



Annual Report

**COMMONWEALTH OF VIRGINIA
2003**



COMMONWEALTH of VIRGINIA
Office of the Governor

John W. Marshall
Secretary of Public Safety

Marilyn P. Harris
Director
Substance Abuse Prevention

December 1, 2003

General Assembly of Virginia
Capitol Square
Richmond, Virginia

Dear Members of the General Assembly:

The Governor's Office for Substance Abuse Prevention is pleased to provide this report in accordance with §2.2-118, *Code of Virginia*. Consistent with its statutory responsibilities, the Governor's Office for Substance Abuse Prevention has provided leadership and coordination to establish a strong prevention infrastructure to move prevention forward in a more unified, more collaborative, and more proven way.

We are pleased to report an impressive array of prevention achievements during the past year, including the development of a strategic plan for substance abuse prevention that reflects the consensus of prevention leaders, program managers, and practitioners across the Commonwealth. This plan sets forth numerous recommendations that will result in a more unified and effective approach to prevention. The Governor's Office for Substance Abuse Prevention looks forward to providing leadership and coordination in the collaborative implementation of Virginia's plan. Thank you for your continued support of our vision, goals and objectives.

Sincerely,

A handwritten signature in black ink that reads 'Marilyn P. Harris'.

Marilyn P. Harris

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Executive Summary

Collaboration has resulted in an impressive array of prevention achievements in the past year. The Governor's Office for Substance Abuse Prevention (GOSAP) has provided leadership and coordination, consistent with its statutory charge, to establish a strong prevention infrastructure at the state level and to build consensus among prevention professionals throughout the state around a strategic plan for prevention that will guide substance abuse prevention efforts in the years to come. Major achievements include the following:

- Virginia's plan for substance abuse prevention was developed and is set forth in the document ***Gaining Traction: A Substance Abuse Prevention Plan for Virginia's Youth***.
- KIDsafe Virginia, Governor Warner's child personal safety and public awareness initiative, has touched hundreds of thousands in schools, communities and homes during its first year of implementation. KIDsafe Virginia is designed to keep kids safe through education, communication and coordination.
- The first statewide KIDsafe Virginia Prevention Conference, held in November 2003, was attended by more than 250 prevention leaders from throughout Virginia.
- Protect & Respect, an initiative designed to strengthen the public safety of Virginia's senior citizens, was launched. Protect & Respect uses intergenerational projects and research-based crime prevention education to improve the safety and well-being of both seniors and youth. Sixteen grants were awarded to support intergenerational projects in 25 Virginia communities.
- Safe and Drug-Free Schools and Communities Act grants were awarded to 22 projects to support science-based youth substance abuse and violence prevention efforts and/or needs assessments in 32 Virginia communities.
- Virginia's State Incentive Grant initiative continued to support the efforts of twenty prevention coalitions, to support a capacity-building initiative, and to coordinate an Advisory Council that contributed to the development of Virginia's substance abuse prevention plan.
- The involvement of youth in substance abuse prevention and public safety in Virginia has been increased through the Youth Alcohol and Drug Abuse Prevention Project (YADAPP) and the Governor's Youth Public Safety Advisory Council (GYPSAC).

Each of the prevention achievements listed above are described in more detail within this report.

The Governor's Office for Substance Abuse Prevention will provide leadership and coordination in the collaborative implementation of the numerous short- and long-term recommendations set forth in ***Gaining Traction: A Substance Abuse Prevention Plan for Virginia's Youth***. Having established the foundation for a strong prevention infrastructure at the state and local levels, the GOSAP looks forward in the coming years to collaborating with Virginia's prevention leaders to move prevention forward in a more unified, more collaborative and more proven way.

Report of Activities of the Governor's Office for Substance Abuse Prevention

Statutory Authority

The Governor's Office for Substance Abuse Prevention (GOSAP) is authorized under §2.2-118, *Code of Virginia*, enacted by the 2000 General Assembly. This annual report of activities is submitted in accordance with statutory requirements.

The statute sets forth the responsibility of the Governor "to administer the substance abuse prevention program within the Commonwealth and to authorize, direct, and coordinate activities of agencies of the Commonwealth in such program." The responsibilities of the Governor's Office for Substance Abuse Prevention are "to assist in the coordination of substance abuse prevention activities of the Commonwealth, review substance abuse prevention expenditures by agencies of the Commonwealth, and determine the direction and appropriateness of such expenditures."

The statute further specifies that "the Governor shall cooperate with federal, state and local agencies, private and public agencies, interested organizations, and individuals in order to prevent substance abuse within the Commonwealth."

In addition to its responsibilities for developing a more unified and effective approach to prevention at the state level, GOSAP also administers two major grant programs: the Governor's Safe and Drug-Free Schools and Communities Program and the State Incentive Grant Program. For FY 2003-2004, GOSAP received \$3,240,039 through the State Incentive Grant and \$1,790,041 through the Safe and Drug-Free Schools and Communities Program. These federal funds support numerous local prevention initiatives throughout the Commonwealth. These grant programs, and the many initiatives they support, are described in greater detail in this report.

GOSAP Organization and Operation

The Governor's Office for Substance Abuse Prevention is located in the Office of the Secretary of Public Safety where it operates as a separate entity but utilizes available research and technology resources. The location provides enhanced visibility and support for prevention strategies and emphasizes the important role of substance abuse prevention in the Commonwealth's overall public safety mission. Marilyn P. Harris serves as GOSAP Director and Assistant Secretary of Public Safety.

The GOSAP office location and contact information are:

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Results Through Collaboration

In last year's GOSAP Annual Report it was noted that collaboration with active partners who coordinate prevention efforts at the state and local levels is central to the GOSAP mission. It was further reported that the GOSAP had laid the foundation for a strong prevention infrastructure at the state level by establishing a GOSAP Collaborative and by actively building consensus around a strategic plan for prevention. This year, such collaboration has resulted in an impressive array of prevention achievements, including:

- Virginia's plan for substance abuse prevention was developed and is set forth in the document *Gaining Traction: A Substance Abuse Prevention Plan for Virginia's Youth*.
- KIDsafe Virginia, Governor Warner's child personal safety and public awareness initiative, has touched hundreds of thousands in schools, communities and homes during its first year of implementation. KIDsafe Virginia is designed to keep kids safe through education, communication and coordination.
- The first statewide KIDsafe Virginia Prevention Conference, held in November 2003, was attended by more than 250 prevention leaders from throughout Virginia.
- Protect & Respect, an initiative designed to strengthen the public safety of Virginia's senior citizens, was launched. Protect & Respect uses intergenerational projects and research-based crime prevention education to improve the safety and well-being of both seniors and youth. Sixteen grants were awarded to support intergenerational projects in 25 Virginia communities.
- Safe and Drug-Free Schools and Communities Act grants were awarded to 22 projects to support science-based youth substance abuse and violence prevention efforts and/or needs assessments in 32 Virginia communities.

