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Department Of Human Resource Management

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December 23, 2019

The Honorable Ralph S. Northam, Governor, Commonwealth of Virginia
The Honorable S. Chris Jones, Chairman, House Appropriations Committee
The Honorable Thomas K. Norment, Jr., Co-Chairman, Senate Finance Committee
The Honorable Emmett W. Hanger, Jr., Co-Chairman, Senate Finance Committee

Subject: Mandated Benefits Report – Fiscal Year 2019

The attached report is pursuant to §2.2-2818 (R.) of the Code of Virginia.

Please contact me if there are any questions.

Sincerely,

A handwritten signature in cursive script that reads "Emily S. Elliott".

Emily S. Elliott
Director, Department of Human Resource Management

cc: The Honorable Keyanna Conner, Secretary of Administration



December 16, 2019

Mr. Gary Johnston
Director, Office of Health Benefits
Commonwealth of Virginia
Department of Human Resource Management
101 N. 14th Street
Richmond, VA 23219

Re: SFY2019 Mandated Benefits Report

Dear Mr. Johnston,

Aon was retained by the Commonwealth of Virginia's Department of Human Resource Management to review and evaluate the Mandated Benefits Reports as prepared by Anthem and Aetna for the Commonwealth's Health Benefits Plans. The Commonwealth specific reports for Anthem and Aetna for SFY2019 are attached.

The reports provide cost and utilization information for each of the mandated benefits and providers as required. We reviewed and compared the Anthem specific to the Commonwealth's plans alongside the reports submitted for SFY2015-SFY2018. However, SFY2019 was provided using a new reporting platform and may have differences in logic when compared to prior years. Prior to SFY2017, Aetna only provided book-of business data. For SFY2017 through SFY2019, Aetna did provide COVA specific data. However, there are some concerns about the accuracy of the data for SFY2017 given that Virginia's State Corporation Commission (SCC) had not yet released updated instructions using ICD-10 diagnoses codes at the time of the reporting. Aetna compiled this data with assistance from HDMS utilizing the instructions for ICD-9 diagnosis codes and made some assumptions. We expect SFY2018 and SFY2019 data to be more accurate because instructions are now available. While not necessarily an appropriate comparison, we have compared SFY2017-SFY2019 to Aetna's reported book-of business data for SFY2015-SFY2016. Note that the Virginia Business of Insurance shortened the reporting period for 2015 because the ICD-10 codes were not available. Therefore, the SFY2016 data shown in the comparison may seem low compared to other years.

We have a rolling 5 year period of Anthem data to compare, which allows us to draw some general conclusions on cost and utilization patterns related to the mandated benefit provisions. However, to itemize and fully comment on any material impact of the mandates and project future mandate related trends, Aon would need to incorporate data beyond the scope of the reporting requirements of the Mandated Benefits Reports. The Mandated Benefit Reports capture the total claims cost and visits for each mandate and do not contain any information on the cost and utilization patterns related to the specific populations covered by each of the mandated benefits and providers. An independent study would need to be developed to determine reporting metrics that would be appropriate to measure and report on cost, utilization, and health outcomes being driven by the mandates.

Aon did compare overall trends across **Part A: Claim Information - Benefits**, **Part B: Claim Information - Providers** and **Part D: Utilization and Expenditures for Selected Procedures by Provider Type** as per the Anthem reports for SFY2015 through SFY2019. With the exception of SFY2016 (because of the missing data), we observed reasonable trends in total claims paid, claim cost per contract, and visits per contract, a metric we calculated to measure change in utilization volume year over year.

While we do not have COVA specific data prior to SFY2017 on the Aetna HealthAware population, Anthem covers approximately 91% of the contracts for the Commonwealth. Therefore, we can still make reasonable observations about trend from the Anthem data. Note, however, that the SFY2016 and SFY2017 trends for Part A may be misleading as they reflect partial year data for SFY2016.

