



COMMONWEALTH of VIRGINIA

Department of Medical Assistance Services

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March 21, 2024

MEMORANDUM

TO: The Honorable Mark Sickles
Chair, House Appropriations Health and Human Resources Sub-Committee

The Honorable Creigh Deeds
Chair, Senate Finance and Appropriations Committee Health and Human Resources Subcommittee

FROM: Cheryl J. Roberts
Director, Virginia Department of Medical Assistance Services

SUBJECT: Report on Medicaid Community Mental Health Rehabilitation Services Due FY2023

This report is submitted in compliance with Item 304.E.4. of the 2023 Appropriation Act, which states:

The Department of Medical Assistance Services shall modify its contracts with managed care organizations to require annual reporting with regard to Medicaid Community Mental Health Rehabilitation Services on: (i) the number of providers in their network and their geographic locations; (ii) the total number of provider terminations by year since fiscal year 2018 and the number terminated with and without cause; (iii) the localities the terminated providers served; and (iv) the number of Medicaid members the providers were serving prior to termination of their provider contract. The department shall report this data annually, not later than November 1, to the Joint Subcommittee for Health and Human Resources Oversight.”

Should you have any questions or need additional information, please feel free to contact me at (804)664-2660.

CJR/wrf

Enclosure

Pc: The Honorable John Littel, Secretary of Health and Human Resources

Annual Community Mental Health Rehabilitation Services (CMHRS) Provider Network Report

A Report to the Virginia General Assembly

March 21, 2024

Report Mandate:

Item 304.E.4. of the 2023 Appropriation Act states: The Department of Medical Assistance Services shall modify its contracts with managed care organizations to require annual reporting with regard to Medicaid Community Mental Health Rehabilitation Services on: (i) the number of providers in their network and their geographic locations; (ii) the total number of provider terminations by year since fiscal year 2018 and the number terminated with and without cause; (iii) the localities the terminated providers served; and (iv) the number of Medicaid members the providers were serving prior to termination of their provider contract. The department shall report this data annually, not later than November 1, to the Joint Subcommittee for Health and Human Resources Oversight.

Annual CMHRS Provider Network Report for 2023

In compliance with Item 304.E.4, DMAS previously modified its managed care organizations (MCOs) contracts to require the data necessary to complete the reporting requirements of this Item for the Medallion 4.0 and CCC+ MCO contracts effective July 1, 2022.

For the Fiscal Year (FY) 2023 report, DMAS utilized information provided directly by the MCOs. The information was broken down by city, county, and state level. Overall, five of the six MCOs terminated CMHRS providers from their networks. Two MCOs terminated CMHRS providers with cause.

- **Anthem** terminated 33 providers with cause. Prior to their termination, these providers served 103 members across four localities.
- **Molina** terminated 21 providers with cause. Prior to their termination, these providers served 242 members across 18 localities and one other state (North Carolina).
- **Optima** terminated six providers without cause. Prior to their termination, these providers served ten members across two localities.
- **United** terminated ten providers without cause. Prior to their termination, these providers served 81 members across nine localities and two other states (Florida and Tennessee).
- **Virginia Premier** terminated 44 providers without cause. Prior to their termination, these providers served 710 members across 19 localities.
- **Aetna** reported no CMHRS terminations during this reporting cycle.

About DMAS and Medicaid

The mission of the Virginia Medicaid agency is to improve the health and well-being of Virginians through access to high-quality health care coverage.

The Department of Medical Assistance Services (DMAS) administers Virginia's Medicaid and CHIP programs for over 2 million Virginians. Members have access to primary and specialty health services, inpatient care, dental, behavioral health as well as addiction and recovery treatment services. In addition, Medicaid long-term services and supports enable thousands of Virginians to remain in their homes or to access residential and nursing home care.

Medicaid members historically have included children, pregnant women, parents and caretakers, older adults, and individuals with disabilities. In 2019, Virginia expanded the Medicaid eligibility rules to make health care coverage available to more than 600,000 newly eligible, low-income adults.

Medicaid and CHIP (known in Virginia as Family Access to Medical Insurance Security, or FAMIS) are jointly funded by Virginia and the federal government under Title XIX and Title XXI of the Social Security Act. Virginia generally receives an approximate dollar-for-dollar federal spending match in the Medicaid program. Medicaid expansion qualifies the Commonwealth for a federal funding match of no less than 90% for newly eligible adults, generating cost savings that benefit the overall state budget.

