



JANET LAWSON
DIRECTOR

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Department Of Human Resource Management

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Nov 16, 2023

The Honorable Glenn Youngkin, Governor, Commonwealth of Virginia
The Honorable Barry D. Knight, Chair, House Appropriations Committee
The Honorable Janet D. Howell and George L. Barker, Co-Chairs, Senate Finance Committee

Subject: Mandated Benefits Report – Fiscal Year 2023

The attached report is pursuant to §2.2-2818 (S.) of the Code of Virginia.

Please contact me if there are any questions.

Sincerely,

A handwritten signature in cursive script that reads "Janet L. Lawson".

Janet L. Lawson
Agency Director

Cc: The Honorable Margaret McDermid, Secretary of Administration
Gary Johnston, Director, Office of Health Benefits

November 15, 2023

Mr. Gary Johnston
Director, Office of Health Benefits
Commonwealth of Virginia
Department of Human Resource Management
101 N. 14th Street
Richmond, VA 23219

Re: SFY2023 Mandated Benefits Report

Dear Mr. Johnston,

Aon was retained by the Commonwealth of Virginia's Department of Human Resource Management to review and evaluate the Mandated Benefits Reports as prepared by Anthem and Aetna for the Commonwealth's Health Benefits Plans. The Commonwealth specific reports for Anthem and Aetna for SFY2023 are attached.

The reports provide cost and utilization information for each of the mandated benefits and providers as required. We reviewed and compared the Anthem and Aetna data specific to the Commonwealth's plans alongside the reports submitted for SFY2021-SFY2022. As a reminder, Anthem's reporting prior to SFY2022 was updated last year to better align with SCC guidance.

We have a rolling 3-year period of Anthem and Aetna data to compare, which allows us to draw some general conclusions on cost and utilization patterns related to the mandated benefit provisions. To project future mandate related trends, Aon would need to incorporate data beyond the scope of the reporting requirements of the Mandated Benefits Reports. The Mandated Benefit Reports capture the total claims cost and visits for each mandate and do not contain any information on the cost and utilization patterns related to the specific populations covered by each of the mandated benefits and providers.

Aon did compare overall trends across **Part A: Claim Information - Benefits**, **Part B: Claim Information - Providers** and **Part D: Utilization and Expenditures for Selected Procedures by Provider Type** as per the Anthem and Aetna reports for SFY2021 through SFY2023. We observed reasonable trends in total claims paid, claim cost per contract, and visits per contract, a metric we calculated to measure change in utilization volume year over year.

Note, elective procedures and nonemergency visits were avoided or deferred, resulting in significant changes to the types and frequency of claims incurred by members in SFY2020. In SFY2021, we began to see a return of these services resulting in a large increase year over year due to the suppression observed in SFY2020, and why we are not including SFY2020 data in our comparison of overall trends. Claims and utilization have been more stable from SFY2021 to SFY2023.

Anthem covers approximately 88% of the contracts for the Commonwealth. Aetna trends are less credible due to the size of the population and the normal volatility of the claims. However, we can still make reasonable observations about trend from the Anthem data and have also included Aetna data for comparison. Any increase in Aetna total claims payments is partially attributable to an average increase in enrollment of 4.7% per year from SFY2021 to SFY2023.

Anthem Part A total claims per contract increased at an annual rate of 3.6% and claims cost per visit increased at an annual rate of 4.3% from SFY2021 to SFY2023. Total utilization, measured by “visits per contract”, has decreased at an annual rate of 0.6% in the same time period. Aetna Part A total claims per contract increased at an annual rate of 5.1%, claims cost per visit decreased at an annual rate of 2.4% and total utilization increased at an annual rate of 7.7% from SFY2021 to SFY2023.

Telemedicine claims cost and utilization has increased dramatically since the start of the COVID-19 pandemic and is included in the Part A information. Telemedicine services provide members an alternative access to care and help to reduce professional spend. While the expansion of telemedicine services may be here to stay beyond the pandemic, it is not expected to drive a major reduction in overall claims. If we remove telemedicine from the data: Anthem Part A total claims per contract increased at an annual rate of 5.1%, claims cost per visit increased at an annual rate of 3.5% and total utilization has increased at an annual rate of 1.6% from SFY2021 to SFY2023. Aetna Part A total claims per contract increased at an annual rate of 5.5%, claims cost per visit decreased at an annual rate of 2.7% and total utilization has increased at an annual rate of 8.5% from SFY2021 to SFY2023.

