

### COMMONWEALTH of VIRGINIA

### **Department of Medical Assistance Services**

CHERYL ROBERTS DIRECTOR

SUITE 1300 600 EAST BROAD STREET RICHMOND, VA 23219 804/786-7933 804/343-0634 (TDD) www.dmas.virginia.gov

November 1, 2024

#### **MEMORANDUM**

**TO:** The Honorable Mark D. Sickles

Chair, Joint Subcommittee for Health and Human Resources Oversight

The Honorable R. Creigh Deeds

Vice Chair, Joint Subcommittee for Health and Human Resources Oversight

**FROM:** Cheryl Roberts

Director, Virginia Department of Medical Assistance Services

**SUBJECT:** Report on Medicaid Community Mental Health Rehabilitation Services

for FY2024

This report is submitted in compliance with Item 288.P. of the 2024 Appropriation Act, which states:

The Department of Medical Assistance Services shall modify its contracts with managed care organizations to require annual reporting with regard to Medicaid Community Mental Health Rehabilitation Services on: (i) the number of providers in their network and their geographic locations; (ii) the total number of provider terminations by year since fiscal year 2018 and the number terminated with and without cause; (iii) the localities the terminated providers served; and (iv) the number of Medicaid members the providers were serving prior to termination of their provider contract. The department shall report this data annually, not later than November 1, to the Joint Subcommittee for Health and Human Resources Oversight.

Should you have any questions or need additional information, please feel free to contact me at 804-664-2660.

CR/wf Enclosure Pc: The Honorable Janet V. Kelly, Secretary of Health and Human Resources





## Annual Community Mental Health Rehabilitation Services (CMHRS) Provider Network Report

#### November 2024

### **Report Mandate:**

Item 288.P. of the 2024 Appropriation Act states: The Department of Medical Assistance Services shall modify its contracts with managed care organizations to require annual reporting with regard to Medicaid Community Mental Health Rehabilitation Services on: (i) the number of providers in their network and their geographic locations; (ii) the total number of provider terminations by year since fiscal year 2018 and the number terminated with and without cause; (iii) the localities the terminated providers served; and (iv) the number of Medicaid members the providers were serving prior to termination of their provider contract. The department shall report this data annually, not later than November 1, to the Joint Subcommittee for Health and Human Resources Oversight.

# **Annual CMHRS Provider Network Report for 2024**

DMAS previously modified its managed care organizations (MCOs) contracts to require the data necessary to complete the reporting requirements of this Item for the Medallion 4.0 and CCC+ MCO contracts effective July 1, 2022.

For the Fiscal Year (FY) 2024 report, DMAS utilized information provided directly by the MCOs. The information was broken down by city, county, and state level. Overall, five of the six<sup>i</sup> MCOs terminated CMHRS providers from their networks. Only one MCO terminated CMHRS providers with cause.

- Aetna terminated three providers with cause and two providers without cause.
   Prior to their terminations, these providers served 52 members across five localities
- Anthem terminated six providers with cause and two providers without cause.
   Prior to their terminations, these providers served 144 members across six localities.
- Molina reported no CMHRS terminations during this reporting cycle.
- Sentara terminated one provider without cause. Prior to termination, this provider served 156 members in one locality.
- United terminated three providers with cause and 64 providers without cause.
   Prior to their terminations, these providers served 1,000 members across 29 localities.

## **Active Network Providers by Locality and MCO**

Locality	Active Network Providers Serving Locality by MCO  Note: A single provider may be represented in  multiple localities and in the totals for more than  one MCO.								
	Aetna	Anthem	Molina	Sentara	United				
Accomack County	2	3	11	0	1				
Albemarle County	6	3	6	5	3				
Alleghany County	0	0	0	1	2				
Amelia County	1	0	1	3	0				
Amherst County	1	0	0	2	0				
Appomattox County	1	0	0	2	1				
Arlington County	3	3	2	2	3				
Augusta County	2	1	4	3	0				
Bath County	1	0	1	0	0				
Bedford County	7	6	2	7	2				
Bland County	1	0	0	1	0				
Botetourt County	1	0	1	1	0				
Brunswick County	3	1	4	3	0				
Buchanan County	1	0	2	2	0				
Buckingham County	1	1	0	0	0				
Campbell County	2	1	1	2	1				
Caroline County	2	0	2	2	0				
Carroll County	1	1	4	8	0				
Charles City County	0	0	1	0	0				
Charlotte County	1	1	0	2	0				
Chesterfield County	52	35	57	77	54				
Craig County	1	0	0	0	0				
Culpeper County	7	5	5	4	2				
Dickenson County	1	1	0	2	1				
Dinwiddie County	1	0	1	0	0				
Essex County	6	1	2	5	0				
Fairfax County	18	6	0	14	12				
Fauquier County	2	1	1	2	0				
Floyd County	2	2	1	2	1				
Fluvanna County	1	0	1	1	0				
Franklin County	4	3	0	6	1				