- Virginia's State Incentive Grant initiative continued to support the efforts of twenty prevention coalitions, to support a capacity-building initiative, and to coordinate an Advisory Council that contributed to the development of Virginia's substance abuse prevention plan.
- The involvement of youth in substance abuse prevention and public safety in Virginia has been increased through the Youth Alcohol and Drug Abuse Prevention Project (YADAPP) and the Governor's Youth Public Safety Advisory Council (GYPSAC).

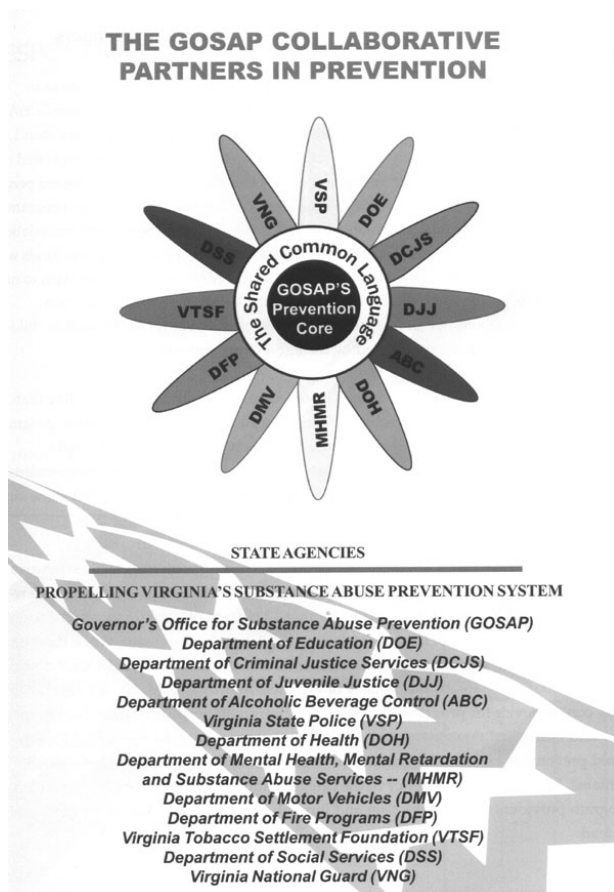
Each of the prevention achievements listed above are described in more detail within this report.

The GOSAP Collaborative: Partners in Prevention

The GOSAP Collaborative serves as a primary vehicle for prevention system planning and collaborative decision making among state agencies.

Its membership is composed of key leadership representatives from agencies and organizations responsible for prevention throughout the Commonwealth.

The GOSAP Collaborative is depicted in the graphic at left. With consultation from the Collaborative, the GOSAP undertook an examination of prevention activities, funding and needs. Through a statewide survey of prevention program managers, it was found that funds administered by state agencies support more than 1500 prevention projects annually. Approximately \$60 million per year, in mostly federal and some state funds, is directed toward prevention with about half specifically targeting substance abuse prevention and half targeting other types of prevention such as child abuse, delinquency and teen pregnancy. Additional information from a broad range of prevention leaders, program managers, and specialists



revealed that more than two-thirds of programs are based on a formalized community needs assessment, use evidence-based approaches or model programs, and collect outcome data. All programs reported providing some level of training for prevention specialists and program managers, constituting a substantial commitment to work force quality. These findings reflect a steady and deliberate shift toward the use of evidence-based prevention practices.

During spring 2003 the GOSAP Collaborative examined the state of youth substance abuse prevention strategies and practices, and suggested ways to improve them. Their suggestions centered on strategies for improving coordination across agency lines, collaboration to better use prevention resources, greater uniformity in measuring and reporting results, heightened public awareness and more effective advocacy of prevention, and additional emphasis on environmental prevention strategies. More detailed information about the prevention needs assessment process, findings and the recommendations of prevention professionals is reported in *Gaining Traction: A Substance Abuse Prevention Plan for Virginia's Youth*.

Gaining Traction: A Substance Abuse Prevention Plan for Virginia's Youth

The title of Virginia's substance abuse prevention plan, "Gaining Traction," reflects the desire of the prevention community to build upon the success of Virginia's substance abuse prevention efforts. Although youth in Virginia are *less likely* than their peers nationwide to use alcohol, tobacco, and other drugs, there is a recognized need to make an even deeper "footprint" and accelerate progress in a more unified, more collaborative and more proven way.

Gaining Traction: A Substance Abuse Prevention Plan for Virginia's Youth describes the organization and management of substance abuse prevention in Virginia and the broader national prevention paradigm, and sets forth Virginia's substance abuse prevention plan, including "core elements" and specific short- and long-term recommendations.

Using a deliberative process, the prevention leaders, program managers and specialists represented on the GOSAP Collaborative and the State Incentive Grant Advisory Council reached consensus around nine "core elements." These nine "core elements" form a framework for the strategic plan for substance abuse prevention and are as follows:

Work Force Development: Building capacities to recruit, develop and retain substance abuse prevention providers.

<u>Ethical Prevention Practice:</u>	Assisting in the promotion and assurance of prevention standards of practice by prevention providers.
<u>Evidence-Based Practice:</u>	Promoting the use of, and building the capacity for, evidence-based practice.
<u>Environmental Change:</u>	Increasing the focus on the shared environment related to community norms, regulations, policies and data collection.
<u>Collaboration:</u>	Establishing organized prevention partnerships at the state and local levels to foster consistent planning.
<u>Resource Development:</u>	Securing a consistent and efficiently integrated funding stream for substance abuse prevention efforts.
<u>Legislative Issues:</u>	Enacting public policies that clearly reflect what research shows to be effective in promoting successful outcomes in substance abuse prevention.
<u>Advocacy:</u>	Fostering prevention advocacy development at the local and state levels.
<u>Public Awareness:</u>	Heightening awareness of prevention goals, messages and initiatives at the local, state and national levels.

It is the consensus of Virginia’s substance abuse prevention community that adherence to the “core elements” will accelerate the pace toward wider use of more effective, evidence-based prevention practices.