Location	Active Network Providers Serving Location by MCO <i>Note: A single provider may be represented in multiple locations and in the totals for more than one MCO.</i>					
	Aetna	Anthem	Molina	Optima	United	VA Premier
Accomack County	2	1	13	2	4	2
Albemarle County	6	0	8	4	7	3
Alleghany County	0	0	0	0	3	0
Amelia County	2	0	1	1	1	1
Amherst County	1	1	0	1	0	1
Appomattox County	1	0	0	1	0	2
Arlington County	3	1	5	1	4	2
Augusta County	2	0	7	1	1	1
Bath County	1	0	3	0	0	0
Bedford County	7	7	6	3	3	6
Bland County	1	0	0	1	1	0
Botetourt County	0	0	3	1	1	2
Brunswick County	2	2	4	3	1	4
Buchanan County	1	0	4	1	5	1
Buckingham County	2	1	1	0	0	0
Campbell County	3	2	3	2	1	3
Caroline County	2	2	1	1	1	1
Carroll County	0	2	5	3	1	1
Charles City County	0	0	2	0	0	0
Charlotte County	1	1	1	2	1	1
Chesterfield County	56	42	58	35	41	59
Clarke County	0	0	0	0	1	1
Craig County	1	0	0	0	0	0
Culpeper County	8	4	6	4	9	6
Cumberland County	0	0	0	0	0	0
Dickenson County	1	0	0	2	1	1
Dinwiddie County	1	1	3	0	0	3
Essex County	6	2	4	2	4	2
Fairfax County	20	5	33	11	10	13
Fauquier County	2	0	1	0	3	3
Floyd County	2	1	1	2	1	1
Fluvanna County	1	0	2	0	0	0
Franklin County	5	2	10	3	5	5
Frederick County	5	2	15	1	3	3
Giles County	1	1	6	1	1	1
Gloucester County	2	1	1	2	1	1
Goochland County	2	1	2	1	2	4
Grayson County	1	1	0	1	2	0
Greene County	1	0	0	1	0	1
Greensville County	0	0	4	9	2	1
Halifax County	5	7	3	5	3	6

Location	Active Network Providers Serving Location by MCO <i>Note: A single provider may be represented in multiple locations and in the totals for more than one MCO.</i>					
	Aetna	Anthem	Molina	Optima	United	VA Premier
Hanover County	18	10	47	14	10	17
Henrico County	71	18	66	36	47	62
Henry County	18	0	27	9	0	2
Highland County	0	0	1	0	0	0
Isle Of Wight County	1	4	3	3	4	2
James City County	4	0	3	2	2	3
King and Queen County	0	0	1	0	0	0
King George County	2	1	1	1	1	0
King William County	1	0	1	1	0	2
Lancaster County	1	1	2	1	2	1
Lee County	4	1	3	2	2	1
Loudoun County	5	3	13	3	9	6
Louisa County	1	0	0	1	0	0
Lunenburg County	1	0	0	1	1	2
Madison County	1	0	0	0	1	0
Mathews County	0	0	1	0	0	1
Mecklenburg County	6	8	7	4	2	4
Middlesex County	1	0	1	0	1	2
Montgomery County	7	9	10	6	5	7
Nelson County	1	0	0	1	0	0
New Kent County	1	0	1	0	3	2
Northampton County	1	1	0	0	1	1
Northumberland County	1	0	2	0	1	0
Nottoway County	0	1	1	1	0	0
Orange County	1	1	1	1	2	1
Page County	3	1	1	0	2	2
Patrick County	2	2	1	2	2	2
Pittsylvania County	3	1	4	3	2	4
Powhatan County	1	0	2	2	2	2
Prince Edward County	10	3	25	8	7	11
Prince George County	1	1	0	1	3	4
Prince William County	13	14	13	6	10	5
Pulaski County	1	2	2	2	1	1
Rappahannock County	0	0	0	0	0	1
Richmond County	0	0	1	0	1	2
Roanoke County	25	1	14	9	9	27
Rockbridge County	0	0	4	1	1	0
Rockingham County	0	0	0	0	1	3
Russell County	4	1	3	1	3	0

