



Annual Report

**COMMONWEALTH OF VIRGINIA
2005**



COMMONWEALTH of VIRGINIA

Office of the Governor

John W. Marshall
Secretary of Public Safety

Marilyn P. Harris
Director
Substance Abuse Prevention

December 1, 2005

General Assembly of Virginia
Capitol Square
Richmond, Virginia

Dear Members of the General Assembly:

The Governor's Office for Substance Abuse Prevention (GOSAP) is pleased to provide this report in accordance with §2.2-118, *Code of Virginia*. Consistent with its statutory responsibilities, GOSAP has provided leadership, opportunity and an environment to further strengthen Virginia's prevention infrastructure and to ensure that prevention efforts are more unified, more collaborative and more evidence-based.

In the past three years, GOSAP has laid the foundation for an exceptionally strong prevention infrastructure at the state level by establishing the GOSAP Collaborative, by achieving consensus around a cross-agency strategic plan for prevention, and by making ahead-of-schedule progress in implementing that plan. We are particularly pleased to report that all state agencies and organizations responsible for prevention throughout the Commonwealth have signed a Memorandum of Agreement (MOA) in support of a uniform set of prevention principles and standards and have pledged to continue their support for a unified, collaborative and evidence-based approach to prevention.

The Governor's Office for Substance Abuse Prevention looks forward to providing continued leadership and collaborative coordination of Virginia's prevention efforts. Thank you for your support of our vision, goals and objectives.

Sincerely,

A handwritten signature in black ink that reads "Marilyn P. Harris".

Marilyn P. Harris

Table of Contents

	Page
Executive Summary	iii
Report of Activities of the Governor’s Office for Substance Abuse Prevention	1
Statutory Authority.....	1
GOSAP Organization and Operation	1
Results Through Collaboration	2
<i>Gaining Traction: A Substance Abuse Prevention Plan for Virginia’s Youth ...</i>	<i>4</i>
The GOSAP Collaborative: Virginia’s Prevention Leadership	4
Virginia’s Prevention Infrastructure Strengthened	5
Virginia Prevention Resources Provided.....	7
Virginia’s Community Profile Database Project.....	7
KIDsafe Virginia Prevention Conference	7
A Virginia Prevention Information Clearinghouse	8
Our Common Language: Virginia’s Prevention “Primer”	8
KIDsafe Virginia.....	8
Protect & Respect.....	9
Safe and Drug-Free Schools and Communities Program	9
Virginia State Incentive Grant Project	10
Youth Voices.....	11
Youth Alcohol and Drug Abuse Prevention Project (YADAPP)	11
Governor’s Youth Public Safety Advisory Council (GYPSAC)	11
Future Direction.....	12
Continuing to Strengthen Infrastructure.....	12
Continuing to Build Capacity	12
APPENDIX A - PROTECT & RESPECT INTERGENERATIONAL GRANT AWARDS, 2005-2006.....	14
APPENDIX B - GOVERNOR’S SAFE AND DRUG-FREE SCHOOLS AND COMMUNITIES ACT (SDFSCA) GRANT AWARDS, 2005-2006	16
APPENDIX C - YOUTH ALCOHOL AND DRUG ABUSE PREVENTION PROJECT (YADAPP) 2005 TEAMS.....	19

Executive Summary

In the past three years, GOSAP has laid the foundation for an exceptionally strong prevention infrastructure at the state level by establishing the GOSAP Collaborative, by achieving consensus around a cross-agency strategic plan for prevention, and by making ahead-of-schedule progress in implementing that plan. This year, GOSAP is pleased to report that all state agencies and organizations responsible for prevention throughout the Commonwealth have signed a Memorandum of Agreement (MOA) in support of a uniform set of prevention principles and standards, and have pledged to continue their support for a unified, collaborative and evidence-based approach to prevention. Additional prevention achievements include the following:

- In June 2005 GOSAP released, *Touching Down at Mid-Way: A Mid-Term Progress Report*, summarizing progress that has been made in implementing Virginia's comprehensive strategic plan for prevention. The plan is on schedule and is progressing well.
- Collaboration has been strengthened with local prevention coalitions throughout Virginia, prevention professionals in Virginia's 40 Community Services Boards (CSB's), and in faith, private, and non-profit sectors. This strengthened collaboration was reflected in the November 2005 KIDsafe Virginia Prevention Conference where sponsors, for the first time, included the Community Builders Network, the Virginia Community Service Board's Prevention Task Force, and the Interagency Anti-Gang Workgroup.
- Virginia's Community Profile Database won a national Best of the Web Innovation in State Government Award from the Center for Digital Government and Education. This user-friendly web-based tool puts important social indicator data in the hands of Virginia's communities for use in state- and local-level needs assessments, strategic planning, benchmarking and measuring progress. The tool is being further enhanced to generate more pre-formatted reports, graphs, and maps to link to related resources and to identify evidence-based programs.
- The third statewide KIDsafe Virginia Prevention Conference, held in Richmond on November 16, 2005, was attended by over 400 prevention leaders from throughout Virginia.
- The GOSAP Website has been further improved to serve as the GOSAP Collaborative's central clearinghouse for prevention information, resources and best practice solutions.
- Prevention resources developed by GOSAP and the GOSAP Collaborative have continued to be disseminated both in print and via download from the GOSAP Website. *Our Common Language: A Quick Guide to Prevention Terminology in Virginia*, a "primer" containing basic prevention terms, concepts, and principles has

helped to make prevention science more understandable and to improve communication within the prevention community statewide.

