and community professionals in data-driven prevention planning. PTI, along with the Social Indicators Database Project, will give Virginia communities unprecedented access to critical data and opportunities to build capacity for local prevention planning and evaluation.

APPENDIX A.

PROTECT & RESPECT INTERGENERATIONAL GRANT AWARDS, 2004-2005

Award Recipient	Localities Served	Project Highlights (2004 - 2005)	Award Amount
Intergenerational Mentoring Grants			
Warren County Community Health Coalition	Warren County and Town of Front Royal	Across Ages Intergenerational Mentoring Program is enhancing, strengthening, and expanding the program developed during Year One. In addition to the centerpiece of older adults mentoring youth ages 11 to 17, the program implements a model prevention program, Across Ages as life skills instruction.	\$37,498.00
Brighton's Solid Rock of Portsmouth	Portsmouth	Brighton's Solid Rock, Inc. (BSR, Inc.), a faith-based community organization, will be building on the foundation they established with Year One funding to implement school and community-based mentoring programs, the Protect And Respect Our Community Project. These intergenerational mentoring programs pair seniors over the age of 55 with youth in elementary and middle school and are being held at three sites in the community.	\$37,000.00
Big Brothers Big Sisters of Rappahannock	City of Fredericksburg, Stafford and King George Counties	The RBBBS Protect and Respect Intergenerational Project is an intergenerational mentoring program. Pairing of senior, "Bigs" and youth, "Littles" will continue to be established and supported. These pairs also have the opportunity to link with a homebound, "Grand," to provide services for seniors who are especially vulnerable.	\$30,000.00
Prince William County Office on Youth	Cities of Manassas and Manassas Park and Prince William County	The Seasons Intergenerational Mentoring Project pairs seniors with youth in one-to-one mentoring relationships. The "best practices" of mentoring include making matches based on social histories and then providing on-going monitoring and support for the matches. In addition to the benefits provided by mentoring to both the youth and seniors, the Seasons Project provides training opportunities for students at George Mason University in performing the social histories and monitoring matches.	\$36,900.00
Senior Connections: The Capital Area Agency on Aging of Richmond	City of Richmond, Chesterfield, Henrico and Hanover Counties	This "Protect & Respect" project, an intergenerational mentoring program will continue to pair mentors over the age of 55 with at-risk children from 6 to 12 years-of-age in 17 school-based programs. Book sets have been donated by Wachovia Securities for all of the program participants.	\$36,577.00
Appalachian Agency for Senior Citizens	Tazewell County	The Appalachian Agency for Senior Citizens will build off of their successful crime prevention program during Year One to implement a one-to-one mentoring program that will pair students at Richlands High School with seniors.	\$50,000.00
Big Brothers Big Sisters of Harrisonburg and Rockingham County	Harrisonburg and Rockingham Counties	Golden Opportunity Project, an intergenerational mentoring program for at-risk children was designed in response to three community-wide needs assessments. Because senior adults expressed a desire for flexibility when volunteering, three program options are offered: community-based mentoring, school-based mentoring, and bi-monthly groups of one-to-one mentoring pairs at the Virginia Mennonite Retirement Community.	\$30,000.00