Location	Active Network Providers Serving Location by MCO <i>Note: A single provider may be represented in multiple locations and in the totals for more than one MCO.</i>					
	Aetna	Anthem	Molina	Optima	United	VA Premier
Scott County	4	1	3	2	2	1
Shenandoah County	1	2	2	2	4	3
Smyth County	2	2	4	2	3	2
Southampton County	0	1	0	0	2	0
Spotsylvania County	8	1	6	5	5	7
Stafford County	1	3	7	3	5	5
Surry County	1	1	1	0	0	2
Sussex County	3	4	3	2	1	3
Tazewell County	5	3	7	2	3	5
Warren County	1	3	2	0	3	2
Washington County	4	6	5	7	10	8
Westmoreland County	0	0	1	0	0	0
Wise County	5	0	7	1	1	1
Wythe County	2	3	5	2	4	3
York County	1	1	2	0	1	1
Alexandria City	4	4	6	4	4	4
Bristol City	3	2	2	1	1	1
Buena Vista City	2	0	2	0	0	1
Charlottesville City	5	6	10	3	2	3
Chesapeake City	22	13	22	14	14	21
Colonial Heights City	8	7	10	5	7	11
Covington City	5	2	1	2	0	2
Danville City	29	21	27	23	15	27
Emporia City	9	6	4	0	0	11
Fairfax City	0	7	2	0	4	6
Falls Church City	0	3	0	0	0	1
Franklin City	2	3	2	4	6	4
Fredericksburg City	9	10	8	5	4	6
Galax City	7	4	0	0	5	4
Hampton City	18	16	17	21	12	20
Harrisonburg City	6	3	6	3	4	3
Hopewell City	3	5	8	6	2	8
Lexington City	5	1	3	0	0	2
Lynchburg City	20	16	12	9	9	15
Manassas City	6	0	6	2	0	7
Manassas Park City	0	0	0	0	0	1
Martinsville City	0	9	1	0	12	16
Newport News City	23	20	22	26	18	26
Norfolk City	30	25	31	18	19	27
Norton City	1	1	15	2	6	3
Petersburg City	17	15	15	13	10	20

Location	Active Network Providers Serving Location by MCO <i>Note: A single provider may be represented in multiple locations and in the totals for more than one MCO.</i>					
	Aetna	Anthem	Molina	Optima	United	VA Premier
Poquoson City	1	1	1	0	1	1
Portsmouth City	6	12	15	11	5	13
Radford City	3	2	2	1	2	2
Richmond City	53	73	67	45	30	58
Roanoke City	14	27	20	6	10	0
Salem City	2	1	0	2	0	1
Staunton City	10	0	7	2	4	4
Suffolk City	5	3	8	10	10	7
Virginia Beach City	20	12	21	17	6	23
Waynesboro City	0	1	2	0	1	1
Williamsburg City	0	4	0	0	2	0
Winchester City	8	7	5	1	4	3

Out of State	Aetna	Anthem	Molina	Optima	United	VA Premier
Florida	0	0	0	0	3	0
Maryland	0	0	0	2	0	0
Mississippi	0	0	0	0	1	0
North Carolina	0	0	0	2	0	0
Pennsylvania	0	0	0	0	1	0
Tennessee	0	0	0	8	4	0
West Virginia	0	0	0	1	0	0

Unique Active Network Providers by MCO	
MCO	Providers
VA Premier	483
Molina	396
Aetna	441
Anthem	355
Optima	340
United	296

(ii) Provider Terminations by Year; With and Without Cause

Aetna

FY	2019	2020	2021	2022	2023
With cause	0	0	0	0	0
Without cause	8	71	6	0	0

Anthem

FY	2019	2020	2021	2022	2023
With cause	0	0	0	2	33
Without cause	0	77	0	0	0

Molina

FY	2019	2020	2021	2022	2023
With cause	0	0	0	0	21
Without cause	124	164	78	0	0

Optima

FY	2019	2020	2021	2022	2023
With cause	0	0	0	0	0
Without cause	2	1	56	0	6

United

FY	2019	2020	2021	2022	2023
With cause	0	0	0	0	0
Without cause	3	99	6	2	10

Va. Premier

FY	2019	2020	2021	2022	2023
With cause	0	0	0	2	0
Without cause	3	75	0	0	44

(iii) Localities the Terminated Providers Served

Location	Termed Providers Serving Location by MCO					
	Aetna	Anthem	Molina	Optima	United	VA Premier
Albemarle County	0	0	0	0	2	0
Arlington County	0	1	0	0	0	0
Bedford County	0	0	0	0	0	1
Botetourt County	0	0	0	0	0	1
Campbell County	0	0	0	0	0	1
Chesterfield County	0	0	7	0	0	5
Culpeper County	0	0	7	0	2	0
Fairfax County	0	1	0	1	4	0
Frederick County	0	3	0	1	0	0
Halifax County	0	0	0	0	0	1
Hanover County	0	0	0	0	0	1
Henrico County	0	1	4	0	2	6
Henry County	0	0	0	0	1	0
Isle of Wight County	0	0	3	0	0	0
Lee County	0	0	0	0	0	1
Loudoun County	0	1	0	0	2	0
Mecklenburg County	0	0	2	0	0	0
Orange County	0	0	0	0	2	0
Page County	0	0	0	1	0	0
Prince Edward County	0	0	0	0	0	1
Prince William County	0	0	0	1	0	1