- Building upon the framework for cross-agency collaboration established by the state-level prevention MOA, the GOSAP Collaborative is continuing to develop resources to support evidence-based prevention including a cross-agency template for prevention funding proposals and a model for local prevention needs assessment and planning.
- *KIDsafe* Virginia has continued to serve as a very effective child personal safety and public awareness initiative during its third year of implementation. Since 2003, 370,000 print copies of the Parent Guides and over 4,000 School Safety Toolkits have been disseminated. Electronic copies of *KIDsafe* Virginia resources have continued to be made available via download from the GOSAP Website.
- The *Protect & Respect* initiative has continued to improve the safety of Virginia's senior citizens through crime prevention education and intergenerational projects that have improved the safety and well being of both seniors and youth. Evaluations have produced strong evidence of success in achieving intended results for both young and old Virginians alike.
- Safe and Drug-Free Schools and Communities Act grants were awarded to 21 projects to support youth substance abuse and violence prevention efforts in more than 35 Virginia communities. These grants have increased data-driven prevention planning and the use of evidence-based programming throughout Virginia.
- A final evaluation of the 20 local prevention coalitions funded through Virginia's State Incentive Grant (SIG) Project showed that all sites met or exceeded their goals and objectives. Local collaboration was increased, and use of evidence-based programs increased. Although the SIG project has ended, funding was authorized to continue Prevention Basics workshops in 2005 and the SIG Advisory Council's important role is being continued under the auspices of the GOSAP Council.
- GOSAP sponsored the expansion of Virginia's Youth Alcohol and Drug Abuse Prevention Project (YADAPP). The 21st Annual YADAPP, Conference, held at Longwood University in July 2005, provided youth leadership development opportunities to 90 high school teams representing localities throughout Virginia. Youth received training and developed plans for youth-led prevention projects in their home schools and communities. YADAPP also has increased similar regional efforts.
- The Governor's Youth Public Safety Advisory Council (GYPSAC) has continued to serve as an effective vehicle for listening to the voices of youth in identifying concerns and developing strategies for improving youth safety. GYPSAC's official report to the Governor, titled *Virginia's Youth Speakout! About Crime and Public Safety*, clearly reflects the connections between substance abuse, violence, and gang activities and has been used to inform public safety planning.

Building upon numerous substantive recent achievements, GOSAP will continue to provide leadership and coordination in sustaining Virginia's unified, collaborative, and evidence-based approach to prevention. GOSAP's focus in the upcoming year will be the achievement of all goals and objectives set forth in Virginia's comprehensive, cross-agency strategic plan for substance abuse prevention. Future efforts will be focused primarily in two areas: continuing to strengthen Virginia's prevention infrastructure and continuing to build local prevention capacity.

Report of Activities of the Governor's Office for Substance Abuse Prevention

Statutory Authority

The Governor's Office for Substance Abuse Prevention (GOSAP) is authorized under §2.2-118, *Code of Virginia*, enacted by the 2000 General Assembly. This annual report of activities is submitted in accordance with statutory requirements.

The statute sets forth the responsibility of the Governor "to administer the substance abuse prevention program within the Commonwealth and to authorize, direct, and coordinate activities of agencies within the Commonwealth in such program." The responsibilities of the Governor's Office for Substance Abuse Prevention (GOSAP) are "to assist in the coordination of substance abuse prevention activities of the Commonwealth, review substance abuse prevention expenditures by agencies of the Commonwealth, and determine the direction and appropriateness of such expenditures."

The statute further specifies that "the Governor shall cooperate with federal, state and local agencies, private and public agencies, interested organizations, and individuals in order to prevent substance abuse within the Commonwealth."

In addition to its responsibilities for developing a more unified and effective approach to prevention at the state level, GOSAP has also administered two major grant programs: the Governor's Safe and Drug-Free Schools and Communities Program and the State Incentive Grant (SIG) Project. Although the SIG Project was slated to end, funding was awarded from the federal Center for Substance Abuse Prevention to continue training activities as a part of ongoing prevention capacity-building efforts.

GOSAP Organization and Operation

The Governor's Office for Substance Abuse Prevention is located in the Office of the Secretary of Public Safety, where it operates as a separate entity, but utilizes available research and technology resources. The location provides enhanced visibility and support for prevention strategies and emphasizes the important role of substance abuse prevention in the Commonwealth's overall public safety mission. Marilyn P. Harris serves as GOSAP Director and Deputy Secretary of Public Safety.

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Results Through Collaboration

In the past three years, GOSAP has laid the foundation for an exceptionally strong prevention infrastructure at the state level by establishing the GOSAP Collaborative, by achieving consensus around a cross-agency strategic plan for prevention, and by making ahead-of-schedule progress in implementing that plan. This year, GOSAP is pleased to report that all state agencies and organizations responsible for prevention throughout the Commonwealth have signed a Memorandum of Agreement (MOA) in support of a uniform set of prevention principles and standards, and have pledged to continue their support for a unified, collaborative and evidence-based approach to prevention. Additional prevention achievements that will be described in this report include the following:

- Released in June 2005, *Touching Down at Mid-Way: A Mid-Term Progress Report* summarizes progress that has been made in implementing Virginia's comprehensive strategic plan for prevention. The plan is on schedule and is progressing well.
- Collaboration has been strengthened with local prevention coalitions throughout Virginia and with prevention professionals in Virginia's 40 CSBs, and in the faith, private, and non-profit sectors. This strengthened collaboration was reflected in the November 2005 KIDsafe Virginia Prevention Conference where sponsors, for the first time, included the Community Builders Network, the Virginia CSB Prevention Task Force, and the Interagency Anti-Gang Workgroup.
- Virginia's Community Profile Database won a national Best of the Web Innovation in State Government award from the Center for Digital Government and Education. This one-stop, user-friendly, web-based tool puts important social indicator data in the hands of Virginia's communities for use in state- and local-level needs assessments, strategic planning, benchmarking and measuring progress. The tool is being further enhanced to generate more pre-formatted reports, graphs, and maps, to link to related resources, and to identify evidence-based programs.
- The third statewide KIDsafe Virginia Prevention Conference, held in Richmond on November 16, 2005, was attended by over 400 prevention leaders from throughout Virginia.
- The GOSAP website has been further improved to serve as the GOSAP Collaborative's central clearinghouse for prevention information, resources and best practice solutions.
- Prevention resources developed by GOSAP and the GOSAP Collaborative have continued to be disseminated both in print and via download from the GOSAP website. *Our Common Language: A Quick Guide to Prevention Terminology in Virginia*, a "primer" containing basic prevention terms, concepts, and principles has helped to make prevention science more understandable and to improve communication within the prevention community statewide.
- Building upon the framework for cross-agency collaboration established by the state-level prevention MOA, the GOSAP Collaborative is continuing to develop resources to support

evidence-based prevention including a more uniform, cross-agency template for prevention funding proposals and a model for local prevention needs assessment and planning.

