



Annual Report

COMMONWEALTH OF VIRGINIA
2006



COMMONWEALTH of VIRGINIA

Office of the Governor

John W. Marshall
Secretary of Public Safety

Marilyn P. Harris
Director
Substance Abuse Prevention

December 1, 2006

General Assembly of Virginia
Capitol Square
Richmond, Virginia

Dear Members of the General Assembly:

The Governor's Office for Substance Abuse Prevention (GOSAP) is pleased to provide this report in accordance with §2.2-118, *Code of Virginia*. Consistent with its statutory responsibilities, GOSAP has provided leadership in coordinating the prevention activities of the Commonwealth and ensuring that prevention efforts are more unified, more collaborative and more evidence-based.

In recent years, GOSAP has laid the foundation for a strong prevention infrastructure at the state level by organizing the GOSAP Collaborative, by achieving consensus around a cross-agency strategic plan for prevention and by establishing a uniform set of prevention principles and standards to which all state agencies with prevention responsibilities have agreed. We are very pleased to report that Governor Kaine, in Executive Directive 4 (2006), has formally established the GOSAP Collaborative and granted it numerous powers and duties that will further strengthen the Commonwealth's prevention infrastructure.

The Governor's Office for Substance Abuse Prevention looks forward to providing continued leadership and collaborative coordination of Virginia's prevention efforts. Thank you for your support of our vision, goals and objectives.

Sincerely,

A handwritten signature in black ink that reads "Marilyn P. Harris".

Marilyn P. Harris

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Executive Summary

In recent years, The Governor's Office for Substance Abuse Prevention (GOSAP) has laid the foundation for a strong prevention infrastructure at the state level by organizing the GOSAP Collaborative, by achieving consensus around a cross-agency strategic plan for prevention, and by developing a memorandum of agreement setting forth prevention principles and standards to which all 13 state agencies with prevention responsibilities agreed. This year, GOSAP is pleased to report that Governor Kaine formally established the GOSAP Collaborative in Executive Directive 4, signed on November 10, 2006. The GOSAP Collaborative has served as the primary vehicle for prevention system planning and collaborative decision-making at the state level since 2002. In Executive Directive 4, the Collaborative is formally granted numerous powers and duties in three areas: 1) collaboration to enhance prevention capacity, improve efficiency and produce results; 2) infrastructure to sustain and integrate prevention into practice, and 3) data to target resources and monitor results.

Prevention Comes First is Governor Kaine's multi-component prevention initiative to promote the positive development of Virginia's youth by addressing the risk factors that lead to adolescent problem behaviors. *Prevention Comes First* is designed to coordinate the prevention activities of law enforcement, educators, state and local prevention professionals and families throughout the Commonwealth, and features interagency collaboration, opportunities for youth, public awareness, training and tools for communities. Under this initiative, the following accomplishments have been achieved:

- Virginia's Interagency Anti-Gang Workgroup has coordinated anti-gang activities at the state level and provided support to communities in their gang prevention efforts.
- Opportunities for positive youth development have been provided through the Youth Alcohol and Drug Abuse Prevention Project summer youth leadership conference. Beginning in December 2006, the Governor's Youth Community Service and Civic Engagement Program will provide mini-grants to localities to engage youth at risk for gang involvement in meaningful service to their communities.
- Public awareness and training have been provided through:
 - gang awareness public service announcements in both English and Spanish that have been broadcast throughout Virginia;
 - development of prevention training and dissemination of prevention materials through the Virginia Mentoring Partnership;
 - Twenty-six one-day gang prevention workshops provided at no cost to over 1,000 school personnel, law enforcement, juvenile justice workers, social services personnel and other interested professionals across Virginia; and,
 - training for over 400 educators, law enforcement officers and community prevention professionals to strengthen the capacity of schools and communities to use school discipline crime and violence data for school safety and prevention program planning.

- The Virginia Community Profile Database, a one-stop, web-based, interactive tool available via the GOSAP website, provides easy access to a variety of community-level data and prevention resources for use in conducting community needs assessments, targeting resources and planning programs and services.

GOSAP has also supported numerous prevention efforts in communities by providing valuable informational resources and prevention grant programs.

- The GOSAP website (www.gosap.virginia.gov) continues to serve as the GOSAP Collaborative's central clearinghouse for prevention information, resources and best practice information.
- Governor's Safe and Drug-Free Schools and Communities Act grants have increased data-driven prevention planning and the use of evidence-based programming throughout Virginia. For 2006-07, grants have been awarded to 21 projects to support youth substance abuse and violence prevention efforts in more than 35 Virginia communities. Evaluations of projects funded in 2005-06 have provided strong evidence of effectiveness.
- Governor's Protect and Respect Intergenerational grants allowed 12 community, faith-based, school and senior service organizations to implement intergenerational projects that involved youth working together with seniors to improve the overall safety environment for both. Over the course of this three-year program, over 250 youth were matched with senior mentors and over 400 youths were involved with crime prevention activities benefiting themselves and seniors.

Consistent with its statutory responsibilities and Governor Kaine's Executive Directive, and building upon substantive recent achievements, GOSAP will continue to provide leadership and coordination of the Commonwealth's prevention activities. The powers and duties granted to the GOSAP Collaborative in the Governor's Executive Directive 4 (2006) provide the primary blueprint for future action. In addition to the activities specified in Executive Directive 4, GOSAP will continue to focus on building local prevention capacity and supporting local prevention efforts through training, informational resources and tools and prevention grant programs.

Report of Activities of the Governor's Office for Substance Abuse Prevention

Statutory Authority

The Governor's Office for Substance Abuse Prevention (GOSAP) is authorized under §2.2-118, *Code of Virginia*, enacted by the 2000 Virginia General Assembly. This annual report of activities is submitted in accordance with statutory requirements.

The statute sets forth the responsibility of the Governor "to administer the substance abuse prevention program within the Commonwealth and to authorize, direct and coordinate activities of agencies within the Commonwealth in such program." The statute further specifies that "the Governor shall cooperate with federal, state and local agencies, private and public agencies, interested organizations and individuals in order to prevent substance abuse within the Commonwealth." GOSAP's responsibilities are "to assist in the coordination of substance abuse prevention activities of the Commonwealth, review substance abuse prevention expenditures by agencies of the Commonwealth and determine the direction and appropriateness of such expenditures."

