



COMMONWEALTH of VIRGINIA

DEPARTMENT OF BEHAVIORAL HEALTH AND DEVELOPMENTAL SERVICES

JAMES S. REINHARD, M.D.
COMMISSIONER

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October 1, 2009

To: The Honorable Timothy M. Kaine, Governor

And

Members, Virginia General Assembly

Item 315.CC.1 of the 2009 *Appropriation Act* requires the Commissioner of the Department of Behavioral Health and Developmental Services (DBHDS)¹ to convene a state and community planning team and develop a timeline to transition, beginning in fiscal year 2010, 88 individuals living at Southeastern Virginia Training Center (SEVTC) to community services.

You received the first report on July 1, 2009. The attached report is an update on the plan and timeline to downsize SEVTC from its current census of 154 individuals beginning on July 1, 2010.

DBHDS is working on a new budget for SEVTC based on 75 beds. The next plan update will be submitted on January 1, 2010. Should you have questions in the interim regarding the progress of this project and/or the estimated timeline, please feel free to contact me at (804) 786-3921.

Sincerely,

A handwritten signature in blue ink, appearing to read "James S. Reinhard".

James S. Reinhard, M.D.
Commissioner

CC: Hon. Marilyn B. Tavenner
Heidi Dix
Bill Echelberger
Joe Flores

Susan Massart
Robert D Shrewsberry, Ph.D.
Ruth Anne Walker

Anthony A. Maggio

¹ Formerly the Department of Mental Health, Mental Retardation, and Substance Abuse Services or DMHMRSAS.



**Item 315 CC. I – Progress Report
on the Plan and Timeline
for Downsizing Southeastern Virginia Training Center**

To the Governor and Members of the General Assembly

October 1, 2009

**Item 315 CC. 1 - Progress Report on the Plan and Timeline for Downsizing
Southeastern Virginia Training Center**

**QUARTERLY UPDATE
October 1, 2009**

Item 315.CC.1 of the 2009 *Appropriation Act* requires the Commissioner of the Department of Behavioral Health and Developmental Services (DBHDS)¹ to convene a state and community planning team and develop a timeline to transition, beginning in fiscal year 2010, 88 individuals living at Southeastern Virginia Training Center (SEVTC) to community services. The language is outlined below:

"The state and community planning team, under the direction of the commissioner, shall develop a timeline to appropriately transition 88 state facility consumers beginning in fiscal year 2010 to community services in the locality of their residence prior to admission or the locality of their choice after discharge or to another state facility if individual assessments and service plans have been completed, appropriate community housing is available and consumer choice has been considered. The commissioner shall provide the preliminary plan and timeline to the Governor and the General Assembly by July 1, 2009 and a progress report regarding the plan for resizing and rebuilding the facility by October 1, 2009 and quarterly thereafter until the new facility and community facilities have been constructed and are complete. The final report shall outline the location where patients are discharged and any cost savings associated with the facility resizing and community transition."

This report is an update to the July 1, 2009 preliminary plan and timeline to downsize SEVTC from its current census of 154 individuals beginning on July 1, 2010.

The 2009 General Assembly also required DGS with the cooperation and support of DBHDS to rebuild and resize SEVTC to 75 beds beginning in fiscal year 2010:

C-103.05. A. Notwithstanding any other provision of law, the following provisions shall be implemented:

- 1. The Department of General Services (DGS), with the cooperation and support of the Department of Mental Health, Mental Retardation and Substance Abuse Services (DMHMRSAS), shall rebuild and resize the Southeastern Virginia Training Center to a 75-bed facility to serve profound and severely disabled clients;*
- 2. The Director, Department of Planning and Budget, shall transfer \$23,768,000 of the amount appropriated in Chapter 1 and Chapter 2, 2008 Acts of Assembly, Special Session I for project 17458 (Repair/Replace Southeastern Virginia Training Center) for the purpose stated in paragraph A.1. of this item;*
- 3. The Department of General Services, with the cooperation and support of the Department of Mental Health, Mental Retardation and Substance Abuse Services (DMHMRSAS), shall build, acquire, or renovate 12 community-based Intermediate Care Facilities (ICF-MR) and 6 MR Homes in Health Planning Region V. Priority should be given to projects which can be*