- KIDsafe Virginia has continued to serve as a very effective child personal safety and public awareness initiative during its third year of implementation. Since 2003, 370,000 print copies of Parent Guides and over 4,000 School Safety Toolkits have been disseminated. Electronic copies of KIDsafe Virginia resources have continued to be made available via download from the GOSAP Website.
- The *Protect & Respect* initiative has continued to improve the safety of Virginia's senior citizens through crime prevention education and through intergenerational projects that have improved the safety and well-being of both seniors and youth. Evaluations have produced strong evidence of success in achieving intended results for both young people and older Virginians.
- Safe and Drug-Free Schools and Communities Act grants were awarded to 21 projects to support youth substance abuse and violence prevention efforts in more than 35 Virginia communities. These grants have increased data-driven prevention planning and the use of evidence-based programming throughout Virginia.
- Final evaluation of the twenty local prevention coalitions funded through Virginia's SIG Project showed that all sites met or exceeded their goals and objectives, local collaboration was increased, and use of evidence-based programs increased. Although the SIG project has ended, funding was authorized to continue Prevention Basics workshops in 2005 and the SIG Advisory Council's important role is being continued under the auspices of the GOSAP Council.
- GOSAP sponsored the expansion of Virginia's Youth Alcohol and Drug Abuse Prevention Project (YADAPP). The 21st Annual YADAPP, Conference, held at Longwood University in July 2005,] provided youth leadership development opportunities to 90 high school teams representing localities throughout Virginia. Youth received training and developed plans for youth-led prevention projects in their home schools and communities. YADAPP also has increased similar regional efforts.
- The Governor's Youth Public Safety Advisory Council (GYPSAC) has continued to serve as an effective vehicle for listening to the voices of youth in identifying concerns and developing strategies for improving youth safety. GYPSAC's official report to the Governor, titled *Virginia's Youth Speakout! About Crime and Public Safety*, clearly reflects the connections between substance abuse, violence, and gang activities and has been used to inform public safety planning. The full report is available from the GOSAP website at <http://gosap.governor.virginia.gov>.

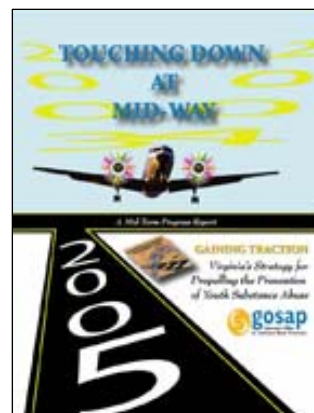
Each of the prevention achievements listed above is described in more detail within this report.

Gaining Traction: A Substance Abuse Prevention Plan for Virginia's Youth

Activities of GOSAP in the past year have focused on implementing Virginia's comprehensive, cross-agency strategic plan for substance abuse prevention. The plan was released in November 2003, titled ***Gaining Traction: A Substance Abuse Prevention Plan for Virginia's Youth***, includes nine "core elements" and sets forth a number of short- and long-term recommendations extending over a period of five years.

GOSAP already has made substantial progress in implementing the plan. Released in June 2005, ***Touching Down at Mid-Way: A Mid-Term Progress Report*** summarizes progress made toward achieving specific goals and objectives. The full report may be downloaded from the GOSAP website.

Copies of ***Touching Down at Mid-Way*** were shared with prevention experts from across the nation at the National Prevention Network Conference in August 2005. Virginia's advancements in prevention infrastructure development, programs, and practices continues to be recognized by others, including Dr. Richard Catalano, renown prevention expert who stated, "Virginia's prevention community is leading the way for modeling effective interagency collaboration at the state and local levels." Virginia's liaison with the Southeast Center for the Application of Prevention Technology – a federal prevention training and technical assistance center – has described Virginia's prevention programs and practices as "exemplary" and "cutting edge."



The GOSAP Collaborative: Virginia's Prevention Leadership

The GOSAP Collaborative serves as the primary vehicle for prevention system planning and collaborative decision-making at the state level. Its membership is composed of key leadership representatives from agencies and organizations responsible for prevention throughout the Commonwealth, including: the Departments of Alcoholic Beverage Control, Criminal Justice Services, Education, Fire Programs, Health, Juvenile Justice, Mental Health, Mental Retardation and Substance Abuse Services, Motor Vehicles, Social Services, State Police, the Virginia National Guard and the Virginia Tobacco Settlement Foundation. Marilyn Harris, GOSAP Director, chairs the GOSAP Collaborative. A graphic depicting the Collaborative is at right. The mission and goals established by the GOSAP Collaborative are as follows:



GOSAP COLLABORATIVE MISSION

The GOSAP Collaborative will preserve and enhance Virginia's exemplary national leadership in the area of positive youth development by promoting and facilitating a wider use of model programs, disseminating best practice solutions and supporting up-to-date training and information opportunities for prevention professionals statewide.

GOSAP COLLABORATIVE GOALS

To model, based upon collaborative successes achieved at the state level, the benefits of wider collaboration within and among every level of youth prevention activity ongoing within Virginia.

To sponsor statewide capacity-building training events that will bring together youth substance abuse and violence prevention coalitions, experts, and providers from all governmental and agency levels for professional networking and for learning directly from those who are most successful in the various youth prevention fields.

To publicly recognize the collective and personal achievements of organizations and individuals who exemplify the best attributes of Virginia's prevention system and practices, as well as those who have made notable contributions toward positive prevention outcomes that directly benefit children and adolescents.

Consistent with its leadership role, the GOSAP Collaborative has been instrumental in the substantial progress made in implementing Virginia's plan for prevention and in establishing a more formal prevention infrastructure to sustain recent advances. Elements of this prevention infrastructure include a comprehensive, cross-agency prevention memorandum of understanding and valuable resources that effectively support evidence-based prevention practice throughout the Commonwealth. Advances in establishing an effective prevention infrastructure and creating Virginia-specific resources to strengthen prevention practice are described in greater detail in the next section of this report.