In addition to its responsibilities of the coordination of substance abuse prevention activities at the state level, GOSAP administers grant programs that support local community prevention efforts. The ongoing Governor's Safe and Drug-Free Schools and Communities Program supports community efforts to prevent youth substance abuse and violence. The Governor's Protect and Respect Intergenerational Program has supported mentoring and crime prevention programs that brought youth and seniors together to improve the well-being of both. Beginning in December 2006, the Governor's Youth Community Service and Civic Engagement Program will support local efforts to engage youth at risk for gang involvement in meaningful service to their communities.

GOSAP Organization and Operation

The Governor's Office for Substance Abuse Prevention is located in the Office of the Secretary of Public Safety, where it operates as a separate entity but utilizes available research and technology resources. The location provides enhanced visibility and support for prevention strategies and emphasizes the important role of substance abuse prevention in the Commonwealth's overall public safety mission. Marilyn P. Harris serves as GOSAP Director and Deputy Secretary of Public Safety. The GOSAP office location and contact information are:

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Results Through Collaboration: The GOSAP Collaborative

The GOSAP Collaborative (Collaborative) has served as the primary vehicle for prevention system planning and collaborative decision-making at the state level since 2002. GOSAP is pleased to report that Governor Kaine formally established the Collaborative in Executive Directive 4 (2006), signed on November 10, 2006. Recognizing the Collaborative's significant accomplishments, the Governor granted the Collaborative the following powers and duties:

Collaboration to enhance capacity, improve efficiency and produce results:

- Advise the Governor and his Cabinet on proposed policy and operational changes to facilitate interagency communication and collaboration in planning, implementing and monitoring prevention-related programs, services and strategies between state, local, public and private entities.
- Coordinate strategic planning efforts and initiatives to minimize duplication of effort and resources, to model interagency/inter-initiative collaboration and to work towards a seamless continuum of programs, services and strategies accessible to all Virginians.
- Develop and implement prevention planning and management standards to encourage communities to do one comprehensive community plan, reduce local duplication of effort and simplify funding application procedures.
- Maintain GOSAP's website to encourage and facilitate wider use of programs and practices proven effective by research, to promote related training opportunities and to disseminate prevention-related information throughout the Commonwealth.

Infrastructure to sustain and integrate prevention into practice:

- Prioritize, coordinate and leverage Virginia's existing prevention resources to improve efficiency.
- Identify gaps in resources and recommend strategies to sustain prevention efforts, activities and initiatives throughout the Commonwealth.
- Examine other issues and make recommendations for related policy, initiatives and resources as may seem appropriate.

Data to target resources and monitor results:

- Collect, compile and disseminate data on the consequences, incidence and prevalence of preventable problem behaviors. The data shall be used, at both state and community levels, to allocate resources, plan programs, services and strategies and monitor community-level change.
- Coordinate similar new and existing data collection and dissemination efforts to minimize duplication of effort and resources.
- Research and determine the feasibility of a statewide survey of youth to monitor attitudes, perceptions and behaviors that contribute to the health and well-being of Virginia's youth, families, schools and communities.

Executive Directive 4 names the GOSAP Director as Chair of the Collaborative and requires all agencies in the Commonwealth to “cooperate fully with the Collaborative, providing all such information, data, and other support requested.” The Collaborative is required to report to the Governor annually, by October 30, through the Secretary of Public Safety, its activities, barriers, progress and achievements towards developing and implementing the Commonwealth’s prevention infrastructure. Additionally, the report is required to include recommendations to overcome barriers and to fully implement and sustain a prevention infrastructure in the Commonwealth.

The Collaborative membership is composed of key leadership representatives from agencies and organizations responsible for prevention throughout the Commonwealth, including: the Departments of Alcoholic Beverage Control, Criminal Justice Services, Education, Fire Programs, Health, Juvenile Justice, Mental Health, Mental Retardation and Substance Abuse Services, Motor Vehicles, Social Services, the Virginia State Police, the Virginia National Guard and the Virginia Tobacco Settlement Foundation. Additional members may be appointed at the Governor’s discretion.

Formalizing Prevention Principles and Standards

Consistent with its leadership role, the Collaborative has been instrumental in implementing Virginia’s plan for prevention and in establishing a more formal prevention infrastructure. Central to Virginia’s prevention infrastructure is a comprehensive, cross-agency prevention memorandum of agreement (MOA) signed by all 13 state agencies and organizations that have responsibility for prevention in Virginia. The MOA formalizes the cross-agency agreement to a uniform set of prevention principles and standards and continued support for a more unified, collaborative, and evidence-based approach to prevention. The signing of this MOA is significant because it is the first time that all state-level agencies and organizations have signed a prevention MOA and because the MOA has provided a framework for continued state-level collaboration. Virginia’s Prevention MOA is posted on the GOSAP website.

Prevention Comes First

Prevention Comes First is Governor Kaine’s initiative to promote the positive development of Virginia’s youth by addressing the risk and protective factors that lead to adolescent problem behaviors. *Prevention Comes First* is designed to coordinate the prevention activities of law enforcement, educators, state and local prevention professionals, and families throughout the Commonwealth. The initiative features interagency collaboration, opportunities for youth, public awareness and training, and tools for communities. Each component of the initiative is being evaluated for effectiveness and outcomes. Components of *Prevention Comes First* have achieved the following:



Collaboration: Virginia's Interagency Anti-Gang Workgroup

Virginia's Interagency Anti-Gang Workgroup has coordinated anti-gang activities at the state level and provided support to communities in their gang prevention efforts. Initially formed in January 2003 to share information and coordinate efforts among agencies under the Public Safety Secretariat, the Governor formalized the Workgroup, its mission, and its composition through Executive Order 15. The Workgroup's mission is to cultivate strong collaboration; prioritize, coordinate, and leverage prevention resources; encourage and facilitate wider use of proven prevention programs and strategies; provide training and tools to assist state and local prevention professionals, service providers, and the faith community in assessing needs, targeting resources, and planning services for youth and families; disseminate information on gangs to citizens of the Commonwealth. Directed by the Secretary of Public Safety, the workgroup is comprised of representatives from the: Commonwealth's Attorneys' Services Council; Departments of Correctional Education; Corrections; Criminal Justice Services; Education; Health; Juvenile Justice; Mental Health, Mental Retardation, and Substance Abuse Services; Social Services; Virginia State Police; Governor's Office for Substance Abuse Prevention; Office of the Attorney General; Virginia Association of Commonwealth's Attorneys'; the Richmond Behavioral Authority; the Virginia Association of Chiefs of Police; Virginia Sheriffs' Association; and Virginia Commonwealth University's Center for School-Community Collaboration.

