

COMMONWEALTH of VIRGINIA

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November 5, 2015

The Honorable Walter A. Stosch, Co-Chair The Honorable Charles Colgan, Co-Chair Senate Finance Committee 10th Floor, General Assembly Building 910 Capitol Street Richmond, VA 23219

Dear Senator Stosch and Senator Colgan:

Item 308. H2. of the 2014 Appropriations Act requires the Department of Behavioral Health to report on Part C Early Intervention Services in Virginia. In accordance with those requirements, this report includes data on the total revenues used to support Part C services, total expenses for all Part C services, total number of infants and toddlers and families served using all Part C revenues, and services provided to those infants and toddlers and families.

Please find enclosed the report in accordance with Item 308.H2. Staff at the department are available should you wish to discuss this request.

Sincerely, Jach Barbarmo

Jack Barber, M.D.

Enc.

Cc: William A. Hazel, Jr., M.D. Joe Flores Susan E. Massart Mike Tweedy



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November 5, 2015

The Honorable S. Chris Jones, Chair House Appropriations Committee General Assembly Building P.O. Box 406 Richmond, VA 23218

Dear Delegate Jones:

Item 308. H2. of the 2014 Appropriations Act requires the Department of Behavioral Health to report on Part C Early Intervention Services in Virginia. In accordance with those requirements, this report includes data on the total revenues used to support Part C services, total expenses for all Part C services, total number of infants and toddlers and families served using all Part C revenues, and services provided to those infants and toddlers and families.

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# Report on Virginia's Part C Early Intervention System (Budget Item 308 H.2., 2015 Appropriation Act) July 1, 2014 – June 30, 2015

to the Chairs of the House Appropriations and Senate Finance Committees of the General Assembly

November 15, 2015

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# **Report on Virginia's Part C Early Intervention System**

# TABLE OF CONTENTS

EXE	CUTIVE SUMMARY	3
I.	Background	7
II.	Total Revenue Used to Support Part C Services	8
III.	Total Expenses for all Part C Services	. 10
IV	Total Number of Infants and Toddlers and Families Served	.11
V.	Services Provided to Eligible Infants and Toddlers	. 13
VI.	Overall Fiscal Climate for Part C for FY 2014 and Beyond	. 14
VII.	Conclusion	. 15
Appe	ndix A: Local System Names and Included Localities	. 17

#### **EXECUTIVE SUMMARY**

In the 2015 *Appropriation Act*, paragraph H.2. of Item 308 directs the Department of Behavioral Health and Developmental Services (DBHDS) to report the following information to the Chairmen of the Senate Finance and House Appropriations Committees by November 15 of each year: (a) total revenues used to support Part C services, (b) total expenses for all Part C services, (c) total number of infants and toddlers and families served using all Part C revenues, and (d) services provided to those infants and toddlers and families.

#### Overview of Fiscal Climate for Part C in FY 2015 and Beyond

The state funds allocated by the Governor and the General Assembly continue to help Virginia's Part C early intervention system identify and serve increasing numbers of eligible infants, toddlers and their families. Looking ahead, the system is still growing and remains stressed. While revenue realized through the Medicaid Early Intervention Services Program continues to provide funding for services to children with Medicaid, the amount of funding (i.e., federal, state, local, private insurance, and family fees) available for services to children without Medicaid and the reimbursement rate for service coordination (e.g., case management) for children with Medicaid are inadequate to cover the costs for these services Approximately 59% of children enrolled in early intervention in FY 2015 were covered by Medicaid. Private insurance companies pay lower rates for early intervention services than Medicaid does and do not reimburse at all for service coordination, which must be provided for all children, or developmental services. Federal and state Part C funds must be used to make up the difference between the insurance rate and the Medicaid rate and to pay for services that are not covered. In addition to these general challenges, local systems report difficulty in being accepted as in-network providers with a number of insurance companies, and report declining reimbursement rates. Also, local systems report difficulty obtaining reimbursement for speech-language pathology services for infants and toddlers since this is generally a habilitative service (helping the child keep, learn or improve skills) for this population rather than a rehabilitative service (helping the child regain lost skills).

Unless funding keeps pace with growth, Virginia runs the risk of falling into noncompliance, which puts federal funding at risk and may result in children and families not getting the supports and services they need in a timely and effective manner. DBHDS, in collaboration with other state agencies and local stakeholders, is continuing to identify and evaluate possible sources of additional revenue, to develop strategies to address private insurance challenges, to closely monitor the local fiscal situation and to ensure local system personnel have the skills to provide effective oversight of local budgets and spending. DBHDS is providing ongoing guidance and management support to the local lead agencies to address locality-specific fiscal issues.

#### **Total Number of Infants, Toddlers and Families Served**

A total of 17,022 infants, toddlers and families received Part C early intervention services in the one-year period from July 1, 2014 – June 30, 2015. The 17,022 children and families served in FY 2015 represent a 4.6% increase from FY 2014. This maintains a similar level of growth as the previous year (4.8%).

The following table shows the services that were provided to Part C eligible infants and toddlers by the type of early intervention service determined to be needed in order to achieve the child's outcomes as listed on the child's Individualized Family Service Plan (IFSP).

Bei vices i rovided to infantis,	
Type of Early Intervention Service	Estimated # of Children With Initial IFSP Listing That
	Service in FY 2015
Assistive Technology	9
Audiology	68
Counseling	2
Developmental Services	2,519
Health Services	0
Nursing Services	7
Nutrition Services	2
Occupational Therapy	2,349
Physical Therapy	4,409
Psychological Services	5
Service Coordination	17,022*
Sign Language and Cued Language Services	10
Social Work Services	34
Speech-Language Pathology	5,515
Transportation	2
Vision Services	51
Other Entitled EI Services	136
Physical Therapy Psychological Services Service Coordination Sign Language and Cued Language Services Social Work Services Speech-Language Pathology Transportation Vision Services	4,40 17,022 10 34 5,51 5

Services Provided to Infants, Toddlers and Families

\* All eligible children receive service coordination.