¹ Formerly the Department of Mental Health, Mental Retardation, and Substance Abuse Services or DMHMRSAS.

completed on existing state-owned property within Health Planning Region V;

4. The Director, Department of Planning and Budget shall transfer \$8,438,160 of the amount appropriated in Chapter 1 and Chapter 2, 2008 Acts of Assembly, Special Session I for project 17457, (Repair/Replace Central Virginia Training Center) for the purpose stated in paragraph A.3. of this item.

The plan outlined in Appendix A is an update to the original plan submitted on July 1, 2009 and measures the progress in meeting the expectations and goals outlined in the original plans. The plan seeks to reduce the number of individuals living at SEVTC from the current census of 154 to 75 or fewer individuals during the next two fiscal years, with significant completion of community and SEVTC construction on or before June 30, 2011. The three major components driving the preliminary plan and timeline are:

- Assessments of individuals residing at SEVTC and family choice;
- SEVTC and community housing construction; and
- Workforce transition.

Appendix A contains an update to the detailed plan and timelines to transition individuals to the community. The downsizing plan reflects DBHDS' long-term vision for the future of training centers as regional developmental and intellectual disability safety nets for our most vulnerable citizens in need of intensive services. The services provided at training centers will allow them to return to their homes and existing community-based services and supports as soon as they are able. DBHDS' future vision for all of the state's training centers is as a resource for regional communities to provide care to individuals with intellectual disabilities who are experiencing behavioral challenges in their community setting, need additional medical oversight and supervision because of changes in their health, and/or need other services that will allow them to return to their community home between 90 and 360 days.

The components and major milestones of the plan were developed in consultation with the state and community planning team referenced in Item 315.CC.1, known as the SEVTC Advisory Committee. The Advisory Committee has been meeting monthly since January 2009 and includes SEVTC facility staff, individuals living at SEVTC, family members, community services board (CSB) representatives, private providers, and other key stakeholders.²

Assessments and Choice:

Every individual living at SEVTC must be assessed to determine their individual support needs and interest in living in the community. CSB intellectual disability (ID) case managers and directors have been working with facility staff, family members, and individuals at SEVTC since January 2009 to determine the individual needs of every person living at SEVTC. Needs are assessed through a variety of tools, including service treatment plans, medical history, and Supports Intensity Scale (SIS) instrument.

² Information about the Advisory Committee, members, and meeting minutes can be viewed at:
<http://www.dhhs.virginia.gov/10Budget/sevtc.htm>

The SIS is an assessment scale that measures the level of intensity of supports needed by the individual to maintain a life-style appropriate to his or her age and preferences. It was recently adopted by the Commonwealth as a uniform assessment instrument for all persons living in a state-operated training center or who are being served under the ID Waiver.

SIS assessments have shown that there are very few individuals, if any, being served at SEVTC for whom there cannot be found someone currently living in the community whose needs are just as great. It is also very true that the population of individuals at SEVTC as a whole has far greater needs than the average needs of individuals being supported through community services. It is especially important that great care be given to find the most appropriate match between each individual and the services provider.

CSB case managers have been providing information to families upon request about the possible options that currently exist in the community system, setting up tours, and providing assistance where needed. The following activities have been completed or are ongoing to date:

- CSB ID directors and case managers engaged with SEVTC families to discuss community options (ongoing).
- All SIS assessments completed by June 1, 2009. These assessments will be combined with other information about individuals to determine potential community placement options (June 2009).
- Developing criteria to determine which individuals will likely continue to reside at the new 75-bed SEVTC and which individuals should explore community placement options (August 2009).