Opportunities for Youth Development

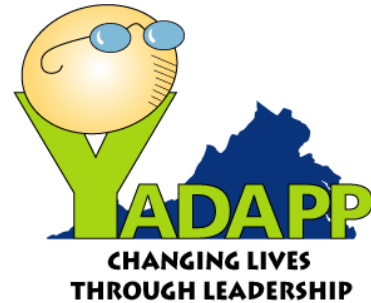
Prevention Comes First opportunities for youth include the Governor's Youth Community Service and Civic Engagement Program and the Youth Alcohol and Drug Abuse Prevention Project (YADAPP).

The Governor's Youth Community Service and Civic Engagement Program

Through the Governor's Youth Community Service and Civic Engagement Program, GOSAP and Department of Criminal Justice Services are providing competitive mini-grants of up to \$10,000 to localities that engage youth who are at risk for gang involvement with opportunities to perform meaningful service to their communities. Funded projects will use a positive youth development approach to prevention that views youth as resources to their communities. Members of the Interagency Anti-Gang Workgroup have reviewed applications and will be announced at the prevention conference on December 11, 2006. A cross-site evaluation of programs will assess the effectiveness of programs in engaging youth and in promoting positive youth development.

Youth Alcohol and Drug Abuse Prevention Project (YADAPP)

GOSAP is pleased to continue its support of the Youth Alcohol and Drug Abuse Prevention Project (YADAPP) which held its 22nd annual summer leadership conference at Longwood University on July 24-28, 2006. Participating in the YADAPP conference were 105 school and community teams composed of four rising 10th-, 11th-, and 12th- graders and an adult sponsor, as well as 40 youth leaders, 30 junior staff members and more than 30 adult conference staff, resource officers and workshop presenters. A focal point of each year's conference is action planning by teams to develop Strategies to Act Now (STAN) plans for implementing youth-led substance abuse and violence prevention projects in their home schools and communities. At the conclusion of the conference, mini-grants in the amount of \$250 were awarded to the 22 teams that showed exemplary planning skills, teamwork, dedication and the potential to implement a successful plan upon their arrival home from the conference. The official YADAPP website (www.yadapp.com) contains not only basic information about YADAPP but also numerous photographs and a "Youth Speak" section with participant testimonials. The 2006 YADAPP teams are listed in Appendix D.



Public Awareness and Training

Prevention Comes First Prevention Conference and Joint Leadership Summit

GOSAP has organized the fourth annual statewide prevention conference to be held in Richmond on December 11, 2006. A capacity audience of over 500 community leaders is expected to attend. Governor Kaine, Attorney General Bob McDonnell, and U.S. Attorneys Chuck Rosenberg and John Brownlee will be hosting a Joint Leadership Summit on Preventing and Fighting Gang Violence. The conference will feature an opening address by Dr. Nora D. Volkow, Director of the National Institute on Drug Abuse, and numerous concurrent workshops, roundtables, and exhibits. Also joining GOSAP and the Collaborative in sponsoring this statewide conference are the Community Builders Network, the Virginia Association of Community Services Boards (CSB) Prevention Council, the Interagency Anti-Gang Workgroup and Office at the Attorney General (OAG).

Gang Awareness Program

Gang awareness public service announcements have been produced in both English and Spanish and distributed in both video and audio versions to radio and television stations throughout the Commonwealth. The message targets youth with a very strong anti-gang message about the risks of gang involvement. Through a grant from the Department of Criminal Justice Services, Virginia State Police purchased broadcast time on cable television and targeted radio stations in the Hampton Roads, Richmond, Roanoke, and Northern Virginia areas. Copies of the announcements have been requested by and

provided to numerous local law enforcement agencies throughout Virginia. Video and audio versions are available on the GOSAP website at www.gosap.virginia.gov.

A second component of the gang awareness program being undertaken by the Virginia State Police involves training over 125 State Police Crime Prevention specialists in gang awareness and prevention strategies. Trained Specialists will receive a variety of awareness and prevention materials to use in their prevention activities.

Safety Matters in Mentoring

The Virginia Mentoring Partnership (VMP), in collaboration with GOSAP, has created a youth violence, gang involvement and substance abuse prevention training module and resource supplement for distribution to all mentor/tutor program providers in the VMP network. VMP has also provided GOSAP prevention resource materials to over 1,800 mentors/tutors in 130 training sessions throughout the Commonwealth. Research has shown that youth who have formed a bond with at least one positive role model are less likely to participate in gangs and engage in other adolescent problem behaviors.

Gang Prevention Education Workshops

GOSAP, in collaboration with the Virginia Department of Education, with funding from a Department of Criminal Justice Services grant, provided one-day gang prevention workshops at no cost to over 1,000 school personnel, law enforcement, juvenile justice workers, social services personnel and other interested professionals across Virginia. Twenty-six workshops were held in 11 localities between December 2005 and October 2006. The training presents research on, and strategies for addressing, risk factors that place youth at-risk for gang activity and other problem behaviors. Feedback from nearly 800 participants was positive across all items assessing workshop effectiveness, quality, and value. Positive ratings were supported by hundreds of comments attesting to the value of the training and describing how what was learned would be used to improve prevention practice. Participants reported that they found the workshops to be not only informative but also “energizing,” and that they left workshops with useful information, broader perspectives on gang prevention and renewed commitment to improve collaboration with others. A follow-up survey confirmed increases in participant involvement in gang prevention efforts, improvements in community gang prevention efforts and increases in the use of the research-based risk/protective factor framework in gang prevention planning and programming.

Prevention Through Information (PTI-VA)

Prevention Through Information (PTI-VA) is an initiative designed to strengthen the capacity of schools and communities to use school discipline, crime, and violence data for school safety and prevention program planning. Over 400 educators, school resource officers, and other prevention professionals were trained in 20 PTI-VA data

collection and data-use workshops conducted between February and August 2006. Data collection workshops focused on approaches to ensure data accuracy, validity and



reliability and on appropriate classification of incidents and reporting of disciplinary actions. Data collection workshops focus on the use of data for school and community-based prevention program management, including assessing needs, planning programming and monitoring and reporting progress. At least 16 additional workshops are planned during the 2006-07 school year.