In addition to the services listed on IFSPs, a total of 10,522 children received an evaluation to determine eligibility and/or an assessment for service planning in FY 2015.

#### **Revenue and Expense Data**

The table below shows revenue from all sources as reported by the 40 local early intervention systems for FY 2015.

Revenue Source	FY15 Revenue Amount
Federal Part C Funds	\$ 9,215,082
State Part C Funds	\$ 15,045,226
Other State General Funds	\$ 437,267
Local Funds	\$ 9,536,372
Family Fees	\$ 1,257,692
Medicaid (State and Federal shares)	\$ 14,081,813
Targeted Case Management	\$ 6,150,990
Private Insurance and TRICARE	\$ 6,871,031
Grants/Gifts/Donations	\$ 13,069
In-Kind	\$ 505,489
Other	\$ 5,019,063
Total	\$ 68,133,094

Total Revenue to Support Part C Early Intervention Services

In accordance with Item 308.H.2, the chart below provides detail about the total amount of federal and state Part C funds expended in FY 2015 for Part C early intervention services as reported by the 40 local lead agencies and the private providers with whom those local lead agencies contract.

Assessment for Service Planning	\$ 3,159,395
Assistive Technology	\$ 33,223
Audiology	\$ 9,816
Counseling	\$ 1,507
Developmental Services	\$ 3,472,341
Evaluation for Eligibility Determination	\$ 911,992
Health	\$ 63,196
Nursing	\$ 4,327
Nutrition	\$ 27,930
Occupational Therapy	\$ 2,231,656
Physical Therapy	\$ 3,083,003
Service Coordination	\$ 18,910,255
Social Work	\$ 149,265
Speech language pathology	\$ 9,557,189
Transportation	\$ 105,125
Vision	\$ 124,124
Other Entitled Part C Services	\$ 686,376
EI Services by private providers	\$ 21,463,571
Total-Direct Services	\$ 63,994,291*

**Total Expenditures for all Part C Early Intervention Services** 

\*The local lead agencies reported an additional \$7,905,752 of expenses related to the system components (administration, system management, data collection and training) that are critical to implementation of direct services. **Therefore, total expenses are \$71,900,043**.

In FY 2015, reported expenses exceeded reported revenue in the Part C early intervention system. This discrepancy is primarily related to an increase in the number of children served, the insufficient reimbursement rate for Early Intervention Targeted Case Management and decreases in private insurance/TRICARE reimbursement and in other state funds used to support Part C early intervention.

#### **Data System Update**

The existing early intervention data system, the Infant and Toddler Online Tracking System (ITOTS), was developed and implemented in 2001 primarily to meet annual federal reporting requirements related to child data. The system provides data on who is getting services and includes the number of children by local system, race/ethnicity, gender, age, and the reason for eligibility. Reports can be pulled for point-in-time data on who is being served, annual review, and limited trend data. ITOTS presents a number of challenges to DBHDS in meeting federal and state reporting requirements, including the following:

- Child data is collected in ITOTS only at entry into the early intervention system and is not collected as child status or service needs change.
- No financial data for Part C services is collected through ITOTS, resulting in a burdensome paper process for collection and reporting of comprehensive and reliable data related to the cost of providing services and the revenue sources that are accessed in providing services.
- Local systems incur additional costs as ITOTS cannot accept data from local information systems. Additional time is spent preparing manual or Excel reports.
- ITOTS data reports are limited in scope and, therefore, the analysis of the available data does not allow analysis of outcomes.

ITOTS allows for the collection of data on the services planned on each child's initial IFSP but does <u>not</u> provide for the collection of data on how those services change over time, on delivered services, or on payment for services. Because of the significant limitations of this system, there is no mechanism available for local systems or for DBHDS to get the kind of real-time, ongoing data necessary to effectively and efficiently monitor service delivery for individual children, to study trends and patterns, to determine the impact of demographic and service delivery factors on outcomes for children and families, or to monitor funding sources and service costs by child or by local system.

Between 2006 and 2010, a number of initiatives were implemented to analyze and improve ITOTS. Although incremental data system improvements have been implemented to address data integrity and better reporting, fiscal constraints and competing data priorities within DBHDS led to delays in developing or purchasing a data system with the complete functionality necessary to enter and report on delivered services and to have more complete and accurate revenue and expense data.

Since many local agencies and service providers have or are in the process of developing and implementing electronic health record systems, DBHDS's focus on data collection for all programs has shifted to identifying and implementing the most effective and efficient mechanism for importing the data already collected by local systems into a state database through which that data can be aggregated, analyzed and reported. DBHDS designated \$250,000 for FY 2015 to develop such an interface for Part C early intervention data. That new functionality is in the testing phase now, with its release for external use expected in 2016. The interface itself will not expand the type of data collected in ITOTS but will provide a foundation upon which service delivery and financial data can be added and collected directly from local systems in the future. Until a significantly more robust system that includes delivered service and financial data is fully developed and implemented, DBHDS's challenges in meeting federal and state reporting requirements will continue.

#### I. Background

Congress enacted early intervention legislation in 1986 as an amendment to the Education of Handicapped Children's Act (1975) to ensure that all children with disabilities from birth through the age of three would receive appropriate early intervention services. This amendment formed Part H of the Act, which was re-authorized in 1991 and renamed the Individuals with Disabilities Education Act (IDEA). When the IDEA was re-authorized in 1998, Part H became Part C of the Act. IDEA was reauthorized most recently in December 2004. Virginia has participated in the federal early intervention program, under IDEA, since its inception.

#### **General Assembly Guidance and Support**

In 1992, the Virginia General Assembly passed state legislation that codified an infrastructure for the early intervention system that supports shared responsibility for the development and implementation of the system among various agencies at the state and local levels. The Department of Behavioral Health and Developmental Services (DBHDS), was designated and continues to serve as the State Lead Agency. The broad parameters for the Part C system are established at the state level to ensure implementation of federal Part C regulations. Within the context of these broad parameters, 40 local lead agencies manage services across the Commonwealth.