In addition, we compared the trends for some of the preventive mandated benefits. Specifically, we looked at the change in “visits per contract” to measure change in volume of these procedures year over year for SFY2020 through SFY2023. The “number of contracts” reported for each measure represents the entire COVA population and “visits per contract” is defined over the entire COVA population. Generally, industry standard methodology used to report preventive procedure rates involves looking at only the subset of the enrolled population applicable for each measure. Please note that an independent analysis would need to be done to report preventative procedure rates for the measures we reviewed. The results are shown in the tables listed in Exhibit A accompanying this letter. The trends observed for any particular service may not provide a meaningful comparison for SFY2020 and SFY2021 due to the impacts from the COVID-19 pandemic as noted earlier. Looking at the three-year average may be a better measure for the time period.

Anthem Part B total claims paid per contract increased at an annual rate of 4.3% and claims cost per visit increased at an annual rate of 2.9% from SFY2021 to SFY2023. Total utilization, measured by “visits per contract”, increased at an annual rate of 1.4%. Aetna Part B total claims paid per contract increased 17.4%, claims cost per visit increased 11.4%, and visits per contract increased 5.4% from SFY2021 to SFY2023. Part B data includes several mental health providers contributing to the overall trends. There has been a significant demand for mental health services as a result of the COVID-19 pandemic.

Anthem Part D total claims payments for the selected procedures decreased at an annual rate of 0.7% and claims cost per visit decreased at an annual rate of 4.6% over the three-year period. Aetna Part D total claims payments for the selected procedures increased at an annual rate of 4.0% and claims cost per visit decreased at an annual rate of 2.1% over the three-year period. The majority of cost and visits reported for Part B and Part D are for Clinical Social Workers and Physical Therapists.

We will continue to monitor the reports and provide a general comparison of year over year results as additional results become available. Please let me know if you have any questions or concerns regarding these reports at this time. I can be reached at 410.218.8476.

Sincerely,

A handwritten signature in blue ink, appearing to read 'Christina Jackson', with a long horizontal flourish extending to the right.

Christina Jackson, FSA, MAAA
Vice President



Exhibit A

Anthem

	Number of Visits				Number of Contracts				Paid Claims			
	SFY2020	SFY2021	SFY2022	SFY2023	SFY2020	SFY2021	SFY2022	SFY2023	SFY2020	SFY2021	SFY2022	SFY2023
Childhood Immunizations	139,850	148,941	140,471	134,575	76,138	73,280	71,776	72,124	12,221,630	12,421,768	13,252,284	12,912,957
Mammograms	38,805	40,428	40,147	41,013	76,138	73,280	71,776	72,124	8,902,414	9,575,704	9,291,507	9,343,345
Pap Smears	14,244	16,049	14,546	15,041	76,138	73,280	71,776	72,124	512,221	530,712	485,498	508,025
Early Intervention Services	3,496	4,694	5,809	5,233	76,138	73,280	71,776	72,124	383,374	485,566	568,274	499,804
PSA Testing	12,713	15,235	15,435	15,326	76,138	73,280	71,776	72,124	276,956	309,045	310,580	298,569
Colorectal Cancer Screening	21,616	22,909	24,403	26,090	76,138	73,280	71,776	72,124	13,045,466	14,620,021	16,236,953	18,480,706

	Visits Per Contract				Paid Per Visit				Paid Per Contract			
	SFY2020	SFY2021	SFY2022	SFY2023	SFY2020	SFY2021	SFY2022	SFY2023	SFY2020	SFY2021	SFY2022	SFY2023
Childhood Immunizations	1.84	2.03	1.96	1.87	\$87	\$83	\$94	\$96	\$161	\$170	\$185	\$179
Mammograms	0.51	0.55	0.56	0.57	\$229	\$237	\$231	\$228	\$117	\$131	\$129	\$130
Pap Smears	0.19	0.22	0.20	0.21	\$36	\$33	\$33	\$34	\$7	\$7	\$7	\$7
Early Intervention Services	0.05	0.06	0.08	0.07	\$110	\$103	\$98	\$96	\$5	\$7	\$8	\$7
PSA Testing	0.17	0.21	0.22	0.21	\$22	\$20	\$20	\$19	\$4	\$4	\$4	\$4
Colorectal Cancer Screening	0.28	0.31	0.34	0.36	\$604	\$638	\$665	\$708	\$171	\$200	\$226	\$256