KIDsafe Virginia Prevention Conference

The first statewide KIDsafe Virginia Prevention Conference was held November 19, 2003 in Richmond, having been rescheduled from September due to Hurricane Isabel. The day-long conference was attended by more than 250 substance abuse prevention professionals who work with children and adolescents throughout Virginia. The conference featured a keynote address by a federal Center for Substance Abuse Prevention official and a series of professional workshops. Key public/private partnership supporters of the year-old KIDsafe Virginia child personal safety and public awareness initiative were honored during an awards luncheon. *Gaining Traction: A Substance Abuse Prevention Plan for Virginia’s Youth* was unveiled at an afternoon Governor’s reception that concluded the conference.



KIDsafe Virginia

KIDsafe Virginia is a comprehensive approach to keeping Virginia's kids safe. The initiative complements and expands existing community- and school-based efforts to improve the public and personal safety for children and adolescents.

Educational components of *KIDsafe* Virginia include Personal Safety Lessons for children in kindergarten through 4th grade, Internet Safety Lessons for students in grades 5 through 8, Crime Prevention Lessons for high schools students and Fire Safety Lessons for elementary students. Resources for parents include a Parent Guide to Personal Safety for Children, a Parent Guide to Crime Prevention for Teens and DNA Identification Kits. Also offered as a part of *KIDsafe* are the Virginia School Safety Toolkit, a toll-free number for reporting conditions that potentially threaten the safety and security of schools and communities, and an online "suggestion box" for strategies to improve the safety and security of youth in schools and communities. Regional training opportunities develop youth leadership skills and engage youth in activities to keep their schools and communities safe.

Since *KIDsafe* Virginia was launched in late 2002, the Personal Safety Curriculum for children in kindergarten to grade 4 has been distributed and used to reach more than 164,000 students and more than 138,000 have learned from the *KIDsafe* Crime Prevention Curriculum for high school students. These curricula are designed to be taught by law enforcement officers, in collaboration with classroom teachers. The high school curriculum encourages teens to become actively involved in crime prevention efforts in their schools and communities.

More than 107,000 parents have received the *KIDsafe* Parent Guides and the GOSAP is working to fill requests for an additional 180,000. Through a partnership with the Virginia Automobile Dealers Association, 80,000 DNA Child Identification Kits have been distributed free of charge to parents throughout the Commonwealth.

KIDsafe School Safety Toolkits containing a wealth of informational resources have been sent to every public school in Virginia -- all 2,200 of them -- as well as to school resource officers. The demand for Toolkits continues to exceed supplies, and a Toolkit CD is being prepared to help meet the high demand. Additionally, more than 25,000 *KIDsafe* information bags have been distributed at public events. The *KIDsafe* Virginia initiative has received generous support from the Allstate Foundation.

Protect & Respect



Protect and Respect is an initiative designed to strengthen the personal safety of Virginia's senior citizens by developing innovative and intergenerational crime prevention strategies in conjunction with law enforcement professionals. The initiative complements existing efforts by such groups as the 25 Area Agencies on Aging and the TRIAD partnerships. Major program components are:

Statewide Needs Assessment: A statewide safety and crime prevention needs assessment has been conducted and is guiding the development of curriculum modules to be used in Public Safety Training Institutes.

Public Safety Training Institutes: These will operate as a customizable series of traveling Senior Public Safety Institutes involving nearly 100 crime prevention officers from the Virginia State Police and other public safety experts. Public Safety Institutes will be offered in localities throughout the state beginning in spring 2004. The Institutes will teach seniors practical skills for improving their safety environment in the home, or while moving about in their cars, on the Internet or in the community.

Intergenerational Grants: Sixteen community, faith-based, law enforcement, school, and senior service organizations have been awarded grants to support science-based projects that involve youth working together with seniors to improve the overall safety environment for both. Eight intergenerational mentoring projects and eight youth crime prevention projects were funded. This component of Protect & Respect is being conducted in conjunction with Virginia Commonwealth University's Center for School and Community Collaboration. Additional information about funded projects is provided in Appendix B.

Outcome Evaluation: A comprehensive cross-site evaluation of intergenerational projects has been designed to yield findings about both program implementation and outcomes. The evaluation of Public Safety Training Institutes is being designed to assess whether training is responsive to needs and achieves learning objectives.

Safe and Drug-Free Schools and Communities Program

Safe and Drug-Free Schools and Communities Act (SDFSCA) grants were awarded to 22 projects to support youth substance abuse and violence prevention efforts in 32 Virginia communities in 2003-04. The projects include the implementation of science-based and proven prevention programs, the completion of local needs assessments to facilitate the implementation of science-based

programs in the future, and the implementation of two successful programs coupled with science-based evaluations of these programs. A list of SDFSCA awardees, localities served and brief project descriptions are included as Appendix A.

The Safe and Drug-Free Schools and Communities Act of 2001 is Title IV of the *No Child Left Behind Act of 2001* (NCLB). The Governor's portion of SDFSCA funds are to be used to implement drug and violence prevention activities, including:

- activities that complement and support local educational agency activities, including developing and implementing activities to prevent and reduce violence associated with prejudice and intolerance;
- dissemination of information about drug and violence prevention; and
- development and implementation of community-wide drug and violence prevention planning and organizing.

Under NCLB, a strong emphasis is placed upon well-coordinated, SDFSCA-funded program activities between each state's principal education agency and the Office of the Governor. The GOSAP has worked in partnership with the Virginia Department of Education to develop the SDFSCA portion of Virginia's consolidated application for funding under NCLB.

Virginia State Incentive Grant Project

Virginia has entered its fourth year of a State Incentive Grant (SIG) cooperative agreement with the federal Center for Substance Abuse Prevention (CSAP). CSAP's SIG Program is intended to reduce substance abuse among 12- to 17-year-olds through prevention programs that through science-based research have demonstrated effectiveness and have enhanced prevention systems at the state and local levels.

The Virginia SIG Project has used a three-pronged approach 1) providing grants to local community prevention coalitions, 2) directing a SIG Advisory Council, and 3) managing a capacity-building initiative.

In October 2001, twenty local prevention coalitions were awarded three-year grants of up to \$360,000 to implement model prevention programs, to implement environmental strategies to change local norms and policies related to alcohol, tobacco and other drug use, and to enhance local prevention planning efforts. Brief project descriptions, and a list of all local SIG awardees and the communities served, are included as Appendix C.

The SIG Advisory Council provided advice and consultation during implementation of the Virginia SIG project and was an active partner in

developing Virginia's Substance Abuse Prevention Plan. Representatives of approximately 40 public and private prevention organizations serve on the SIG Advisory Council.