Anthem Part A total claims per contract decreased at an annual rate of 0.9% and claims cost per visit increased at an annual rate of 0.9% from SFY2015 to SFY2019. In addition, reporting for handicapped dependents has been enhanced to provide a more complete synopsis of information for that category. Total utilization, measured by “visits per contract”, has decreased at an annual rate of 1.8% in the same time period. The rate of change in visits per contract from SFY2018 to SFY2019 increased 15.8% following a slight increase last year. Aetna Part A total claims per contract increased 35.1%, claims cost per visit increased 19.3%, and visits per contract increased 13.2% from SFY2018 to SFY2019.

In addition, we compared the trends for some of the preventive mandated benefits. Specifically, we looked at the change in “visits per contract” to measure change in volume of these procedures year over year for SFY2019, SFY2018, SFY2017, SFY2016, and SFY2015. The “number of contracts” reported for each measure below represents the entire COVA population and “visits per contract” is defined over the entire COVA population. Generally, industry standard methodology used to report preventive procedure rates involves looking at only the subset of the enrolled population applicable for each measure. Please note that an independent analysis would need to be done to report preventative procedure rates for the measures we reviewed. The results are shown in the tables listed in Exhibit A accompanying this letter.

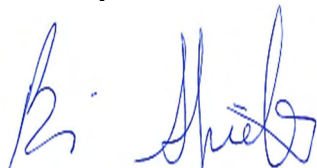
Anthem Part B total claims paid per contract increased at an annual rate of 20.1% and claims cost per visit increased at an annual rate of 8.1% from SFY2015 to SFY2019. Total utilization, measured by “visits per contract”, increased at an annual rate of 11.1%. Aetna Part B total claims paid per contract increased 13.3%, claims cost per visit increased 10.6%, and visits per contract increased 2.4% from SFY2018 to SFY2019.

Anthem Part D total claims payments for the selected procedures increased at an annual rate of 5.0% and claims cost per visit increased at an annual rate of 3.0% over the five year period. Aetna Part D total claims payments increased 15.9% and claims cost per visit increased 8.1% from SFY2018 to SFY2019. The majority of cost and visits reported for Part B and Part D are for Physical Therapists, Ophthalmologists, and Chiropractors.

As stated, Aetna started providing the Commonwealth specific population data for SFY2017. Prior years' data (i.e., 2014 through 2016) was provided for informational purposes. However, the SFY2017 and SFY2018 trends are not that meaningful, as the logic Aetna used to compile the data was different. SFY2017 trends also compare two different populations. SFY2019 trends are more reliable as the same logic was used to compile the data and while the HealthAware population is growing, the data that Aetna used for both SFY2018 and SFY2019 is specific to the Commonwealth.

We will continue to monitor the reports, and will continue to provide a general comparison of year over year results as additional results become available. However, it is important to note that our ability to analyze and isolate the impact of the mandated benefits will be limited using the current format of the Mandated Benefit Report, which does not identify the specific population covered by each mandate. We are available to discuss these limitations and what reporting requirements are necessary to accomplish this segmentation. Please let me know if you have any questions or concerns regarding these reports at this time. I can be reached at 804.560.2279.

Sincerely,

A handwritten signature in blue ink, appearing to read "B. Shields".

Brian Shields
Vice President

Exhibit A

Anthem

	Number of Visits					Number of Contracts					Paid Claims				
	SFY2015	SFY2016	SFY2017	SFY2018	SFY2019	SFY2015	SFY2016	SFY2017	SFY2018	SFY2019	SFY2015	SFY2016	SFY2017	SFY2018	SFY2019
Childhood Immunizations	582,642	565,452	504,853	492,067	515,961	84,237	82,584	81,282	79,376	77,841	34,471,436	31,905,773	36,346,443	35,822,419	37,564,849
Mammograms	54,572	50,560	48,375	43,197	41,415	84,237	82,584	81,282	79,376	77,841	7,895,361	3,515,925	8,072,306	8,721,370	9,309,437
Pap Smears	64,898	37,361	26,256	23,681	22,832	84,237	82,584	81,282	79,376	77,841	6,481,027	2,548,199	1,030,768	957,405	920,730
Early Intervention Services	4,012	4,139	837	790	1,779	84,237	82,584	81,282	79,376	77,841	325,249	332,818	161,975	140,024	188,480
PSA Testing	18,190	17,475	16,682	16,699	16,290	84,237	82,584	81,282	79,376	77,841	411,446	379,385	358,738	353,663	351,727
Colorectal Cancer Screening	29,286	24,856	27,199	26,386	25,884	84,237	82,584	81,282	79,376	77,841	13,090,062	10,374,298	14,075,893	13,876,787	14,495,454

