

## **COMMONWEALTH of VIRGINIA**

**Department of Medical Assistance Services** 

CHERYL ROBERTS DIRECTOR

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### May 9, 2024

#### **MEMORANDUM**

TO: The Honorable Luke Torian

Chair, House Appropriations Committee

The Honorable Louise Lucas

Chair, Senate Finance and Appropriations Committee

FROM: Cheryl J. Roberts

Director, Virginia Department of Medical Assistance Services

SUBJECT: Quarterly Medicaid Expenditures for Diabetic and Weight Loss Drugs

This report is submitted in compliance with item 304.ZZZZ.3. of the 2023 Appropriations Act, which states:

"3. The Department of Medical Assistance Services shall report Medicaid expenditures for diabetic and weight loss drugs each quarter, by no later than 60 days after the end of each quarter, to the Chairs of House Appropriations and Senate Finance and Appropriations Committees. The report shall breakout the expenditures by drug."

Should you have any questions or need additional information, please feel free to contact me at (804) 664-2660.

CJR/wrf

Enclosure

Pc: The Honorable John Littel, Secretary of Health and Human Resources



# Medicaid Expenditures for Diabetic and Weight Loss Drugs

A Report to the Virginia General Assembly

May 9, 2024

### **Report Mandate:**

The 2023 Appropriation Act, Item 304.ZZZZ., states:

"ZZZZ.1. The Department of Medical Assistance Services shall amend its regulations and guidance on weight loss drugs to require service authorization for all weight loss drugs to ensure appropriate utilization. The regulations shall be consistent with the appropriate clinical criteria generally used in the health insurance industry. The department shall have authority to implement these provisions prior to the completion of any regulatory process undertaken in order to effect such change.

- 2. The Department of Medical Assistance Services shall require service authorization for newer diabetic drugs to ensure appropriate utilization and adherence to clinical guidelines. The service authorization shall require evidence of a diagnosis of diabetes and the ineffectiveness of traditional drug treatments. The department shall have authority to implement these provisions prior to the completion of any regulatory process undertaken in order to effect such change.
- 3. The Department of Medical Assistance Services shall report Medicaid expenditures for diabetic and weight loss drugs each quarter, by no later than 60 days after the end of each quarter, to the Chairs of House Appropriations and Senate Finance and Appropriations Committees. The report shall breakout the expenditures by drug."

### Summary

Medicaid spending and the number of claims for GLP1 weight loss drugs decreased over the 3<sup>rd</sup> and 4<sup>th</sup> quarters compared to the first half of calendar year 2023. Drug shortages for this drug class continues to limit access. Overall, spend and the number of claims for GLP1 diabetes medications decreased from Q2 to Q3 with a slight increase during Q4. The spend and number of claims for weight loss drugs has decreased each quarter since Q2.

About DMAS and Medicaid

The mission of the Virginia Medicaid agency is to improve the health and well-being of Virginians through access to high-quality health care coverage.

The Department of Medical Assistance Services (DMAS) administers Virginia's Medicaid and CHIP programs for over 2 million Virginians. Members have access to primary and specialty health services, inpatient care, dental, behavioral health as well as addiction and recovery treatment services. In addition, Medicaid long-term services and supports enable thousands of Virginians to remain in their homes or to access residential and nursing home care.

Medicaid members historically have included children, pregnant women, parents and caretakers, older adults, and individuals with disabilities. In 2019, Virginia expanded the Medicaid eligibility rules to make health care coverage available to more than 600,000 newly eligible, low-income adults.

Medicaid and CHIP (known in Virginia as Family Access to Medical Insurance Security, or FAMIS) are jointly funded by Virginia and the federal government under Title XIX and Title XXI of the Social Security Act. Virginia generally receives an approximate dollar-for-dollar federal spending match in the Medicaid program. Medicaid expansion qualifies the Commonwealth for a federal funding match of no less than 90% for newly eligible adults, generating cost savings that benefit the overall state budget.