A major component of PTI-VA involves making information about school discipline, crime and violence data more transparent and accessible. Soon, parents and other citizens will have online access to such data through the Safe Schools Information Resource (SSIR). Using SSIR and the Community Profile Database (described below), Virginia communities will have user-friendly online access to important data required for assessing needs and addressing youth substance abuse, violence and other problem behaviors.

Tools for Communities

The Community Profile Database

The Virginia Community Profile Database is a one-stop, web-based, interactive tool that provides easy access to a variety of community-level data and prevention resources. It can assist state and local prevention professionals, service providers and other community organizations in assessing prevention needs, targeting resources and planning services for youth and families to combat substance abuse, violence and other problem behaviors. The Community Profile Database can be accessed via the GOSAP website at www.gosap.virginia.gov.

Already recognized with a national “Best of the Web” award for innovation, the database provides:

- community planners with consistent, easily accessible data to help them assess local needs;
- both public and private organizations with uniform, comparable data to use in developing grant applications;
- objective data for use in benchmarking and monitoring progress toward achieving targeted outcomes;
- community risk factors by age group, race/ethnic group, gender, city or county, and zip code (where available);
- resources for addressing gang problems, including information on evidence-based programs serving Virginia’s youth and families, links to best practices for addressing gang problems, links to network with other people involved in gang prevention and early intervention activities; and
- training opportunities to instruct individuals how to use the database.

The Community Profile Database continues to be enhanced to generate more pre-formatted reports, graphs, and maps, to link to related resources and to identify evidence-based programs.

Supporting Virginia Communities

In addition to providing leadership to the Collaborative and facilitating multiple *Prevention Comes First* activities, GOSAP has supported numerous local prevention efforts by providing valuable informational resources and prevention grants to communities.

Prevention Resources

The GOSAP Website: A Virginia Prevention Information Clearinghouse

The GOSAP website (www.gosap.virginia.gov) continues to serve as the Collaborative's central clearinghouse for prevention information, resources and best practice information. The site features direct links to all Collaborative member agencies, a calendar of Virginia prevention events and training opportunities, information on funding resources and proven programs, a resource library, and access to the Community Profile Database. Available for download from the website are ***Gaining Traction: A Substance Abuse Prevention Plan for Virginia's Youth***, Virginia's cross-agency plan for substance abuse prevention that was released in November 2003 and ***Touching Down at Mid-Way: A Mid-Term Progress Report***, a June 2005 report summarizing progress made toward achieving goals and objectives set forth in the 2003 plan. The resource most frequently downloaded from the GOSAP website continues to be ***Our Common Language: A Quick Guide to Prevention Terminology in Virginia***, a "primer" on basic prevention terms, concepts and principles, as well as key sources of more in-depth information. This publication has enhanced understanding within the Virginia prevention community and improved communication with the broader public.

Safe and Drug-Free Schools and Communities Program

The Safe and Drug-Free Schools and Communities Act of 2001 (SDFSCA) is Title IV of the *No Child Left Behind Act of 2001* (NCLB). Under NCLB, a strong emphasis is placed upon well-coordinated, SDFSCA-funded program activities between each state's principal education agency and the Office of the Governor. GOSAP has worked in partnership with the Virginia Department of Education to develop the SDFSCA portion of Virginia's consolidated application for funding under NCLB.

In Virginia, the Governor's Safe and Drug-Free Schools and Communities Act grants have increased data-driven prevention planning and the use of evidence-based programming throughout Virginia. For 2006-07, grants have been awarded to 21 projects to support youth substance abuse and violence prevention efforts in more than 35 Virginia communities. Grants are awarded in four categories, with priority given to projects

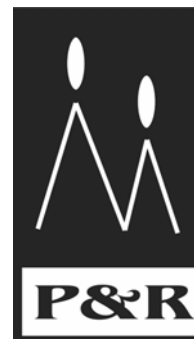
targeting youth at higher risk for substance abuse and other problem behaviors. Brief descriptions of funded projects and communities served are provided in Appendix B.

Assistance is provided to prospective grantees through regional workshops conducted each spring. The workshops focus on requirements for being awarded one of the competitive grants and on effective strategies for developing grant proposals. Grantees are provided with an orientation, networking sessions and ongoing technical assistance to help them successfully implement their projects. Grants management and technical assistance services are provided through the Center for School-Community Collaboration at Virginia Commonwealth University. A cross-site evaluation designed to assess implementation and collect data on project-specific outcomes has been implemented.

Evaluations of projects funded in 2005-06 provided strong evidence of effectiveness: seven communities completed comprehensive prevention needs assessment; all the remaining projects implemented evidence-based programs with six projects targeting youth at elevated risk for substance abuse and other problem behaviors. Outcomes reported included reductions in use of alcohol, tobacco, and other drugs and improvements in self-respect, capacity to deal with feelings, get along with others, pro-social attitudes and sense of purpose. Prevention education and services were provided to over 12,000 youth and over 1,000 parents.

Protect & Respect Grant Program

At the end of October 2006, 12 community, faith-based, school, and senior service organizations completed their three-year intergenerational projects that involved youth working together with seniors. Six of the projects involved intergenerational mentoring of youth by mentors 55 years of age and older and six of the projects involved youth learning about crime prevention and working with older citizens to plan and implement crime prevention activities to benefit seniors. Over the course of this three-year program, over 250 youth were matched with senior mentors and over 400 youths were involved with crime prevention activities.



There is strong evidence from the cross-site program evaluation that both the crime prevention programs and the mentoring programs achieved positive outcomes for both seniors and youths. In crime prevention programs:

- Knowledge of the risks of crime and ways to prevent crime increased in both youth and senior participants.
- Among youth participants, the program increased their sense of social responsibility, including bonding to school, feeling more capable of and responsible for improving their community, and holding stronger views against lawbreaking. Programs also increased youth awareness and knowledge of problems and issues addressed by crime prevention projects.

- Crime prevention projects reduced stereotypes or misperceptions about youth and seniors and reduced seniors' fear/suspension of youth.

In mentoring programs:

- Mentee grades, school attendance and other behaviors improved.
- Mentors and parents reported strong positive changes in youth mentees.
- All mentors found the experience of mentoring to be personally rewarding.