	Visits Per Contract					Paid Per Visit					Paid Per Contract				
	SFY2015	SFY2016	SFY2017	SFY2018	SFY2019	SFY2015	SFY2016	SFY2017	SFY2018	SFY2019	SFY2015	SFY2016	SFY2017	SFY2018	SFY2019
Childhood Immunizations	6.92	6.85	6.21	6.20	6.63	\$59	\$56	\$72	\$73	\$73	\$409	\$386	\$447	\$451	\$483
Mammograms	0.65	0.61	0.60	0.54	0.53	\$145	\$70	\$167	\$202	\$225	\$94	\$43	\$99	\$110	\$120
Pap Smears	0.77	0.45	0.32	0.30	0.29	\$100	\$68	\$39	\$40	\$40	\$77	\$31	\$13	\$12	\$12
Early Intervention Services	0.05	0.05	0.01	0.01	0.02	\$81	\$80	\$194	\$177	\$106	\$4	\$4	\$2	\$2	\$2
PSA Testing	0.22	0.21	0.21	0.21	0.21	\$23	\$22	\$22	\$21	\$22	\$5	\$5	\$4	\$4	\$5
Colorectal Cancer Screening	0.35	0.30	0.33	0.33	0.33	\$447	\$417	\$518	\$526	\$560	\$155	\$126	\$173	\$175	\$186

	Change in Visits Per Contract					Change in Paid Per Visit					Change in Paid Per Contract				
	'15 vs '14	'16 vs '15	'17 vs '16	'18 vs '17	'19 vs '18	'15 vs '14	'16 vs '15	'17 vs '16	'18 vs '17	'19 vs '18	'15 vs '14	'16 vs '15	'17 vs '16	'18 vs '17	'19 vs '18
Childhood Immunizations	+ 9.5%	- 1.0%	- 9.3%	- 0.2%	+ 6.9%	+ 4.2%	- 4.6%	+ 27.6%	+ 1.1%	0.0%	+ 14.1%	- 5.6%	+ 15.7%	+ 0.9%	+ 6.9%
Mammograms	+ 5.3%	- 5.5%	- 2.8%	- 8.6%	- 2.2%	+ 1.8%	- 51.9%	+ 140.0%	+ 21.0%	+ 11.3%	+ 7.3%	- 54.6%	+ 133.3%	+ 10.6%	+ 8.8%
Pap Smears	+ 0.9%	- 41.3%	- 28.6%	- 7.6%	- 1.7%	+ 1.6%	- 31.7%	- 42.4%	+ 3.0%	- 0.3%	+ 2.5%	- 59.9%	- 58.9%	- 4.9%	- 1.9%
Early Intervention Services	+ 12.6%	+ 5.2%	- 79.5%	- 3.3%	+ 129.6%	+ 0.3%	- 0.8%	+ 140.7%	- 8.4%	- 40.2%	+ 13.0%	+ 4.4%	- 50.6%	- 11.5%	+ 37.3%
PSA Testing	+ 5.1%	- 2.0%	- 3.0%	+ 2.5%	- 0.5%	- 3.9%	- 4.0%	- 0.9%	- 1.5%	+ 1.9%	+ 1.0%	- 5.9%	- 3.9%	+ 1.0%	+ 1.4%
Colorectal Cancer Screening	+ 6.9%	- 13.4%	+ 11.2%	- 0.7%	0.0%	- 3.9%	- 6.6%	+ 24.0%	+ 1.6%	+ 6.5%	+ 2.8%	- 19.2%	+ 37.9%	+ 1.0%	+ 6.5%