The following process has been piloted and shared with the SEVTC Advisory Committee to assess whether individuals will likely continue to reside at the new 75-bed SEVTC or should explore community options:

- *Clinical Committee*: SEVTC professional staff will meet and use assessment data and information contained in the resident record to develop “blind” profiles of each individual living at SEVTC and their support needs. These “blind” profiles are stripped of any identifying information and then given to a selection committee.
- *Selection Committee*: The selection committee is composed of SEVTC staff and ID Directors from four CSBs who rate each person on each of the elements from the assessment information and profiles on a five point Likert scale. Those summaries are then arranged into three groups: (1) those likely to reside at the new 75-bed SEVTC group; (2) those who should consider a community ICF/MR group; and (3) those who should consider a waiver home. The following criteria is used by the selection committee to determine which of these three placement options are most appropriate:
 - **Those with significant support needs related to behavior**
 1. Safety/security needs
 2. Mechanical/physical restraint or medication on an emergency basis

- 3. Intensive behavioral support due to aggression, property destruction, running away, self-injury, sexual behavior, or other individual behavior support considerations.
- **Those with significant support needs related to health and medical issues**
 1. Extensive support due to impaired functional mobility such as upper and lower extremity involvement, non-ambulatory, or ambulatory/wheelchair.
 2. Specialized support for meals and feeding.
 3. High risk or specialized medical conditions
- **Those with significant staffing support requirements**
 1. Support staff (1:1, Continuous, Routine/General)
 2. Nursing (Immediate support, within 1 hour, within 1 day, within 1 week and/or continuous nursing treatment, hourly treatment, daily treatment, weekly treatment)
- **Those with additional considerations**
 1. Age or other factors
 2. Family and individual choice
- *Oversight Committee:* A committee composed of the SEVTC facility director, Region V CSB executive directors, another training center director, parents, and Central Office representatives oversee the work of the clinical and selection committees to ensure they are blind, fair, and updated frequently to ensure the most recent clinical and behavioral needs of individuals are included in the assessments.

The pilot process was first conducted in July. The process has yielded preliminary information on the kinds of community facilities and alternatives that will be needed. This information is shown below. The profiles and the committees will meet regularly until both the community and new SEVTC construction is complete to ensure the latest needs of individuals are included in placement decisions.

SEVTC SELECTION COMMITTEE OUTCOME (ROUND 1—July 2009)				
CSB	SEVTC	C-ICF/MR	WAIVER/MFP	TOTAL
Chesapeake	6	3	3	12
Colonial	6	2	0	8
Eastern Shore	4	4	0	8
Hampton/Newport News	16	16	5	37
Middle Peninsula	0	4	1	5
Norfolk	12	12	5	29

Portsmouth	4	11	3	18
Virginia Beach	12	10	3	25
Western Tidewater	4	6	0	10
Other	1	0	2	3
TOTAL	65	68	22	155

Construction of SEVTC and Community Homes:

The 2009 General Assembly required the Department of General Services (DGS), in collaboration with DBHDS, to rebuild and resize SEVTC to a 75-bed facility beginning in fiscal year 2010. The General Assembly also requires DGS, in collaboration with DBHDS, to construct or renovate 12 community ICFs/MR and six waiver homes in Health Planning Region V for residents of SEVTC. Based on these requirements, DGS accepted an unsolicited Public-Private Education and Infrastructure Act (PPEA) proposal in April 2009 and received one competing proposal in July 2009. The following table outlines the timeline for construction:

April 2009:	Accepted unsolicited PPEA
July 17, 2009:	PPEA advertising period closed, two proposals for: -Rebuild and re-size current SEVTC at 75-beds -Construct 12 community ICFs/MR in HPR-V -Construct 6 waiver homes in HPR-V
Current:	DGS, DBHDS, and evaluation committee developing detailed construction requirements
Nov 2, 2009:	Part 2 - Detailed response from developers due
December 2009:	Select developer
Jan – May 2010:	Negotiate agreements, design phase
June 2010:	SEVTC construction begins
August 2010:	Community construction begins
Sept 2011:	Construction complete

These construction projects are critical to building the community capacity needed to transition individuals from SEVTC to community homes. DBHDS is working closely with local CSB executive directors to ensure the assessment group's work is closely tied to the construction timelines for community homes. In addition, community CSBs and DBHDS are working to ensure:

- Waiver homes and ICFs/MR built within each CSB's jurisdiction reflect needs of the people currently receiving services at SEVTC who will move to the community.
- ICF/MR certification process and waiver home licensing processes can be completed in a timely manner to ensure no delay for individuals transitioning to community placements once construction is completed.

