



JANET LAWSON
DIRECTOR

COMMONWEALTH OF VIRGINIA
Department Of Human Resource Management

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Nov 19, 2024

The Honorable Glenn Youngkin, Governor, Commonwealth of Virginia
The Honorable Luke E. Torian, Chair, House Appropriations Committee
The Honorable L. Louise Lucas, Chair, Senate Finance Committee

Subject: Mandated Benefits Report – Fiscal Year 2024

The *Code of Virginia*, §2.2-2818 (S), requires the Department to annually report on the cost and utilization of each mandated benefits listed in subsection B.

Attached for your review and consideration is the report prepared by our benefit consultant, Aon, and submitted in response to this requirement.

Please contact me if there are any questions.

Respectfully Submitted,

A handwritten signature in cursive script that reads "Janet L. Lawson".

Janet Lawson
Agency Director, Department of Human Resource Management

Cc: The Honorable Margaret McDermid, Secretary of Administration
Gary Johnston, Director, DHRM Office of Health Benefits

November 13, 2024

Mr. Gary Johnston
Director, Office of Health Benefits
Commonwealth of Virginia
Department of Human Resource Management
101 N. 14th Street
Richmond, VA 23219

Re: SFY2024 Mandated Benefits Report

Dear Mr. Johnston,

Aon was retained by the Commonwealth of Virginia's Department of Human Resource Management to review and evaluate the Mandated Benefits Reports as prepared by Anthem and Aetna for the Commonwealth's Health Benefits Plans. The Commonwealth specific reports for Anthem and Aetna for SFY2024 are attached.

The reports provide cost and utilization information for each of the mandated benefits and providers as required. We reviewed and compared the Anthem and Aetna data specific to the Commonwealth's plans alongside the reports submitted for SFY2021-SFY2023. As a reminder, Anthem's reporting prior to SFY2022 was updated two years ago to better align with SCC guidance.

We have a rolling 4-year period of Anthem and Aetna data to compare, which allows us to draw some general conclusions on cost and utilization patterns related to the mandated benefit provisions. To project future mandate related trends, Aon would need to incorporate data beyond the scope of the reporting requirements of the Mandated Benefits Reports. The Mandated Benefit Reports capture the total claims cost and visits for each mandate and do not contain any information on the cost and utilization patterns related to the specific populations covered by each of the mandated benefits and providers.

Aon did compare overall trends across **Part A: Claim Information - Benefits**, **Part B: Claim Information - Providers** and **Part D: Utilization and Expenditures for Selected Procedures by Provider Type** as per the Anthem and Aetna reports for SFY2021 through SFY2024. We observed reasonable trends in total claims paid, claim cost per contract, and visits per contract, a metric we calculated to measure change in utilization volume year over year.



Anthem covers approximately 88% of the contracts for the Commonwealth. Aetna trends are less credible due to the size of the population and the normal volatility of the claims. However, we can still make reasonable observations about trend from the Anthem data and have also included Aetna data for comparison. Note, Aetna has seen an average increase in enrollment of 7.0% per year from SFY2021 to SFY2024.

Anthem Part A total claims per contract increased at an annual rate of 5.0% and claims cost per visit increased at an annual rate of 3.7% from SFY2021 to SFY2024. Total utilization, measured by “visits per contract”, has increased at an annual rate of 1.2% in the same time period. Aetna Part A total claims per contract increased at an annual rate of 5.0%, claims cost per visit decreased at an annual rate of 5.3% and total utilization increased at an annual rate of 10.9% from SFY2021 to SFY2024.

Telemedicine claims cost and utilization has increased dramatically since the start of the COVID-19 pandemic and is included in the Part A information. Telemedicine services provide members an alternative access to care and help to reduce professional spend. While the expansion of telemedicine services may be here to stay beyond the pandemic, it is not expected to drive a major reduction in overall claims.

In addition, we compared the trends for some of the preventive mandated benefits. Specifically, we looked at the change in “visits per contract” to measure change in volume of these procedures year over year for SFY2021 through SFY2024. The “number of contracts” reported for each measure represents the entire COVA population and “visits per contract” is defined over the entire COVA population. Generally, industry standard methodology used to report preventive procedure rates involves looking at only the subset of the enrolled population applicable for each measure. Please note that an independent analysis would need to be done to report preventative procedure rates for the measures we reviewed. The results are shown in the tables listed in Exhibit A accompanying this letter.