Exhibit A

Aetna

	Number of Visits					Number of Contracts					Paid Claims				
	SFY2015	SFY2016	SFY2017	SFY2018	SFY2019	SFY2015	SFY2016	SFY2017	SFY2018 ¹	SFY2019 ²	SFY2015	SFY2016	SFY2017	SFY2018	SFY2019
Childhood Immunizations	1,594	1,318	684	5,639	7,603	67,450	45,665	5,780	6,609	7,700	936,826	840,348	32,493	487,518	713,522
Mammograms	14,756	11,789	449	3,343	4,699	67,450	45,665	5,780	6,609	7,700	2,441,230	2,015,669	3,712	381,523	576,762
Pap Smears	28,902	22,313	1,393	1,841	2,066	67,450	45,665	5,780	6,609	7,700	2,804,091	2,268,613	48,709	59,402	68,419
Early Intervention Services	4,643	936	6,880	206	335	67,450	45,665	5,780	6,609	7,700	3,178,131	234,571	321,098	11,753	22,388
PSA Testing	6,273	5,067	411	504	686	67,450	45,665	5,780	6,609	7,700	648,508	478,083	7,698	16,242	22,902
Colorectal Cancer Screening	10,154	8,224	415	1,992	2,503	67,450	45,665	5,780	6,609	7,700	5,582,295	4,852,603	172,836	678,871	854,196

	Visits Per Contract					Paid Per Visit					Paid Per Contract				
	SFY2015	SFY2016	SFY2017	SFY2018	SFY2019	SFY2015	SFY2016	SFY2017	SFY2018	SFY2019	SFY2015	SFY2016	SFY2017	SFY2018	SFY2019
Childhood Immunizations	0.02	0.03	0.12	0.85	0.99	\$588	\$638	\$48	\$86	\$94	\$14	\$18	\$6	\$74	\$93
Mammograms	0.22	0.26	0.08	0.51	0.61	\$165	\$171	\$8	\$114	\$123	\$36	\$44	\$1	\$58	\$75
Pap Smears	0.43	0.49	0.24	0.28	0.27	\$97	\$102	\$35	\$32	\$33	\$42	\$50	\$8	\$9	\$9
Early Intervention Services	0.07	0.02	1.19	0.03	0.04	\$684	\$251	\$47	\$57	\$67	\$47	\$5	\$56	\$2	\$3
PSA Testing	0.09	0.11	0.07	0.08	0.09	\$103	\$94	\$19	\$32	\$33	\$10	\$10	\$1	\$2	\$3
Colorectal Cancer Screening	0.15	0.18	0.07	0.30	0.33	\$550	\$590	\$416	\$341	\$341	\$83	\$106	\$30	\$103	\$111

	Change in Visits Per Contract					Change in Paid Per Visit					Change in Paid Per Contract				
	'15 vs '14	'16 vs '15	'17 vs '16	'18 vs '17	'19 vs '18	'15 vs '14	'16 vs '15	'17 vs '16	'18 vs '17	'19 vs '18	'15 vs '14	'16 vs '15	'17 vs '16	'18 vs '17	'19 vs '18
Childhood Immunizations	- 14.8%	+ 21.0%	+ 310.0%	+ 621.0%	+ 15.7%	+ 1.2%	+ 9.5%	- 92.5%	+ 82.0%	+ 8.6%	- 13.8%	+ 13.9%	- 69.5%	+ 1,212.1%	+ 25.6%
Mammograms	+ 3.0%	+ 41.4%	- 69.9%	+ 551.1%	+ 20.7%	- 7.4%	- 13.7%	- 95.2%	+ 1,280.5%	+ 7.5%	- 4.6%	+ 4.8%	- 98.5%	+ 8,888.3%	+ 29.8%
Pap Smears	- 4.6%	+ 26.6%	- 50.7%	+ 15.6%	- 3.7%	- 3.0%	- 5.6%	- 65.6%	- 7.7%	+ 2.6%	- 7.5%	+ 2.7%	- 83.0%	+ 6.6%	- 1.1%
Early Intervention Services	+ 0.1%	- 65.3%	+ 5,707.2%	- 97.4%	+ 39.6%	- 8.7%	- 68.6%	- 81.4%	+ 22.2%	+ 17.1%	- 8.6%	- 90.6%	+ 981.5%	- 96.8%	+ 63.5%
PSA Testing	- 34.4%	- 8.9%	- 35.9%	+ 7.2%	+ 16.8%	- 81.3%	+ 19.6%	- 80.1%	+ 72.1%	+ 3.6%	- 87.7%	- 6.4%	- 87.3%	+ 84.5%	+ 21.0%
Colorectal Cancer Screening	+ 6.2%	+ 47.8%	- 60.1%	+ 319.8%	+ 7.9%	- 0.3%	- 13.1%	- 29.4%	- 18.2%	+ 0.1%	+ 5.8%	+ 10.4%	- 71.9%	+ 243.5%	+ 8.0%