Award Recipient	Localities Served	Project Highlights (2004 - 2005)	Award Amount
Big Brothers Big Sisters of Southwest Virginia	Cities of Roanoke and Blacksburg, Counties of Roanoke, Salem, Montgomery, Radford and Pulaski	The Big Brothers Big Sisters of Southwest Virginia Older Virginians Mentoring Project will continue to support the 38 active matches made in Year One while continuing to build upon this success. The project will continue to work in collaboration with the Pulaski Retired Seniors Volunteer Program (RSVP) and the local Boys & Girls Club.	\$34,472.50
Grayson County Public Schools	Grayson County	The Protect and Respect - Alliances Inspiring Successful Education (PRAISE) program will continue to build upon the foundation it laid in Year One by pairing citizens over the age of 55 in mentoring relationships with at-risk students in elementary and middle school settings.	\$37,500.00
Crime Prevention Activities Grants			
Family Service of Roanoke Valley	City of Roanoke and Roanoke County	Roanoke's Protect & Respect Intergenerational Crime Prevention Teen Outreach Program (TOP) will continue to implement the Youth as Resources model program to provide youth with on-going leadership and life skill development sessions. In addition, youth in these programs will continue to develop and implement crime prevention and safety projects for seniors in school-based, after-school and summer settings.	\$15,000.00
Alliance for Families and Children	City of Lynchburg	In Year One, the Alliance for Families and Children led a group of high school-aged youth through the Teens, Crime and Community (TCC) curriculum and then designed and implemented crime prevention projects with seniors in the College Hill neighborhood. After consulting with local officials, Year Two of the Protecting & Respecting Our Neighborhoods project will involve students at Dunbar Middle School, the TCC curriculum and seniors in the Diamond Hill community.	\$9,750.00
Boys and Girls Club of Emporia/ Greenville	City of Emporia and Greenville County	The Teens And Seniors Against Crime Project, a crime prevention project using the Teens, Crime and Community curriculum, will continue to be implemented at Wyatt Middle School. Students in this after-school program will design crime prevention activities in conjunction with seniors involved with the local Seniors and Law Enforcement Together (SALT) council, and seniors at the Trinity Woods retirement center.	\$14,192.00
Virginia Beach City Public Schools	City of Virginia Beach	Plaza Community Leaders Project, an after-school crime prevention project at Plaza Middle School, will build upon its success during Year One. Youth are led by a collaboration of professionals from several community agencies with the Teens, Crime and Community curriculum. The students perform a survey of seniors in their community regarding their safety needs and then develop and implement community action activities based on the results of the survey.	\$14,250.00

APPENDIX B.

GOVERNOR'S SAFE AND DRUG-FREE SCHOOLS AND COMMUNITIES ACT (SDFSCA) GRANT AWARDS, 2004-2005

Award Recipient	Localities Served	Project Highlights (2004 - 2005)	Award Amount
Alliance for Families and Children	Cities of Lynchburg and Bedford, Counties of Amherst, Appomattox, Bedford and Campbell	This program provides services to the high school alternative education population utilizing the Project Toward No Drug Abuse curriculum. It provides students the opportunity to understand cognitive misperceptions that may lead to substance abuse, while increasing coping and self-control skills. They also learn substance cessation techniques, self-control, and the environmental, social, psychological, and emotional consequences of drug use. The program also provides six parent-involvement workshops focusing on communication skills and parent-teen involvement in an effort to increase family protective factors and reinforce "no-use" messages within the home.	\$49,000.00
Bedford County	City of Bedford and Bedford County	The Bedford Community Coalition is conducting a comprehensive prevention needs assessment for Bedford City and County. Having completed the needs assessment in the areas of statistical data, key informant data, legislative review, and resource inventory, the coalition is administering a youth survey to obtain information directly from youth concerning their attitudes and behaviors about substance abuse. Upon completion, a baseline of prevention data from which to formulate an effective community prevention plan for the coming years will be established.	\$15,000.00
Big Brothers Big Sisters of Harrisonburg and Rockingham County	City of Harrisonburg and Rockingham County	The target populations are low-income, Hispanic children living in a mobile-home park with a high prevalence of methamphetamine use and children whose parents are participating in research-based parenting classes, voluntarily or by court order. This project is composed of the "SMART Moves" (Skills Mastery and Resistance Training) program and the adult mentor program with youth in these two populations. The program provides children with the knowledge, skills, and self-esteem to help them avoid risky behaviors and situations.	\$24,335.00
Blue Ridge Behavioral Healthcare	Cities of Roanoke and Salem, Botetourt County	Blue Ridge Behavioral Healthcare is implementing Kids Connection and Youth Connection as selective prevention programs with children and youth who have been identified as high-risk, i.e., characterized by impoverished neighborhoods, inadequate community bonding, inadequate school bonding, and a positive attitude toward alcohol, tobacco and other drug use. These children and youth are also at risk of early sexual activity, violence and other criminal acts. The goal of the program is to increase the age of first use with the objectives of increasing/maintaining a negative attitude toward alcohol, tobacco and other drug use, increase school attendance, increase the ability to express feelings effectively and constructively, raise grades and improve communication skills.	\$25,609.00
Central Virginia Community Services' Child and Family Center	Amherst County	Central Virginia Community Services is expanding its evidence-based Multi-systemic Therapy (MST) program for adolescents and their families from Amherst County. MST is an intensive, family- and community-based intervention that addresses the multiple factors related to delinquency across the key settings, or systems, within which youths live (e.g., family, peers, school, neighborhood). CVCS previously has offered an MST program only for adjudicated youth, but now is extending its services to offer a MST program for at-risk youth (i.e., Children In Need of Supervision or children in foster care). The primary goals of the MST program are to (1) reduce youth criminal activity, (2) reduce other types of antisocial behavior, such as drug abuse, and (3) achieve these outcomes at a cost savings by decreasing rates of incarceration and out-of-home placements.	\$41,040.00