Virginia's Prevention Infrastructure Strengthened

This year GOSAP is pleased to report that all 13 of the state agencies and organizations that have responsibility for prevention in Virginia have signed a Memorandum of Agreement (MOA) in support of a uniform set of prevention principles and standards and pledging continued support for a more unified, collaborative, and evidence-based approach to prevention. The signing of this MOA is significant because it is the first time that all state-level agencies and organizations have signed a prevention MOA and because the MOA provides a framework for continued collaboration between the Governor's Office.

Elements of best practice model for local prevention programming agreed to in the MOA are as follows:

- Comprehensive community prevention needs assessments using relevant objective data;
- Measurable, results-oriented goals and objectives;
- Use of evidence-based programs and approaches to address local needs;
- Fidelity in the implementation of evidence-based programs and approaches;
- Collaboration and communication among prevention agencies and organizations in the planning and strategic implementation of programs and services;
- Planning for sustaining effective programs/projects beyond initial grant funding periods;
- Evaluation designed to document implementation and measure outcomes; and
- Consumer involvement in program/project planning, implementation, and evaluation.

In their management of competitive and non-competitive grants programs, state agencies and organizations agreed to promote the following standards:

- Application processes should establish clear expectations for grantees, support evidence-based programming and ensure accountability for outcomes.
- Requirements for grantees should be consistent with evidence-based prevention principles.
- The advancement of effective prevention programming requires both adherence to evidence-based prevention principles and activities that strengthen the capacity of grantees.
- Requirements for greater accountability should be accompanied by high quality training and technical assistance that build grantee capacity to evaluate both fidelity of implementation and outcomes using appropriate measures.
- Cross-site evaluation using common data elements should become the norm for prevention grants programs in Virginia.

State agencies additionally pledged to continue to support Virginia's unified, collaborative and evidence-based approach to prevention by:

- Participating in meetings and projects of the GOSAP Collaborative;
- Regularly sharing information of interest to Virginia's prevention community (e.g., training events; new programs, services, and/or resources; funding opportunities) through posting on the GOSAP Website; and
- Supporting the Community Profile Database by providing social indicator and program data already routinely collected by respective agencies/organizations.

Virginia Prevention Resources Provided

Virginia's Community Profile Database Project

The Virginia Community Profile Database Project (formerly called the “Social Indicators Database Project”) has received recognition as an important planning tool to community planners, interested citizens, public and private organizations pursuing grant funding, researchers, and providers of community-based programs and services. The Database Project won a national Best of the Web Innovation in State Government Award from the Center for Digital Government and Education. This one-stop, user-friendly Web-based tool puts important social indicator data in the hands of Virginia’s communities for use in state- and local-level needs assessments, strategic planning, benchmarking and measuring progress. The tool is being further enhanced to generate more pre-formatted reports, graphs, and maps, to link to related resources, and to identify evidence-based programs. The Community Profile Database can be accessed via the GOSAP website at <http://www.gosap.governor.virginia.gov> and achieves the following:

- provides community planners with consistent, easily accessible data to help them assess their local needs;
- provides both public and private organizations with uniform, comparable data to use in developing grant applications;
- provides state agencies that distribute state and federal funding with data to help target resources to areas and issues with the highest needs;
- links program developers and administrators to research-based, best-practice guidance on program and service strategies; and
- provides objective data for use in benchmarking and monitoring progress toward achieving targeted outcomes.

KIDsafe Virginia Prevention Conference

The third statewide KIDsafe Virginia Prevention Conference, held in Richmond on November 16, 2005, was attended by over 400 prevention leaders from throughout Virginia. Joining GOSAP and the GOSAP Collaborative in sponsoring this statewide conference were the Community Builders Network, the Virginia CSB Prevention Task Force, and the Virginia’s Interagency Anti-Gang Workgroup. With the theme ***Mobilizing Communities Against Substance Abuse, Youth Violence and Gangs***, the one-day conference featured an opening plenary session on Strategic Community Responses to Youth Gangs and over 30 break-out sessions. Participants received informative notebooks containing handouts from all conference sessions and had opportunities to obtain additional prevention publications and resources from many state agencies and other organizations that had displays. Many prevention leaders and other supporters were recognized at the conference luncheon. Evaluation feedback from participants was uniformly and strongly positive.

A Virginia Prevention Information Clearinghouse

The GOSAP website has been further improved to serve as the GOSAP Collaborative’s central clearinghouse for prevention information, resources and best practice solutions. The site features direct links to all GOSAP Collaborative member agencies, a “What’s New” bulletin board, a calendar of Virginia prevention events and training opportunities, information on funding resources and proven programs, a resource library, and access to the Community Profile Database.

Our Common Language: Virginia’s Prevention “Primer”

A prevention “primer,” titled ***Our Common Language: A Quick Guide to Prevention Terminology in Virginia*** and unveiled in November 2004, has continued to be in high demand. The publication contains basic prevention terms, concepts and principles, as well as key sources of more in-depth information. In identifying the need for such a publication, the GOSAP Collaborative noted the challenge for prevention professionals, and for community leaders involved with prevention efforts, to understand and use prevention science as it emerges from a variety of sources and is disseminated through multiple agencies and organizations. The “common language” set forth in this publication has enhanced understanding within the Virginia prevention community and improved communication with the broader public. The publication may be requested from GOSAP or accessed online at <http://www.gosap.governor.virginia.gov/>

KIDsafe Virginia

In its third year of implementation, KIDsafe Virginia has continued to serve as an effective child safety and public awareness initiative that complements and expands existing community and school-based efforts to improve the public and personal safety for children and adolescents.



Educational components of KIDsafe Virginia include Personal Safety Lessons for children in kindergarten through 4th grade, Internet Safety Lessons for students in grades 5 through 8, Crime Prevention Lessons for high school students and Fire Safety Lessons for elementary students. Resources for parents include a Parent Guide to Personal Safety for Children, a Parent Guide to Crime Prevention for Teens and DNA Identification Kits. Also offered as a part of KIDsafe are the Virginia School Safety Toolkit, a toll-free number for reporting conditions that potentially threaten the safety and security of schools and communities, and an online “suggestion box” for strategies to improve the safety and security of youth in schools and communities.