¹ SFY2018 contracts were estimated based on data Aetna provided for the June 2018 IBNR valuation. Aetna provided average member counts for SFY2018 of 13,614.

² SFY 2019 contracts were estimated using subscriber enrollment from the June 2019 IBNR valuation. Aetna provided average member counts for SFY2019 of 16,043.

Note: SFY2015 and SFY2016 data is based on Aetna's book-of-business data. SFY2017–SFY2019 data is based on COVA specific data. SFY2017 was compiled using instructions for ICD-9 diagnosis codes with some assumptions.



Empower Results®

Anthem - FY 2019

Form MB1 - Part A: Claim Information - Benefits

GROUP TOTAL CLAIMS PAID OR INCURRED

	Number of Visits	Number of Days	Total Claim Payments	Number of Contracts / Certificates	Claim Cost Per Contract / Certificate	Annual Admin Cost
Dependent Children (Handicapped)	5,387	336	3,317,290	77,841	43	76,298
Doctor to Include Dentist	no data available					
Newborn Children	4,358	588	3,289,305	77,841	42	75,654
Child Health Supervision Services	35,253	0	3,981,778	77,841	51	91,581
Childhood Immunizations	515,961	0	37,564,849	77,841	483	863,992
Infant Hearing Screening and Related Diagnostics	10,264	0	266,265	77,841	3	6,124
Mental Health Services						
Inpatient	2,402	2,174	3,225,689	77,841	41	74,191
Partial Hospitalization	171	0	13,161	77,841	0	303
Outpatient	74,241	0	4,975,914	77,841	64	114,446
Substance Abuse Services						
Inpatient	2,674	2,747	2,052,665	77,841	26	47,211
Partial Hospitalization	4	0	308	77,841	0	7
Outpatient	2,259	0	139,380	77,841	2	3,206
Biologically Based Mental Illness	134,866	5,679	20,269,212	77,841	260	466,192
Obstetrical Services						
Normal Pregnancy	8,053	51	2,852,966	77,841	37	65,618
Other	14,836	991	10,437,001	77,841	134	240,051
Other						
Postpartum Services	2,284	3	281,900	77,841	4	6,484
Pregnancy from Rape / Incest	6	0	3,067	77,841	0	71
Mammograms	41,415	0	9,309,437	77,841	120	214,117
Pap Smears	22,832	0	920,730	77,841	12	21,177
Bones and Joints	103	0	16,108	77,841	0	370
Hemophilia and Congenital Bleeding Disorders	2,254	899	1,377,072	77,841	18	31,673
Reconstructive Breast Surgery	792	6	1,883,804	77,841	24	43,327
Early Intervention Services	1,779	0	188,480	77,841	2	4,335
PSA Testing	16,290	0	351,727	77,841	5	8,090
Colorectal Cancer Screening	25,884	0	14,495,454	77,841	186	333,395
Clinical Trials for Treatment Studies on Cancer	24	0	12,499	77,841	0	287
Minimum Hospital Stay for Hysterectomy	210	0	421,220	77,841	5	9,688
Diabetes	125,342	0	15,196,928	77,841	195	349,529
Hospice Care	59	0	10,862	77,841	0	250
Hospitalization and Anesthesia for Dental Procedures	2	0	440	77,841	0	10
Treatment of Morbid Obesity	15	0	17,759	77,841	0	408
Lymphedema	736	4	134,934	77,841	2	3,103
Prosthetic Devices	no data available					
Telemedicine	2,659	0	189,307	77,841	2	4,354
Autism Spectrum Disorder	no data available					



