



COMMONWEALTH of VIRGINIA

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COMMISSIONER

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November 1, 2025

To: The Honorable Governor Glenn Youngkin, Governor of Virginia
The Honorable Louise Lucas, Chair, Senate Finance & Appropriations Committee
The Honorable Luke E. Torian, Chair, House Appropriations Committee

From: Nelson Smith, Commissioner, Department of Behavioral Health and Developmental Services

Cc: The Honorable Janet V. Kelly, Secretary, Health and Human Resources

Re: Item 301 B, 2025 Session

Pursuant to Item 301 B of the 2025 Session, the purpose of this letter is to report on the number of individuals served and services provided by the Discharge Assistance Program (DAP). Specifically, the language requires:

The Department of Behavioral Health and Developmental Services shall report by November 1 of each year to the Secretary of Finance and the Chairmen of the House Appropriations and Senate Finance and Appropriations Committees on the number of individuals served through discharge assistance plans and the types of services provided.

The Discharge Assistance Program (DAP) was initiated to address barriers to discharge from state psychiatric facilities. Individual DAP plans, called "IDAPPs" can include one-time costs such as transportation and apartment set up costs, or ongoing costs including services and residential costs. This report includes a description of the dollars expended, types of services provided, and number of individuals served by 790 Grant to Localities DAP funds for FY 2025.

Individual Plans FY 2025

- For FY 2025, 1,223 individuals have been served with IDAPPS. \$28,090,463 has been spent supporting ongoing and one-time costs for these individuals. These individuals have been served with 24 hour supervised care and housing, community-based services, and medication and startup costs for community transition. Of those 1,223 served, 407 were new hospital discharges (38 percent). The average length of stay (LOS) in the state facility for those new discharges was 456 days.
- In FY 2025, DBHDS worked toward more specific category spending tracking. The majority of DAP is spent on some level of supervised residential services, including nursing homesassisted living, and small group homes. See the chart below for more details:

Categories (FY 25 Core Taxonomy Codes)	Total Spent	% of total spent
Outpatient/ Medication Monitoring (310 and 312)	\$ 49,808.10	0.03%
Assertive Community Treatment (350)	\$ 27,333.90	0.22%
Case Management (320)	\$ 204,092.23	0.85%
Psychosocial Rehab/ Day Support (425)	\$ 686,714.54	1.98%
Highly Intensive Residential (501)	\$ 1,367,659.07	4.61%
Intensive Residential (521)	\$ 731,609.21	5.77%
Supervised Residential (551)	\$ 21,871,598.00	69.78%
Supervised Residential Memory Care	\$ 1,542,085.83	5.76%
Supportive Residential (581)	\$ 180,855.43	3.71%
Rental Subsidy	\$ 343,641.92	2.00%
Transportation	\$ 183,367.97	0.65%
Personal Needs	\$ 71,290.88	0.13%
Medications	\$ 95,109.56	0.20%
Other	\$ 735,295.92	4.30%
Total	\$ 28,090,462.60	99.99%

- Individuals may have multiple IDAPPs including one time, ongoing, or a combination of both, depending on circumstances and needs. The 1,223 individuals served during FY 2025 represented 1,356 IDAPPs. The average statewide cost of an ongoing plan is \$39,511 annually. The average statewide cost of a one-time plan is \$7,807.
- 90 percent of the funds supported residential options for individuals in the community.

Infrastructure Funding

- \$1,960,800 was provided to support one assisted living facility that would exclusively serve individuals being discharged from state hospitals. This facility in Nelson County supported 50 beds.
- \$1,750,000 was provided for contracted intensive and transitional community residential programs for individuals being discharged from Eastern State Hospital. The services included 24-hour intensive care, supervision and support, assistance with medication education and monitoring, support and assistance in engaging/transition to community-based activities, and support toward transitioning to a lower level of care as appropriate.

DAP IT System

- During FY 2025 DBHDS built and implemented a statewide Amazon Web Services (AWS) data system to track 790 and 720 DAP funds.
- The system utilizing a consistent approval mechanism across all community services boards (CSBs) for use of DAP plans and funds and allows for more real-time and transparent view of the funds.