	Change in Visits Per Contract				Change in Paid Per Visit				Change in Paid Per Contract			
	21 vs '20	22 vs '21	23 vs '22	3 yr avg	21 vs '20	22 vs '21	23 vs '22	3 yr avg	21 vs '20	22 vs '21	23 vs '22	3 yr avg
Childhood Immunizations	+ 10.7%	- 3.7%	- 4.7%	+ 0.5%	- 4.6%	+ 13.1%	+ 1.7%	+ 3.2%	+ 5.6%	+ 8.9%	- 3.0%	+ 3.7%
Mammograms	+ 8.2%	+ 1.4%	+ 1.7%	+ 3.7%	+ 3.2%	- 2.3%	- 1.6%	- 0.2%	+ 11.8%	- 0.9%	+ 0.1%	+ 3.5%
Pap Smears	+ 17.1%	- 7.5%	+ 2.9%	+ 3.7%	- 8.0%	+ 0.9%	+ 1.2%	- 2.1%	+ 7.7%	- 6.6%	+ 4.1%	+ 1.5%
Early Intervention Services	+ 39.5%	+ 26.3%	- 10.4%	+ 16.5%	- 5.7%	- 5.4%	- 2.4%	- 4.5%	+ 31.6%	+ 19.5%	- 12.5%	+ 11.2%
PSA Testing	+ 24.5%	+ 3.4%	- 1.2%	+ 8.4%	- 6.9%	- 0.8%	- 3.2%	- 3.7%	+ 15.9%	+ 2.6%	- 4.3%	+ 4.4%
Colorectal Cancer Screening	+ 10.1%	+ 8.8%	+ 6.4%	+ 8.4%	+ 5.7%	+ 4.3%	+ 6.5%	+ 5.5%	+ 16.4%	+ 13.4%	+ 13.3%	+ 14.4%



Exhibit A

Aetna

	Number of Visits				Number of Contracts				Paid Claims			
	SFY2020	SFY2021	SFY2022	SFY2023	SFY2020 ¹	SFY2021 ²	SFY2022 ³	SFY2023 ⁴	SFY2020	SFY2021	SFY2022	SFY2023
Childhood Immunizations	8,837	9,518	9,511	10,777	8,598	9,117	9,291	9,995	\$787,846	\$725,165	\$840,417	\$901,912
Mammograms	4,348	6,414	7,169	8,342	8,598	9,117	9,291	9,995	\$572,809	\$820,557	\$918,438	\$1,151,989
Pap Smears	1,947	2,227	2,197	2,267	8,598	9,117	9,291	9,995	\$63,164	\$74,308	\$78,478	\$85,213
Early Intervention Services	353	498	680	836	8,598	9,117	9,291	9,995	\$30,796	\$25,885	\$45,630	\$57,253
PSA Testing	630	834	943	923	8,598	9,117	9,291	9,995	\$18,264	\$25,261	\$28,042	\$28,833
Colorectal Cancer Screening	2,308	2,910	4,102	4,424	8,598	9,117	9,291	9,995	\$792,897	\$1,063,977	\$1,564,757	\$1,926,240

	Visits Per Contract				Paid Per Visit				Paid Per Contract			
	SFY2020	SFY2021	SFY2022	SFY2023	SFY2020	SFY2021	SFY2022	SFY2023	SFY2020	SFY2021	SFY2022	SFY2023
Childhood Immunizations	1.03	1.04	1.02	1.08	\$89	\$76	\$88	\$84	\$92	\$80	\$90	\$90
Mammograms	0.51	0.70	0.77	0.83	\$132	\$128	\$128	\$138	\$67	\$90	\$99	\$115
Pap Smears	0.23	0.24	0.24	0.23	\$32	\$33	\$36	\$38	\$7	\$8	\$8	\$9
Early Intervention Services	0.04	0.05	0.07	0.08	\$87	\$52	\$67	\$68	\$4	\$3	\$5	\$6
PSA Testing	0.07	0.09	0.10	0.09	\$29	\$30	\$30	\$31	\$2	\$3	\$3	\$3
Colorectal Cancer Screening	0.27	0.32	0.44	0.44	\$344	\$366	\$381	\$435	\$92	\$117	\$168	\$193