Empower Results®

Anthem - FY 2019

Form MB1 - Part B: Providers

Group Values

	Number of Visits	Total Claim Payments	Number of Contracts / Certificates	Claim Cost Per Contract / Certificate	Annual Admin Cost
Chiropractor	79,407	3,376,572	77,841	43	77,661
Optometrist	14,884	1,421,067	77,841	18	32,685
Optician	0	0	77,841	0	0
Ophthalmologist	27,140	6,671,595	77,841	86	153,447
Psychologist	8,503	2,024,290	77,841	26	46,559
Clinical Social Worker	41,126	2,543,886	77,841	33	58,509
Podiatrist	14,342	1,697,780	77,841	22	39,049
Professional Counselor	52,194	3,386,740	77,841	44	77,895
Physical Therapist	103,567	7,833,438	77,841	101	180,169
Clinical Nurse Specialist	18,100	4,386,899	77,841	56	100,899
Audiologist	2,464	302,705	77,841	4	6,962
Speech Pathologist	5,059	374,270	77,841	5	8,608
Certified Nurse Midwife	982	202,847	77,841	3	4,665
Licensed Acupuncturist			no data available		
Psychiatrist	32,202	2,446,627	77,841	31	56,272
Marriage and Family Therapist			no data available		



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Anthem - FY 2019

Form MB1 - Part D: Utilization and Expenditures for Selected Procedures by Provider Type

	Number of Visits	Claim Payments	Cost Per Visit
1. 99203 - Office Visit, Intermediate Service to New Patient			
Chiropractor	1,623	78,256	48
Clinical Nurse Specialist	483	64,132	133
Clinical Social Worker		no data available	
Physical Therapist		no data available	
Podiatrist	3,009	314,020	104
Professional Counselor		no data available	
Psychiatrist	33	1,595	48
Psychologist		no data available	
Physician	16,995	1,808,162	106
Certified Nurse Midwife	9	525	58
Marriage and Family Therapist		no data available	
Ophthalmologist	321	29,571	92
Optician	0	0	0
Optometrist	342	28,417	83
2. 90806-90807, 90818-90819 - Individual/Medical Psychotherapy, 45 to 50 Minute Session			
Clinical Nurse Specialist		no data available	
Clinical Social Worker		no data available	
Professional Counselor		no data available	
Psychiatrist		no data available	
Psychologist		no data available	
Physician		no data available	
Marriage and Family Therapist		no data available	
3. 90853 - Group Psychotherapy			
Clinical Nurse Specialist	17	488	29
Clinical Social Worker	963	25,677	27
Professional Counselor	1,005	26,762	27
Psychiatrist	66	1,930	29
Psychologist	4	67	17
Physician	233	5,123	22
Marriage and Family Therapist		no data available	
4. 92507 - Speech, Language or Hearing Therapy, Individual			
Audiologist	17	0	0
Physical Therapist		no data available	
Speech Pathologist	4,781	334,055	70
Physician	81	4,355	54
5. 97110 - Physical Medicine Treatment, each 15 minutes, Therapeutic Exercise			
Chiropractor	17,413	573,159	33
Physical Therapist	84,047	3,619,909	43
Physician	4,189	166,504	40
Podiatrist	73	2,945	40
Speech Pathologist	1	0	0
Clinical Nurse Specialist	21	2,049	98
Clinical Social Worker	1	5	5
6. 97124 - Physical Medicine Treatment, Massage			
Chiropractor	7,516	361,127	48
Physical Therapist	60	554	9
Physician	23	2,064	90
Podiatrist		no data available	
7. 97035 - Physical Medicine Treatment, Ultrasound, each 15 minutes			
Chiropractor	4,567	48,654	11
Physical Therapist	213	2,575	12
Physician	7	87	12
Clinical Nurse Specialist	2,568	38,137	15
8. 92352 - Fitting of Spectacle Prosthesis for Aphakia, monofocal			
Ophthalmologist		no data available	
Optician		no data available	
Optometrist		no data available	
Physician		no data available	
9. 11750 - Excision of Nail and Nail Matrix, Partial or Complete, for Permanent Removal			
Physician	34	8,294	244
Podiatrist	471	102,722	218