In response to continuing high demand, more than 370,000 print copies of Parent Guides and over 4,000 School Safety Toolkits have been disseminated. Electronic copies of KIDsafe Virginia resources have continued to be made available via download from the GOSAP website.

Protect & Respect

Protect and Respect is an initiative designed to improve the safety of Virginia's senior citizens through crime prevention education and funding intergenerational projects that improve the safety and well being of both seniors and youth. The initiative complements existing efforts by such groups as the 25 Area Agencies on Aging and the TRIAD partnership.



Guided by findings from a statewide safety and crime prevention needs assessment, a set of 30 crime prevention lessons for seniors was developed for use by Virginia State Police crime prevention specialists and other public safety experts. Officers can select among the lessons to be taught to provide a single presentation or a multi-lesson Public Safety Institute to address the needs and interests of various audiences. Feedback from seniors and from Virginia State Police crime prevention specialists has continued to be positive.

Intergenerational grants have been awarded for a third year to 12 community, faith-based, school, and senior service organizations for the implementation of projects that involve youth working together with seniors to improve the overall safety environment for both. Six intergenerational mentoring and six crime prevention projects were awarded continuation funding for 2005-2006. Findings from the cross-site evaluation provide strong evidence that both types of intergenerational projects are achieving desired outcomes. Youth and seniors are learning, working together and, most importantly, "connecting" in ways that have enriched the lives of both. Grants management and technical assistance services are being provided through the Center for School-Community Collaboration at Virginia Commonwealth University. Brief descriptions of funded projects are provided in Appendix A.

Safe and Drug-Free Schools and Communities Program

The Safe and Drug-Free Schools and Communities Act of 2001 (SDFSCA) is Title IV of the *No Child Left Behind Act of 2001* (NCLB). Under NCLB, a strong emphasis is placed upon well-coordinated, SDFSCA-funded program activities between each state's principal education agency and the Office of the Governor. GOSAP has worked in partnership with the Virginia Department of Education to develop the SDFSCA portion of Virginia's consolidated application for funding under NCLB.

Safe and Drug-Free Schools and Communities Act grants have increased data-driven prevention planning and the use of evidence-based programming throughout Virginia. Grants were awarded to 21 projects to support youth substance abuse and violence prevention efforts in more than 35 Virginia communities during FY 2006. Brief descriptions of funded projects and communities served are provided in Appendix B. Assistance was provided to prospective grantees through

three regional workshops conducted in the spring of 2005; the workshops focused on requirements of the request for proposals and on effective grant writing strategies. Grants were awarded in four categories, with priority given to projects targeting youth at higher risk for substance abuse and other problem behaviors. The four categories and numbers of grants awarded in each category are reported below:

Funding Categories	Number of Awards
Evidence-based programs for youth who need special services or additional resources	2
Replication of evidence-based programs	5
Community prevention needs assessments	7
Continuation of effective programs	7
Total	21

Grantees have been provided with an orientation, networking sessions, and ongoing technical assistance to help them successfully implement their projects. Grants management and technical assistance services are being provided through the Center for School-Community Collaboration at Virginia Commonwealth University. A cross-site evaluation designed to assess implementation and collect data on project-specific outcomes has been implemented.

Virginia State Incentive Grant Project

Although Virginia’s SIG Project has ended, a very favorable final evaluation report was issued during the past year. As reported in the 2004 GOSAP Annual Report, Virginia’s SIG Project used a three-pronged approach: 1) providing grants to local community prevention coalitions, 2) directing a SIG Advisory Council and, 3) managing a capacity-building initiative. Twenty local prevention coalitions were awarded three-year grants of up to \$360,000 to implement model prevention programs, to implement environmental strategies to change local norms and policies related to alcohol, tobacco and other drug use, and to enhance local prevention planning efforts.

Highlights from the SIG Project’s final evaluation report included the following:

- Across the 20 sub-grantees, the SIG collaborative functioned well throughout the three-year SIG initiative. Collaborative members across sites reported such factors as trust among members, active and diverse membership, ongoing evaluation of achievement by members, and formal communication networks and processes as central features of their success. In addition, most of the 20 grantees saw an increase in active memberships over time, a positive sign that interest and commitment remained high throughout the initiative. Members also reported outcomes consistent with the goals of the program (e.g., increased interagency collaboration, less duplication of services, and development of community-wide prevention plans).
- Local sites demonstrated success in choosing and implementing research-based programs to meet the needs of their local communities. During the first year of implementation, communities were operating 57 programs, with 74 percent of them research-based

programs. By year three, communities were operating 138 programs, with research-based programs accounting for more than 83 percent.

- All sites met or exceeded their stated goals and objectives for those programs and strategies that were fully implemented.

Youth Voices

Youth Alcohol and Drug Abuse Prevention Project (YADAPP)

Positive youth development is a critical element of prevention shown to build “assets” or “protective factors” that reduce the likelihood of a wide range of adolescent problem behaviors. GOSAP sponsors positive youth development activities through Safe and Drug Free Schools funding. Providing opportunities for youth involvement in substance abuse prevention and school safety, the Youth Alcohol and Drug Abuse Prevention Project (YADAPP) held its 21st annual summer conference at Longwood University the week of July 18-22, 2005. Participating in annual YADAPP conference were 90 school/community teams composed of four rising 10th, 11th, and 12th graders an adult sponsor, as well as 40 youth leaders, 30 junior staff members and more than 30 adult conference staff, resource officers and workshop presenters. A focal point of each year’s conference is action planning to develop Strategies to Act Now (STAN) plans to implement youth-led prevention projects in their home schools. At the conclusion of the conference, mini-grants in the amount of \$250 were awarded to those YADAPP teams that showed exemplary planning skills, teamwork, dedication, and the potential to implement a successful plan upon their arrival home from the conference.