Subsequent to 1992, the General Assembly passed legislation establishing mandates for state employees' health plan and private insurance coverage for early intervention services, maximizing Medicaid coverage for Part C eligible children. In 2001, the General Assembly adopted legislation requiring a statewide family fee system.

In 2004, DBHDS commissioned a cost study of Virginia's Part C Early Intervention System. Based on the projected number of eligible children and the average annual per child cost for early intervention services identified in the cost study, the General Assembly significantly increased the allocation of state general funds for use in the provision of early intervention services from \$125,000 per year during 1992 – 2003 to \$975,000 in 2004, and \$3,125,000 in 2005. For FY 2007, a total of \$7,203,366 was appropriated.

In 2012, the General Assembly appropriated the state funds necessary to increase the Medicaid reimbursement rate for early intervention targeted case management from \$120 per month to \$132 per month for FY 2013, beginning July 1, 2012. In order to address a looming \$8.5 million deficit in funding for early intervention due to significant increases in the number of children served and static federal funding, the General Assembly provided critical support for Virginia's early intervention system in 2013 by allocating an additional \$2,250,000 in state general funds for early intervention in FY 2013 and another \$6 million for FY 2014. A total of \$13,203,366 in state general funds were allocated for early intervention in FY 2015. The 2015 *Appropriation Act*, under Item 308.H.2., states:

"By November 15 of each year, the Department shall report to the Chairmen of the House Appropriations and Senate Finance Committees on the (a) total revenues used to support Part C services, (b) total expenses for all Part C services, (c) total number of infants and toddlers and families served using all Part C revenues, and (d) services provided to those infants and toddlers and families."

#### **Report of Required Data**

To the maximum extent possible, the following narrative, charts and other graphics respond to the legislative requirements as delineated in Item 308.H.2. The information provided for each reporting requirement includes identifying limitations in the data reported and future steps for addressing the limitations. The following data is based on reports received from the 40 local lead agencies and includes data from the private providers with whom the local lead agencies contract.

#### **II.** Total Revenue Used to Support Part C Services

As noted previously, the ITOTS data system does not collect financial data for Part C early intervention services. However, in its contracts with local lead agencies, DBHDS requires reporting of revenues from local lead agencies. In addition, revenue reporting is required from private providers.

Revenue Source	FY 2015 Revenue Amount
Federal Part C Funds	\$ 9,215,082*
State Part C Funds	\$ 15,045,226*
Other State General Funds	\$ 437,267
Local Funds	\$ 9,536,372
Family Fees	\$ 1,257,692
Medicaid	\$ 14,081,813
Targeted Case Management	\$ 6,150,990
Private Insurance and TRICARE	\$ 6,871,031
Grants/Gifts/Donations	\$ 13,069
In-Kind	\$ 505,489
Other	\$ 5,019,063
Total	\$ 68,133,094

#### **Total Revenue to Support Part C Early Intervention Services**

\*These figures are the amount of Part C funding actually received by local systems. In some cases, local systems had more funds than indicated in the allocation table below because they had retained earnings from the previous fiscal year.

The following table represents the federal and state revenue allocated by DBHDS to the 40 local lead agencies. Federal and State Part C funds are allocated based on a formula that provides a base amount to support required systems operations and a direct service amount. The base amount includes a fixed allocation of \$50,000 plus a proportional share based on the local system's December 1 count of all children enrolled in the local early intervention system. The direct service amount is a proportional share of funds based on the local system's December 1 count of children enrolled in the local system's December 1 count of children not covered by Medicaid (since services for children with Medicaid are covered by Medicaid):

Funds Allocated by Lo	cal Lead Agency*	
	State	Federal
Alexandria	\$367,104	\$219,548
Alleghany-Highlands	\$69,313	\$61,781
Arlington	\$605,134	\$358,554
Augusta-Highland	\$137,629	\$88,633
Blue Ridge	\$399,189	\$236,947
Central Virginia	\$341,019	\$199,639
Chesapeake	\$374,539	\$222,765
Chesterfield	\$541,331	\$317,876
Crater District	\$105,369	\$68,925
Cumberland Mountain	\$100,698	\$65,874
Danville-Pittsylvania	\$116,705	\$157,912
DILENOWISCO	\$84,953	\$74,819
Eastern Shore	\$68,998	\$48,603
Fairfax-Falls Church	\$2,455,681	\$1,746,975
Goochland-Powhatan	\$96,710	\$66,051
Hampton-Newport News	\$307,185	\$237,210
Hanover	\$201,519	\$126,339
Harrisonburg/Rockingham	\$152,307	\$95,004
Heartland	\$85,270	\$57,004
Henrico-Charles City-New Kent	\$552,545	\$323,097
Highlands	\$70,345	\$49,050
Loudoun	\$491,682	\$293,148
Middle Peninsula-North Neck	\$182,344	\$281,317
Mount Rogers	\$97,759	\$85,058
New River Valley	\$210,580	\$127,095
Norfolk	\$366,928	\$217,239
Piedmont	\$105,701	\$67,535
Portsmouth	\$160,879	\$100,849
Prince William, Manassas and Manassas Park	\$776,877	\$453,806
Rappahannock Area	\$721,489	\$422,673
Rappahannock-Rapidan	\$218,576	\$132,749
Richmond	\$270,656	\$159,034
Roanoke Valley	\$354,594	\$207,145
Rockbridge Area	\$103,252	\$68,223
Shenandoah Valley	\$275,957	\$163,794
Southside	\$76,171	\$53,009
Staunton-Waynesboro	\$91,409	\$61,291
Virginia Beach	\$835,448	\$488,997
Western Tidewater	\$304,176	\$182,161
Williamsburg-James City-York Poquoson	\$325,345	\$266,369
Total	\$13,203,366	\$8,654,098

\*Please see Appendix A for a listing of the localities included in each system.

**Limitations:** Because the local lead agencies and private providers each maintain separate billing and accounting systems, there is no method to reliably ensure non-duplication of reporting in revenue categories, with the exception of Medicaid and Medicaid Targeted Case Management

revenue. Through a data exchange agreement between DBHDS and the Department of Medical Assistance Services (DMAS) for implementation of the Medicaid Early Intervention Services Program, DBHDS is able to report the exact amount of Medicaid funds used to support Part C early intervention services for FY 2015.