It is clear that through the Protect and Respect grants, youth and seniors learned and worked together and, most importantly, "connected" in ways that enriched the lives of both. Brief descriptions of funded projects are provided in Appendix C.

Future Direction

Executive Directive 4: Blueprint for Action

Consistent with its statutory responsibilities and Governor Kaine's Executive Directive, and building upon substantive recent achievements, GOSAP will continue to provide leadership and coordination for the Commonwealth's prevention activities. The powers and duties granted to the Collaborative in Executive Directive 4 (2006) provide the primary blueprint for future action. The Collaborative met within days of the Executive Directive being issued and members have already organized three workgroups and developed preliminary work plans. In the upcoming year, GOSAP will provide leadership for activities in three areas of powers and duties set forth in Executive Directive 4: 1) collaboration to enhance prevention capacity, improve efficiency, and produce results; 2) infrastructure to integrate prevention into practice; and 3) data to target resources and monitor results.

Collaboration to enhance capacity, improve efficiency and produce results:

Consistent with Executive Directive 4 and building upon the framework established by the cross agency MOA, GOSAP will provide leadership for the development and implementation of prevention planning and management standards that encourage communities to do a single comprehensive community plan, reduce local duplication of effort and simplify funding application procedures. The Collaborative will encourage and facilitate wider use of programs and practices proven effective by research, to promote related training opportunities and to disseminate prevention-related information throughout the Commonwealth by maintaining the GOSAP website as Virginia's central prevention information clearinghouse. GOSAP will continue to provide leadership to coordinate strategic planning efforts and initiatives to minimize duplication of effort and resources, to model interagency/inter-initiative collaboration and to work towards a seamless continuum of programs, services and strategies accessible to all Virginians. Finally, the Collaborative will advise the Governor and his Cabinet on proposed policy and operational changes to facilitate interagency communication and collaboration in planning, implementing and monitoring prevention-related programs, services and strategies between state, local, public and private entities.

Infrastructure to sustain and integrate prevention into practice:

Consistent with Executive Directive 4, GOSAP will provide leadership as the Collaborative prioritizes, coordinates and leverages Virginia's existing prevention resources to improve efficiency. Gaps in resources will be identified and strategies will be recommended to sustain prevention efforts, activities and initiatives throughout the Commonwealth. Other related issues will be examined and recommendations will be made for appropriate policy, initiatives and resources.

Data to target resources and monitor results:

Consistent with Executive Directive 4 and building upon current Collaborative efforts, GOSAP will provide leadership in collecting, compiling, and disseminating data on the consequences, incidence, and prevalence of preventable problem behaviors. GOSAP will also provide leadership in coordinating new and existing data collection and dissemination efforts to minimize duplication of effort and resources. The data will be used at both the state and community levels to allocate resources, plan programs, services and strategies, and monitor community-level change. Finally, GOSAP will coordinate Collaborative activities to research and determine the feasibility of a statewide survey of youth to monitor attitudes, perceptions and behaviors that contribute to the health and well-being of Virginia's youth, families, schools and communities.

Continuing to Build Capacity and Support Local Prevention Efforts

In addition to providing leadership for the activities specified in Executive Directive 4, GOSAP will continue to focus on building local prevention capacity and supporting local prevention efforts.

- Building upon strengthened collaborative relationships with local prevention coalitions and professionals, including the Community Builders Network, the Virginia CSB Prevention Task Force, the Interagency Anti-Gang Workgroup, and others, GOSAP will pursue additional opportunities to strengthen Virginia's prevention infrastructure at the local level.
- Valuable tools and informational resources developed over the past two years (i.e., the Community Profile Database and the GOSAP website) will continue to be made available, and will be further refined and improved to ensure that they reflect cutting-edge science and meet identified needs.
- GOSAP will continue to administer the Governor's Safe and Drug-Free Schools and Communities Program and, beginning in December 2006, in collaboration with the Department of Criminal Justice Services, the Governor's Youth Community Service and Civic Engagement Program.

- GOSAP will continue to support public awareness and training projects including a statewide prevention conference to provide opportunities for learning, skills development, and networking among members of Virginia’s prevention community; the Youth Alcohol and Drug Abuse Prevention Project summer youth leadership conference; and training in data-driven prevention planning for school and community professionals as part of the Prevention Through Information (PTI-VA) initiative.

GOSAP looks forward to providing continued leadership and collaborative coordination of Virginia’s prevention efforts at the state level and to supporting local prevention efforts through training and informational resources and prevention grant programs.

APPENDIX A. Governor Kaine's Executive Directive 4 (2006)

Establishing the Governor's Office For Substance Abuse Prevention (GOSAP) Collaborative

Importance of the Issue

Recognizing that prevention efforts would be more efficient and effective if coordinated, in 2002, the Governor's Office for Substance Abuse Prevention (GOSAP) brought together key leadership representatives from 13 state agencies and organizations responsible for prevention programming throughout the Commonwealth of Virginia to form the GOSAP Collaborative.

Since that time, this informal body has used its collective knowledge and experience to develop and provide numerous resources and tools that are critical to achieving meaningful, community-level change, not only in substance abuse, but throughout the spectrum of community well-being.

Establishing the Governor's Office for Substance Abuse Prevention Collaborative

In recognition of its significant and growing accomplishments, and to capitalize on its resources, knowledge base and existing momentum, I hereby establish the GOSAP Collaborative. The Collaborative shall consist of members, representing the thirteen agencies of the Commonwealth that have prevention responsibilities. Additional members may be appointed at the Governor's discretion. Those agencies include:

- Department of Alcoholic Beverage Control
- Department of Criminal Justice Services
- Department of Education
- Department of Fire Programs
- Department of Health
- Department of Juvenile Justice
- Department of Mental Health, Mental Retardation and Substance Abuse Services
- Department of Motor Vehicles
- Department of Social Services
- Governor's Office for Substance Abuse Prevention
- Virginia National Guard
- Virginia State Police
- Virginia Tobacco Settlement Foundation

The Director of GOSAP shall chair the Collaborative and staff support shall be provided by GOSAP and agencies of the Commonwealth that have prevention responsibilities and such other agencies as may be appropriate. All agencies of the Commonwealth shall cooperate fully with the Collaborative and provide all such information, data, and other support requested.