	Change in Visits Per Contract				Change in Paid Per Visit				Change in Paid Per Contract			
	21 vs '20	22 vs '21	23 vs '22	3 yr avg	21 vs '20	22 vs '21	23 vs '22	3 yr avg	21 vs '20	22 vs '21	23 vs '22	3 yr avg
Childhood Immunizations	+ 1.6%	- 1.9%	+ 5.3%	+ 1.6%	- 14.5%	+ 16.0%	- 5.3%	- 2.1%	- 13.2%	+ 13.7%	- 0.2%	- 0.5%
Mammograms	+ 39.1%	+ 9.7%	+ 8.2%	+ 18.2%	- 2.9%	+ 0.1%	+ 7.8%	+ 1.6%	+ 35.1%	+ 9.8%	+ 16.6%	+ 20.0%
Pap Smears	+ 7.9%	- 3.2%	- 4.1%	+ 0.1%	+ 2.9%	+ 7.1%	+ 5.2%	+ 5.0%	+ 10.9%	+ 3.6%	+ 0.9%	+ 5.1%
Early Intervention Services	+ 33.0%	+ 34.0%	+ 14.3%	+ 26.8%	- 40.4%	+ 29.1%	+ 2.1%	- 7.8%	- 20.7%	+ 73.0%	+ 16.6%	+ 16.9%
PSA Testing	+ 24.8%	+ 11.0%	- 9.0%	+ 8.0%	+ 4.5%	- 1.8%	+ 5.0%	+ 2.5%	+ 30.4%	+ 8.9%	- 4.4%	+ 10.7%
Colorectal Cancer Screening	+ 18.9%	+ 38.3%	+ 0.3%	+ 18.1%	+ 6.4%	+ 4.3%	+ 14.1%	+ 8.2%	+ 26.5%	+ 44.3%	+ 14.4%	+ 27.9%

¹ SFY 2020 contracts were estimated using subscriber enrollment from the June 2020 IBNR valuation. Aetna provided average member count for SFY 2020 of 17,827.

² SFY 2021 contracts were estimated using subscriber enrollment from the June 2021 IBNR valuation. Aetna provided average member count for SFY 2021 of 19,471.

³ SFY 2022 contracts were estimated using subscriber enrollment from the June 2022 IBNR valuation. Aetna provided average member count for SFY 2022 of 20,112.

⁴ SFY 2023 contracts were estimated using subscriber enrollment from the June 2023 IBNR valuation. Aetna provided average member count for SFY 2023 of 21,415.



Anthem - FY 2023

Form MB1 - Part A: Claim Information - Benefits

GROUP TOTAL CLAIMS PAID OR INCURRED

	Number of Visits	Number of Days	Total Claim Payments	Number of Contracts / Certificates	Claim Cost Per Contract / Certificate	Annual Admin Cost
Dependent Children (Handicapped)	4,505	103	2,714,336	72,124	38	62,430
Doctor to Include Dentist	no data available					
Newborn Children	13,276	368	5,431,480	72,124	75	124,924
Child Health Supervision Services	31,573	0	3,547,592	72,124	49	81,595
Childhood Immunizations	134,575	0	12,912,957	72,124	179	296,998
Infant Hearing Screening and Related Diagnostics	11,200	0	341,644	72,124	5	7,858
Mental Health Services						
Inpatient	2,033	2,470	4,195,331	72,124	58	96,493
Partial Hospitalization	1	0	93	72,124	0	2
Outpatient	116,775	0	12,586,094	72,124	175	289,480
Substance Abuse Services						
Inpatient	828	2,257	2,083,118	72,124	29	47,912
Partial Hospitalization	1	0	132	72,124	0	3
Outpatient	13,487	0	1,448,031	72,124	20	33,305
Biologically Based Mental Illness	128,668	5,575	23,775,295	72,124	330	546,832
Obstetrical Services						
Normal Pregnancy	1,273	81	1,802,751	72,124	25	41,463
Other	8,065	4,935	21,548,111	72,124	299	495,607
Other						
Postpartum Services	2,538	7	570,978	72,124	8	13,132
Pregnancy from Rape / Incest	no data available					
Mammograms	41,013	0	9,343,345	72,124	130	214,897
Pap Smears	15,041	0	508,025	72,124	7	11,685
Bones and Joints	16,633	32	4,621,444	72,124	64	106,293
Hemophilia and Congenital Bleeding Disorders	846	58	444,738	72,124	6	10,229
Reconstructive Breast Surgery	605	1	1,035,761	72,124	14	23,823
Early Intervention Services	5,233	0	499,804	72,124	7	11,495
PSA Testing	15,326	0	298,569	72,124	4	6,867
Colorectal Cancer Screening	26,090	0	18,480,706	72,124	256	425,056
Clinical Trials for Treatment Studies on Cancer	10	0	2,316	72,124	0	53
Minimum Hospital Stay for Hysterectomy	151	0	912,594	72,124	13	20,990
Diabetes	932	0	1,602,096	72,124	22	36,848
Hospice Care	322	0	62,804	72,124	1	1,444
Hospitalization and Anesthesia for Dental Procedures	no data available					
Treatment of Morbid Obesity	16	0	20,406	72,124	0	469
Lymphedema	953	0	206,862	72,124	3	4,758
Prosthetic Devices	no data available					
Telemedicine	174,091	0	18,676,291	72,124	259	429,555
Autism Spectrum Disorder	no data available					