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The official YADAPP website (<http://www.yadapp.com/>) contains not only basic information about YADAPP but also numerous photographs and a “Youth Speak” section with participant testimonials. The 2005 YADAPP teams are listed in Appendix C.

Governor’s Youth Public Safety Advisory Council (GYPSAC)

GOSAP has continued to take seriously its responsibility to listen to the people it serves. The Governor’s Youth Public Safety Advisory Council (GYPSAC) has continued to serve as an effective vehicle for listening to the voices of youth in identifying concerns and developing strategies for improving youth safety. GYPSAC’s official report to the Governor, titled ***Virginia’s Youth Speakout! About Crime and Public Safety***, clearly reflects the connections between substance abuse, violence, and gang activities. Safety concerns identified by the GYPSAC and recommendations for action have helped inform numerous decisions related to public safety and prevention in the past year. The full GYPSAC report is available from GOSAP.

Future Direction

Building upon numerous substantive recent achievements, GOSAP will continue to provide leadership and coordination in sustaining Virginia's unified, collaborative, and evidence-based approach to prevention. GOSAP's focus in the upcoming year will be the achievement of all goals and objectives set forth in Virginia's comprehensive, cross-agency strategic plan for substance abuse prevention. Future efforts will be focused primarily in two areas: continuing to strengthen Virginia's prevention infrastructure and continuing to build local prevention capacity.

Continuing to Strengthen Infrastructure

- In concert with the GOSAP Collaborative, and building upon the framework established by the cross-agency MOA, GOSAP will work to ensure the completion of a more uniform cross-agency template for prevention funding proposals and a model for local prevention needs assessment and planning.
- Building upon strengthened collaborative relationships with local prevention coalitions and professionals, including the Community Builders Network, the Virginia CSB Prevention Task Force, the Interagency Anti-Gang Workgroup, and others, GOSAP will pursue additional opportunities to strengthen Virginia's prevention infrastructure at the local level.
- Valuable resources developed over the past two years (i.e., Community Profile Database, GOSAP website Information Clearinghouse, *Our Common Language*, KIDsafe resources, and Protect and Respect lessons) will continue to be made available, and will be further refined and improved to ensure that they reflect cutting-edge science and meet identified needs.

Continuing to Build Capacity

- GOSAP and the Virginia Department of Education will conduct workshops on gang prevention using the risk and protective factors prevention framework. Thirty workshops are scheduled in Virginia localities between December 2005 and October 2006. In these workshops, participants will learn about the research foundation of the risk and protective factor framework, how prevention science research helps build positive futures for youth and prevent problem behaviors, and effective prevention strategies for combating gang violence. Participants also will learn how to access the GOSAP's Community Profile Database and how to use it as a needs assessment tool.
- In concert with the GOSAP Collaborative and other prevention organizations, GOSAP plans to continue to offer a statewide prevention conference to provide opportunities for learning, skills development, and networking among members of Virginia's prevention community.
- Training in data-driven prevention planning will be provided to school and community professionals as part of the Prevention Through Information (PTI-VA) initiative funded by a grant to the Virginia Department of Education by the U.S. Department of Education. The project is developing web access to school crime and violence data and will provide eight regional workshops on data collection and sixteen regional workshops on data use. PTI-VA

training will complement GOSAP efforts to train communities in use of the Community Profile Database and support data-driven prevention planning and programming.

APPENDIX A.

PROTECT & RESPECT INTERGENERATIONAL GRANT AWARDS, 2005-2006

Award Recipient	Localities Served	Project Highlights (2005 - 2006)	Award Amount
Intergenerational Mentoring Grants			
Warren County Community Health Coalition	Warren County	Across Ages Intergenerational Mentoring Program is enhancing, strengthening, and expanding the program developed during the first two years. In addition to the centerpiece of older adults mentoring youth ages 11 to 17, the program implements Across Ages, a model prevention program for life skills instruction.	\$37,500
Brighton's Solid Rock of Portsmouth	City of Portsmouth	Brighton's Solid Rock, Inc. (BSR, Inc.), a faith-based community organization, implements school and community-based mentoring programs through the Protect And Respect Our Community Project. These intergenerational mentoring programs pair seniors over the age of 55 with youth in elementary and middle school, are held in four community sites.	\$37,000
Big Brothers Big Sisters of Rappahannock	City of Fredericksburg, Stafford and King George Counties	The RBBBS Protect and Respect Intergenerational Project pairs and supports senior "Bigs" with youth "Littles." These pairs also may link with a homebound "Grand" to serve seniors who are especially vulnerable.	\$30,000
Prince William County Office on Youth	Cities of Manassas and Manassas Park and Prince William County	SEASONS is an intergenerational program that promotes positive youth development, crime prevention, and resiliency in teens by linking them to older adults. It uses the Teens, Crime and Communities curriculum to teach teens about crime prevention.	\$20,000
Appalachian Agency for Senior Citizens	Tazewell County	The Appalachian Agency for Senior Citizens implements a one-to-one mentoring program pairing students at Richlands High School with senior adults.	\$37,500
Big Brothers Big Sisters of Harrisonburg and Rockingham County	City of Harrisonburg and Rockingham County	The Golden Opportunity Project, an intergenerational mentoring program for at-risk children, offers three program options: community-based mentoring, school-based mentoring, and bi-monthly groups of one-to-one mentoring pairs at the Virginia Mennonite Retirement Community.	\$29,990
Big Brothers Big Sisters of Southwest Virginia	Cities of Roanoke, Radford and Salem, Counties of Roanoke, Montgomery and Pulaski	The Big Brothers Big Sisters of Southwest Virginia Older Virginians Mentoring Project supports the active matches made in during its first two years, while making additional matches. The project works in collaboration with the Pulaski Retired Seniors Volunteer Program (RSVP).	\$34,473
Grayson County Public Schools	Grayson County	The Protect and Respect - Alliances Inspiring Successful Education (PRAISE) program pairs mentors over the age of 55 with at-risk students in elementary and middle school settings.	\$37,000
Crime Prevention Activities Grants			
Family Service of Roanoke Valley	City of Roanoke and Roanoke County	Roanoke's Protect & Respect Intergenerational Crime Prevention Teen Outreach Program (TOP) implements the Youth as Resources model program to provide youth with on-going leadership and life skill development sessions. In	\$15,000