January	1	2023	tο	<b>December</b>	31	2023
January		, ZUZS	ω	December	JΙ	, ZUZS

\* denotes preferred medication

**FFS** 

Brand Name	Generic Name	Unique members	Total Claims	Total Payment				
Weight loss medications								
Alli/ Orlistat /Xenical*	orlistat	2	5	\$ 3,306				
Contrave*	naltrexone bupropion	5	11	\$ 2,558				
Saxenda*	liraglutide	23	31	\$ 36,033				
Wegovy*	semaglutide	111	148	\$ 172,447				
Total Wt. Loss		139	190	\$ 211,037				
Diabetic N	ledication							
Bydureon Bcise	exenatide microspheres	2	5	\$ 3,306				
Byetta*	exenatide	1	1	\$ 805				
Mounjaro	tirzepatide	23	34	\$ 39,525				
Ozempic	semaglutide	89	120	\$ 124,854				
Rybelsus oral	semaglutide oral	9	9	\$ 16,096				
Trulicity*	dulaglutide	250	413	\$ 403,686				
Victoza*	liraglutide	45	54	\$ 50,783				
Total Diabetic GI	PL1	419	636	\$ 639,054				

January 1,	2023 to December	* denotes preferred medication							
MCO									
Brand Name	Generic Name	Unique members	Total Claims	Total Payment					
	Weight loss medications								
Contrave *	naltrexone HCl/bupropion HCl	219	321	\$160,358					
Alli/ Orlistat /Xenical*	orlistat	64	98	\$43,094					
Saxenda*	liraglutide	1,453	2,309	\$2,665,499					
Wegovy*	semaglutide	5,146	10,620	\$13,410,744					
Total Wt. Loss		6,882	13,348	\$16,279,695					



Brand Name		Unique members	Total Claims	Total Payment			
Diabetic Medication							
Bydureon Bcise	exenatide microspheres	281	486	\$364,367			
Byetta*	exenatide	288	391	\$352,595			
Mounjaro	tirzepatide	4,632	7,457	\$6,723,958			
Ozempic	semaglutide	12,526	20,251	\$16,628,113			
Rybelsus oral	semaglutide oral	1,959	3,091	\$2,678,759			
Trulicity*	dulaglutide	50,459	84,657	\$81,799,380			
Victoza*	liraglutide	11,227	16,335	\$16,675,889			
Total Diabetic GF	PL1	81,372	132,668	\$125,223,061			

### **Utilization of Weight Loss and Diabetic Medications 2023\*,\*\***

		Q1 2023	Q2 2023					
Summary	Sp	end	Claims		Spend		Claims	
Plan	Wt. Loss	t. Loss GLP-1 (DM)		GLP-1 (DM)	Wt. Loss GLP-1 (DM)		Wt. Loss	GLP-1 (DM)
FFS	\$58,739	\$87,111	52	148	\$75,274	\$103,747	66	164
MCO total	\$3,833,62	\$26,911,876	3,103	28,313	\$7,099,975	\$29,889,36	5,697	31,812
Total	\$3,892,36	\$26,998,987	3,155	28,461	\$7,175,249	\$29,993,11	5,763	31,976

		Q3 2	023		Q4 2023			
Summary	Sp	end	Claims		Spend		Claims	
Plan	Wt. Loss GLP-1 (DM)		Wt. Loss	GLP-1 (DM)	Wt. Loss GLP-1 (DM)		Wt. Loss	GLP-1 (DM)
FFS	\$51,005	\$222,958	49	323	\$31,309	\$224,175	31	317
MCO total	\$5,614,82	\$26,893,931	4,576	28,523	\$4,841,813	\$27,580,16	3,903	29,388
Total	\$5,665,82	\$27,116,889	4,623	28,843	\$4,873,122	\$27,804,34	3,934	29,705

<sup>\*</sup>All MCO pricing is calculated with Shadow pricing (using the DMAS FFS pricing algorithm)



<sup>\*\*</sup> Spend and utilization is from reporting on 4/04/24 and reflects the most accurate claims reporting from MCOs and FFS on this date. It will be different from past reports submitted due to the reporting period.