Funding has been approved from the CSAP to continue to offer prevention training courses into FY '04-'05. Sustaining professional development through such capacity-building training activities is identified as a strategic recommendation in Virginia's new *Gaining Traction* plan and, thus, will be implemented consistent with this plan in subsequent years. The current capacity-building initiative consists of three courses:

Prevention Basics, Level I (PB I) - Prevention Theory and Research –

Basic prevention theory, research and practice for prevention practitioners and those who wish to update their knowledge of prevention science. In 2002-03, 76 prevention practitioners were trained in three regional workshops.

Prevention Basics, Level II (PB II) - Skills for Assessing Needs and Evaluating

for Results - Designed for those involved in prevention coordination and program development. In 2002-03, 109 prevention practitioners were trained in six regional workshops.

Prevention Basics, Level III (PB III) - Building Capacity for Sustainability -

Designed to develop skills in community-based planning and implementation at the broader community-wide level. In 2002-03, 124 prevention practitioners were trained in six regional workshops.

Youth Voices

The GOSAP has increased the involvement of youth in substance abuse prevention and public safety in Virginia through the Youth Alcohol and Drug Abuse Prevention Project (YADAPP) and the Governor's Youth Public Safety Advisory Council (GYPSAC).

The GOSAP provided Safe and Drug-Free Schools and Communities Act funding to support the 19th Annual YADAPP summer conference held at Longwood University in July 2003. High schools and communities from throughout the Commonwealth sent more than 80 teams of four students and one adult sponsor to the conference that included general sessions, topical workshops and action planning designed to promote youth-led prevention efforts. As part of the *KIDsafe* Virginia initiative, YADAPP youth leadership development opportunities were extended to the regional level, involving additional schools and youth in prevention efforts. YADAPP teams and the localities they represented are listed in Appendix D.

GYPESAC was created in 2003 and has a two-fold purpose: to give young people a direct voice to the Governor and policymakers involved in the public and personal safety concerns that most directly affect them, while raising general public awareness in and involvement with the safety concerns that affect all young Virginians. GYPESAC establishes a formal dialogue between young people and safety professionals about school violence, gangs, substance abuse, and other school and community safety issues. High schools and localities represented on GYPESAC are listed in Appendix E.

Sponsored by the Office of the Secretary of Public Safety, in cooperation with the Virginia Department of Education, and in partnership with Virginia Commonwealth University's Center for Public Policy, GYPESAC held three *Speakout!* sessions in 2003. In sessions held in Northern Virginia, Roanoke and Richmond, youth leaders provided their candid feedback and thoughts about important safety issues.

These sessions will culminate in a statewide *Speakout!* in the spring of 2004, and the publication of the official report: "Virginia Youth Speak Out About Safety: A Report of the Governor's Youth Public Safety Advisory Council." This document will be used for reference during future policy discussions and the development of program initiatives within those priority areas identified by the GYPESAC students.

Future Direction

The Governor's Office for Substance Abuse Prevention will provide leadership and coordination in the collaborative implementation of the numerous short- and long-term recommendations set forth in ***Gaining Traction: A Substance Abuse Prevention Plan for Virginia's Youth***. Having established the foundation for a strong prevention infrastructure at the state and local levels, the GOSAP looks forward in the coming years to collaborating with Virginia's prevention leaders to move prevention forward in a more unified, more collaborative and more proven way. Short- and long-term recommendations are as follows:

Short-Term Recommendations (1 to 2.5 Years)

1. The Governor's Office for Substance Abuse Prevention and its Web site should serve as the centralized statewide clearinghouse for substance abuse prevention-related information, data submission, reporting and dissemination of "best practice" implementation strategies.
2. Statewide substance abuse prevention providers at all levels of intervention should seek consensus around the creation, development, use and promotion of a common language for prevention, creating shared definitions for funding applications, processes, measurement and reporting.

3. This comprehensive plan's encouragement of a common language and shared processes, should include at the time of application a standard reporting requirement for grant-seekers to identify at least two potential sources of sustainable support for funded programs for the period after grant funding has expired. The quality and quantity of this potential support should not be a weighted factor in funding decisions, but rather it should serve to focus attention of grant-seekers on the importance of sustainability at the beginning, rather than the end, of the funding cycle.
4. Virginia's substance abuse prevention practitioners should develop a formalized Code of Ethics to set forth uniform standards of conduct, guidelines and commitments that must be adhered to by all grant recipients, as a mandated condition of first-time or continued funding.
5. Consistent with fostering increased inter-agency collaboration around substance abuse prevention and centralized information sharing, all state and local agencies involved with, or seeking to establish, model programs should be encouraged to pool earmarked training resources. Whether it is monetary or in some other form, such collaboration should be undertaken to persuade vendors to sponsor local training and technical assistance venues for all such model program implementers, resources for training, implementing and replicating evidence-based programs throughout the Commonwealth.
6. Local- and state-level prevention leaders should adopt formalized recognition programs for prevention professionals, specialists, outstanding programs and youth leaders that would serve to heighten public awareness of prevention programs, demonstrate public cost-savings and celebrate positive youth and community outcomes.
7. State agencies involved in the GOSAP Collaborative should be encouraged to support the pooling of a standard percentage of their earmarked substance abuse prevention training and technical assistance funds to develop and sustain a series of prevention courses for general staff development and capacity-building, as well as to provide a practical basis for eventually awarding state-sanctioned certification to qualified substance abuse prevention providers.
8. Commensurate with the fact that 40 percent of all residential household fires in the U.S. involve the use of alcohol, tobacco and other drugs (Centers for Disease Control. Smith, 1999), fire prevention and substance abuse prevention efforts in public education should be merged and integrated whenever possible within school districts and within general community settings.
9. Commensurate with the fact that 38 percent of all traffic fatalities in Virginia involved the use of alcohol (Virginia Department of Motor Vehicles, 2001),

traffic safety and substance abuse prevention efforts in public education should be merged and integrated whenever possible within school districts and within general community settings.

10. The critical importance of model program fidelity and appropriate implementation processes and strategies should be underscored by requiring that an analysis of implementation procedures be established as a mandatory component of all model program evaluations.
11. Virginia's state and local substance abuse prevention providers should develop and sustain a statewide public awareness campaign to better tell the prevention success story. This campaign should be designed to influence parents, youth, government officials, the business community and general public, in roughly that order of priority. It should convey the universal message that prevention works.
12. The training, recognition and technical assistance services provided to Virginia's Community Services Boards by the Department of Mental Health, Mental Retardation and Substance Abuse Services should be used as the model to strengthen and expand these same services for all substance abuse providers at every level of the substance abuse prevention system.