**Future Actions to Address Limitations:** Non-duplication of revenue reporting for other revenue sources can only be fully ensured once a reliable statewide mechanism is implemented to collect or import data from local systems on the source and amount of revenue for every service delivered. DBHDS is working to identify the most effective and efficient mechanism to accomplish this task.

#### **III.** Total Expenses for all Part C Services

The figures below show the amount of funds spent on each Part C early intervention service in FY 2015, as reported by the 40 local lead agencies and including data from private providers with whom the local lead agencies contract.

Total-Direct Services	\$63,994,291*
EI Services by private providers**	\$21,463,571
Other Entitled Part C Services	\$ 686,376
Vision	\$ 124,124
Transportation	\$ 105,125
Speech language pathology	\$ 9,557,189
Social Work	\$ 149,265
Service Coordination	\$ 18,910,255
Physical Therapy	\$ 3,083,003
Occupational Therapy	\$ 2,231,656
Nutrition	\$ 27,930
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Health	\$ 63,196
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Developmental Services	\$ 3,472,341
Counseling	\$ 1,507
Audiology	\$ 9,816
Assistive Technology	\$ 33,223
Assessment for Service Planning	\$ 3,159,395

#### Expenditures for Part C Early Intervention Services

\*The local lead agencies reported an additional \$7,905,752 of expenses related to the system components (administration, system management, data collection and training) that are critical to implementation of direct services. **Therefore, total expenses are \$71,900,043**.

\*\*The local expenditure reporting forms were revised in FY 2013 to eliminate duplicate reporting of expenses paid with Part C funds. It was not possible to eliminate the duplication by service category, so private provider expenses for all early intervention services are reported as a lump sum.

In FY 2015, reported expenses exceeded reported revenue in the Part C early intervention system. This discrepancy is due to the following factors:

- The number of children served in the Part C early intervention system increased by 4.6% from FY 2014 to FY 2015. At the same time, the total amount of federal and state Part C funds allocated to local systems in FY 2015 increased by only 1.5%, Medicaid revenue increased by 3.7%, revenue from private insurance and TRICARE decreased by 35%, and other state general funds used by local systems to support Part C early intervention decreased by 35%. There are three possible reasons for the decrease in private insurance revenue: possible inaccurate data reporting or collection, reduced reimbursement rates and increased denials, or inadequate follow-up on denied claims. Our current data system does not have the ability to identify the cause of the decrease.
- The current Early Intervention Targeted Case Management reimbursement rate of \$132 per month does not cover the expenses of providing this service.
- Concerns about the completeness and accuracy of expense and revenue data and possible duplication of reporting remain since local lead agencies and private providers collect their data separately and there is no central mechanism to ensure reporting by all private providers or to ensure non-duplication. Duplication or inaccuracies in data collection and reporting may account for all or some of the discrepancy in reported expenses and revenue as well as the decrease in private insurance/TRICARE reimbursement and state general fund dollars.

**Limitations**: Although DBHDS continues to refine the instructions and technical assistance related to the reporting forms used by local lead agencies and private providers to report expenditures, there remain limitations with this process for collection of expense data. Because the local lead agencies and private providers each maintain separate billing and accounting systems, there is no method to reliably ensure non-duplication of reporting of expenses associated with each service. The local expenditure reporting forms were revised in FY 2013 to eliminate duplicate reporting of expenses paid with Part C funds. It was not possible to eliminate the duplication by service category, so private provider expenses for all early intervention services can only be reported as a lump sum.

**Future Actions to Address Limitations**: Non-duplication of expense reporting can only be fully ensured once a reliable statewide mechanism is implemented to collect or import expenditure data from local systems. DBHDS is working to identify the most effective and efficient mechanism to accomplish this task.

## **IV.** Total Number of Infants and Toddlers and Families Served

Local lead agencies are required to enter into the early intervention data system, ITOTS, every child who enters the local Part C early intervention system. Local lead agencies must use quarterly ITOTS verification reports to confirm the accuracy of the data entered. The following table provides the total number of children served for each year, as reported from ITOTS. Not all children who were served during that one-year period were served for the full year.

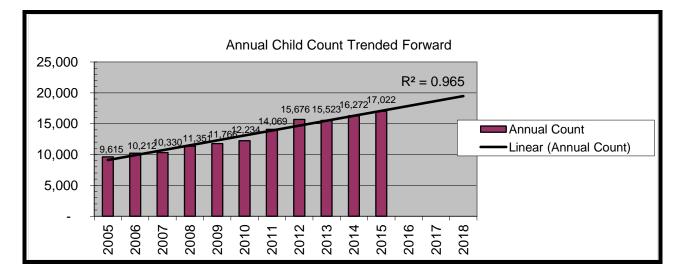
There was an increase of 4.6% from FY 2014 to FY 2015 in the number of children served. As a result of statewide efforts to identify and enroll all eligible children per federal child find

(outreach) requirements, Virginia had experienced significant growth from FY 2007 to FY 2012, with an almost 52% increase over that period in the number of children served. Virginia had also added prematurity as an automatic eligibility criterion for service in December 2010, which may have contributed to the especially sharp increases in children enrolled in FY 2011 and FY 2012. Virginia's Part C early intervention system experienced significant budget shortfalls in FY 2013 that resulted in several local systems establishing waiting lists for services and a decrease of just under 1% in the number of children served in FY 2013. With the increase in state funds allocated by the General Assembly for Part C early intervention for the last quarter of FY 2013 and for FY 2014, local systems were able to begin serving children who had been waiting for services and to resume child find efforts to identify all eligible children in FY 2014. Successful child find efforts continued in FY 2015.