Award Recipient	Localities Served	Project Highlights (2004 - 2005)	Award Amount
Commonwealth ChalleNGe	School dropouts throughout the Commonwealth	Commonwealth ChalleNGE is implementing the evidence-based program, Too Good For Drugs and Violence as a part of the Rise to the Challenge: A Drug-Free and Nonviolent Future project. This project targets 16-18 year-old school dropouts at Commonwealth ChalleNGe. The project institutes drug testing to complement the evidence-based program and provide an additional incentive to remain drug-free. Outcomes to be achieved are a reduction in the intention to use alcohol, tobacco and illegal drugs, an increase in intention to solve conflicts non-violently, a decrease in incidents of violent behavior, and an increase in acts of pro-social behavior. Long-term benefits to cadets are an increased knowledge of the negative consequences of alcohol, tobacco and illegal drug use and the benefits of a drug-free lifestyle.	\$32,442.00
Cumberland Mountain Community Services Board	Tazewell County	Cumberland Mountain Community Services is implementing the Community Connection Project. This project is expanding the prevention programming in Tazewell area schools. Services include prevention identification and referral services for Tazewell area students in grades Pre-K-12, implementation of the 6th grade All Stars program at Tazewell Middle, the expansion of the Junior All Stars program to 4th graders, and the implementation of the Keep a Clear Mind Program with 3rd graders at Tazewell Elementary School. The objectives of the project are: (1) maintaining or increasing negative attitudes toward ATOD use, and (2) increasing identification and referral services from Tazewell area schools.	\$36,461.00
C. Waldo Scott Center for H.O.P.E.	Newport News City	The C. Waldo Scott Center is implementing the evidence-based Positive Action program to increase protective factors among program youth. The program increases protective factors among youth, therefore, decreasing risk factors associated with violent crime and drug abuse. The program is being implemented through the facilitation of educational, skill-based groups, utilizing the program's curriculum. A peer facilitation model utilizes high school students to assist facilitators with group-related activities. Outcomes of the program include improved interpersonal skills among participants through social skills education; improved self-concepts through character education; increased skill level in problem solving, decision making, and conflict resolution; and strengthened refusal skills.	\$20,004.00
Family Service of Roanoke Valley	Roanoke County and City of Roanoke	Family Service of Roanoke Valley is replicating the Leadership and Resiliency model program in Roanoke Valley for high-risk middle and high school youth in both school-based and after-school settings. The program is a collaborative project to provide resiliency-building small groups, service-learning and adventure trips. The outcomes sought include improved developmental assets in order to enhance school success and reduce violence and substance abuse.	\$50,000.00
Floyd County Public Schools	Floyd County Elementary Schools	Floyd County Public Schools are implementing the Keeping a Clear Mind and the Youth Connection programs in Floyd County elementary schools. The target population is students identified in the sixth and seventh grades who possess multiple risk factors across all domains and were not previously receiving services to address their needs from the school system. The program is completed jointly at home by parent(s) and child. Youth Connection is a curriculum-based support group model that provides opportunities for cooperative learning, practicing life skills, and bonding with a caring adult. The goal of both prevention programs is to decrease risk factors by teaching social skills, providing accurate knowledge and information about drugs, and increasing family communication.	\$22,976.00
Giles County Public Schools	Giles County	Giles County Public Schools, in collaboration with New River Valley Community Services, is implementing the Life Skills Training program in sixth and seventh grade classrooms. Pre- and post-testing are being administered and fidelity checklists are being used to evaluate program implementation and outcomes. The overall goal of this project is to reduce the incidence and prevalence of substance abuse and violence by Giles County youth. Specific objectives to be achieved are an increase in the students' health knowledge and immediate physical consequences of using tobacco, an increase in their positive life skills behavior, and a more accurate perception of the use of substances by peers and adults.	\$26,068.00