Anthem Part B total claims paid per contract increased at an annual rate of 4.8% and claims cost per visit increased at an annual rate of 4.0% from SFY2021 to SFY2024. Total utilization, measured by “visits per contract”, increased at an annual rate of 0.8%. Aetna Part B total claims paid per contract increased 8.6%, claims cost per visit decreased 4.9%, and visits per contract increased 14.2% from SFY2021 to SFY2024. Part B data includes several mental health providers contributing to the overall trends. There has been a significant demand for mental health services post the COVID-19 pandemic.

Anthem Part D total claims payments for the selected procedures decreased at an annual rate of 1.4% and claims cost per visit decreased at an annual rate of 4.1% over the four-year period. Aetna Part D total claims payments for the selected procedures increased at an annual rate of 7.9% (primarily driven by the increase in enrollment) and claims cost per visit decreased at an annual rate of 7.7% over the four-year period. The majority of cost and visits reported for Part B and Part D are for Physicians, Clinical Social Workers and Physical Therapists.

We will continue to monitor the reports and provide a general comparison of year over year results as additional results become available. Please let me know if you have any questions or concerns regarding these reports at this time. I can be reached at 410.218.8476.

Sincerely,

A handwritten signature in blue ink, appearing to read 'Christina Jackson', with a stylized flourish at the end.

Christina Jackson, FSA, MAAA
Vice President



Exhibit A

Anthem

	Number of Visits				Number of Contracts				Paid Claims			
	SFY2021	SFY2022	SFY2023	SFY2024	SFY2021	SFY2022	SFY2023	SFY2024	SFY2021	SFY2022	SFY2023	SFY2024
Childhood Immunizations	148,941	140,471	134,575	130,748	73,280	71,776	72,124	72,105	12,421,768	13,252,284	12,912,957	13,298,687
Mammograms	40,428	40,147	41,013	45,581	73,280	71,776	72,124	72,105	9,575,704	9,291,507	9,343,345	9,177,575
Pap Smears	16,049	14,546	15,041	13,692	73,280	71,776	72,124	72,105	530,712	485,498	508,025	516,792
Early Intervention Services	4,694	5,809	5,233	8,109	73,280	71,776	72,124	72,105	485,566	568,274	499,804	750,755
PSA Testing	15,235	15,435	15,326	15,463	73,280	71,776	72,124	72,105	309,045	310,580	298,569	274,074
Colorectal Cancer Screening	22,909	24,403	26,090	26,487	73,280	71,776	72,124	72,105	14,620,021	16,236,953	18,480,706	21,527,808

	Visits Per Contract				Paid Per Visit				Paid Per Contract			
	SFY2021	SFY2022	SFY2023	SFY2024	SFY2021	SFY2022	SFY2023	SFY2024	SFY2021	SFY2022	SFY2023	SFY2024
Childhood Immunizations	2.03	1.96	1.87	1.81	\$83	\$94	\$96	\$102	\$170	\$185	\$179	\$184
Mammograms	0.55	0.56	0.57	0.63	\$237	\$231	\$228	\$201	\$131	\$129	\$130	\$127
Pap Smears	0.22	0.20	0.21	0.19	\$33	\$33	\$34	\$38	\$7	\$7	\$7	\$7
Early Intervention Services	0.06	0.08	0.07	0.11	\$103	\$98	\$96	\$93	\$7	\$8	\$7	\$10
PSA Testing	0.21	0.22	0.21	0.21	\$20	\$20	\$19	\$18	\$4	\$4	\$4	\$4
Colorectal Cancer Screening	0.31	0.34	0.36	0.37	\$638	\$665	\$708	\$813	\$200	\$226	\$256	\$299