Year	Total Number Served – Eligible and Entered Services	Total Number Evaluated Who Did Not Enter Services*
Dec. 2, 2003 – Dec.1, 2004	8,540	
Dec. 2, 2004 – Dec. 1, 2005	9,209	
July 1, 2006 – June 30, 2007	10,330	
July 1, 2007 – June 30, 2008	11,351	1,760
July 1, 2008 –June 30, 2009	11,766	1,671
July 1, 2009 – June 30, 2010	12,234	1,494
July 1, 2010 – June 30, 2011	14,069	1,829
July 1, 2011 – June 30, 2012	15,676	1,797
July 1, 2012 – June 30, 2013	15,523	1,745
July 1, 2013 – June 30, 2104	16,272	1,720
July 1, 2014 – June 30, 2015	17,022	1,815

\* These children received a multidisciplinary team evaluation to determine eligibility and, in some cases, an assessment for service planning, but did not enter services because they were either found ineligible for Part C, declined Part C early intervention services, or were lost to contact. Since evaluation and assessment, by federal law, must be provided at no cost to families, neither private insurance nor families can be billed for these services. Unless the child has Medicaid or Tricare, federal and state Part C funds are generally used to pay for evaluation and assessment.

The chart below projects number of eligible children served through 2018.



## V. Services Provided to Eligible Infants and Toddlers

Previous efforts to include delivered service data on the expenditure reports from local lead agencies and private providers resulted in inconsistent and duplicative counts. Until there is an electronic mechanism to collect reliable delivered service data from local systems, DBHDS will report estimates based on planned services data. The ITOTS data system provides a report of the number of children active on December 1 of a given year for whom the initial IFSP listed each type of early intervention service. The table below estimates the total number of children served between July 1, 2014 and June 30, 2015 who have each service listed on their initial IFSP. This is based on the percentage of children with initial IFSPs having those services listed on December 1, 2014.

Type of Early Intervention Service	% of Children with an Initial IFSP Listing that Service on 12/1/14	Estimated # of Children with an Initial IFSP Listing that Service in FY 2015 (% multiplied by Total Served)
Assistive Technology	0.05%	9
Audiology	0.40%	68
Counseling	0.01%	2
Developmental Services	14.8%	2,519
Health Services	0%	0
Nursing Services	0.04%	7
Nutrition Services	0.01%	2
Occupational Therapy	13.8%	2,349
Physical Therapy	25.9%	4,409
Psychological Services	0.03%	5
Service Coordination	N/A*	17,022
Sign Language and Cued Language Services	0.06%	10
Social Work Services	0.20%	34
Speech-Language Pathology	32.4%	5,515
Transportation	0.01%	2
Vision Services	0.30%	51
Other Entitled EI Services	0.08%	136

Estimates of Total Number of Children Receiving Each Service: July 1, 2014 – June 30, 2015

\*All eligible children receive service coordination.

In addition to the services listed on IFSPs, a total of 10,522 children received an evaluation to determine eligibility and/or an initial assessment for service planning in FY 2015.

**Limitations:** The numbers provided above are only estimates and almost certainly underestimate the number of children receiving each service, since some children whose initial IFSP does not list a service (e.g., physical therapy) may have that service added at a subsequent IFSP review during the 1-year period. The ITOTS data system captures only those planned services identified on a child's <u>initial</u> IFSP, with no updates of services added on subsequent IFSPs and no data on services actually delivered.

**Future Actions to Address Limitations:** Accurate reporting of the number of children actually receiving each early intervention service can only be fully ensured once a reliable statewide mechanism is implemented to collect or import delivered service data from local systems.

#### VI. Overall Fiscal Climate for Part C for FY 2014 and Beyond

Revenue generated through the Medicaid Early Intervention Services Program continues to fully fund services (other than service coordination) for children with Medicaid. However, there was not sufficient funding available in FY 2015 to fully support the costs of providing service coordination to Medicaid eligible children or to support the costs of providing all appropriate services to children who do not have Medicaid. Specifically, the funding challenges in FY 2015 included the following:

- The Medicaid Early Intervention Targeted Case Management program that began in October 2011ensures eligible children and families receive service coordination that is appropriate to the needs of infants, toddlers and their families. However, the original Early Intervention Targeted Case Management reimbursement rate of \$120 per month did not cover the expenses of providing this service, which are estimated at \$175 per month, based on a cost study conducted by the Department of Medical Assistance Services. During the 2012 session, the General Assembly passed a budget amendment that appropriated the state funds necessary to increase the Medicaid reimbursement rate for early intervention targeted case management to \$132 per month beginning July 1, 2012. These additional funds have helped to shrink, but not eliminate, the gap between revenue and the \$175 per month expenses associated with service coordination for children with Medicaid.
- While the total amount of federal and state Part C funds allocated to local systems in FY 2015 increased by 1.5%, the number of children served increased by 4.6%. In order to serve all children, local systems used a variety of strategies, including reducing funding for systems operations, like training; requiring the local system manager to also provide direct services to children and families; or appealing to the local lead agency for additional one-time local funding for needed services.
- Revenue from private insurance and TRICARE decreased by 35% from FY 2014 to • FY 2015. While this decrease may be due partly to inaccuracies or inconsistencies in reporting from year to year as a result of limitations in the state data system, local systems also report several challenges impacting actual insurance reimbursement. These include difficulty in being accepted as in-network providers with a number of insurance companies; declining reimbursement rates; and difficulty obtaining reimbursement for speech-language pathology services for infants and toddlers since this is generally a habilitative service (helping the child keep, learn or improve skills) with this population rather than a rehabilitative service (helping the child re-gain lost skills). In a recent survey, local system managers reported being reimbursed approximately 32% of the amount billed to private insurance companies for early intervention services and approximately 47% of the amount billed to TRICARE. In general, insurance companies pay lower rates for early intervention services than Medicaid does and do not reimburse at all for service coordination (which must be provided for all children) or developmental services. Federal and state Part C funds must be used to make up the difference between the insurance rate and the Medicaid rate and to pay for services that are not covered.
- Due to tight budgets in all local programs, the amount of other state general funds (beyond those designated by the General Assembly for Part C) used by local

systems to support Part C early intervention decreased by 35% from FY 2014 to FY 2015. Local lead agencies, especially Community Services Boards, may have state general funds other than those designated for Part C available to support their programs. They have discretion over how to use these other state general funds. Fewer are opting to use those other state funds toward Part C early intervention services.