Award Recipient	Localities Served	Project Highlights (2004 - 2005)	Award Amount
Halifax County Public Schools	Halifax County	In order to improve peer relations and increase school and student protective factors, Halifax County Public Schools are implementing the Olweus Bullying Prevention Program. The goals of this effort are to improve peer relations among students and increase protective factors in schools and individuals. The goal for these efforts is a reduction in antisocial behaviors, including bullying and violence, a reduction in positive attitudes toward antisocial behaviors, and an increase in student participation in direct support services, including mediation and individual and group counseling.	\$43,313.00
Middle Peninsula-Northern Neck CSB	Counties of Essex, Gloucester, King and Queen, King William, Lancaster, Mathews, Middlesex, Northumberland, Richmond and Westmoreland	The Middle Peninsula-Northern Neck Community Services Board is implementing the model violence prevention program, Second Step, throughout the ten counties served by the board. Schools, preschools, and Head-Start Programs are being provided with the necessary facilitator training and curriculum. The primary aim of this project is to reduce aggressive behavior and increase the social competence of children, ages 4-11 through their completion of the program as evidenced by pre- and post-tests, discipline reports and facilitator observations.	\$37,421.00
Montgomery County Public Schools	Montgomery County	The Bullying Prevention Programs at Christiansburg and Shawsville middle schools are implementing the Olweus Bullying Prevention Program. The program uses a comprehensive, multi-level approach to reduce bullying and improve the overall school climate. The program works at three levels: school, classroom and individual. The program also empowers students to intervene when witnessing an act of bullying. The intended outcome is to decrease bullying by creating a school climate that does not tolerate bullying and to teach and support healthier ways of solving problems.	\$29,247.00
New River Valley Community Services	Pulaski County	The All Stars Program, a research-based substance abuse and violence prevention program, will be implemented in Pulaski County middle schools to all sixth graders. The program is designed to enhance positive characteristics while decreasing risk factors that increase the likelihood of problematic behaviors developing during early adolescence. All Stars is intended to help youth develop good character, establish future goals, understand how avoiding problem behaviors will help in reaching identified goals, and make commitments to family and community.	\$35,037.00
Twin County Prevention Coalition	City of Galax	The Twin County Prevention Coalition is conducting a comprehensive community prevention needs assessment for the City of Galax through examination of the following social indicator data: alcohol, tobacco and other drug use among youth, as well as, juvenile violence. The target population is youth ages 10-18 and their families. Using the data, a written Comprehensive Community Needs Assessment and a five-year Community-wide Drug and Violence Prevention Plan of Action is being published and distributed to all major stakeholders and the community to be used for future prevention program planning. This comprehensive needs assessment will enhance strategic interagency collaboration, identify service gaps, and minimize duplication of services.	\$14,925.00
Prince William County	Prince William County and Cities of Manassas and Manassas Park	The Star Teen Clubs project is a collaborative program of the Prince William County Government, Prince William County Schools, and the community. The Star Teen Clubs are using the nationally recognized evidence-based All Stars curriculum in after-school and summer programming for middle school age youth. The program is designed to delay and prevent high-risk behavior and build resiliency. The program addresses two critical needs in the community: (1) rapid growth in the local middle-school population coupled with a lack of pertinent prevention programs and, (2) an increase in delinquent and at-risk youth behaviors.	\$50,000.00