#### **Active Network Providers Serving Locality by MCO** Note: A single provider may be represented in Locality multiple localities and in the totals for more than one MCO. Aetna Anthem Molina **Sentara** United Frederick County Giles County **Gloucester County Goochland County Grayson County Greene County Greensville County** Halifax County **Hanover County Henrico County Henry County Highland County** Isle Of Wight County James City County King and Queen County King George County King William County **Lancaster County** Lee County **Loudon County Louisa County Lunenburg County Madison County Mathews County** Mecklenburg County Middlesex County **Montgomery County Nelson County New Kent County** Northampton County **Northumberland County Nottoway County Orange County**

#### **Active Network Providers Serving Locality by MCO** Note: A single provider may be represented in Locality multiple localities and in the totals for more than one MCO. Anthem Molina Sentara United Aetna Page County Patrick County Pittsylvania County **Powhatan County Prince Edward County Prince George County Prince William County** Pulaski County Rappahannock County **Richmond County Roanoke County Rockbridge County** Russell County **Scott County** Shenandoah County **Smyth County** Spotsylvania County Stafford County **Surry County** Sussex County **Tazewell County** Warren County **Washington County** Westmoreland County Wise County Wythe County York County Alexandria City **Bristol City Buena Vista City** Charlottesville City Chesapeake City Colonial Heights City

#### **Active Network Providers Serving Locality by MCO** Note: A single provider may be represented in Locality multiple localities and in the totals for more than one MCO. Aetna Anthem Molina **Sentara** United **Covington City** Danville City **Emporia City** Fairfax City Franklin City Fredericksburg City Galax City **Hampton City** Harrisonburg City **Hopewell City Lexington City** Lynchburg City Manassas City Martinsville City **Newport News City** Norfolk City **Norton City** Petersburg City **Poquoson City** Portsmouth City Radford City **Richmond City** Roanoke City Salem City Staunton City Suffolk City Virginia Beach City Waynesboro City Williamsburg City Winchester City

Other States	Aetna	Anthem	Molina	Optima	United
Florida	3	0	0	0	0
Iowa	1	0	0	0	0
Maryland	1	0	0	1	0
North Carolina	1	0	0	1	0
Tennessee	26	1	0	9	1
Texas	0	0	0	0	1
West Virginia	0	2	0	1	0

Unique Active Network Providers by MCO						
MCO Providers						
Aetna	397					
Anthem	352					
Molina	377					
Sentara	529					
United	387					

## **Provider Terminations by Year; With and Without Cause**

### Aetna

FY	2019	2020	2021	2022	2023	2024
With cause	0	0	0	0	0	3
Without cause	8	71	6	0	0	2

### Anthem

FY	2019	2020	2021	2022	2023	2024
With cause	0	0	0	2	33	6
Without cause	0	77	0	0	0	2

### Molina

FY	2019	2020	2021	2022	2023	2024
With cause	0	0	0	0	0	0
Without cause	124	164	78	0	21	0

### Sentara

FY	2019	2020	2021	2022	2023	2024
With cause	0	0	0	0	0	0
Without cause	2	1	56	0	6	1

### United

FY	2019	2020	2021	2022	2023	2024
With cause	0	0	0	0	0	3
Without cause	3	99	6	2	10	64

### Virginia Premier

FY	2019	2020	2021	2022	2023	2024
With cause	0	0	0	2	0	N/A
Without cause	3	75	0	0	44	N/A

## **Localities Served by Terminated Providers**

Locality		Total Termed Providers Serving Locality by MCO Note: A single provider may be represented in multiple localities and in the totals for more than one MCO.									
	Aetna	Anthem	Molina	Sentara	United						
Albemarle County	0	0	0	0	1						
Alleghany County	0	0	0	0	1						
Arlington County	0	0	0	0	1						
Bedford County	0	1	0	0	0						
Chesterfield County	0	1	0	0	4						
Fairfax County	0	0	0	0	4						
Franklin County	0	0	0	0	1						
Grayson County	0	1	0	0	0						
Hanover County	0	0	0	0	1						
Henrico County	1	1	0	0	7						
James City County	0	0	0	0	1						
Montgomery County	0	0	0	0	16						
Prince William County	0	0	0	0	3						
Roanoke County	0	0	0	0	2						