Empower Results®

Aetna - FY 2019

Part A: Claim Information - Benefits

GROUP TOTAL CLAIMS PAID OR INCURRED

	Number of Visits	Number of Days	Total Claim Payments	Number of Contracts / Certificates ¹	Claim Cost Per Contract / Certificate	Annual Admin Cost ²
Dependent Children (Handicapped)	371	0	191,821	16,043	12	14,706
Doctor to Include Dentist	1,182	0	148,560	16,043	9	11,389
Newborn Children	628	666	1,221,005	16,043	76	93,606
Child Health Supervision Services	no data available					
Childhood Immunizations	7,603	167	713,522	16,043	44	54,701
Infant Hearing Screening and Related Diagnostics	86	0	7,081	16,043	0	543
Mental Health Services						
Inpatient	150	284	698,618	16,043	44	53,558
Partial Hospitalization	0	0	0	16,043	0	0
Outpatient	7,746	0	1,245,759	16,043	78	95,504
Substance Abuse Services						
Inpatient	10	185	177,854	16,043	11	13,635
Partial Hospitalization	no data available					
Outpatient	1,123	0	399,506	16,043	25	30,627
Biologically Based Mental Illness	4,831	642	1,708,925	16,043	107	131,011
Obstetrical Services						
Normal Pregnancy	1,259	24	242,596	16,043	15	18,598
Other	3,644	1,192	2,206,398	16,043	138	169,149
Other						
Postpartum Services	273	0	39,915	16,043	2	3,060
Pregnancy from Rape / Incest	no data available					
Mammograms	4,699	0	576,762	16,043	36	44,216
Pap Smears	2,066	0	68,419	16,043	4	5,245
Bones and Joints	2,190	19	250,613	16,043	16	19,213
Hemophilia and Congenital Bleeding Disorders	406	314	238,065	16,043	15	18,251
Reconstructive Breast Surgery	71	0	151,969	16,043	9	11,650
Early Intervention Services	335	0	22,388	16,043	1	1,716
PSA Testing	686	0	22,902	16,043	1	1,756
Colorectal Cancer Screening	2,503	0	854,196	16,043	53	65,485
Clinical Trials for Treatment Studies on Cancer	197	0	64,040	16,043	4	4,909
Minimum Hospital Stay for Hysterectomy	13	0	62,902	16,043	4	4,822
Diabetes	2,153	7	167,598	16,043	10	12,849
Hospice Care	20	0	2,122	16,043	0	163
Hospitalization and Anesthesia for Dental Procedures	30	0	4,745	16,043	0	364
Treatment of Morbid Obesity	no data available					
Lymphedema	83	52	30,658	16,043	2	2,350
Prosthetic Devices	no data available					
Telemedicine	11	0	540	16,043	0	41
Autism Spectrum Disorder	19,404	11	1,104,857	16,043	69	84,702

¹ Aetna provided average member count for FY 2019

² Aetna provided total administrative cost paid during FY 2019 of \$4,039,580. Administrative cost by benefit was estimated by allocating the total administrative fees paid during FY 2019 using the total claim payments by benefit and Aon's total incurred claims estimate for the plan from the June 2019 IBNR valuation.