Long-Term Recommendations (2.6 to 5 Years)

13. The core elements of this comprehensive prevention plan strategy should be broadly and effectively communicated and embedded into the practice of all Virginia-based substance abuse prevention providers, and every member of the GOSAP Collaborative should be encouraged to include this as a priority component of the training and technical assistance they provide.
14. The goals of realizing greater collaboration, greater use of evidence-based model program, and greater capacity-building should be advanced by broadening the collection of data from, and fostering effective communications among, all entities that are targeting the same risk and protective factors regardless of the targeted outcome behavior. This would include those working in other areas, outside the field of substance abuse prevention, *per se*.
15. Virginia's substance abuse prevention practitioners at the state and local levels should make greater use of social norms marketing and related means to more widely foster environmental changes in communities throughout the Commonwealth, with the goal of making the ongoing integration of substance abuse prevention activities the perceived norm, rather than the reactive exception, as a basis around which communities undertake discussions and implement solutions for local substance abuse issues.

16. The Virginia substance abuse prevention community of providers should develop, document and defend public policy positions and advocacy on issues that will increase legislative support for prevention funding, including support and funding for the creation of a permanent substance abuse prevention specialist certification program.

APPENDIX A.

GOVERNOR'S SAFE AND DRUG-FREE SCHOOLS AND COMMUNITIES GRANTS AND CONTRACTS

SDFSCA Award Recipient	Localities Served	Project Highlights (July 1, 2003 - June 30, 2004)	Amount of Award (1 yr.)
Alternatives, Inc.	Hampton	Caring Children, Caring Families Collaborative - building social skills and behavior of 450 children ages 4 to 7 by implementing the AI's Pals Proven Program and complementary parent education sessions.	\$ 47,077.00
Alternatives, Inc.	Hampton	Hampton Heart 2 Hands Project – expanding the nationally recognized Community of Caring of program to reduce health-compromising behaviors among youth.	\$ 32,410.00
Blue Ridge Behavioral Healthcare	Roanoke City	Roanoke City Community Connection Project – increasing prevention services in four after-school programs by implementing the science-based programs Keep a Clear Mind and Kids'/Youth Connection.	\$ 45,758.00
Big Brothers Big Sisters of Harrisonburg Rockingham County	Harrisonburg and Rockingham County	SMART Steps – BBBS collaborating with Boys and Girls Club in implementing the science-based SMART Moves program and to provide mentors.	\$ 36,501.39
Charlottesville Redevelopment and Housing Authority	Charlottesville City	Comprehensive Community Plan – reducing ATOD use among youth by implementing science-based programs including the Strengthening Families Program.	\$ 50,000.00
Colonial Mental Health and Mental Retardation Services Board	Counties of York and James City; Cities of Williamsburg and Poquoson	Historic Triangle Prevention Needs Assessment – completing and updating a community prevention needs assessment.	\$ 15,000.00
Cumberland Mountain Community Services Board	Tazewell County	Tazewell County Elementary After School Programs and Student Assistance Services Expansion – implementing the Keep a Clear Mind proven program, as well as expanding after school academic enrichment, student assistance assessment and referral, mentoring and drug education programs.	\$ 48,615.00
Fairfax Area Christian Emergency and Transitional Services, Inc.	Fairfax County	Girl Power – expanding the science-based Girl Power! Program in Fairfax County.	\$ 33,330.00
Fairfax Partnership for Youth, Inc.	Fairfax County	Fairfax County After School Network and Community Action Plan – expanding efforts to support science-based prevention in after-school settings to reduce the number of youth involved in substance abuse, violence, and other risk-taking behaviors.	\$ 23,367.00
Garfield F. Childs Memorial Fund	Richmond City	SerenityQuest Violence Prevention Project – involving 60 middle school youth, who live in public housing, developing violence prevention skills utilizing the science-based Get Real about Violence program.	\$ 26,250.00
Grayson County Public Schools	Grayson County	Grayson County Public Schools Substance Abuse Prevention Program – implementing the proven LifeSkills program by a collaboration of schools, CSB, Sheriff's Office, parents and other organizations to reduce tobacco, drug and alcohol use among students.	\$ 32,175.00

SDFSCA Award Recipient	Localities Served	Project Highlights (July 1, 2003 - June 30, 2004)	Amount of Award (1 yr.)
Hanover County Community Services	Hanover County	Hanover Community Profile Partnership – developing a collaborative partnership to develop, disseminate, and maintain a risk and resource assessment for Hanover County.	\$ 15,000.00
Manassas City Public Schools	Manassas	LifeSkills Training Program – implementing the proven LifeSkills Training program in all 3 rd and 5 th grade classes.	\$44,924.33
Middle Peninsula-Northern Neck CSB	Counties of Essex, Gloucester, King and Queen, King William, Lancaster, Mathews, Middlesex, Northumberland, Richmond, and Westmoreland	Promoting Peaceful Solutions in Rural Virginia - implementing the science-based model Second Step Violence Prevention Program in preschools, kindergartens, schools, and Head Start Programs in ten counties.	\$ 49,922.00
Middle Peninsula-Northern Neck CSB	Counties of Essex, Gloucester, King and Queen, King William, Lancaster, Mathews, Middlesex, Northumberland, Richmond, and Westmoreland	Rural Virginia UP With Youth Project - implementing the science-based model program Project Northland in schools within in the ten counties of the Middle Peninsula-Northern Neck region. A total of 728 youth, ages 11-14, will be served in multiple 5-week programs.	\$35,098.00
New River Valley Community Services	Montgomery County	Bullying Prevention Program – implementing the Olweus’ research-based Bullying Prevention Program at Shawsville Middle School.	\$ 16,578.00
New River Valley Community Services	Pulaski County	All Stars in Pulaski County – implementing the research-based All Stars substance abuse and violence prevention program to all 6 th graders.	\$ 46,717.18
New River Valley Community Services	Giles County	LifeSkills Training – implementing the research-based LifeSkills Training Program in all Giles County middle schools.	\$ 15,225.36
Newport News Public Schools	Newport News	The Excellence Girls’ Club – completing a formal research evaluation of the impact of an after-school program that has operated for 3 years and is viewed as successful.	\$ 15,000.00
Richmond Behavioral Health Authority	Richmond City	City of Richmond Comprehensive Community Plan – developing a comprehensive community prevention plan to serve as a catalyst for change and a roadmap for developing long-term solutions.	\$ 50,000.00
Roanoke County Public Schools	Roanoke County	Student Assistance and Community Collaboration – decreasing substance use and violent behavior among students by increasing student assistance services at selected schools and completing a research evaluation of the impact of these services.	\$ 34,252.00
Roanoke Valley Juvenile Detention Center	Counties of Bedford, Franklin and Roanoke; Cities of Roanoke and Salem	Roanoke Valley Juvenile Detention Center – implementing substance abuse and violence prevention activities for pre-dispositional detainees and cadets sentenced to the IMPACE180 Program with the research-based LifeSkills Training and Youth Connection Programs.	\$ 45,211.00

APPENDIX B.