Duties of the GOSAP Collaborative

The Collaborative shall have the following powers and duties:

Collaboration to enhance capacity, improve efficiency and produce results:

- Advise the Governor and his Cabinet on proposed policy and operational changes to facilitate interagency communication and collaboration in planning, implementing and monitoring prevention-related programs, services and strategies between state, local, public and private entities.

- Coordinate strategic planning efforts and initiatives to minimize duplication of effort and resources, to model interagency/inter-initiative collaboration and to work towards a seamless continuum of programs, services and strategies accessible to all Virginians.
- Develop and implement prevention planning and management standards to encourage communities to do one comprehensive community plan, reduce local duplication of effort and simplify funding application procedures.
- Maintain GOSAP's website to encourage and facilitate wider use of programs and practices proven effective by research, to promote related training opportunities and to disseminate prevention-related information throughout the Commonwealth.

Infrastructure to sustain and integrate prevention into practice:

- Prioritize, coordinate and leverage Virginia's existing prevention resources to improve efficiency.
- Identify gaps in resources and recommend strategies to sustain prevention efforts, activities and initiatives throughout the Commonwealth.
- Examine other issues and make recommendations for related policy, initiatives and resources as may seem appropriate.

Data to target resources and monitor results:

- Collect, compile and disseminate data on the consequences, incidence and prevalence of preventable problem behaviors. The data shall be used, at both state and community levels, to allocate resources, plan programs, services and strategies, and monitor community-level change.
- Coordinate similar new and existing data collection and dissemination efforts to minimize duplication of effort and resources.
- Research and determine the feasibility of a statewide survey of youth to monitor attitudes, perceptions and behaviors that contribute to the health and well-being of Virginia's youth, families, schools and communities.

Report to the Governor

The GOSAP Collaborative shall report to the Governor annually, by October 30, through the Secretary of Public Safety, its activities, barriers, progress and achievements towards developing and implementing the Commonwealth's prevention infrastructure. Additionally, the report shall include recommendations to overcome barriers and to fully implement and sustain a prevention infrastructure in the Commonwealth.

Effective Date of the Executive Directive

This executive directive shall take effect upon signing and shall remain in full force and effect until June 30, 2010, unless amended or rescinded by further executive directive.

Given under my hand this 10th day of November, 2006.

Timothy M. Kaine, Governor

APPENDIX B.

**GOVERNOR’S SAFE AND DRUG-FREE SCHOOLS AND
COMMUNITIES ACT (SDFSCA) GRANT AWARDS,
2006-2007**

Award Recipient	Localities Served	Project Highlights (2006 - 2007)	Award Amount
Central Shenandoah Valley Office on Youth	Waynesboro, Staunton, and Augusta County	This project replicates two evidence-based programs for youth and families: 1) All Stars Core and 2) Families That Care: Guiding Good Choices (GGC). These programs fit well together, with All Stars serving middle school youth and GGC serving parents of youth in that age group. All Stars will be offered 2-3 times per year, serving at least 40 youth throughout a 28 week period. GGC will be offered 8 times a year, serving up to 96 parents, over a 40 week period. Both programs have proven to be effective in reducing youth substance use and violence, by increasing family and community bonding and positive social skills.	\$28,995
Alternatives, Inc.	Cities of Hampton and Newport News	The Rivermont Life Skills Project is implementing Project Towards No Tobacco Use and Project Towards No Drug Use with special needs students to reduce tobacco and other drug use. Students develop decision-making, communication and refusal skills to increase their self-efficacy and delay initiation or reduce their current use.	\$ 19,668
Child and Family Services of Eastern Virginia	Cities of Portsmouth, Norfolk, and Chesapeake	Three elementary schools are implementing the Families and Schools Together (FAST) program for at-risk children and families to reduce substance abuse and violence. Whole families participate in an 8-week program of group activities aimed at enhancing family functioning, improving child behavior, and decreasing stress and isolation. These sessions are followed by monthly support meetings called FASTWORKS.	\$37,500
Middle Peninsula - Northern Neck MP-NN CSB	Ten rural communities in the Middle Peninsula-Northern Neck Region of Virginia	The project will serve at least 750 - 6 th grade students in multiple schools throughout ten rural communities in the Middle Peninsula-Northern Neck Region of Virginia. Highly trained and experienced program facilitators will implement the evidence-based prevention program, the LifeSkills Training Program in schools throughout this rural region. There will be a total of 60 fifteen-week groups, and 900 individual sessions.	\$49,877
Family Service of Roanoke Valley	City of Roanoke and Roanoke County	The Leadership and Resiliency Program continues to be implemented, reaching 95 high-risk middle and high school youth in both school-based and after-school settings. The program builds resiliency through service learning and adventure/team building experiences to reduce substance abuse, disciplinary problems and school failure.	\$24,765
Halifax County Public Schools	Halifax County	The Olweus Bullying Prevention Program addresses bullying at the individual, classroom, school-wide, and community levels. Year two activities and strategies are building upon the success of year one. School personnel have been trained and will continue to receive direct support from the Olweus trainers on staff. New staff will be trained according to the Olweus model. The program’s goals are to: increase awareness of bullying problems, continue to provide a safe environment for learning while improving relationship skills in students in grades K – 8.	\$19,090