	Change in Visits Per Contract				Change in Paid Per Visit				Change in Paid Per Contract			
	22 vs '21	23 vs '22	24 vs '23	3 yr avg	22 vs '21	23 vs '22	24 vs '23	3 yr avg	22 vs '21	23 vs '22	24 vs '23	3 yr avg
Childhood Immunizations	- 3.7%	- 4.7%	- 2.8%	- 3.7%	+ 13.1%	+ 1.7%	+ 6.0%	+ 6.8%	+ 8.9%	- 3.0%	+ 3.0%	+ 2.9%
Mammograms	+ 1.4%	+ 1.7%	+ 11.2%	+ 4.6%	- 2.3%	- 1.6%	- 11.6%	- 5.3%	- 0.9%	+ 0.1%	- 1.7%	- 0.9%
Pap Smears	- 7.5%	+ 2.9%	- 8.9%	- 4.6%	+ 0.9%	+ 1.2%	+ 11.7%	+ 4.5%	- 6.6%	+ 4.1%	+ 1.8%	- 0.3%
Early Intervention Services	+ 26.3%	- 10.4%	+ 55.0%	+ 20.6%	- 5.4%	- 2.4%	- 3.1%	- 3.6%	+ 19.5%	- 12.5%	+ 50.2%	+ 16.3%
PSA Testing	+ 3.4%	- 1.2%	+ 0.9%	+ 1.0%	- 0.8%	- 3.2%	- 9.0%	- 4.4%	+ 2.6%	- 4.3%	- 8.2%	- 3.4%
Colorectal Cancer Screening	+ 8.8%	+ 6.4%	+ 1.5%	+ 5.5%	+ 4.3%	+ 6.5%	+ 14.7%	+ 8.4%	+ 13.4%	+ 13.3%	+ 16.5%	+ 14.4%



Exhibit A

Aetna

	Number of Visits				Number of Contracts				Paid Claims			
	SFY2021	SFY2022	SFY2023	SFY2024	SFY2021	SFY2022	SFY2023	SFY2024	SFY2021	SFY2022	SFY2023	SFY2024
Childhood Immunizations	9,518	9,511	10,777	10,433	9,117	9,291	9,995	11,162	725,165	840,417	901,912	951,211
Mammograms	6,414	7,169	8,342	9,298	9,117	9,291	9,995	11,162	820,557	918,438	1,151,989	1,239,210
Pap Smears	2,227	2,197	2,267	2,309	9,117	9,291	9,995	11,162	74,308	78,478	85,213	86,231
Early Intervention Services	498	680	836	648	9,117	9,291	9,995	11,162	25,885	45,630	57,253	56,735
PSA Testing	834	943	923	1,052	9,117	9,291	9,995	11,162	25,261	28,042	28,833	31,273
Colorectal Cancer Screening	2,910	4,102	4,424	4,896	9,117	9,291	9,995	11,162	1,063,977	1,564,757	1,926,240	2,238,066

	Visits Per Contract				Paid Per Visit				Paid Per Contract			
	SFY2021	SFY2022	SFY2023	SFY2024	SFY2021	SFY2022	SFY2023	SFY2024	SFY2021	SFY2022	SFY2023	SFY2024
Childhood Immunizations	1.04	1.02	1.08	0.93	\$76	\$88	\$84	\$91	\$80	\$90	\$90	\$85
Mammograms	0.70	0.77	0.83	0.83	\$128	\$128	\$138	\$133	\$90	\$99	\$115	\$111
Pap Smears	0.24	0.24	0.23	0.21	\$33	\$36	\$38	\$37	\$8	\$8	\$9	\$8
Early Intervention Services	0.05	0.07	0.08	0.06	\$52	\$67	\$68	\$88	\$3	\$5	\$6	\$5
PSA Testing	0.09	0.10	0.09	0.09	\$30	\$30	\$31	\$30	\$3	\$3	\$3	\$3
Colorectal Cancer Screening	0.32	0.44	0.44	0.44	\$366	\$381	\$435	\$457	\$117	\$168	\$193	\$201