Location	Termed Providers Serving Location by MCO					
	<i>Note: A single provider may be represented in multiple locations and in the totals for more than one MCO. Only those localities with terminated providers are listed below.</i>					
	Aetna	Anthem	Molina	Optima	United	VA Premier
Roanoke County	0	0	2	0	0	3
Rockingham County	0	0	0	0	1	0
Stafford County	0	0	2	0	0	0
Shenandoah County	0	0	0	1	0	0
Sussex County	0	0	0	0	0	1
Washington County	0	0	0	0	3	0
Wise County	0	1	0	0	0	0
Wythe County	0	1	0	0	0	0
Alexandria City	0	1	0	0	0	0
Bristol City	0	1	0	0	0	0
Buena Vista City	0	0	5	0	0	0
Charlottesville City	0	0	0	0	1	0
Chesapeake City	0	3	0	1	0	4
Colonial Heights City	0	0	8	0	0	1
Danville City	0	0	9	0	0	3
Emporia City	0	0	0	0	0	1
Franklin City	0	1	0	0	0	1
Fredericksburg City	0	0	0	1	0	0
Hampton City	0	1	8	1	0	5
Harrisonburg City	0	1	0	1	3	0
Hopewell City	0	0	1	0	0	1
Lynchburg City	0	0	0	0	0	1
Manassas City	0	1	0	0	0	0
Martinsville City	0	0	0	0	0	2
Newport News City	0	1	1	2	0	4
Norfolk City	0	3	0	1	0	2
Norton City	0	0	0	0	1	0
Petersburg City	0	0	1	0	0	3
Portsmouth City	0	1	3	0	0	3
Richmond City	0	4	14	1	0	6
Roanoke City	0	2	11	0	1	0
Salem City	0	0	1	0	0	0
Suffolk City	0	1	0	0	0	0
Virginia Beach City	0	6	0	0	0	1
Winchester City	0	6	0	1	0	0

Out of State	Aetna	Anthem	Molina	Optima	United	VA Premier
Florida	0	0	0	0	6	0
North Carolina	0	0	9	0	0	0
Tennessee	0	0	0	0	6	0

(iv) Medicaid Members the Providers Were Serving Prior to Termination of Their Provider Contract

Location	Members Served by Termed Providers During SFY 2023 by MCO and Location <i>Note: Only those localities with terminated providers are listed below</i>						
	Aetna	Anthem	Molina	Optima	United	VA Premier	Location Total
Albemarle County	0	0	0	0	3	0	3
Campbell County	0	0	0	0	0	11	11
Chesterfield County	0	0	11	0	0	79	90
Culpeper County	0	0	22	0	4	0	26
Fairfax County	0	0	0	0	10	0	10
Halifax County	0	0	0	0	0	41	41
Hanover County	0	0	0	0	0	20	20
Henrico County	0	0	10	0	0	183	193
Isle of Wight County	0	0	6	0	0	0	6
Loudoun County	0	0	0	0	8	0	8
Mecklenburg County	0	0	2	0	0	0	2
Orange County	0	0	0	0	4	0	4
Roanoke County	0	0	2	0	0	42	44
Rockingham County	0	0	0	0	2	0	2
Stafford County	0	0	3	0	0	0	3
Sussex County	0	0	0	0	0	5	5
Washington County	0	0	0	0	4	0	4
Alexandria City	0	1	0	0	0	0	1
Buena Vista City	0	0	11	0	0	0	11
Charlottesville City	0	0	0	0	3	0	3
Chesapeake City	0	0	0	0	0	33	33
Colonial Heights City	0	0	17	0	0	8	25
Danville City	0	0	27	0	0	7	34
Emporia City	0	0	0	0	0	43	43
Hampton City	0	1	25	4	0	4	34
Harrisonburg City	0	0	0	0	13	0	13
Hopewell City	0	0	1	0	0	39	40
Martinsville City	0	0	0	0	0	46	46
Newport News City	0	71	3	6	0	1	81
Norfolk City	0	0	0	0	0	49	49
Petersburg City	0	0	1	0	0	12	13
Portsmouth City	0	0	4	0	0	19	23
Richmond City	0	0	41	0	0	68	109
Roanoke City	0	0	35	0	0	0	35
Salem City	0	0	2	0	0	0	2
Virginia Beach City	0	30	0	0	0	0	30
Member total		103	223	10	51	710	

Location	Members Served by Termed Providers During SFY 2023 by MCO and Location						Location Total
	<i>Note: Only those localities with terminated providers are listed below</i>						
	Aetna	Anthem	Molina	Optima	United	VA Premier	
Florida	0	0	0	0	8	0	
North Carolina	0	0	19	0	0	0	
Tennessee	0	0	0	0	22	0	