PROTECT & RESPECT INTERGENERATIONAL GRANT AWARDEES

Intergenerational Grant Award Recipient	Localities Served	Project Highlights (2003 - 2004)	Amount of Award (1 yr, renewable for 1 yr)
Intergenerational Mentoring Grants			
Warren County Community Health Coalition	Warren County	Implementation of Across Ages, a model prevention program, helping youth navigate the difficult course through the early teen years.	\$50,000
Grayson County Public Schools	Grayson County	An intergenerational mentoring program helping at-risk students identify a life goal and unleash their full potential. PRAISE is an acronym for "Protect and Respect - Alliances Inspiring Successful Education."	\$50,000
Brighton's Solid Rock of Portsmouth	Portsmouth	The Protect And Respect Our Community Project, an intergenerational mentoring program operating in four locations creating long-term relationships between mentors and mentees that are centered around community service.	\$50,000
Senior Connections: The Capital Area Agency on Aging of Richmond	Richmond	Senior Commitment To Youth Project, an intergenerational mentoring program working with at-risk children from 6 to 12 years-of-age expanding on Senior Connection's Foster Grandparent and Volunteer Program.	\$50,000
Big Brothers Big Sisters of Southwest Virginia	Counties of Roanoke, Montgomery and Pulaski; Cities of Roanoke, Salem and Radford; Town of Blacksburg.	An intergenerational mentoring program in collaboration with the Retired Seniors Volunteer Program making a difference in the lives of children by increasing their self-esteem and confidence while expanding their awareness of life's opportunities.	\$48,500
Prince William County Office on Youth	Prince William County	The Seasons Project, an intergenerational mentoring program, focusing on preparing for critical life transitions affecting kids and seniors while also training George Mason University students in the helping professions.	\$49,200
Big Brothers Big Sisters of Rappahannock	Fredericksburg	Community Service for At-Risk Seniors Project, an intergenerational mentoring program pairing 30 seniors with 30 youth and providing services for an additional 30 home-bound seniors who are especially vulnerable.	\$40,500
Big Brothers Big Sisters of Harrisonburg And Rockingham County	Harrisonburg and Rockingham County	Golden Opportunity Project, an intergenerational mentoring program for at-risk children focusing on achieving mutually beneficial ways to improve the safety environment for both the seniors and kids involved.	\$40,000

Intergenerational Grant Award Recipient	Localities Served	Project Highlights (2003 - 2004)	Amount of Award (1 yr, renewable for 1 yr)
Crime Prevention Activities Grants			
Family Service of Roanoke Valley	Roanoke, Roanoke County	Crime Prevention Teen Outreach Project, utilizing the science-based Youth As Resources program in providing direct services to 40 senior citizens, while strengthening the participating students' ability to resist peer pressure and criminal behaviors.	\$20,000
Lion of Judah Ministries International of Norfolk	Norfolk	Generation Respect Project, utilizing the science-based Teens, Crime & Community (TCC) program debunking stereotypes and biases among senior citizens and teens, while affording the participating teens the opportunity to be proactive in making the community safer.	\$20,000
Page County Sheriff's Office of Luray	Page County	Senior Citizens/Teens Crime Prevention and Safety Partners program, a 14-week TCC program for teens and seniors. The teens and seniors involved are collaborating on designing and implementing safety programs to address the needs of seniors in their community.	\$20,000
Boys And Girls Club of Emporia/Greenville	Emporia, Greenville County	Teens And Seniors Against Crime Project, a TCC crime prevention project. Students involved in the program are designing senior crime prevention activities in conjunction with residents of a retirement community. Together, the seniors and teens are developing informational brochures and public presentations to heighten citizen awareness of senior safety issues.	\$19,000
Virginia Beach City Public Schools	Virginia Beach	Plaza Community Leaders Project, a TCC crime prevention project developing community action activities that assist seniors, while working with professionals from three city agencies.	\$19,000
Alliance For Families And Children in Lynchburg	Lynchburg	TCC with Y-Achievers, implementing the TCC program with youth enrolled in a YMCA after-school program and addressing crime prevention issues that affect seniors.	\$13,000
Virginia Beach Police Department	Virginia Beach	Visual Awareness for Senior Citizens Project, a crime prevention project using the TCC program among Teen Police Explorers coupled with conducting visual screenings for senior citizen motorists.	\$10,000
Appalachian Agency for Senior Citizens	Counties of Buchanan, Russell, Tazewell and Dickenson.	Computer Fraud Prevention implementing the TCC program among students who also will study computer crime prevention strategies and then provide this information to seniors at the local Area Agency on Aging.	\$10,000

APPENDIX C.