	Change in Visits Per Contract				Change in Paid Per Visit				Change in Paid Per Contract			
	22 vs '21	23 vs '22	24 vs '23	3 yr avg	22 vs '21	23 vs '22	24 vs '23	3 yr avg	22 vs '21	23 vs '22	24 vs '23	3 yr avg
Childhood Immunizations	- 1.9%	+ 5.3%	- 13.3%	- 3.6%	+ 16.0%	- 5.3%	+ 8.9%	+ 6.2%	+ 13.7%	- 0.2%	- 5.6%	+ 2.3%
Mammograms	+ 9.7%	+ 8.2%	- 0.2%	+ 5.8%	+ 0.1%	+ 7.8%	- 3.5%	+ 1.4%	+ 9.8%	+ 16.6%	- 3.7%	+ 7.2%
Pap Smears	- 3.2%	- 4.1%	- 8.8%	- 5.4%	+ 7.1%	+ 5.2%	- 0.6%	+ 3.8%	+ 3.6%	+ 0.9%	- 9.4%	- 1.8%
Early Intervention Services	+ 34.0%	+ 14.3%	- 30.6%	+ 2.1%	+ 29.1%	+ 2.1%	+ 27.8%	+ 19.0%	+ 73.0%	+ 16.6%	- 11.3%	+ 21.4%
PSA Testing	+ 11.0%	- 9.0%	+ 2.1%	+ 1.0%	- 1.8%	+ 5.0%	- 4.8%	- 0.6%	+ 8.9%	- 4.4%	- 2.9%	+ 0.4%
Colorectal Cancer Screening	+ 38.3%	+ 0.3%	- 0.9%	+ 11.2%	+ 4.3%	+ 14.1%	+ 5.0%	+ 7.7%	+ 44.3%	+ 14.4%	+ 4.0%	+ 19.8%

¹ SFY 2021 contracts were estimated using subscriber enrollment from the June 2021 IBNR valuation. Aetna provided average member count for SFY 2021 of 19,471.

² SFY 2022 contracts were estimated using subscriber enrollment from the June 2022 IBNR valuation. Aetna provided average member count for SFY 2022 of 20,112.

³ SFY 2023 contracts were estimated using subscriber enrollment from the June 2023 IBNR valuation. Aetna provided average member count for SFY 2023 of 21,415.

⁴ SFY 2024 contracts were estimated using subscriber enrollment from the June 2024 IBNR valuation. Aetna provided average member count for SFY 2024 of 23,450.



Anthem - FY 2024

Form MB1 - Part A: Claim Information - Benefits

GROUP TOTAL CLAIMS PAID OR INCURRED

	Number of Visits	Number of Days	Total Claim Payments	Number of Contracts / Certificates	Claim Cost Per Contract / Certificate	Annual Admin Cost
Dependent Children (Handicapped)	4,962	198	3,818,891	72,105	53	87,834
Doctor to Include Dentist	no data available					
Newborn Children	13,591	408	7,034,991	72,105	98	161,805
Child Health Supervision Services	31,293	0	3,568,898	72,105	49	82,085
Childhood Immunizations	130,748	0	13,298,687	72,105	184	305,870
Infant Hearing Screening and Related Diagnostics	11,322	0	344,868	72,105	5	7,932
Mental Health Services						
Inpatient	1,933	2,019	3,862,880	72,105	54	88,846
Partial Hospitalization	10	0	912	72,105	0	21
Outpatient	127,065	0	14,106,149	72,105	196	324,441
Substance Abuse Services						
Inpatient	833	1,821	1,666,064	72,105	23	38,319
Partial Hospitalization	2	0	215	72,105	0	5
Outpatient	15,420	0	1,669,610	72,105	23	38,401
Biologically Based Mental Illness	143,432	4,451	26,610,658	72,105	369	612,045
Obstetrical Services						
Normal Pregnancy	1,148	66	1,667,440	72,105	23	38,351
Other	7,173	4,217	20,275,766	72,105	281	466,343
Other						
Postpartum Services	3,300	0	989,932	72,105	14	22,768
Pregnancy from Rape / Incest	no data available					
Mammograms	45,581	0	9,177,575	72,105	127	211,084
Pap Smears	13,692	0	516,792	72,105	7	11,886
Bones and Joints	15,466	7	4,379,491	72,105	61	100,728
Hemophilia and Congenital Bleeding Disorders	910	29	646,661	72,105	9	14,873
Reconstructive Breast Surgery	620	9	1,088,997	72,105	15	25,047
Early Intervention Services	8,109	10	750,755	72,105	10	17,267
PSA Testing	15,463	0	274,074	72,105	4	6,304
Colorectal Cancer Screening	26,487	0	21,527,808	72,105	299	495,140
Clinical Trials for Treatment Studies on Cancer	29	0	14,355	72,105	0	330
Minimum Hospital Stay for Hysterectomy	113	0	883,557	72,105	12	20,322
Diabetes	1,223	0	1,452,991	72,105	20	33,419
Hospice Care	321	0	68,546	72,105	1	1,577
Hospitalization and Anesthesia for Dental Procedures	no data available					
Treatment of Morbid Obesity	31	0	78,843	72,105	1	1,813
Lymphedema	1,189	0	275,484	72,105	4	6,336
Prosthetic Devices	no data available					
Telemedicine	182,791	0	21,065,963	72,105	292	484,517
Autism Spectrum Disorder	no data available					