Award Recipient	Localities Served	Project Highlights (2006 - 2007)	Award Amount
Needs Assessment: Suspended and Expelled Youth	Chesterfield County	Chesterfield County has long been aware of the need for services to youth who have been suspended or expelled from school. The GOSAP grant will allow schools and other public agencies that provide services to youth to conduct a comprehensive needs assessment addressing the issue of students who have been suspended/expelled. The Partnership for Youth Task Force will offer advice on the project and assist with recommendations. Findings from the needs assessment will guide future school and community services for suspended and expelled youth.	\$13,795
New River Valley Community Services	Pulaski County	Kids' Connection is being implemented in all six Pulaski County elementary schools for approximately 120 targeted fourth and fifth grade students. The intended outcomes of Kids' Connection are to improve academic performance, decrease absenteeism and/or disciplinary incidents by improving participants' social skills and attitudes to avoid substance use.	\$27,500
Boys & Girls Clubs of Harrisonburg and Rockingham County	Harrisonburg and Rockingham County	Boys & Girls Clubs of Harrisonburg and Rockingham County will implement the Positive Action program with 550 elementary school youth between the ages of 5-11 who are at risk of ATOD use and violence in the Harrisonburg and Rockingham County area. An additional 1,200 parents or family members will be served through parent components of the program.	\$37,668
Montgomery County Public Schools	Montgomery County	Montgomery County Public Schools will implement the CSAP Model Program Project SUCCESS with suspended and expelled students in alternative placement at the Phoenix Center.	\$46,960
CLEAN, Inc.	Winchester and the Counties of Frederick and Clarke	CLEAN Inc., the substance abuse prevention coalition for the City of Winchester and Frederick and Clarke Counties, will continue efforts to reduce adolescent substance use and abuse by conducting a comprehensive Prevention Needs Assessment that will yield current and reliable data for use in prevention planning and for funding proposals.	\$14,879
Roanoke City's Leadership and Resiliency Program	Roanoke City Public Schools	Roanoke City Schools' Leadership and Resiliency Program will reach 30 Category I youth in 2006 – 2007 to enhance the students' community bonding and healthy beliefs, improving the risk factor of a low commitment to school, positive identity and social competency in order to reduce substance use, disciplinary problems and school failure. Ninth and tenth graders attending Noel C. Taylor Learning Academy will participate in weekly small group life skill sessions, service learning projects twice per month and monthly career exploration/adventure trips. Participating staff will be trained in replicating the Leadership and Resiliency Program model.	\$34,500
Alleghany Health District	Roanoke City	The Alleghany Health District will conduct a comprehensive community needs assessment of Roanoke City.	\$10,085
Alliance for Families and Children	Lynchburg and the Counties of Amherst and Campbell	The Alliance for Families and Children will provide services to the high-school alternative education population utilizing the Say It Straight (SIS) curriculum, implementing the program with approximately 80 youth in three alternative educational sites in Lynchburg City and Amherst and Campbell Counties. SIS is a research-based education and training program that results in empowering communication skills and behaviors, increased self-awareness, positive relationships, personal and social responsibility and decreased risky or destructive behaviors, such as alcohol, tobacco and other drug use and violence.	\$31,235
Page County Public Schools	Page County	Page County Public Schools will implement a violence prevention program in all five of its elementary schools using a research-based curriculum, Second Step. This program will be implemented in all 1 st	\$20,281

Award Recipient	Localities Served	Project Highlights (2006 - 2007)	Award Amount
		through 7 th grades by the school counselors with the classroom teachers and teacher assistants modeling the skills and vocabulary of the program throughout the school day. The goal of this program is to help the students successfully manage and resolve the conflicts with others.	
Shenandoah Valley Juvenile Detention Center	Youth are from multiple localities	The Shenandoah Valley Juvenile Detention Center is implementing the Residential Student Assistance Program (RSAP), an evidence-based substance abuse program for juveniles in residential facilities. The RSAP program includes: prevention education, assessment, group and individual counseling, and referral and consultation. The program targets high-risk, state-committed juveniles receiving treatment at the facility. The project's major goal is to eliminate substance abuse-related arrests within one year of release from the program. Additionally, it is anticipated that participants will demonstrate improvement in social competency, self-efficacy and sense of mastery, and show a reduction in favorable attitudes toward substance abuse.	\$20,800
Surry County	Surry County	The Surry Community Policy and Management Team will complete a prevention needs assessment of youth and families. Key leaders/agencies and organizations will collaborate in collecting, analyzing, and prioritizing social indicator data to develop programs for youth and their families based on the findings from the needs assessments. A comprehensive plan and prevention resource inventory will be developed and distributed to the community.	\$15,000
Twin County Prevention Coalition	Grayson County	The Twin County Prevention Coalition is completing a needs assessment focusing on Grayson County and including: a youth survey, social indicator data, stakeholder input and a prevention resource inventory. The resulting comprehensive report will be distributed throughout the community.	\$14,798
The University of Virginia	Albemarle County	The Olweus Bullying Prevention Program is being implemented at Burley Middle School, as a model for other middle schools in Albemarle County. The Olweus program involves school-wide, classroom and individual interventions to: (1) Reduce the number of students identified as victims of physical, verbal, and social bullying; (2) Reduce the number of students engaged in physical, verbal, and social bullying of others; (3) Increase the number of students who are willing to seek help from school staff for bullying; (4) Reduce the number of students who endorse attitudes that are conducive to bullying; (5) Reduce the number of students receiving disciplinary violations for bullying and related peer misbehavior such as fighting, threatening, and teasing. Outcomes are being measured at the beginning and end of the school year, using self-report surveys, peer reports, and disciplinary records.	\$31,047
West Point Public Schools	West Point	West Point Public Schools are implementing the evidence-based Too Good For Drugs curriculum, in grades K-5, to decrease the reported use of alcohol, inhalants, and cigarettes. The program focuses on five primary skills: goal setting, decision-making, bonding with others, identifying and managing emotions, and communicating effectively and includes an after-school component to strengthen the concepts taught during the school day. A parental training component empowers parents, involves them in the drug prevention program, and develops their awareness of alcohol and drug abuse issues.	\$25,000

Award Recipient	Localities Served	Project Highlights (2006 - 2007)	Award Amount
Wise County Public Schools	Wise County	The Wise Choices project is being implemented with students who have been suspended for violence or substance abuse, or who have been truant from Powell Valley schools. The goals of the program are to reduce suspensions and improve attendance. Students and their parents will be guided through the computer-based Parenting Wisely program that teaches appropriate parenting skills and behavior. Pre- and post-tests are given to assess knowledge gained. Follow-up sessions are performed in the home and at school and focus on short-term mental health counseling, substance abuse counseling, and referrals to outside agencies according to the students' and families' needs.	\$17,320
TOTAL			\$540,763

APPENDIX C.