Locality		Total Termed Providers Serving Locality by MCO  Note: A single provider may be represented in  multiple localities and in the totals for more than  one MCO.								
	Aetna	Aetna Anthem Molina Sentara								
Smyth County	0	1	0	0	0					
Stafford County	0	0	0	0	1					
Tazewell County	0	0	0	0	1					
Wythe County	0	1	0	0	0					
Charlottesville City	0	1	0	0	1					
Chesapeake City	0	3	0	0	2					
Danville City	0	0	0	0	3					
Emporia City	1	0	0	0	0					
Franklin City	0	1	0	0	0					
Fredericksburg City	0	1	0	0	1					
Galax City	0	1	0	0	0					
Hampton City	1	0	0	0	1					
Harrisonburg City	0	0	0	0	1					
Hopewell City	0	0	0	0	1					
Lynchburg City	0	1	0	0	10					
Martinsville City	0	0	0	0	3					
Newport News City	0	1	0	0	3					
Norfolk City	1	0	0	0	0					
Norfolk City	0	0	0	0	1					
Norton City	0	0	0	0	1					
Portsmouth City	0	0	0	0	1					
Richmond City	1	1	0	1	1					
Roanoke City	0	0	0	0	4					

# **Medicaid Members Served by Termed Providers During the Fiscal Year Prior to Termination**

Locality				d by Termed by MCO and		
Loculty	Aetna	Anthem	Molina	Sentara	United	Locality Total
Albemarle County	0	0	0	0	60	60
Alleghany County	0	0	0	0	0	0
Arlington County	0	0	0	0	0	0
Bedford County	0	2	0	0	0	2
Chesterfield County	0	2	0	0	0	2
Fairfax County	0	0	0	0	0	0
Franklin County	0	0	0	0	0	0
Grayson County	0	0	0	0	0	0
Hanover County	0	0	0	0	0	0
Henrico County	13	0	0	0	49	62
James City County	0	0	0	0	0	0
Montgomery County	0	0	0	0	0	0
Prince William County	0	0	0	0	0	0
Roanoke County	0	0	0	0	21	21
Smyth County	0	0	0	0	0	0
Stafford County	0	0	0	0	0	0
Tazewell County	0	0	0	0	6	6
Wythe County	0	0	0	0	0	0
Charlottesville City	0	105	0	0	60	165
Chesapeake City	0	26	0	0	7	33
Danville City	0	0	0	0	522	522
Emporia City	11	0	0	0	0	11
Franklin City	0	7	0	0	0	7
Fredericksburg City	0	0	0	0	0	0
Galax City	0	0	0	0	0	0
Hampton City	23	0	0	0	0	23
Harrisonburg City	0	0	0	0	0	0
Hopewell City	0	0	0	0	36	36
Lynchburg City	0	2	0	0	0	2
Martinsville City	0	0	0	0	179	179
Newport News City	0	0	0	0	0	0
Norfolk City	4	0	0	0	60	64

Locality	Members Served by Termed Providers During SFY 2024 by MCO and Locality					
,	Aetna	Anthem	Molina	Sentara	United	Locality Total
Norton City	0	0	0	0	0	0
Portsmouth City	0	0	0	0	0	0
Richmond City	1	0	0	156	0	157
Roanoke City	0	0	0	0	0	0

### **About DMAS and Medicaid**

The mission of the Virginia Medicaid agency is to improve the health and well-being of Virginians through access to high-quality health care coverage. The Department of Medical Assistance Services (DMAS) administers Virginia's Medicaid and CHIP programs for approximately two million Virginians. Members have access to primary and specialty health services, inpatient care, dental, behavioral health as well as addiction and recovery treatment services. In addition, Medicaid long-term services and supports enable thousands of Virginians to remain in their homes or to access residential and nursing home care.

Medicaid members historically have included children, pregnant women, parents and caretakers, older adults, and individuals with disabilities. In 2019, Virginia expanded the Medicaid eligibility rules to make health care coverage available to more than 600,000 newly eligible, low-income adults.

Medicaid and CHIP (known in Virginia as Family Access to Medical Insurance Security, or FAMIS) are jointly funded by Virginia and the federal government under Title XIX and Title XXI of the Social Security Act. Virginia generally receives an approximate dollar-for-dollar federal spending match in the Medicaid program. Medicaid expansion qualifies the Commonwealth for a federal funding match of no less than 90% for newly eligible adults, generating cost savings that benefit the overall state budget.

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<sup>&</sup>quot;Virginia Premier Medicaid members became Optima Health members on July 1, 2023. Optima Health transitioned to the new name Sentara Health Plans at end of 2023.