



COMMONWEALTH of VIRGINIA

S. HUGHES MELTON, MD, MBA
FAAFP, FABAM
COMMISSIONER

DEPARTMENT OF
BEHAVIORAL HEALTH AND DEVELOPMENTAL SERVICES

Post Office Box 1797
Richmond, Virginia 23218-1797

Telephone (804) 786-3921
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November 1, 2018

The Honorable Thomas K. Norment, Jr., Co-chair
The Honorable Emmett W. Hanger, Jr., Co-chair
Senate Finance Committee
14th Floor, Pocahontas Building,
900 East Main Street,
Richmond, VA 23219

Dear Senator Norment and Senator Hanger:

Pursuant to Item 316.B. of the 2018 *Appropriation Act*, the purpose of this letter is to report on the number of individuals served and services provided by discharge assistance plans (DAP). Specifically, the language requires:

B. The Department of Behavioral Health and Developmental Services shall report by November 1 of each year to the Secretary of Finance and the Chairmen of the House Appropriations and Senate Finance Committees on the number of individuals served through discharge assistance plans and the types of services provided.

The following information describes the amount of money expended, the types of services provided, and the individuals served through DAP:

- \$1,200,000 was provided for contracted intensive and transitional community programs for 64 individuals who were discharged from Eastern State Hospital (ESH) to Assisted Living Intensive community residential treatment. The services included were 24 hour intensive care, supervision and support, assistance with medication education and monitoring, support and assistance in engaging/transition to community based activities, and support toward transitioning to lower level of care as appropriate.
- \$647,500 was used to support 14 individuals discharged to a transitional group home that provides housing and supervised residential treatment for up to 8 individuals, education related to management of mental health and medications, engagement in services on site and in the community, and support and skill building for transition to lower level of care as appropriate.

- \$652,500 was used by WSH to discharge 17 individuals as parts of a special carve out for the facility. Four of the plans for these individuals were in excess of \$100,000/yr due to the individuals' high level of need for support and supervision in their residential settings. Of those 4, one plan was nearly \$200,000/yr. For that individual the provider built a program around his needs that included 24 hour 1:1 monitoring, special equipment to protect him from falls and wandering, self-care to include feeding.

Please feel free to contact me with any questions. Staff at the department are available should you wish to discuss this information.

Sincerely,

A handwritten signature in black ink that reads "S. Hughes Melton, MD, MBA". The signature is written in a cursive style with a large initial "S" and a small "MD, MBA" at the end.

S. Hughes Melton, MD, MBA

Enc.

Cc: The Honorable Daniel Carey, Jr.
Marvin Figueroa
Mike Tweedy
Susan Massart
Daniel Herr
Mindy Conley



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House Appropriations Committee
900 East Main Street
Pocahontas Building, 13th Floor
Richmond, Virginia 23219

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