COMMUNITY STATE INCENTIVE GRANT (SIG) AWARDEES

SIG Awardee Coalition	Localities Served	Project Highlights (Oct. 1, 2001 – Sept. 30, 2004)	Amount of Award (3 yr. Total)
The Unified School Community Coalition	County of Fairfax	<u>Middle School Promising Programs</u> - implementing three after-school, science-based prevention programs: Get Real About Violence, LifeSkills, and Creating Lasting Connections. Parents are participating in the science-based Preparing for Drug-Free Years program.	\$360,000.00
City of Virginia Beach Youth Opportunities Team	City of Virginia Beach	<u>FAST/Operation Store Front</u> – implementing the research-based Families and Schools Together program (FAST), an eight-week program and a longer-term support group entitled FASTWORKS. In Operation Store Front, teams of youth are conducting assessments of local tobacco outlets to reduce underage access to tobacco products.	\$359,396.00
Historic Triangle Substance Abuse Coalition	Cities of Williamsburg and Poquoson; Counties of James City and York County	<u>Substance Abuse Educational and Environmental Project</u> – implementing three science-based programs- Al’s Pals for young children, LifeSkills with middle school youth and Strengthening Families in targeted neighborhoods. Also launching a media campaign to address alcohol and drug use by youth.	\$360,000.00
Community-Wide Youth Collaborative Coalition	Counties of Appomattox and Campbell	<u>Creating Lasting Connections</u> - implementing Creating Lasting Connections, a science-based 20-week program designed to enhance family bonding and communication, and to reduce the risks of youth and family substance abuse. Also implementing a social norms marketing campaign.	\$360,000.00
Community & Law Enforcement Against Narcotics (CLEAN) Inc.	City of Winchester and Clarke and Frederick Counties	<u>Substance Abuse Prevention Initiative</u> – implementing programs and strategies that address prioritized risk factors and fill identified gaps in services, including the four research-based programs- Structural Family Therapy program, Adolescent Transition program, Project Towards No Drug Abuse, and Communities Mobilizing for Change on Alcohol.	\$360,000.00
Rural Virginia United Coalition	Counties of Essex, Gloucester, King and Queen, King William, Lancaster, Mathews, Middlesex, Northumberland, Richmond, and Westmoreland	<u>The Rural Virginia United Coalition’s Creating Resilient Youth</u> – implementing a multi-sector, multi-strategy approach using seven science-based programs- Girl Power!, Preparing for the Drug Free Years, Al’s Pals, Smart Moves, Reconnecting Youth, Creating Lasting Connections, and Communities Mobilizing for Change on Alcohol.	\$360,000.00

SIG Awardee Coalition	Localities Served	Project Highlights (Oct. 1, 2001 – Sept. 30, 2004)	Amount of Award (3 yr. Total)
Hampton Neighborhood Youth Advisory Board	City of Hampton	<u>Across Neighborhoods, Across Ages</u> – implementing Across Ages, a science-based mentoring program throughout the city; the research-based Project Towards No Drug Use with students in grades 8 - 12 who have been suspended or expelled for alcohol/drug use; Hampton Connections, a vendor training to reduce the youth access to alcohol; and training to build the capacity of local advisory groups.	\$358,045.00
Healthy CommUnity Council/PEAS Board	City of Harrisonburg and County of Rockingham	<u>Parenting Education and Support PEAS Program</u> – implementing two science-based programs- The Incredible Years, for the parents of children 2 to 11; Parents Who Care, a program for parents of children 12 to 17 years of age; and a strategic media advocacy program.	\$360,000.00
Youth Interagency Network	City of Martinsville and Henry County	<u>Mobilizing a Community Toward Positive Choices</u> - implementing two research-based programs- Communities Mobilizing for Change on Alcohol using a community-organizing intervention to reduce youth accessibility to alcohol and LifeSkills Training teaching middle school students personal and social skills that promote individual competence and reduce their vulnerability to substance abuse.	\$269,781.00
Community Youth Coalitions United	Pittsylvania County	<u>Leadership and Resiliency Program</u> – implementing a science-based multi-component leadership and resiliency program for adolescents ages 12-16 who are at-risk for alcohol, tobacco and other drug (ATOD) and violence involvement. The coalition is also implementing a “Change the Outcome” media campaign to heighten parental awareness and to reduce the purchase of alcohol by parents for youth.	\$337,374.00
I CARE Youth Development Council	Hanover County	<u>I CARE Community Builders Collaborative</u> - implementing a network of neighborhood-based prevention programs for youth and their families that promote resilience, healthy choices, and the reduction of youth ATOD use. Three primary strategies are 1) comprehensive after-school programming for middle school youth, 2) a social norms marketing campaign designed to reduce youth tobacco use, and 3) a training/technical assistance program to engage grass-roots community groups who are implementing two proven programs, SMART Moves and Responding in Peaceful and Positive Ways (R.I.P.P.).	\$358,725.00
Roanoke County School/Community Prevention	Roanoke County	<u>Roanoke County Substance Abuse Prevention Initiative</u> – implementing a multi-faceted community initiative designed to address substance abuse among youth in the Roanoke area, including two proven programs: Preparing for the Drug-Free Years and Communities Mobilizing for Changes on Alcohol.	\$348,953.00

SIG Awardee Coalition	Localities Served	Project Highlights (Oct. 1, 2001 – Sept. 30, 2004)	Amount of Award (3 yr. Total)
Community Builders Network	City of Newport News	<u>The Youth Enhancement Project</u> – implementing three science-based programs- the Al's Pals program to increase protective factors for young children, the Across Ages program to target middle school age youth currently at greatest risk for substance abuse, and Know Your Neighbor, an environmental strategy to improve community norms and increase protective factors citywide.	\$356,101.00
PIN Prevention Work Group	City of Portsmouth	<u>The Right Path</u> – implementing a comprehensive approach to reducing family management problems and early initiation of problem behaviors through implementation of a research-based proven program- Al's Pals in 48 classrooms in public and private school settings and the accompanying parent course, Here, Now and Down the Road. Also conducting training and compliance monitoring to reduce youth access to alcohol and tobacco and providing a Web site for community access.	\$360,000.00
Roanoke Area Youth Substance Abuse Coalition	Cities of Roanoke and Salem and Counties of Craig and Botetourt	<u>RAYSAC Community Partnership Project</u> - implementing four research-based programs- Second Step, violence prevention program, Mediation Training, Communities Mobilizing for Change on Alcohol, an environmental strategy to reduce youth access to alcohol, and Preparing for the Drug-Free Years, a prevention education program for parents.	\$349,500.00
Loudoun County Advisory Commission on Youth	Loudoun County	<u>Advisory Commission on Youth Prevention Project</u> - targeting under-served middle school youth, this project is implementing two science-based prevention programs, Life Skills Training and Get Real About Violence. A summer camp and an anti-tobacco youth campaign is also being implemented.	\$287,443.00
Bristol/ Washington County Prevention Planning Coalition	City of Bristol and Washington County	<u>Project Thrive</u> - developing community support and awareness and strengthening protective factors through implementing two science-based programs- the Reconnecting Youth program and the Strengthening Families program. Also implementing a merchant and vendor reward program that positively recognizes licensees, who abide by policy in order to discourage underage drinking.	\$359,412.00
Warren Community Health Coalition	Warren County	<u>Alcohol and Drug Change Project</u> - implementing two school-targeted adolescent transition programs and the science-based programs Project Towards No Drug Abuse and Strengthening Families, addressing behavior problems including substance abuse. Also implementing the research-based Communities Mobilizing for Change on Alcohol, an environmental strategy that includes media activities, promoting model ordinances, and alcohol compliance checks.	\$360,000.00