- In cooperation with DGS, determine how the \$8.4 million in community capital funding will be quickly accessed for construction, as well as when and how ownership of the 18 community homes will be transferred from the Commonwealth to CSBs.
- Mechanisms are explored for CSBs to address start-up costs and other expenses related to community capacity building that cannot be funded with the \$8.4 million.

Workforce Transition:

DBHDS human resources staff has met several times this year with SEVTC staff, CSBs and private providers to discuss course content, job skills and other information that will be helpful for staff as they transition to positions in the community. Once the PPEA is awarded and timelines for construction of community waiver homes and ICFs/MR are known, a workforce transition plan can be developed. At this time, there is insufficient information to determine how the staff at SEVTC may be transitioned to community homes.

State and Local Coordination:

Appendix A contains a detailed chart outlining the major milestones in the plan and updates since the plan was first submitted on July 1, 2009. Revised items reflect changes to the timeline since the July 1, 2009 report. The majority of the changes reflect modifications to the PPEA process. These modifications were made to enable closer consideration of the two developers who have submitted proposals.

A critical driver in ensuring timelines in Appendix A are met is the leadership and collaboration of local CSBs and SEVTC staff. DBHDS has been working closely with the Health Planning Region V CSB executive directors, the SEVTC facility director, and others to determine the criteria that will be used to engage families and individuals at SEVTC who could potentially reside in the community. This work will continue until the completion of construction at SEVTC in the spring of 2011.

Another critical partnership is that of DGS and DBHDS. DBHDS continues to work closely with DGS to ensure the bricks and mortar aspects of building and development match the needs of the individuals to be served and the local CSB who will be providing supports to these individuals. DBHDS anticipates maintaining this relationship going forward throughout the construction and downsizing process to ensure completion of the community homes and the new 75-bed facility.

DBHDS continues to work closely with family members, private providers, and others through the SEVTC Advisory Committee. This group, which meets monthly, provides general oversight on timelines and planning and ensures there is adequate family and provider input into the development of community and facility resources. We anticipate this group will continue to meet monthly until most of the construction and community transitions have been completed.

The current census at SEVTC is 150 and continues to decline by 1-3 individuals each month. The next quarterly report, due January 1, will contain an updated census and bed reduction timeline.

PROPOSED SEVTC TIMELINE and PLAN FOR DOWNSIZING – APPENDIX A
QUARTERLY UPDATE – October 10, 2009

	APRIL 2009		MAY 2009		JUNE 2009	
	IMPLEMENTATION ACTIONS	TARGET DATE	IMPLEMENTATION ACTIONS	TARGET DATE	IMPLEMENTATION ACTIONS	TARGET DATE
ASSESSMENTS & CHOICE	<ul style="list-style-type: none"> Advisory Committee meets ID Directors begin working directly with families SIS assessments ongoing 	April 25, 2009 April 1 – 30, 2009 April 1 – 30, 2009	<ul style="list-style-type: none"> Advisory Committee meets ID Directors working directly with families SIS assessments ongoing 	May 24, 2009 May 1 – 30, 2009 May 1 – 30, 2009	<ul style="list-style-type: none"> All SIS assessments completed ID Directors working directly with families Advisory Committee meets Assessment group formed and criteria for determining whether individuals will remain at SEVTC or can live in the community developed “Handbook” regarding transition to the community completed and distributed to families 	June 1, 2009 June 1 – 30, 2009 June 25, 2009 June 30, 2009 June 30, 2009
	<ul style="list-style-type: none"> DGS receives unsolicited PPEA for rebuild of SEVTC and 18 community homes 	April 20, 2009	<ul style="list-style-type: none"> DGS advertises for competing PPEA proposals DGS assigns project manager (same for SEVTC and community project) 	May 1, 2009 – July 17 2009 May 30, 2009	<ul style="list-style-type: none"> DGS continues advertisement for competing PPEA proposals DGS/DMHMRSAS prepares criteria for selection of PPEA developer and creates review panel 	May 1, 2009 – July 17, 2009 June 30, 2009
	<ul style="list-style-type: none"> DGS receives unsolicited PPEA for rebuild of SEVTC and 18 community homes 	April 20, 2009	<ul style="list-style-type: none"> DGS advertises for competing PPEA proposals DGS assigns project manager (same for SEVTC and community project) 	May 1, 2009 – July 17, 2009 May 30, 2009	<ul style="list-style-type: none"> DGS continues advertisement for competing PPEA proposals Capital Investment Committee meets with DGS provides input DGS/DMHMRSAS prepares criteria for selection of PPEA developer and creates review panel 	May 1, 2009 – July 17 2009 June 16, 2009 June 30, 2009
WORKFORCE						