PROTECT & RESPECT INTERGENERATIONAL GRANT AWARDS, YEAR 3

Award Recipient	Localities Served	Project Highlights (November 1, 2005 – October 31, 2006)	Award Amount
Intergenerational Mentoring Grants			
Warren County Community Health Coalition	Warren County	Across Ages Intergenerational Mentoring Program is enhancing, strengthening, and expanding the program developed during the first two years. In addition to the centerpiece of older adults mentoring youth ages 11 to 17, the program implements Across Ages, a model prevention program for life skills instruction.	\$37,500
Brighton's Solid Rock of Portsmouth	City of Portsmouth	Brighton's Solid Rock, Inc. (BSR, Inc.), a faith-based community organization, implements school and community-based mentoring programs through the Protect And Respect Our Community Project. These intergenerational mentoring programs pair seniors over the age of 55 with youth in elementary and middle school, are held in four community sites.	\$37,000
Big Brothers Big Sisters of Rappahannock	City of Fredericksburg, Stafford and King George Counties	The RBBBS Protect and Respect Intergenerational Project pairs and supports senior "Bigs" with youth "Littles." These pairs also may link with a homebound "Grand" to serve seniors who are especially vulnerable.	\$30,000
Big Brothers Big Sisters of Harrisonburg and Rockingham County	City of Harrisonburg and Rockingham County	The Golden Opportunity Project, an intergenerational mentoring program for at-risk children, offers three program options: community-based mentoring, school-based mentoring, and bi-monthly groups of one-to-one mentoring pairs at the Virginia Mennonite Retirement Community.	\$29,990
Big Brothers Big Sisters of Southwest Virginia	Cities of Roanoke, Radford and Salem, Counties of Roanoke, Montgomery and Pulaski	The Big Brothers Big Sisters of Southwest Virginia Older Virginians Mentoring Project supports the active matches made in during its first two years, while making additional matches. The project works in collaboration with the Pulaski Retired Seniors Volunteer Program (RSVP).	\$34,473
Grayson County Public Schools	Grayson County	The Protect and Respect - Alliances Inspiring Successful Education (PRAISE) program pairs mentors over the age of 55 with at-risk students in elementary and middle school settings.	\$37,000
Crime Prevention Activities Grants			
Prince William County Office on Youth	Cities of Manassas and Manassas Park and Prince William County	SEASONS is an intergenerational program that promotes positive youth development, crime prevention, and resiliency in teens by linking them to older adults. It uses the Teens, Crime and Communities curriculum to teach teens about crime prevention.	\$20,000
Appalachian Agency for Senior Citizens	Tazewell County	The Appalachian Agency for Senior Citizens implements a one-to-one mentoring program pairing students at Richlands High School with senior adults.	\$37,500
Family Service of Roanoke Valley	City of Roanoke and Roanoke County	Roanoke's Protect & Respect Intergenerational Crime Prevention Teen Outreach Program (TOP) implements the Youth as Resources model program to provide youth with on-going leadership and life skill development sessions. In addition, youth in these programs develop and implement	\$15,000

Award Recipient	Localities Served	Project Highlights (November 1, 2005 – October 31, 2006)	Award Amount
		crime prevention and safety projects for seniors in school-based, after-school and summer settings.	
Alliance for Families and Children	City of Lynchburg	The first year of the Protecting & Respecting Our Neighborhoods project delivered the Teens, Crime and Community (TCC) curriculum to high school-aged youth; then involved them in the design and implementation of crime prevention projects with seniors in the College Hill neighborhood. The second year involved Dunbar Middle School students and Diamond Hill seniors. The third year is focusing on youth and seniors in the White Rock Hill community.	\$9,750
Boys and Girls Club of Emporia/ Greenville	City of Emporia and Greenville County	The Teens And Seniors Against Crime Project delivers the Teens, Crime and Community curriculum to youth at the Boys & Girls Club. Students in this after-school program design crime prevention activities with seniors involved with the local Seniors and Law Enforcement Together (SALT) council, and seniors at the Trinity Woods Retirement Center.	\$10,628
Virginia Beach City Public Schools	City of Virginia Beach	At Plaza Middle School, a collaboration of professionals from several community agencies leads youth through the Teens, Crime and Community curriculum as part of the after-school Plaza Community Leaders Project. The students then survey seniors in their community about their safety needs and develop and implement community action activities based on the survey results.	\$14,250
TOTAL			\$313,091

APPENDIX D.

YOUTH ALCOHOL AND DRUG ABUSE PREVENTION PROJECT (YADAPP) 2006 TEAMS

YADAPP 2006 Summer Conference Team List		
N = 105 Teams		
Armstrong High School*	Heritage High School	Open High School*
Atlee High School* **	Historic Triangle Coalition	Parry McCluer High School (2 Teams)
Bluestone High School	Huguenot High School	Patrick Henry High School (Hanover)
Cave Springs High School*	I.C. Norcom High School (2 Teams) Team #1*	Patrick Henry High School (Roanoke)
Chancellor High School (2 Teams)	J. R. Tucker High School (2 Teams)	Piedmont CSB/CHILL (2 Teams) Chill #1*
Charles City High School	James River High School (Botetourt) (2 Teams)	Prince William Office on Youth
Chilhowie High School*	James River -High School (Chesterfield)	Randolph Henry High School
Churchland High School (2 Teams)	John Marshall High School	Richmond Community High School
Clover Hill High School	King's Fork High School (2 Teams)	Richmond County Public Schools
Colonial Heights High School	Lakeland High School	Robert E. Lee High School**
Denbigh High School	Lord Botetourt High School (2 Teams)	South County Coalition
Eastern Montgomery High School	Loudoun School Community Coalition (5 Teams)	Stafford High School (2 Teams) Team #1*
Essex High School	Manassas Park Parks and Recreation	Surry County High School
Fairfax Dept. Community Recreation Services (4 Teams)	Manchester High School	Sussex Central High School*
Fairfax Public Schools (3 Teams) Team #2*	Marion Senior High School	Thomas Dale High School
Franklin Military Academy*	Mathews High School	Varina High School (2 Teams)
Gar-Field High School (2 Teams) Team #1*	Meadowbrook High School	Virginia High School
George Wythe High School	Menchville High School*	Warren Coalition
Glenvar High School	Midlothian High School	Warwick High School
Granby High School*	Monacan High School (2 Teams)	West Point High School*
Great Bridge High School (2 Teams) Team #1*	Nansemond River High School	William Byrd High School*
Greensville County High School (2 Teams)	Nansemond-Suffolk Academy*	William Fleming High School*
Hanover High School*	New Kent High School (2 Teams)	Wilson High School (2 Teams) Team #2*
Hanover Youth Services Council*	Noel C. Taylor Learning Academy	Woodside High School
Henrico High School	Northside High School	Youth Leaders in Action -VA Beach (2 Teams)
Henrico Mental Health (2 Teams)	Nottoway High School	

* Teams receiving a YADAPP 2006 Mini-Grant

** Wheeler Award Recipients