Award Recipient	Localities Served	Project Highlights (2005 - 2006)	Award Amount
		addition, youth in these programs develop and implement crime prevention and safety projects for seniors in school-based, after-school and summer settings.	
Alliance for Families and Children	City of Lynchburg	The first year of the Protecting & Respecting Our Neighborhoods project delivered the Teens, Crime and Community (TCC) curriculum to high school-aged youth; then involved them in the design and implementation of crime prevention projects with seniors in the College Hill neighborhood. The second year involved Dunbar Middle School students and Diamond Hill seniors. The third year is focusing on youth and seniors in the White Rock Hill community.	\$9,750
Boys and Girls Club of Emporia/ Greenville	City of Emporia and Greenville County	The Teens And Seniors Against Crime Project delivers the Teens, Crime and Community curriculum to youth at the Boys & Girls Club. Students in this after-school program design crime prevention activities with seniors involved with the local Seniors and Law Enforcement Together (SALT) council, and seniors at the Trinity Woods Retirement Center.	\$10,628
Virginia Beach City Public Schools	City of Virginia Beach	At Plaza Middle School, a collaboration of professionals from several community agencies leads youth through the Teens, Crime and Community curriculum as part of the after-school Plaza Community Leaders Project. The students then survey seniors in their community about their safety needs and develop and implement community action activities based on the survey results.	\$14,250
TOTAL			\$313,091

APPENDIX B.

GOVERNOR'S SAFE AND DRUG-FREE SCHOOLS AND COMMUNITIES ACT (SDFSCA) GRANT AWARDS, 2005-2006

Award Recipient	Localities Served	Project Highlights (2005 - 2006)	Award Amount
Alliance for Families and Children	Cities of Lynchburg and Bedford, Counties of Amherst, Appomattox, Bedford and Campbell	Project TND is expanding to serve approximately 150 youth in four alternative educational sites: the Homebound Learning Center, Amelia Pride Center, Fray Educational Center, and Pride PLUS. The program gives this high-risk population the opportunity to understand cognitive misperceptions that may lead to substance abuse, while increasing coping and self-control skills.	\$36,750
Alternatives, Inc.	Cities of Hampton and Newport News	The Rivermont Life Skills Project is delivering Project Towards No Tobacco Use and Project Towards No Drug Use to special needs students to reduce tobacco and other drug use. Students develop decision-making, communication and refusal skills to increase their self-efficacy and delay initiation or reduce their current use.	\$ 27,260
Bland County	Bland County	Bland is completing a needs assessment including: a youth survey, social indicator data, stakeholder input and a prevention resource inventory. The resulting comprehensive report will be distributed throughout the community.	\$12,368
Blue Ridge Behavioral Healthcare	Cities of Roanoke and Salem, Botetourt County	Kids' and Youth Connection is being delivered to at least 195 children and youth in one residential facility, one alternative school, two middle schools, two elementary schools and four after-school programs. The project's goal is to increase the age of first use of alcohol, tobacco or drugs by instilling a negative attitude toward substance use, increasing individual protective characteristics and healthy beliefs.	\$22,879
Child and Family Services of Eastern Virginia	Cities of Portsmouth, Norfolk, and Chesapeake	Three elementary schools are receiving the Families and Schools Together (FAST) program for at-risk children and families to reduce substance abuse and violence. Whole families participate in an 8-week program of group activities aimed at enhancing family functioning, improving child behavior, and decreasing stress and isolation. These sessions are followed by monthly support meetings called FASTWORKS.	\$49,900
Dinwiddie County Department of Comprehensive Services	Dinwiddie County	Dinwiddie is completing a needs assessment including: a youth survey, social indicator data, stakeholder input and a prevention resource inventory. The resulting comprehensive report will be distributed throughout the community.	\$8,093
Eastern Virginia Medical School	City of Portsmouth	The Second Step to Success curriculum is being implemented in 21 high-risk kindergarten classrooms to decrease the risk of early and persistent antisocial behavior and lack of commitment to school while establishing clear behavioral standards and enabling children to acquire key social competence.	\$49,965
Employment Resources, Incorporated	City of Fredericksburg, and Counties of Caroline, Fauquier, King	Community of Caring is a whole-school, comprehensive, research-based character education program with a unique focus on students with disabilities. The goal of the program is to improve school attendance and academic performance, to create a safer school environment, to foster acceptance of diversity, and to reduce	\$48,836

Award Recipient	Localities Served	Project Highlights (2005 - 2006)	Award Amount
	George, Lancaster, Northumberland, Richmond, Spotsylvania, Stafford and Westmoreland	tobacco, drug and alcohol use.	
Falls Church Public Schools	Statewide	Falls Church Public Schools is working with the Virginia Youth Violence Project, of the University of Virginia, in assessing needs and providing recommendations to key stakeholders and policymakers in each school division in Virginia to provide a common framework for evaluating the status of their Student Assistance Programs and their capacity to meet the needs of underserved youth.	\$ 14,975
Family Service of Roanoke Valley	City of Roanoke and Roanoke County	The Leadership and Resiliency Program continues to be implemented, reaching 95 high-risk middle and high school youth in both school-based and after-school settings. The program builds resiliency through service learning and adventure/team building experiences to reduce substance abuse, disciplinary problems and school failure.	\$37,500
Halifax County Public Schools	Halifax County	The Olweus Bullying Prevention Program addresses bullying at the individual, classroom, school-wide, and community levels. Year two activities and strategies are building upon the success of year one. School personnel have been trained and will continue to receive direct support from the Olweus trainers on staff. New staff will be trained according to the Olweus model. The program's goals are to: increase awareness of bullying problems, continue to provide a safe environment for learning while improving relationship skills in students in grades K – 8.	\$31,565
Horizons Unlimited Youth and Family Development, Inc.	City of Newport News	At-risk eighth graders at Dunbar-Irwin School are participating in the Fairfax Leadership and Resiliency Program to reduce early use of alcohol, tobacco, and other drugs. Protective factors are enhanced through in-school small group meetings, monthly adventure trips and community volunteer experiences.	\$50,000
Mount Rogers Community Services Board	Wythe County	Mount Rogers CSB is completing a needs assessment including: a youth survey, social indicator data, stakeholder input and a prevention resource inventory. The resulting comprehensive report will be distributed throughout the community.	\$14,580
New River Valley Community Services	Pulaski County	Kids' Connection is being implemented in all six Pulaski County elementary schools for approximately 120 targeted fourth and fifth grade students. The intended outcomes of Kids' Connection are to improve academic performance, decrease absenteeism and/or disciplinary incidents by improving participants' social skills and attitudes to avoid substance use.	\$36,611
Portsmouth Community Foundation/Coalition for Youth	City of Portsmouth	The Portsmouth Coalition for Youth will administer the Centers for Disease Control's Youth Risk Behavior Survey to approximately 2500 students in grades six through twelve. Results of the survey will be analyzed and used to update a Comprehensive Prevention Plan.	\$15,000
Shenandoah Valley Juvenile Detention Center	Youth throughout the Commonwealth	The Shenandoah Valley Juvenile Detention Center is implementing the Residential Student Assistance Program (RSAP), an evidence-based substance abuse program for juveniles in residential facilities. The RSAP program includes: prevention education, assessment, group and individual counseling, and referral and consultation. The program targets high-risk, state-committed juveniles receiving treatment at the facility. The project's major goal is to eliminate	\$31,275