Anthem - FY 2023

Form MB1 - Part B: Providers

Group Values

	Number of Visits	Total Claim Payments	Number of Contracts / Certificates	Claim Cost Per Contract / Certificate	Annual Admin Cost
Chiropractor	81,570	3,822,667	72,124	53	87,921
Optometrist	16,266	1,707,468	72,124	24	39,272
Optician	1	0	72,124	0	0
Ophthalmologist	24,646	6,660,804	72,124	92	153,198
Psychologist	33,799	4,132,184	72,124	57	95,040
Clinical Social Worker	175,938	17,708,667	72,124	246	407,299
Podiatrist	15,425	1,999,212	72,124	28	45,982
Professional Counselor	3,266	265,092	72,124	4	6,097
Physical Therapist	124,189	9,120,691	72,124	126	209,776
Clinical Nurse Specialist	1,318	449,081	72,124	6	10,329
Audiologist	2,820	365,526	72,124	5	8,407
Speech Pathologist			no data available		
Certified Nurse Midwife	2,397	531,031	72,124	7	12,214
Licensed Acupuncturist			no data available		
Psychiatrist	29,524	4,087,161	72,124	57	94,005
Marriage and Family Therapist			no data available		
Physician	428,045	69,625,708	72,124	965	1,601,391



Anthem - FY 2023

Form MB1 - Part D: Utilization and Expenditures for Selected Procedures by Provider Type

	Number of Visits	Claim Payments	Cost Per Visit
1. 99203 - Office Visit, Intermediate Service to New Patient			
Chiropractor	1,653	82,918	50
Clinical Nurse Specialist	2	181	91
Clinical Social Worker		no data available	
Physical Therapist	70	7,113	102
Podiatrist	2,766	270,471	98
Professional Counselor		no data available	
Psychiatrist	22	2,447	111
Psychologist		no data available	
Physician	9,140	1,045,630	114
Certified Nurse Midwife	98	8,139	83
Marriage and Family Therapist		no data available	
Ophthalmologist	490	49,294	101
Optician		no data available	
Optometrist	443	39,381	89
2. 90806-90807, 90818-90819 - Individual/Medical Psychotherapy, 45 to 50 Minute Session			
Clinical Nurse Specialist		no data available	
Clinical Social Worker		no data available	
Professional Counselor		no data available	
Psychiatrist		no data available	
Psychologist		no data available	
Physician		no data available	
Marriage and Family Therapist		no data available	
3. 90853 - Group Psychotherapy			
Clinical Nurse Specialist		no data available	
Clinical Social Worker	1,661	17,910	11
Professional Counselor		no data available	
Psychiatrist	133	3,217	24
Psychologist	322	4,916	15
Physician	86	1,027	12
Marriage and Family Therapist		no data available	
4. 92507 - Speech, Language or Hearing Therapy, Individual			
Audiologist		no data available	
Physical Therapist		no data available	
Speech Pathologist		no data available	
Physician	7	126	18
5. 97110 - Physical Medicine Treatment, each 15 minutes, Therapeutic Exercise			
Chiropractor	19,969	571,305	29
Physical Therapist	95,857	3,255,638	34
Physician	458	24,714	54
Podiatrist	54	1,875	35
Speech Pathologist	3	60	20
Clinical Nurse Specialist		no data available	
Clinical Social Worker		no data available	
6. 97124 - Physical Medicine Treatment, Massage			
Chiropractor	5,339	218,819	41
Physical Therapist	53	1,472	28
Physician	7	82	12
Podiatrist		no data available	
7. 97035 - Physical Medicine Treatment, Ultrasound, each 15 minutes			
Chiropractor	3,012	28,947	10
Physical Therapist	1,555	18,708	12
Physician	14	165	12
Clinical Nurse Specialist		no data available	
8. 92352 - Fitting of Spectacle Prosthesis for Aphakia, monofocal			
Ophthalmologist		no data available	
Optician		no data available	
Optometrist		no data available	
Physician		no data available	
9. 11750 - Excision of Nail and Nail Matrix, Partial or Complete, for Permanent Removal			
Physician	16	2,723	170
Podiatrist	402	78,567	195