SIG Awardee Coalition	Localities Served	Project Highlights (Oct. 1, 2001 – Sept. 30, 2004)	Amount of Award (3 yr. Total)
Charles City/New Kent County Prevention Coalition	New Kent County	<u>Families and Communities Partnership</u> - seeking to build on family strengths, providing a school-based, family focused program designed to increase self-esteem and improve school performance by implementing the science-based Families and Schools Together (FAST) program and FAST WORKS. Also promoting community and vendor awareness of substance abuse through merchant training.	\$263,508.00
Substance Abuse Taskforce in Rural Appalachia	Tazewell County	<u>SIG Prevention Grant</u> - filling a gap in the early childhood prevention programming by providing the research-based Al's Pals: Kids Making Healthy Choices to all pre-k, kindergarten and Head Start children; and the accompanying parent program Here, Now and Down the Road. A large-scale public education campaign, increased compliance checks, and merchant/vendor training is also being implemented as environmental strategies.	\$323,095.00

APPENDIX D.

YADAPP 2003 TEAMS AND LOCALITIES REPRESENTED

School / Organization	City/County Represented
Buckingham County High School	Buckingham County
Central High School	King and Queen County
Charles City High School	Charles City County
Churchland High School	Portsmouth
Clover Hill High School	Chesterfield County
Colonial Heights High School	Colonial Heights
Covington High School	Covington
Fairfax County Public Schools	Fairfax County
Floyd County High School	Floyd County
Franklin Military High School	Richmond City
Gar-Field High School	Prince William County
George Washington High School	Danville
George Wythe High School	Richmond City
Granby High School	Norfolk
Great Bridge High School (2)	Chesapeake
Greensville High School	Greensville County
Halifax County High School SAAD	Halifax County
Hampton Roads Academy	Tidewater Area
Harrisonburg High School	Harrisonburg
Harrisonburg High School Boys & Girls Club	Harrisonburg
Henrico High School	Henrico County
Heritage High School - Newport News	Newport News
Hickory High School	Chesapeake
Hunt-Mapp Middle School	Portsmouth
J.R. Tucker High School (2)	Henrico County
James River High School - Botetourt	Botetourt County
James River High School - Chesterfield	Chesterfield County
John F. Kennedy High School	Richmond City
John Marshall High School	Richmond City
L.C. Bird High School	Chesterfield County
Lakeland High School	Suffolk
Lord Botetourt High School	Botetourt County
Loudoun County Public Schools (2)	Loudoun County
Manchester High School	Chesterfield County
Mathews High School	Mathews County
Matoaca High School	Chesterfield County

School / Organization	City/County Represented
Maury High School	Norfolk
Meadowbrook High School	Chesterfield County
Menchville High School	Newport News
Middlesex High School	Middlesex County
Midlothian High School	Chesterfield County
Monacan High School	Chesterfield County
Mount Vernon High School	Fairfax County
New Kent High School	New Kent County
Norview High School	Norfolk
Nottoway High School	Nottoway County
Oscar Smith High School	Chesapeake
Parry McCluer High School (2)	Buena Vista
Patrick Henry High School	Roanoke
Piedmont Community Services	Franklin, Henry and Patrick Counties
Powhatan High School	Powhatan County
Prince William County Office on Youth 1 & 2	Prince William County
Radford High School	Radford
Rappahannock High School	Rappahannock County
Richmond Community High School	Richmond
Roanoke County Youth in Action	Roanoke County
Robert E. Lee High School	Staunton
Stafford High School	Stafford County
Stonewall Jackson High School	Prince William County
Surry County High School	Surry County
Sussex Central High School	Sussex County
Tazewell County Schools (2)	Tazewell County
Thomas Dale High School	Chesterfield County
Tidewater Academy	Tidewater Area
United Community Ministries	Fairfax County
Va Beach Parks & Rec REAL	Virginia Beach
Va Beach Youth Leaders in Action (2)	Virginia Beach
Varina High School Team (2)	Henrico County
Virginia High School	Bristol
Wakefield High School	Arlington County
Warwick High School	Newport News
Washington-Lee High School	Arlington County
West Point High School	West Point
William Fleming High School	Roanoke County
Woodrow Wilson High School	Portsmouth
Woodside High School	Newport News

APPENDIX E.

YOUTH PUBLIC SAFETY ADVISORY COUNCIL (GYPSAC) SCHOOLS AND LOCALITIES REPRESENTED

City/County Represented	High School
Alexandria	T.C. Williams High School
Botetourt County	Lord Botetourt High School
Campbell County	Brookville High School
Caroline County	Caroline High School
Culpeper	Culpeper Co. High School
Fairfax County	Dominion High School
	Fairfax Co. Public Schools
	J.E.B. Stuart High School
Falls Church	George Mason High School
Frederick County	James Wood High School
	Sherando High School
Giles County	Giles High School
Hampton	Hampton High School
	Phoebus High School
Isle of Wight County	Smithfield High School
	Windsor High School
King and Queen County	Central High School
Lancaster County	Lancaster High School
Loudoun County	Broad Run High School
	Heritage High School
	Loudoun Valley High School
	Park View High School
	Potomac Falls High School
	Stone Bridge High School
	Potomac Falls High School
Stone Bridge High School	
Lynchburg	Heritage High School
Manassas Park	Manassas Park High School
Mecklenburg County	Park View High School
Newport News	Heritage High School
	Denbigh High School
	Menchville High School
	Warwick High School
	Woodside High School

City/County Represented	High School
Norfolk	Booker T. Washington High School
	Maury High School
	Norview High School
Northumberland County	Northumberland High School
Nottoway County	Nottoway High School
Orange County	Orange County High School
Petersburg	Petersburg High School
Portsmouth	Norcom High School
	Woodrow Wilson High School
Prince Edward County	Prince Edward High School
Prince William County	Brentsville Sr. High School
	Forest Park Sr. High School
	Gar-Field Sr. High School
	Hylton Sr. High School
	Osbourn Park Sr. High School
	Woodbridge Sr. High School
Richmond	John F. Kennedy High School
	John Marshall High School
	Thomas Jefferson High School
Rockbridge County	Rockbridge County High School
Rockingham County	Turner Ashby High School
Salem	Salem High School
Shenandoah County	Stonewall Jackson High School
	Strasburg High School
Surry County	Surry County High School
Warren County	Warren Co. High School
West Point	West Point High School
Winchester	John Handley High School
York County	Tabb High School
	York High School