Award Recipient	Localities Served	Project Highlights (2004 - 2005)	Award Amount
Roanoke County Public Schools	Roanoke County	Roanoke County Public Schools are implementing the Student Assistance Program (SAP). The primary goal of this program is to decrease substance use and violent behaviors among students at Glenvar middle and high schools by increasing assistance to them and their families. This assistance may be early education and referral to community agencies, in-school individual counseling, educational skill-based groups, and case management using the SAP Core-Team Model. The objectives are (1) increasing student knowledge of the negative effects of substance use, refusal skills, and developing a healthier attitude for being drug and alcohol-free; (2) increasing parent knowledge of the negative effects of adolescent substance use, community resources and encouraging a healthier attitude for assisting their child; (3) increasing student knowledge of appropriate methods for handling anger; and (4) increasing student knowledge of enabling behaviors and referral sources.	\$23,287.00
Shenandoah Valley Juvenile Detention Center	Youth throughout the Commonwealth	The Shenandoah Valley Juvenile Detention Center is implementing the Residential Student Assistance Program (RSAP), an evidence-based substance abuse program for juveniles in residential facilities. The RSAP program includes: prevention education, assessment, group and individual counseling, and referral and consultation. The program targets high-risk, state-committed juveniles receiving treatment at the facility. The project's major goal is to eliminate substance abuse-related arrests within one year of release from the program. Additionally, it is anticipated that participants will demonstrate improvement in social competency, self-efficacy and sense of mastery, and show a reduction in favorable attitudes toward substance abuse.	\$41,700.00
West Point Public Schools	West Point Elementary School students and their parents	West Point public schools are implementing the evidence-based Too Good For Drugs curriculum in grades K-5 to decrease the reported use of alcohol, inhalants, and cigarettes by their students as indicated by The American Drug and Alcohol Survey. The program focuses on five primary skills: goal setting, decision-making, bonding with others, identifying and managing emotions, and communicating effectively. It includes an after-school component to strengthen the concepts taught during the school day. A parental training component empowers parents, involves them in the drug prevention program, and develops their awareness of alcohol and drug abuse issues.	\$50,000.00
Wise County Public Schools	Wise County	The Wise Choices project is being implemented with students who have been suspended for violence or substance abuse or who have been truant from Powell Valley schools. The goals of the program are to reduce suspensions and improve attendance. Students and their parents will be guided through the computer-based Parenting Wisely program. This program focuses on teaching appropriate parenting skills and behavior. Pre- and post-tests are given to assess knowledge gained. Follow-up sessions are performed in the home and at school and focus on short-term mental health counseling, substance abuse counseling, and referrals to outside agencies according to the students' and families' needs.	\$34,695.00

APPENDIX C.