Empower Results®

Aetna - FY 2019

Part B: Providers

Group Values

	Number of Visits	Total Claim Payments	Number of Contracts / Certificates ¹	Claim Cost Per Contract / Certificate	Annual Admin Cost ²
Chiropractor	12,992	224,489	16,043	14	17,210
Optometrist	2,356	125,644	16,043	8	9,632
Optician	19	774	16,043	0	59
Ophthalmologist			no data available		
Psychologist	1,365	90,501	16,043	6	6,938
Clinical Social Worker	1,871	82,780	16,043	5	6,346
Podiatrist	1,254	81,738	16,043	5	6,266
Professional Counselor	4,089	216,959	16,043	14	16,633
Physical Therapist	7,468	390,296	16,043	24	29,921
Clinical Nurse Specialist	9	1,265	16,043	0	97
Audiologist	260	8,160	16,043	1	626
Speech Pathologist	151	10,595	16,043	1	812
Certified Nurse Midwife	258	59,893	16,043	4	4,592
Licensed Acupuncturist	44	1,604	16,043	0	123
Marriage and Family Therapist	242	13,853	16,043	1	1,062

¹ Aetna provided average member count for FY 2019

² Aetna provided total administrative cost paid during FY 2019 of \$4,039,580. Administrative cost by benefit was estimated by allocating the total administrative fees paid during FY 2019 using the total claim payments by benefit and Aon's total incurred claims estimate for the plan from the June 2019 IBNR valuation.



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Part D: Utilization and Expenditures for Selected Procedures by Provider Type

	Number of Visits	Claim Payments	Cost Per Visit
1. 99203 - Office Visit, Intermediate Service to New Patient			
Chiropractor	179	13,607	76
Clinical Nurse Specialist		no data available	
Clinical Social Worker	1	50	50
Physical Therapist		no data available	
Podiatrist	193	18,376	95
Professional Counselor	1	62	62
Psychiatrist		no data available	
Psychologist		no data available	
Physician	2,204	233,999	106
Certified Nurse Midwife	3	252	84
Marriage and Family Therapist		no data available	
Ophthalmologist		no data available	
Optician		no data available	
Optometrist		no data available	
2. 90806-90807, 90818-90819 - Individual/Medical Psychotherapy, 45 to 50 Minute Session			
Clinical Nurse Specialist		no data available	
Clinical Social Worker	485	22,502	46
Professional Counselor	885	41,547	47
Psychiatrist		no data available	
Psychologist	500	26,025	52
Physician	107	6,117	57
Marriage and Family Therapist	32	1,940	61
3. 90853 - Group Psychotherapy			
Clinical Nurse Specialist		no data available	
Clinical Social Worker	14	198	14
Professional Counselor	96	3,498	36
Psychiatrist		no data available	
Psychologist	1	125	125
Physician	9	232	26
Marriage and Family Therapist		no data available	
4. 92507 - Speech, Language or Hearing Therapy, Individual			
Audiologist		no data available	
Physical Therapist	60	2,670	44
Speech Pathologist	108	6,979	65
Physician	12	0	0
5. 97110 - Physical Medicine Treatment, each 15 minutes, Therapeutic Exercise			
Chiropractor	1,228	19,018	15
Physical Therapist	1,396	53,567	38
Physician	324	8,973	28
Podiatrist		no data available	
Speech Pathologist	10	241	24
Clinical Nurse Specialist		no data available	
6. 97124 - Physical Medicine Treatment, Massage			
Chiropractor	658	8,539	13
Physical Therapist		no data available	
Physician		no data available	
Podiatrist		no data available	
7. 97035 - Physical Medicine Treatment, Ultrasound, each 15 minutes			
Chiropractor	395	2,885	7
Physical Therapist	49	454	9
Physician	20	102	5
Podiatrist	5	27	5
8. 92352 - Fitting of Spectacle Prosthesis for Aphakia, monofocal			
Ophthalmologist		no data available	
Optician		no data available	
Optometrist		no data available	
Physician		no data available	
9. 11750 - Excision of Nail and Nail Matrix, Partial or Complete, for Permanent Removal			
Physician	1	124	124
Podiatrist	32	3,506	110