Looking ahead, the system is still growing and remains stressed. Meeting federal early intervention requirements necessitates aggressive outreach for public awareness and child find to identify all eligible children, meeting rigorous standards for timely and effective services, and ensuring no waiting lists. Unless funding stays apace with growth, Virginia runs the risk of falling into noncompliance, which puts federal Part C funding at risk and may result in children and families not getting the supports and services they need in a timely and effective manner.

Only three months into FY 2016, nine (9) local systems have already identified the need for additional funds totaling at least \$1,000,000 in order to maintain services for all eligible children through June 30, 2016.

Achieving a stable and sustainable fiscal structure for Virginia's early intervention system remains a top priority, as this is essential to ensuring an effective service system that leads to positive outcomes for infants and toddlers with disabilities and their families. Towards this end, DBHDS continues to:

- Closely monitor the fiscal situation across local systems;
- Provide additional support to local system managers and local fiscal staff to ensure effective oversight of local budgets and spending as well as accurate reporting of revenues and expenditures; and
- Work with local systems and the Virginia Interagency Coordinating Council on ways to maximize and possibly improve private insurance reimbursement for early intervention services.

In addition, Virginia applied and was selected to participate with three other states in a national fiscal initiative designed to build state capacity to support fiscal infrastructure development. This initiative offers the opportunity to address state-identified challenges by learning together with and benefitting from the experience of the other participating states and national experts.

#### VII. Conclusion

As demonstrated by the data reported above, the funding provided by the General Assembly permitted local Part C early intervention systems to provide a wide variety of needed supports and services to more than 17,000 eligible infants, toddlers and their families during fiscal year 2015. These funds also touched the lives of over 1,800 additional infants, toddlers and families who received evaluations for eligibility determination and assessments upon referral to the Part C early intervention system even though they did not proceed on to receiving other early intervention supports and services. As the number of eligible infants and toddlers identified continues to increase and federal Part C funding levels remain static or fall, state Part C funding is critical to ensure all eligible children and families receive timely and appropriate early intervention supports

and services Virginia and national data indicate that early intervention is leading to a number of positive outcomes for children and families. Research finds that early intervention reduces the need for special education and grade retention and reduces future costs in welfare and criminal justice programs. Estimates on the cost savings vary, but the long-term study associated with the Perry Preschool Project indicates at least a seven dollar return on every dollar invested in early intervention. DBHDS, local service providers and families are appreciative of the continued financial support for Part C early intervention provided by the General Assembly.