COMMUNITY STATE INCENTIVE GRANT (SIG) AWARDEES

SIG Award Coalition	Localities Served	Project Highlights (Oct. 1, 2001 – Sept. 30, 2004)	Award Amount
The Unified School Community Coalition	County of Fairfax	<u>Middle School Promising Programs</u> - implementing three after-school, science-based prevention programs: Get Real About Violence, Life Skills, and Creating Lasting Connections. Parents will be participating in the Preparing for Drug-Free Years.	\$360,000.00
City of Virginia Beach Youth Opportunities Team	City of Virginia Beach	<u>FAST/Operation Store Front</u> – implementing Families and Schools Together program (FAST), an eight-week program and a longer-term support group entitled FAST WORKS. In Operation Store Front, teams of youth conduct assessments of local tobacco outlets to reduce underage access to tobacco products.	\$359,396.00
Historic Triangle Substance Abuse Coalition	Cities of Williamsburg and Poquoson; Counties of James City and York County	<u>Substance Abuse Educational and Environmental Project</u> – implementing Al’s Pals for young children, Life Skills with middle school youth and Strengthening Families in targeted neighborhoods. Also launching a media campaign to address alcohol and drug use by youth.	\$360,000.00
Community-Wide Youth Collaborative Coalition	Counties of Appomattox and Campbell	<u>Creating Lasting Connections</u> - implementing Creating Lasting Connections, a 20-week program designed to enhance family bonding and communication, and reduce the risks of youth and family substance abuse. Also implementing a social norms marketing campaign.	\$360,000.00
Community & Law Enforcement Against Narcotics (CLEAN) Inc.	City of Winchester and Clarke and Frederick Counties	<u>Substance Abuse Prevention Initiative</u> – implementing programs and strategies that address prioritized risk factors and fill identified gaps in services, including the Structural Family Therapy program, Adolescent Transition program, Project Towards No Drug Abuse, and Communities Mobilizing for Change on Alcohol.	\$360,000.00
Rural Virginia United Coalition	Counties of Essex, Gloucester, King and Queen, King William, Lancaster, Mathews, Middlesex, Northumberland, Richmond and Westmoreland	<u>The Rural Virginia United Coalition’s Creating Resilient Youth</u> – implementing a multi-sector, multi-strategy approach using seven science-based programs – Girl Power, Preparing for the Drug Free Years, Al’s Pals, Smart Alternatives, Reconnecting Youth, Creating Lasting Connections, and Communities Mobilizing for Change on Alcohol.	\$360,000.00
Hampton Neighborhood Youth Advisory Board	City of Hampton	<u>Across Neighborhoods, Across Ages</u> – implementing Across Ages, a science-based mentoring program throughout the city; Project Towards No Drug Use with students in grades 8 - 12 who have been suspended or expelled for alcohol/drug use; Hampton Connections, a vendor training to reduce the youth access to alcohol; and training to build the capacity of local advisory groups.	\$358,045.00
Healthy CommUnity Council/PEAS Board	City of Harrisonburg and County of Rockingham	<u>Parenting Education and Support PEAS Program</u> – implementing The Incredible Years, a program for the parents of children 2 to 11; Parents Who Care, a program for parents of children 12 to 17 years of age; and a strategic media advocacy program.	\$360,000.00
Youth Interagency Network	City of Martinsville and Henry County	<u>Mobilizing a Community Toward Positive Choices</u> - implementing two model programs: 1. Communities Mobilizing for Change on Alcohol uses a community-organizing intervention to reduce youth accessibility to alcohol. 2. Life Skills Training teaches middle school students personal and social skills that promote individual competence and reduce their vulnerability to substance abuse.	\$269,781.00