Anthem - FY 2024

Form MB1 - Part B: Providers

Group Values

	Number of Visits	Total Claim Payments	Number of Contracts / Certificates	Claim Cost Per Contract / Certificate	Annual Admin Cost
Chiropractor	78,437	3,853,659	72,105	53	88,634
Optometrist	16,952	1,825,609	72,105	25	41,989
Optician	3	1,298	72,105	0	30
Ophthalmologist	25,073	7,847,243	72,105	109	180,487
Psychologist	30,721	3,771,767	72,105	52	86,751
Clinical Social Worker	203,002	20,985,352	72,105	291	482,663
Podiatrist	15,070	1,980,772	72,105	27	45,558
Professional Counselor	4,918	424,407	72,105	6	9,761
Physical Therapist	134,833	10,159,649	72,105	141	233,672
Clinical Nurse Specialist	1,489	1,008,832	72,105	14	23,203
Audiologist	2,907	314,712	72,105	4	7,238
Speech Pathologist	7	510	72,105	0	12
Certified Nurse Midwife	2,477	584,279	72,105	8	13,438
Licensed Acupuncturist			no data available		
Psychiatrist	27,675	4,170,150	72,105	58	95,913
Marriage and Family Therapist			no data available		
Physician	392,662	70,561,935	72,105	979	1,622,925



Anthem - FY 2024

Form MB1 - Part D: Utilization and Expenditures for Selected Procedures by Provider Type

	Number of Visits	Claim Payments	Cost Per Visit
1. 99203 - Office Visit, Intermediate Service to New Patient			
Chiropractor	1,518	87,444	58
Clinical Nurse Specialist	2	261	130
Clinical Social Worker		no data available	
Physical Therapist	30	3,055	102
Podiatrist	2,494	255,845	103
Professional Counselor		no data available	
Psychiatrist	21	3,205	153
Psychologist		no data available	
Physician	6,868	806,742	117
Certified Nurse Midwife	110	9,761	89
Marriage and Family Therapist		no data available	
Ophthalmologist	431	47,117	109
Optician		no data available	
Optometrist	500	46,694	93
2. 90806-90807, 90818-90819 - Individual/Medical Psychotherapy, 45 to 50 Minute Session			
Clinical Nurse Specialist		no data available	
Clinical Social Worker		no data available	
Professional Counselor		no data available	
Psychiatrist		no data available	
Psychologist		no data available	
Physician		no data available	
Marriage and Family Therapist		no data available	
3. 90853 - Group Psychotherapy			
Clinical Nurse Specialist		no data available	
Clinical Social Worker	1,620	18,858	12
Professional Counselor		no data available	
Psychiatrist	185	4,749	26
Psychologist	360	5,249	15
Physician	54	782	14
Marriage and Family Therapist		no data available	
4. 92507 - Speech, Language or Hearing Therapy, Individual			
Audiologist		no data available	
Physical Therapist		no data available	
Speech Pathologist	3	195	65
Physician	20	1,481	74
5. 97110 - Physical Medicine Treatment, each 15 minutes, Therapeutic Exercise			
Chiropractor	19,797	574,824	29
Physical Therapist	100,903	3,417,736	34
Physician	163	4,598	28
Podiatrist	38	1,199	32
Speech Pathologist		no data available	
Clinical Nurse Specialist		no data available	
Clinical Social Worker		no data available	
6. 97124 - Physical Medicine Treatment, Massage			
Chiropractor	4,933	203,294	41
Physical Therapist	34	510	15
Physician	3	11	4
Podiatrist		no data available	
7. 97035 - Physical Medicine Treatment, Ultrasound, each 15 minutes			
Chiropractor	2,879	28,929	10
Physical Therapist	1,186	13,791	12
Physician	3	26	9
Clinical Nurse Specialist		no data available	
8. 92352 - Fitting of Spectacle Prosthesis for Aphakia, monofocal			
Ophthalmologist		no data available	
Optician		no data available	
Optometrist		no data available	
Physician		no data available	
9. 11750 - Excision of Nail and Nail Matrix, Partial or Complete, for Permanent Removal			
Physician	10	1,226	123
Podiatrist	330	41,773	127