PROPOSED SEVTC TIMELINE and PLAN FOR DOWNSIZING – APPENDIX A
QUARTERLY UPDATE – October 10, 2009

	JULY 2009		AUGUST 2009		SEPTEMBER 2009	
	IMPLEMENTATION ACTIONS	TARGET DATE	IMPLEMENTATION ACTIONS	TARGET DATE	IMPLEMENTATION ACTIONS	TARGET DATE
ASSESSMENT & CHOICE	<ul style="list-style-type: none"> ID Directors working directly with families <i>Clinical Committee meets and develops blind profiles to pilot selection process</i> <i>Selection committee meets to pilot selection process</i> Advisory Committee meets 	July 1 – 31, 2009 <i>July 15, 2009</i> July 30, 2009 July 25, 2009	<ul style="list-style-type: none"> ID Directors working directly with families <i>Pilot selection process and criteria shared with Advisory Committee</i> 	August 1 – 31, 2009 <i>August 6, 2009</i>	<ul style="list-style-type: none"> All families have been exposed to community options <i>Letter sent to SEVTC parents regarding selection criteria and process</i> Advisory Committee meets 	<i>September 30, 2009</i> <i>September 1, 2009</i> September 24, 2009
	DGS receives final proposals for SEVTC and community homes construction	July 17 2009	<ul style="list-style-type: none"> <i>DGS/DBHDS evaluation committee meets to evaluate PPEA proposals</i> <i>Begin negotiation of interim agreement</i> 	<i>August 17 & 28, 2009</i> <i>August 17, 2009</i>	<ul style="list-style-type: none"> Interim agreement signed 	<i>September 1, 2009</i>
	DGS receives final proposals for SEVTC and community homes construction	July 17 2009	<ul style="list-style-type: none"> <i>DGS/DBHDS evaluation committee meets to evaluate PPEA proposals</i> <i>Begin negotiation of interim agreement</i> CSB directors work with DMHMRSA and DGS to determine potential locations for community homes based on financing model offered by PPEA awardee 	<i>August 17 & 28, 2009</i> <i>August 17, 2009</i> August 1 – 31, 2009	<ul style="list-style-type: none"> Interim agreement signed CSBs determine final locations for community homes based on PPEA proposal and financing options <i>CSB directors work with DMHMRSA and DGS to determine potential locations for community homes based on financing model offered by PPEA awardee</i> 	<i>September 1, 2009</i> <i>September 30, 2009</i> <i>September 1 – 30, 2009</i>
NEW SEVTC CONSTRUCTION						
COMMUNITY						
WORK FORCE						