SIG Award Coalition	Localities Served	Project Highlights (Oct. 1, 2001 – Sept. 30, 2004)	Award Amount
Community Youth Coalitions United	Pittsylvania County	<u>Leadership and Resiliency Program</u> – implementing a multi-component leadership and resiliency program for adolescents ages 12-16 who are at-risk for ATOD and violence involvement. The coalition is also implementing a “Change the Outcome” media campaign to heighten parental awareness and to reduce the purchase of alcohol by parents for youth.	\$337,374.00
I CARE Youth Development Council	Hanover County	<u>I CARE Community Builders Collaborative</u> - implementing a network of neighborhood-based prevention programs for youth and their families that promote resilience, healthy choices, and the reduction of youth alcohol, tobacco and other drug use. Three primary strategies are 1) comprehensive after-school programming for middle school youth, 2) a social norms marketing campaign designed to reduce youth tobacco use, and 3) a training/technical assistance program to engage grass-roots community groups who will implement two proven programs, SMART Moves and Responding in Peaceful and Positive Ways (R.I.P.P.).	\$358,725.00
Roanoke County School/Community Prevention	Roanoke County	<u>Roanoke County Substance Abuse Prevention Initiative</u> – implementing a multi-faceted community initiative designed to address substance abuse among youth in the Roanoke area, including two proven programs: Preparing for the Drug-Free Years and Communities Mobilizing for Changes on Alcohol.	\$348,953.00
Community Builders Network	City of Newport News	<u>The Youth Enhancement Project</u> – implementing the Al's Pals program to increase protective factors for young children, the Across Ages program to target middle school age youth currently at greatest risk for substance abuse, and a Know Your Neighbor campaign, an environmental strategy to improve community norms and increase protective factors citywide.	\$356,101.00
PIN Prevention Work Group	City of Portsmouth	<u>The Right Path</u> – implementing a comprehensive approach to reducing family management problems and early initiation of problem behaviors through implementation of Al's Pals in 48 classrooms in public and private school settings and the accompanying parent course, Here, Now and Down the Road. Also conducting training and compliance monitoring to reduce youth access to alcohol and tobacco and providing a Web site for community access.	\$360,000.00
Roanoke Area Youth Substance Abuse Coalition (RAYSAC)	Cities of Roanoke and Salem and Counties of Craig and Botetourt	<u>RAYSAC Community Partnership Project</u> - implementing 1) Second Step, violence prevention program, 2) Mediation Training, 3) Communities Mobilizing for Change on Alcohol, an environmental strategy to reduce youth access to alcohol, and 4) Preparing for the Drug-Free Years, a prevention education program for parents.	\$349,500.00
Loudoun County Advisory Commission on Youth	Loudoun County	<u>Advisory Commission on Youth Prevention Project</u> - targeting under-served middle school youth, this project is implementing two science-based prevention programs, Life Skills Training and Get Real About Violence. A summer camp and an anti-tobacco youth campaign also will be implemented.	\$287,443.00
Bristol/Washington County Prevention Planning Coalition	City of Bristol and Washington County	<u>Project Thrive</u> - project focuses on developing community support and awareness and strengthening protective factors through implementation of Reconnecting Youth and the Strengthening Families programs. Also implementing a merchant and vendor reward program that positively recognizes licensees, who abide by policy in order to discourage underage drinking.	\$359,412.00

SIG Award Coalition	Localities Served	Project Highlights (Oct. 1, 2001 – Sept. 30, 2004)	Award Amount
Warren Community Health Coalition	Warren County	<u>Alcohol and Drug Change Project</u> - implementing two school-targeted adolescent transition programs and the Project Towards No Drug Abuse, as well as the Strengthening Families program addressing behavior problems including substance abuse. Also implementing Communities Mobilizing for Change on Alcohol, an environmental strategy that includes media activities, promoting model ordinances, and alcohol compliance checks.	\$360,000.00
Charles City/New Kent County Prevention Coalition	New Kent County	<u>Families and Communities Partnership</u> - builds on family strengths, provide a school-based, family-focused program designed to increase self-esteem and improve school performance by implementing the Families and Schools Together (FAST) program and FAST WORKS. Also promotes community and vendor awareness of substance abuse through merchant training.	\$263,508.00
Substance Abuse Taskforce in Rural Appalachia	Tazewell County	<u>SIG Prevention Grant</u> - fills a gap in the early childhood prevention programming by providing Al's Pals: Kids Making Healthy Choices to all pre-k, kindergarten and Head Start children; accompanying parent program Here, Now and Down the Road, is also provided. A large-scale public education campaign, increased compliance checks, and merchant/vendor training are being implemented as environmental strategies.	\$323,095.00

APPENDIX D.