Aetna - FY 2023

Part A: Claim Information - Benefits

GROUP TOTAL CLAIMS PAID OR INCURRED

	Number of Visits	Number of Days	Total Claim Payments	Number of Contracts / Certificates ¹	Claim Cost Per Contract / Certificate	Annual Admin Cost ²
Dependent Children (Handicapped)	71	0	3,274	21,415	0	173
Doctor to Include Dentist	1,486	0	184,394	21,415	9	9,728
Newborn Children	1,041	908	1,675,049	21,415	78	88,371
Child Health Supervision Services	3	0	231	21,415	0	12
Childhood Immunizations	10,777	220	901,912	21,415	42	47,582
Infant Hearing Screening and Related Diagnostics	21	0	1,191	21,415	0	63
Mental Health Services						
Inpatient	370	1,362	953,633	21,415	45	50,311
Partial Hospitalization	1	0	2	21,415	0	0
Outpatient	15,202	0	2,932,469	21,415	137	154,709
Substance Abuse Services						
Inpatient	76	185	182,520	21,415	9	9,629
Partial Hospitalization			no data available			
Outpatient	1,390	0	527,275	21,415	25	27,818
Biologically Based Mental Illness	6,315	880	2,052,138	21,415	96	108,265
Obstetrical Services						
Normal Pregnancy	1,329	16	272,258	21,415	13	14,364
Other	4,751	1,626	3,191,790	21,415	149	168,390
Other						
Postpartum Services	780	3	81,630	21,415	4	4,307
Pregnancy from Rape / Incest			no data available			
Mammograms	8,342	0	1,151,989	21,415	54	60,776
Pap Smears	2,267	0	85,213	21,415	4	4,496
Bones and Joints	3,421	33	374,798	21,415	18	19,773
Hemophilia and Congenital Bleeding Disorders	884	203	358,027	21,415	17	18,889
Reconstructive Breast Surgery	90	0	112,985	21,415	5	5,961
Early Intervention Services	836	0	57,253	21,415	3	3,020
PSA Testing	923	0	28,833	21,415	1	1,521
Colorectal Cancer Screening	4,424	0	1,926,240	21,415	90	101,623
Clinical Trials for Treatment Studies on Cancer	375	72	665,515	21,415	31	35,111
Minimum Hospital Stay for Hysterectomy	19	0	68,228	21,415	3	3,600
Diabetes	4,542	0	424,909	21,415	20	22,417
Hospice Care	51	134	266,015	21,415	12	14,034
Hospitalization and Anesthesia for Dental Procedures	47	0	12,423	21,415	1	655
Treatment of Morbid Obesity	1	0	671	21,415	0	35
Lymphedema	157	0	79,046	21,415	4	4,170
Prosthetic Devices			no data available			
Telemedicine	4,025	0	334,091	21,415	16	17,626
Autism Spectrum Disorder	41,806	91	2,899,260	21,415	135	152,957

¹ Aetna provided average member count for FY 2023

² Aetna provided total administrative cost paid during FY 2023 of \$4,610,895. Administrative cost by benefit was estimated by allocating the total administrative fees paid during FY 2023 using the total claim payments by benefit and Aon's total incurred claims estimate for the plan from the June 2023 IBNR valuation.