## Appendix A Local System Names and Included Localities

Alexandria       City of Alexandria         Alleghany-Highland       Alleghany County: Cities of Clifton Forge and Covington         Arlington County       Counties of Amherst, Appomattox, Bedford and Campbell; Cities of Bedford         Central Virginia       Counties of Amherst, Appomattox, Bedford and Campbell; Cities of Bedford         Chessepeake       City of Chesapeake         Chesterfield       Chesterfield         Counties of James City and York; Cities of Poquoson and Williamsburg         Williamsburg, James City, York       Counties of Amelia, Buckingham, Charlotte, Cumberland, Lunenburg, Notoway, and Prince Edward         Counties of Amelia, Buckingham, Charlotte, Cumberland, Lunenburg, Notoway, and Prince Edward       Countees of Ealita & Fails Church         Gauntie Pritstylvania       County City of Danville       Eastern Shore       Counties of Failta & Fails Church         Gaochland-Powhatan       Counties of Goochland and Powhatan       Hanover County       Hanover County         Hanover County       Hanover County       Hanover County       Hanover County         Harisonburg-Rockingham       Rockingham County, City of Barita & Fails Church       Matemas         Middle Peninsula-Northern Neck of Counties of Henrico, Charles City, and New Kent       Highlands       Washington County, City of Barita & Fails Church         Mount Rogers       Marion       Counties of Eloyd, Giles, Montgomery and Pulaski; Cit	Local System	Localities Included
Alleghany-Highland         Alleghany County, Cities of Clifton Forge and Covington           Arlington County         Arlington County         Clifto of Chesapeake           Chesapeake         City of Chesapeake         Chesterfield         Chesapeake           Chesterfield         Chesterfield County         Counties of Amelia, Buckingham, Charlotte, Cumberland, Lunenburg,           Williamsburg, James City, York         Counties of Amelia, Buckingham, Charlotte, Cumberland, Lunenburg,           Heartland         Nottoway, and Prince Edward           Danville-Pittsylvania         Pittsylvania County, City of Danville           Eastern Shore         Counties of Accomack and Northampton           Goochland-Powhatan         Counties of Goochland And Powhatan           Hamover County         Hanover County           Harrisonburg-Rockingham         Rockingham County, City of Harrisonburg           Henrico, Charles City, New Kent         Counties of Succester, King & Queen, King William, Lancaster,           Kighlands         Washington County, City of Harrisonburg           Loudoun County         Loudoun County           Loudoun County         Counties of Essex, Gloucester, King & Queen, King William, Lancaster,           Middle Peninsula-Northern Neck of Colonial Bacch and West Point           Mont Rogers         Mathews, Middlesex, Northumberland, Richmond, and Westmoreland; Cities of Caunties of Clark, Fr		
Arlington County         Arlington County           Counties of Amherst, Appomattox, Bedford and Campbell; Cities of Bedford and Lynchburg         Counties of James City and York; Cities of Poquoson and Williamsburg           Chesterfield         Chesterfield County         Counties of James City and York; Cities of Poquoson and Williamsburg           Williamsburg, James City, York         Counties of James City and York; Cities of Poquoson and Williamsburg           Counties of Amelia, Buckingham, Charlotte, Cumberland, Lunenburg, Nottoway, and Prince Edward         Counties of Accomack and Northampton           Camberland Mountain         Counties of Buchanan, Russell, and Tazewell         Parifax-Falls Church           Danville-Pittsylvania         Counties of County         Fairfax-Falls Church           Fairfax-Falls Church         Fairfax-Gounty, City of Danville         Fairfax-Falls Church           Goochland-Powhatan         Counties of Hampton and Newport News         Hanover County           Hanover County         Hainover County, City of Parrisonburg         Henrico, Charles City, and New Kent           Highlands         Washington County, City of Bristol, Abingdon         Counties of Essex, Gloucester, King & Queen, King William, Lancaster, Mathews, Middleese, Northumberland, Richmond, and Westmoreland; Cities           Middle Peninsula-Northern Neck         of Colnial Beach and West Point         Counties of Floyd, Giles, Montgomery and Pulaski; City of Galax and Marion           New River Va		
Counties of Amherst, Appomattox, Bedford and Campbell; Cities of Bedford Chesapeake City of Chesapeake Chesterfield County Williamsburg, James City, York Counties of James City and York; Cities of Poquoson and Williamsburg Counties of Amelia, Buckingham, Charlotte, Cumberland, Lunenburg, Nottoway, and Prince Edward Cumberland Mountain Counties of Buchanan, Russell, and Tazewell Darville-Pittsylvania Pittsylvania County, City of Darville Eastern Shore Counties of Accomack and Northampton Fairfax-Fails Church Fairfax County, Cities of Fairfax & Fails Church Goochland-Powhatan Counties of Goochland and Powhatan Hamotor-Newport News Hanover County HarrisonDurg-Rockingham Rockingham County, City of Harrisonburg Henrico, Charles City, New Kent Counties of Hampton and Newport News Hanover County Harrisonburg-Rockingham Rockingham County, City of Harrisonburg Henrico, Charles City, New Kent Counties of Hampton, Charles City, and New Kent Highlands Loudoun County Loudoun County Counties of Eseax, Gloucester, King & Queen, King William, Lancaster, Mathews, Middlesex, Northumberland, Richmond, and Westmoreland; Cities Middle Peninsula-Northern Neck of Colnial Beach and West Point Counties of Floyd, Giles, Montgomery and Pulaski; City of Galax and Mount Rogers Marion New River Valley Counties of Floyd, Giles, Montgomery and Pulaski; City of Radford Norfolk Counties of Floyd, Giles, Montgomery and Pulaski; City of Martinsville DILENOWISCO Counties of Dinwiddle, Greensville, Prince George, Sury, and Sussex; City of Manassas Park Prince William County; Cities of Manassas, Manassas Park and Quantico Caler Jistrict Counties of Caroline, King George, Spotsylvania, and Stafford; City of Rapahannock Area Rapahannock Area Rapahannock Area Counties of Albemarle, Fluvanna, Greene, Louisa, and Nelson; City of Roanoke Valley Counties of Albemarle, Fluvanna, Greene, Louisa, and Nelson; City of Roanoke Valley Counties of Albemarle, Fluvanna, Greene, Louisa, and Nelson; City of Roanoke Valley Counties of Jahemarle, Fluvanna, Greene, Louis		
Central Virginia         and Lynchburg           Chesspeake         City of Chesapeake           Chesterfield         Chesterfield County           Williamsburg, James City, York         Counties of James City and York; Cities of Poquoson and Williamsburg           Counties of Amelia, Buckingham, Charlotte, Cumberland, Lunenburg,         Counties of Buchanan, Russell, and Tazewell           Danville-Pittsylvania         Pittsylvania County, City of Danville           Eastern Shore         Counties of Accomack and Northampton           Fairfax-Falls Church         Fairfax County, City of Danville           Goochland-Powhatan         Counties of Goochland and Powhatan           Hampton-Newport News         Cities of Hampton and Newport News           Hanover County         Hanover County, City of Harrisonburg           Harrisonburg-Rockingham         Rockingham County, City of Bristol, Abingdon           Loudoun County         Loudoun County           Counties of Essex, Gloucester, King & Queen, King William, Lancaster, Mathews, Middleese, Nonthumberland, Richmond, and Westmoreland; Cities           Middle Peninsula-Northern Neck         of Colnial Beach and West Point           Counties of Floyd, Giles, Montgomery and Pulaski; City of Galax and Marion           New River Valley         Counties of Hord, Giles, Montgomery and Pulaski; City of Radford           Norfolk         City of Norfolk	Anington County	