PROPOSED SEVTC TIMELINE and PLAN FOR DOWNSIZING – APPENDIX A
QUARTERLY UPDATE – October 10, 2009

ASSESSMENT & CHOICE	OCTOBER - DECEMBER 2009		JANUARY 2010 – MARCH 2010		APRIL 2010 – JUNE 2010	
	IMPLEMENTATION ACTIONS	TARGET DATE	IMPLEMENTATION ACTIONS	TARGET DATE	IMPLEMENTATION ACTIONS	TARGET DATE
NEW SEVTC CONSTRUCTION	<ul style="list-style-type: none"> Advisory Committee meets monthly 	October 1 – December 31, 2009	<ul style="list-style-type: none"> Selection committee meets every 30 days in anticipation of community transitions 	January 15, February 15, March 15, 2010	<ul style="list-style-type: none"> Selection committee meets every 30 days 	April 15, May 15, June 15, 2010
COMMUNITY	<ul style="list-style-type: none"> Space and design phase continues for SEVTC Comprehensive agreement signed Detailed response from developers due 	October 1 – December 31, 2009 December 21, 2009 November 2, 2009	<ul style="list-style-type: none"> Design of SEVTC completed SEVTC on campus site development and assessments Design phase and negotiate interim agreements 	February 2010 March 31, 2010 March 31, 2010	<ul style="list-style-type: none"> SEVTC on-campus construction begins 	June , 2010
WORKFORCE	<ul style="list-style-type: none"> Property acquisition for community homes begins Complete community housing design Comprehensive agreement signed Detailed response from developers due 	October 1 – December 31, 2009 December 31, 2009 December 31, 2009 November 2, 2009	<ul style="list-style-type: none"> Construction of community homes begins Seminar on ICF/MR Certification and Licensure Process for localities Specialized Team for ICF/MR Certification Developed Design phase and negotiate interim agreements 	January 31, 2010 February 28, 2010 March 31, 2010 March 31, 2010	<ul style="list-style-type: none"> Construction of community homes begins Seminar on ICF/MR Certification and Licensure Process for localities Specialized Team for ICF/MR Certification Developed 	June 2010 June 2010 June 2010
	<ul style="list-style-type: none"> Workforce reduction plan for SEVTC proposed based on PPEA construction timelines and location of community homes SEVTC staff training assessments and plan for transitioning workforce to community homes developed 	October 31, 2009 November 30, 2009	<ul style="list-style-type: none"> Workforce reduction plan for SEVTC proposed based on PPEA construction timelines and location of community homes SEVTC staff training assessments and plan for transitioning workforce to community homes developed Staff training in community competencies begins 	January 31, 2010	<ul style="list-style-type: none"> Some SEVTC staff transition with residents to community placements (dependent on location and other factors) 	April 1 – June 30, 2010

PROPOSED SEVTC TIMELINE and PLAN FOR DOWNSIZING – APPENDIX A
QUARTERLY UPDATE – October 10, 2009

	JULY – SEPTEMBER 2010		OCTOBER – DECEMBER 2010		JANUARY – SEPTEMBER 2011	
	IMPLEMENTATION ACTIONS	TARGET DATE	IMPLEMENTATION ACTIONS	TARGET DATE	IMPLEMENTATION ACTIONS	TARGET DATE
ASSESSMENTS AND CHOICE	<ul style="list-style-type: none"> Selection committee meets every 30 days 	July 15, August 15, September 15, 2010	<ul style="list-style-type: none"> Selection committee meets every 30 days At least 75 residents transitioned to community settings 	October 15, 2010 October 31, 2010	<ul style="list-style-type: none"> <i>At least 75 individuals transitioned to community settings</i> 	
NEW SEVTC CONSTRUCTION	<ul style="list-style-type: none"> SEVTC Construction ongoing 	July 1 – September 30, 2010	<ul style="list-style-type: none"> SEVTC Construction ongoing 	October 1 – December 31, 2010	<ul style="list-style-type: none"> SEVTC Construction Completed 	September, 2011
COMMUNITY	<ul style="list-style-type: none"> Community construction ongoing 	July 1 – September 30, 2010	<ul style="list-style-type: none"> Some community ICF/MR completed 	October 31, 2010	<ul style="list-style-type: none"> Community construction completed 	September 2011
WORKFORCE	<ul style="list-style-type: none"> Some SEVTC staff transition with residents to community placements (dependent on location and other factors) 	July 1 – September 30 , 2010	<ul style="list-style-type: none"> Some SEVTC staff transition with residents to community placements (dependent on location and other factors) 	October 1 – December 31, 2010	<ul style="list-style-type: none"> Some SEVTC staff transition with residents to community placements 	January – September 2011