Aetna - FY 2023

Part B: Providers

Group Values

	Number of Visits	Total Claim Payments	Number of Contracts / Certificates ¹	Claim Cost Per Contract / Certificate	Annual Admin Cost ²
Chiropractor	15,158	263,082	21,415	12	13,879
Optometrist	3,094	193,203	21,415	9	10,193
Optician	15	953	21,415	0	50
Ophthalmologist			no data available		
Psychologist	2,610	279,105	21,415	13	14,725
Clinical Social Worker	5,007	349,647	21,415	16	18,446
Podiatrist	1,596	114,624	21,415	5	6,047
Professional Counselor	9,842	1,526,840	21,415	71	80,552
Physical Therapist	13,864	395,986	21,415	18	20,891
Clinical Nurse Specialist	1	97	21,415	0	5
Audiologist	495	11,667	21,415	1	616
Speech Pathologist	763	42,833	21,415	2	2,260
Certified Nurse Midwife	550	126,934	21,415	6	6,697
Licensed Acupuncturist	164	6,448	21,415	0	340
Marriage and Family Therapist	456	34,044	21,415	2	1,796
Physician			no data available		

¹ Aetna provided average member count for FY 2023

² Aetna provided total administrative cost paid during FY 2023 of \$4,610,895. Administrative cost by benefit was estimated by allocating the total administrative fees paid during FY 2023 using the total claim payments by benefit and Aon's total incurred claims estimate for the plan from the June 2023 IBNR valuation.



Aetna - FY 2023

Part D: Utilization and Expenditures for Selected Procedures by Provider Type

	Number of Visits	Claim Payments	Cost Per Visit
1. 99203 - Office Visit, Intermediate Service to New Patient			
Chiropractor	196	15,641	80
Clinical Nurse Specialist		no data available	
Clinical Social Worker		no data available	
Physical Therapist		no data available	
Podiatrist	221	20,235	92
Professional Counselor	1	0	0
Psychiatrist		no data available	
Psychologist		no data available	
Physician	2,869	315,617	110
Certified Nurse Midwife	14	1,673	120
Marriage and Family Therapist		no data available	
Ophthalmologist		no data available	
Optician		no data available	
Optometrist		no data available	
2. 90806-90807, 90818-90819 - Individual/Medical Psychotherapy, 45 to 50 Minute Session			
Clinical Nurse Specialist		no data available	
Clinical Social Worker	1,285	70,423	55
Professional Counselor	1,364	83,722	61
Psychiatrist		no data available	
Psychologist	195	12,723	65
Physician	680	47,879	70
Marriage and Family Therapist	64	4,243	66
3. 90853 - Group Psychotherapy			
Clinical Nurse Specialist		no data available	
Clinical Social Worker	34	1,017	30
Professional Counselor	121	4,365	36
Psychiatrist		no data available	
Psychologist	11	677	62
Physician	12	258	22
Marriage and Family Therapist		no data available	
4. 92507 - Speech, Language or Hearing Therapy, Individual			
Audiologist		no data available	
Physical Therapist	495	26,021	53
Speech Pathologist	513	26,542	52
Physician	31	50	2
5. 97110 - Physical Medicine Treatment, each 15 minutes, Therapeutic Exercise			
Chiropractor	1,668	24,541	15
Physical Therapist	4,095	136,709	33
Physician	105	4,346	41
Podiatrist	1	19	
Speech Pathologist	10	188	19
Clinical Nurse Specialist		no data available	
6. 97124 - Physical Medicine Treatment, Massage			
Chiropractor	114	1,806	16
Physical Therapist		no data available	
Physician	2	59	29
Podiatrist		no data available	
7. 97035 - Physical Medicine Treatment, Ultrasound, each 15 minutes			
Chiropractor	276	1,882	7
Physical Therapist	18	135	7
Physician	2	0	0
Podiatrist	1	6	6
8. 92352 - Fitting of Spectacle Prosthesis for Aphakia, monofocal			
Ophthalmologist		no data available	
Optician		no data available	
Optometrist		no data available	
Physician		no data available	
9. 11750 - Excision of Nail and Nail Matrix, Partial or Complete, for Permanent Removal			
Physician		no data available	
Podiatrist	48	6,887	143