Chessepeake         City of Chessepeake           Chesterfield         Chesterfield County           Williamsburg, James City, York         Counties of James City and York; Cities of Poquoson and Williamsburg           Unable Counties of Amelia, Buckingham, Charlotte, Cumberland, Lunenburg,           Heartland         Nottoway, and Prince Edward           Cumberland Mountain         Counties of Buchanan, Russell, and Tazewell           Darville-Pitkyvania         County; City of Danville           Eastern Shore         Counties of Accomack and Northampton           Fairfax-Fails Church         Fairfax County; City of Pairfax & Fails Church           Goochland-Powhatan         Counties of Hampton and Newport News           Hamover County         Hanover County           Harrisonburg-Rockingham         Rockingham County, City of Bristol, Abingdon           Loudoun County         Loudoun County           Highlands         Washington County, City of Bristol, Abingdon           Loudoun County         Counties of Essex, Gloucester, King & Queen, King William, Lancaster, Mathews, Middlesex, Northumberland, Richmond, and Westmoreland; Cities of Colaial Beach and West Point           Mouth Rogers         Marion           New River Valley         Counties of Eland, Carroll, Grayson, Smyth, and Wythe; City of Galax and Mewren Villey Of Norfolk           City of Norfolk         City of Norfolk	Central Virginia	
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Williamsburg, James City, York         Counties of James City and York; Cities of Poquoson and Williamsburg           Heartland         Counties of Amelia, Buckingham, Charlotte, Cumberland, Lunenburg, Notway, and Prince Edward           Cumberland Mountain         Counties of Buchanan, Russell, and Tazewell           Danville-Pittsylvania         Pittsylvania County; City of Danville           Eastern Shore         Counties of Accomack and Northampton           Fairfax-Falls Church         Fairfax County; City of Danville           Gocchiand-Powhatan         Counties of Accomack and Northampton           Hampton-Newport News         Cities of Hampton and Newport News           Hanover County         Hanover County           Harrisonburg-Rockingham         Rockingham County; City of Harrisonburg           Henrico, Charles City, New Kent         Counties of Essex, Gloucester, King & Queen, King William, Lancaster, Mathews, Middlesex, Northumberland, Richmond, and Westmoreland; Cities           Mouth Rogers         Mation           Norfolk         City of Norfolk           Counties of Floyd, Giles, Montgomery and Pulaski; City of Radford           Norfolk         City of Norfolk           Counties of Dinviddie, Greensville, Prince George, Surry, and Sussex; Cities of Calmies of Dinviddie, Greensville, Prince George, Surry, and Sussex; Cities of Crater District           Counties of Cark, Frederick, Page, Shenandoah, and Warten; City of Shenandah Valley		
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Goochland-Powhatan         Counties of Goochland and Powhatan           Hampton-Newport News         Citles of Hampton and Newport News           Hanover County         Hanover County           Harrisonburg-Rockingham         Rockingham County; City of Harrisonburg           Henrico, Charles City, New Kent         Counties of Henrico, Charles City, and New Kent           Highlands         Washington County; City of Bristol, Abingdon           Loudoun County         Loudoun County           Mathews, Middlesex, Northumberland, Richmond, and Westmoreland; Cities           Middle Peninsula-Northern Neck         of Colonial Beach and West Point           Counties of Bland, Carroll, Grayson, Smyth, and Wythe; City of Galax and           Mount Rogers         Marion           New River Valley         Counties of Floyd, Giles, Montgomery and Pulaski; City of Radford           Norfolk         City of Norfolk           City of Norfolk         City of Norfolk           DILENOWISCO         Counties of Dickenson, Lee, Scott and Wise; City of Norton           Caunties of Caroline, King George, Spotsylvania, and Sussex; Cities of Fradericksburg           Rappahannock Area         Fredericksburg           Rappahannock Area         Fredericksburg           Rappahannock Area         Counties of Caroline, King George, Spotsylvania, and Stafford; City of Canarlottes ville           C		
Hampton-Newport News         Cities of Hampton and Newport News           Hanover County         Hanover County           Harrisonburg-Rockingham         Rockingham County; City of Harrisonburg           Henrico, Charles City, New Kent         Counties of Henrico, Charles City, and New Kent           Highlands         Washington County; City of Bristol, Abingdon           Loudoun County         Loudoun County           Counties of Essex, Gloucester, King & Queen, King William, Lancaster, Mathews, Middlesex, Northumberland, Richmond, and Westmoreland; Cities           Middle Peninsula-Northern Neck         of Colonial Beach and West Point           Nount Rogers         Counties of Bland, Carroll, Grayson, Smyth, and Wythe; City of Galax and Marion           New River Valley         Counties of Floyd, Giles, Montgomery and Pulaski; City of Radford           Norfolk         City of Norfolk           Counties of Clark, Frederick, Page, Shenandoah, and Warren; City of           Shenandoah Valley         Winchester           Piedmont         Counties of Dinwiddie, Greensville, Prince George, Surry, and Sussex; Cities of           DILENOWISCO         Counties of Dinwiddie, Greensville, Prince George, Surry, and Sussex; Cities of           Prince William, Manassas,         Prince William County; Cities of Manassas, Manassas Park and Quantico           Rappahannock Area         Fredericksburg           Rappahannock Area		
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Harrisonburg-Rockingham         Rockingham County; City of Harrisonburg           Henrico, Charles City, New Kent         Counties of Henrico, Charles City, and New Kent           Highlands         Washington County; City of Bristol, Abingdon           Loudoun County         Loudoun County           Counties of Essex, Gloucester, King & Queen, King William, Lancaster, Mathews, Northumberland, Richmond, and Westmoreland; Cities           Middle Peninsula-Northern Neck         of Colonial Beach and West Point           Counties of Bland, Carroll, Grayson, Smyth, and Wythe; City of Galax and Marion           New River Valley         Counties of Floyd, Giles, Montgomery and Pulaski; City of Radford           Norfolk         City of Norfolk           Counties of Clark, Frederick, Page, Shenandoah, and Warren; City of           Shenandoah Valley         Winchester           Piedmont         Counties of Dickenson, Lee, Scott and Wise; City of Martinsville           DILENOWISCO         Counties of Dickenson, Lee, Scott and Wise; City of Norton           Counties of Caroling, Greensville, Prince George, Surry, and Sussex; Cities of           Prince William, Manassas,         Prince William County; Cities of Manassas, Manassas Park and Quantico           Gounties of Caroline, King George, Spotsylvania, and Stafford; City of           Rappahannock Area         Fredericksburg           Rappahannock Area         Fredericksburg	· · ·	
Henrico, Charles City, New Kent       Counties of Henrico, Charles City, and New Kent         Highlands       Washington County, City of Bristol, Abingdon         Loudoun County       Counties of Essex, Gloucester, King & Queen, King William, Lancaster, Mathews, Middlesex, Northumberland, Richmond, and Westmoreland; Cities         Middle Peninsula-Northern Neck       of Colonial Beach and West Point         Counties of Bland, Carroll, Grayson, Smyth, and Wythe; City of Galax and Marion         New River Valley       Counties of Floyd, Giles, Montgomery and Pulaski; City of Radford         Norfolk       City of Norfolk         Shenandoah Valley       Winchester         Piedmont       Counties of Henry, Franklin, and Patrick; City of Martinsville         DILENOWISCO       Counties of Dickenson, Lee, Scott and Wise; City of Norton         Crater District       Colonial Heights, Emporia, Hopewell, and Petersburg         Portsmouth       City of Portsmouth         Prince William, Manassas,       Prince William County; Cities of Manassas, Manassas Park and Quantico         Counties of Caroline, King George, Spotsylvania, and Stafford, City of         Rappahannock Area       Fredericksburg         Rappahannock-Rapidan       Counties of Butenze, Fluvanna, Greene, Louisa, and Nelson; City of         Ronoke Valley       Charlottesville         Ridge       Counties of Butenzer, Madison, Orange, and Rappahannock		
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