Aetna - FY 2024

Part A: Claim Information - Benefits

GROUP TOTAL CLAIMS PAID OR INCURRED

	Number of Visits	Number of Days	Total Claim Payments	Number of Contracts / Certificates ¹	Claim Cost Per Contract / Certificate	Annual Admin Cost ²
Dependent Children (Handicapped)	148	1	110,188	23,450	5	5,213
Doctor to Include Dentist	1,515	0	186,962	23,450	8	8,845
Newborn Children	1,174	1,559	1,549,432	23,450	66	73,304
Child Health Supervision Services	7	0	882	23,450	0	42
Childhood Immunizations	10,433	358	951,211	23,450	41	45,002
Infant Hearing Screening and Related Diagnostics	17	0	1,229	23,450	0	58
Mental Health Services						
Inpatient	252	1,219	1,517,129	23,450	65	71,776
Partial Hospitalization	2	0	0	23,450	0	0
Outpatient	16,640	0	2,245,963	23,450	96	106,257
Substance Abuse Services						
Inpatient	88	313	388,404	23,450	17	18,376
Partial Hospitalization	no data available					
Outpatient	1,460	0	548,381	23,450	23	25,944
Biologically Based Mental Illness	7,193	1,332	2,437,281	23,450	104	115,309
Obstetrical Services						
Normal Pregnancy	1,531	5	401,724	23,450	17	19,006
Other	5,108	1,776	3,741,451	23,450	160	177,009
Other						
Postpartum Services	2,330	0	154,004	23,450	7	7,286
Pregnancy from Rape / Incest	no data available					
Mammograms	9,298	0	1,239,210	23,450	53	58,627
Pap Smears	2,309	0	86,231	23,450	4	4,080
Bones and Joints	3,116	0	366,484	23,450	16	17,339
Hemophilia and Congenital Bleeding Disorders	986	1,246	1,606,459	23,450	69	76,002
Reconstructive Breast Surgery	64	0	174,605	23,450	7	8,261
Early Intervention Services	648	0	56,735	23,450	2	2,684
PSA Testing	1,052	0	31,273	23,450	1	1,480
Colorectal Cancer Screening	4,896	0	2,238,066	23,450	95	105,884
Clinical Trials for Treatment Studies on Cancer	87	0	210,782	23,450	9	9,972
Minimum Hospital Stay for Hysterectomy	17	0	97,223	23,450	4	4,600
Diabetes	6,727	0	530,328	23,450	23	25,090
Hospice Care	152	417	288,880	23,450	12	13,667
Hospitalization and Anesthesia for Dental Procedures	70	0	22,184	23,450	1	1,050
Treatment of Morbid Obesity	0	0	0	23,450	0	0
Lymphedema	91	17	12,785	23,450	1	605
Prosthetic Devices	no data available					
Telemedicine	3,861	0	372,626	23,450	16	17,629
Formula And Enteral Nutrition Products As Medicine	48	0	1,468	23,450	0	69
Autism Spectrum Disorder	70,701	44	3,973,059	23,450	169	187,967

¹ Aetna provided average member count for FY 2024

² Aetna provided total administrative cost paid during FY 2024 of \$4,895,732. Administrative cost by benefit was estimated by allocating the total administrative fees paid during FY 2024 using the total claim payments by benefit and Aon's total incurred claims estimate for the plan from the June 2024 IBNR valuation.