Award Recipient	Localities Served	Project Highlights (2005 - 2006)	Award Amount
		substance abuse-related arrests within one year of release from the program. Additionally, it is anticipated that participants will demonstrate improvement in social competency, self-efficacy and sense of mastery, and show a reduction in favorable attitudes toward substance abuse.	
Substance Abuse Free Environment Inc. (SAFE)	Chesterfield County	SAFE is completing a needs assessment including: a youth survey, social indicator data, stakeholder input and a prevention resource inventory. The resulting comprehensive report will be distributed throughout the community.	\$15,000
Twin County Prevention Coalition	Grayson County	The Twin County prevention Coalition is completing a needs assessment including: a youth survey, social indicator data, stakeholder input and a prevention resource inventory. The resulting comprehensive report will be distributed throughout the community.	\$14,973
The University of Virginia	Albemarle County	The Olweus Bullying Prevention Program is being implemented at Burley Middle School, as a model for other middle schools in Albemarle County. The Olweus program involves school-wide, classroom and individual interventions to: (1) Reduce the number of students identified as victims of physical, verbal, and social bullying; (2) Reduce the number of students engaged in physical, verbal, and social bullying of others; (3) Increase the number of students who are willing to seek help from school staff for bullying; (4) Reduce the number of students who endorse attitudes that are conducive to bullying; (5) Reduce the number of students receiving disciplinary violations for bullying and related peer misbehavior such as fighting, threatening, and teasing. Outcomes are being measured at the beginning and end of the school year, using self-report surveys, peer reports, and disciplinary records.	\$49,823
West Point Public Schools	West Point Elementary School students and their parents	West Point public schools are implementing the evidence-based Too Good For Drugs curriculum, in grades K-5, to decrease the reported use of alcohol, inhalants, and cigarettes. The program focuses on five primary skills: goal setting, decision-making, bonding with others, identifying and managing emotions, and communicating effectively. It includes an after-school component to strengthen the concepts taught during the school day. A parental training component empowers parents, involves them in the drug prevention program, and develops their awareness of alcohol and drug abuse issues.	\$37,500
Wise County Public Schools	Wise County	The Wise Choices project is being implemented with students who have been suspended for violence or substance abuse, or who have been truant from Powell Valley schools. The goals of the program are to reduce suspensions and improve attendance. Students and their parents will be guided through the computer-based Parenting Wisely program that teaches appropriate parenting skills and behavior. Pre- and post-tests are given to assess knowledge gained. Follow-up sessions are performed in the home and at school and focus on short-term mental health counseling, substance abuse counseling, and referrals to outside agencies according to the students' and families' needs.	\$25,942
TOTAL			\$630,795

APPENDIX C.

YOUTH ALCOHOL AND DRUG ABUSE PREVENTION PROJECT (YADAPP) 2005 TEAMS

YADAPP 2005 Teams (Total = 90)	
Alleghany High School	Marion Senior High School
Armstrong High School	Matoaca High School
Atlee High School	Menchville High School
Bluestone High School	Middlesex High School
Buckingham County High School	Midlothian High School
Cave Spring High School (2 Teams)	Monacan High School
Chancellor High School	Nansemond River High School
Charles City High School	Nansemond Suffolk Academy
Churchland High School (2 Teams)	New Kent Middle School/High School
Clover Hill High School	Northside High School
Colonial Heights High School	Nottoway High School
Denbigh High School	Open High School
Essex High School	Oscar Smith High School
Fairfax County CRS (8 Teams)	Parry McCluer High School (2 Teams)
Fairfax County Public Schools (2 Teams)	Piedmont Community Services (2 Teams)
Floyd County High School	Powhatan High School
Franklin Military High School	Prince William County Office on Youth
Freedom High School	Rappahannock High School (Richmond County)
Garfield High School (2 Teams)	Region Ten CSB - Team 1
George Wythe High School	Region Ten CSB - Team 2
Graham High School	Richmond Community High School
Granby High School	Robert E. Lee High School
Great Bridge High School	Stafford High School
Greensville High School (3 Teams)	Surry County Public Schools
Henrico High School	Thomas Dale High School
Henrico Mental Health	VA Beach Youth Leaders in Action (2 Teams)
Heritage High School	Varina High School (2 Teams)
Hidden Valley High School	Virginia High School
James River High School (Botetourt County)	Warwick High School
James River High School (Chesterfield County)	West Point High School
John Marshall High School	William Fleming High School
JR Tucker High School (2 Teams)	Woodside High School
King's Fork High School	
L.C. Bird High School	
Lakeland High School	
Lord Botetourt High School	
Loudoun County Public Schools (4 Teams)	