GOVERNOR'S YOUTH PUBLIC SAFETY ADVISORY COUNCIL (GYPSAC) HIGH SCHOOLS REPRESENTED
--

High Schools Represented	
Amelia High School	Maury High School
Arcadia High School	Meadowbrook High School
Atlee High School	Menchville High School
Bon Air Juvenile Correctional Center	Millbrook High School
Booker T. Washington High School	Mount Vernon High School
Brentsville High School	New Kent High School
Broad Run High School	Norcom High School
Brooke Point High School	Northumberland High School
Brookville High School	Norview High School
Caroline High School	Nottoway High School
Central High School	Orange County High School
Charlottesville High School	Osborn Park High School
Colonial Forge High School	Park View High School
Culpeper County High School	Petersburg High School
Denbigh High School	Phoebus High School
Dominion High School	Potomac Falls High School
Fairfax County Public Schools	Prince Edward High School
Forest Park High School	Rockbridge County High School
Gar-Field High School	Salem High School
George Mason High School	Sherando High School
Giles High School	Smithfield High School
Greensville County High School	Stone Bridge High School
Hampton High School	Stonewall Jackson High School
Hanover High School	Strasburg High School
Harrisonburg High School	Surry County High School
Henrico High School	T.C. Williams High School
Heritage High School	Tabb High School
Hylton High School	Thomas Dale High School
J.E.B. Stuart High School	Thomas Jefferson High School
James River High School	Turner Ashby High School
James Wood High School	Warren County High School
John F. Kennedy High School	Warwick High School
John Handley High School	West Point High School

High Schools Represented	
John Marshall High School	Windsor High School
Lancaster High School	Woodbridge High School
Lee-Davis High School	Woodrow Wilson High School
Lord Botetourt High School	Woodside High School
Loudoun Valley High School	York High School
Manassas Park High School	

**APPENDIX E. YOUTH ALCOHOL AND DRUG ABUSE
PREVENTION PROJECT (YADAPP) 2004 TEAMS**

Schools / Organizations Represented at 2004 YADAPP Summer Conference	
Armstrong High School	Mathews County High School
Cave Spring High School	Matoaca High School
Charles City High School FADE	Meadowbrook High School
Chesterfield Community High School	Menchville High School
Churchland High School	Middlesex High School
City of Virginia Beach YLA Team 1	Midlothian High School
City of Virginia Beach YLA Team 2	Monacan High School
Clover Hill High School	Mount Vernon High School Team 1
Colonial Heights High School	Mount Vernon High School Team 2
Denbigh High School	New Kent High School
Essex High School	Northside High School Team 1
Fairfax County Public Schools Team 1	Northside High School Team 2
Fairfax County Public Schools Team 2	Norview High School
Family Service of Roanoke Valley	Nottoway High School
Floyd County High School	Oscar Smith High School Pals for Peers Team 1
Franklin Military High School	Oscar Smith High School Pals for Peers Team 2
Gar-Field High School	Parry McCluer High School Team 1
George Washington High School Team 1	Parry McCluer High School Team 2
George Washington High School Team 2	Patrick Henry High School Hanover
George Wythe High School	Patrick Henry High School Roanoke
Granby High School	Prince William County Office on Youth
Great Bridge High School	Radford High School
Greensville County High School Team 1	Richmond Community High School
Greensville County High School Team 2	Richmond County School Board
Healthy Communities, Healthy Youth - Henrico CSB	Robert E. Lee High School
Henrico High School	Stafford High School
Heritage High School	Suffolk Public Schools Team 1

Schools / Organizations Represented at 2004 YADAPP Summer Conference	
Hickory High School	Suffolk Public Schools Team 2
Hidden Valley High School	Thomas Dale High School
J.R. Tucker JROTC Team	Varina High School Team 1
J.R. Tucker Peer Helpers Blue Team	Varina High School Team 2
J.R. Tucker Peer Helpers Orange Team	Virginia High School
James River High School Team 1	Warwick High School
James River High School Team 2	West Point High School
John F. Kennedy High School	Western Branch High School
John Marshall High School	William Byrd High School
King George High School	William Fleming High School
Lord Botetourt High School	Woodrow Wilson High School
Loudoun County Public Schools	Woodside High School
Lunenburg County High School	