Aetna - FY 2024

Part B: Providers

Group Values

	Number of Visits	Total Claim Payments	Number of Contracts / Certificates ¹	Claim Cost Per Contract / Certificate	Annual Admin Cost ²
Chiropractor	17,911	317,278	18	17,911	15,011
Optometrist	3,695	219,110	59	3,695	10,366
Optician	96	6,777	71	96	321
Ophthalmologist			no data available		
Psychologist	2,686	288,436	107	2,686	13,646
Clinical Social Worker	6,009	468,055	78	6,009	22,144
Podiatrist	1,672	126,413	76	1,672	5,981
Professional Counselor	12,628	1,032,853	82	12,628	48,865
Physical Therapist	32,256	738,131	23	32,256	34,921
Clinical Nurse Specialist	1	151	151	1	7
Audiologist	574	14,776	26	574	699
Speech Pathologist	1,389	62,154	45	1,389	2,941
Certified Nurse Midwife	639	152,802	239	639	7,229
Licensed Acupuncturist	142	4,572	32	142	216
Marriage and Family Therapist	550	41,249	75	550	1,951
Physician			no data available		

¹ Aetna provided average member count for FY 2024

² Aetna provided total administrative cost paid during FY 2024 of \$4,895,732. Administrative cost by benefit was estimated by allocating the total administrative fees paid during FY 2024 using the total claim payments by benefit and Aon's total incurred claims estimate for the plan from the June 2024 IBNR valuation.



Aetna - FY 2024

Part D: Utilization and Expenditures for Selected Procedures by Provider Type

	Number of Visits	Claim Payments	Cost Per Visit
1. 99203 - Office Visit, Intermediate Service to New Patient			
Chiropractor	184	15,391	84
Clinical Nurse Specialist		no data available	
Clinical Social Worker		no data available	
Physical Therapist		no data available	
Podiatrist	259	24,576	95
Professional Counselor	1	0	0
Psychiatrist		no data available	
Psychologist		no data available	
Physician	2,838	316,515	112
Certified Nurse Midwife	17	1,751	103
Marriage and Family Therapist		no data available	
Ophthalmologist		no data available	
Optician		no data available	
Optometrist		no data available	
2. 90806-90807, 90818-90819 - Individual/Medical Psychotherapy, 45 to 50 Minute Session			
Clinical Nurse Specialist		no data available	
Clinical Social Worker	1,197	71,033	59
Professional Counselor	1,579	108,073	68
Psychiatrist		no data available	
Psychologist	267	20,196	76
Physician	743	52,829	71
Marriage and Family Therapist	129	9,133	71
3. 90853 - Group Psychotherapy			
Clinical Nurse Specialist		no data available	
Clinical Social Worker	40	2,088	52
Professional Counselor	87	2,754	32
Psychiatrist		no data available	
Psychologist	1	61	61
Physician	13	312	24
Marriage and Family Therapist		no data available	
4. 92507 - Speech, Language or Hearing Therapy, Individual			
Audiologist		no data available	
Physical Therapist	353	13,616	39
Speech Pathologist	568	27,869	49
Physician	33	2,061	62
5. 97110 - Physical Medicine Treatment, each 15 minutes, Therapeutic Exercise			
Chiropractor	2,149	34,263	16
Physical Therapist	9,125	221,644	24
Physician	81	2,179	27
Podiatrist	5	91	18
Speech Pathologist	35	517	15
Clinical Nurse Specialist		no data available	
6. 97124 - Physical Medicine Treatment, Massage			
Chiropractor	144	1,562	11
Physical Therapist	6	96	16
Physician			
Podiatrist		no data available	
7. 97035 - Physical Medicine Treatment, Ultrasound, each 15 minutes			
Chiropractor	467	3,575	8
Physical Therapist	64	409	6
Physician			
Podiatrist	4	22	5
8. 92352 - Fitting of Spectacle Prosthesis for Aphakia, monofocal			
Ophthalmologist		no data available	
Optician		no data available	
Optometrist		no data available	
Physician		no data available	
9. 11750 - Excision of Nail and Nail Matrix, Partial or Complete, for Permanent Removal			
Physician		no data available	
Podiatrist	46	5,351	116